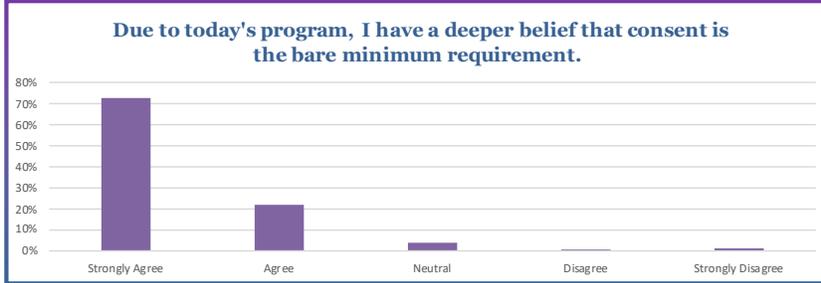


**"Let's Talk" Assembly presented by Mike Domitrz.**

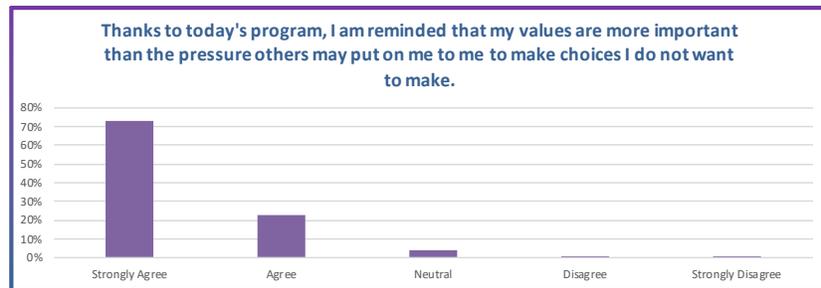
**Due to today's program, I have a deeper belief that consent is the bare minimum requirement.**

<b>Strongly Agree</b>	<b>72%</b>	<b>94%</b>	7475
<b>Agree</b>	<b>22%</b>		2258
Neutral	4%		427
Disagree	1%		57
Strongly Disagree	1%		99
			<b>10,316</b>



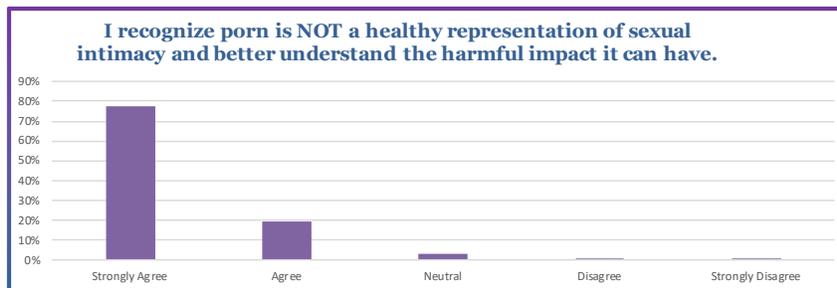
**Thanks to today's program, I am reminded that my values are more important than the pressure others may put on me to me to make choices I do not want to make.**

<b>Strongly Agree</b>	<b>73%</b>	<b>96%</b>	7483
<b>Agree</b>	<b>23%</b>		2359
Neutral	4%		390
Disagree	0%		16
Strongly Disagree	0%		44
			<b>10,292</b>



**I recognize porn is NOT a healthy representation of sexual intimacy and better understand the harmful impact it can have.**

<b>Strongly Agree</b>	<b>77%</b>	<b>96%</b>	7941
<b>Agree</b>	<b>19%</b>		1979
Neutral	3%		312
Disagree	0%		15
Strongly Disagree	0%		45
			<b>10,292</b>



**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
- Consent is bare minimum - You dont have to have sex to be cool - dont do things you might regret later - consenting doesnt mean you want to 100% wanna do something	- Inspiring, engaging, important
- Peer pressure is actually self pressure - Consent is bare minimum	- Power Dynamics need to be taken into consideration before consent - 7 Steps - Consent is bare requirement
- Reminding my friend's that they are worthy and deserving of a healthy, consensual relationship	-chivalry is unfair. It's really about respect -be more understanding to partner. It's not about you.
-mutually amazing	-informative!
:))	'twas an experience. kinda have to be there, honestly. depends on the person too.
:3	"A lecture about relationships"
!i'm gonna use my new understanding in future relationships!	"fact about healthy sexual relationships" -> "this is a fact. Here's how I can prove it" -> "states an example to back it up"
"It's not who I am"	"knock yourself into reality" type of experience
"It's not who I am"	"some fact about healthy sexual relationships" -> "I can prove this is true. This is how" -> "proceeds to provide an explanation
"Lower your expectations, not your standards."	"very educational and mature"
"Lower your expectations, not your standards."	"We covered some basic speech about how to prevent sexual assault and how to gain consent from your partner for any sexual activity."
"No is not mean"	"Your relationships should be more than just consensual
"No" always means no.	1. Consent is the bare minimum 2. The 7 steps
"No" is not mean	7 rules
"No" isn't mean	7 Steps
"not who i am"	7 steps
"Not who I am"	7 steps
"oh, you mean that person?" and other call-outs	7 steps
"That isn't who I am"	7 steps
"That's not me" to reject something	7 steps are needed for mutually amazing consensual sexual intimacy
"What do you mean by that?"	7 steps to having a healthy relationship
"Who I am" Recognizing that peer pressure is really self pressure.	7 steps to having a stronger relationship
"you don't owe happiness to anyone"	A
"You don't own me and I don't own you"	A
"You mean that human"	A 360 degree perspective on the nature of sexual relationships
♂	A assembly about consent
1	A assembly that shows steps and minimum bar in a healthy relationship and sexual morality
10 means your best self not perfect	A better understanding about healthy relationships and sexual activity
7 factors needed in mutually amazing sexual intimacy.	A better understanding of sexual activity and knowledge
7 healthy steps	A both lighthearted and mature conversation on what makes up a mutually consensual sexual relationship
7 levels of sexual stairs	A brief lecture and q&a.
7 parts of a relationship	A brilliant insight into good relationships
7 pillars	A captivating way to understand consent and how sexual activities should be handled.
7 pillars	A case to change your life about consent
7 pillars	A casual talk about sexual activity and its meaning
7 pillars of a healthy relationship	A check on reality and how we actually feel not how it should be
7 relationship thing	A class for understanding the psychology of relationships and how to act in different situations.
7 stages of a healthy relationship	A complete reality check in the world of sexual relationship
7 stages of health relationships	A completely different perspective on the topic of sexual activity compared to traditional talks
7 stair ladder	A comprehensive view into the depths of a true relationship
7 stairs	A consent assembly
7 stairs in a healthy relationship	A consent seminar.
7 stairways to consent	A conversation about consent and sexual activity.
7 step	A conversation about safe, best, sex
7 step	A conversation about sexual topics that helps convey information and safety and consent while disregarding norms of comfort.
7 step	a conversation that needed to be had that never is
7 step ladder	A conversation that should be had with everyone no matter what.
7 step model	A cool way to understand sexual assault
7 step relationship model	A course on sexual respect and healthy relationships
7 step rule	A deep conversation about respect and sexual intimacy
7 step sexual relationship ladder	A deep description of sexual activity
7 steps	A deep, personal conversation about healthy relationships.
7 steps	A deeper understanding of consent and relationships
7 steps	A deeply engaging conversation to teach the future about the rules of consent, and relationships.
7 steps	A disappointment
7 steps	A discussion about consent in sexual, romantic, and platonic relationships.
7 steps	A discussion about healthy relationships and consent.
7 Steps	A discussion about healthy relationships and what to do about sensitive topics such as nudes.
7 steps	A discussion about the possible benefits of a healthy sexual relationship and the consequences of the bad ones.
7 steps	A discussion about what TO do in a sexually intimate relationship.
7 steps	A discussion of common highschool sex practices
7 steps	A discussion of consent and the steps after it to healthy sexual activity.
7 steps	A discussion of consent is the minimum and of societal pressures

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
7 steps	A discussion of getting to know the other person for who they are rather than what they can give you.
7 steps	A discussion on how to have a consensual amazing sexual relationship and debunking of several common myths about it.
7 steps	A discussion on how to treat your partners and people in general in your life with respect.
7 steps	A discussion on sexual health.
7 steps	a disscuatoin about true consensual sex
7 steps	a educational program to inform students in a lighthearthed yet serious way.
7 steps	A educative experience
7 steps	A engaging experience
7 steps	A experience that most high schoolers need that they don't probably realize
7 steps	A foundation of a good sexual relationship is more than just consent.
7 steps	A full understanding of a mutual consenting amazing relationship
7 steps	A fun but very infomative sexual briefing
7 steps	A fun conversation that reminds people of the necessary values to have a healthy relationship.
7 steps	A fun session that flipped you on your head
7 steps	A fun session with very useful information to help you improve
7 steps	A fun way to learn about boundarines
7 steps	A fun way to learn about this topics
7 steps	A funny and educational session that helps with understanding of sexual relationships in high school.
7 steps	A funny infomational session
7 steps	A funny infomative good talk
7 steps	A good class
7 steps	A good discussion about safe sex and safe sexual and not sexual relationships
7 Steps	A good example of the representation of the positive and negatives of sex and consent and how your should should if it okay to judge others.
7 steps	A good experience
7 steps	A good experience
7 steps	A good informational session
7 steps	A good informational slideshow about Sex
7 steps	A good infomative speech
7 steps	A good introduction into relationship and boundaries
7 steps	A good learning experience
7 steps	A good learning experience
7 steps	A good learning experience for each person in the room
7 steps	A good lecture about sexual activity
7 steps	A good lesson on consent and healthy relationships
7 steps	A good lesson on what a healthy sexual relationship would look like.
7 steps	A good quality version of a sexual intelligence presentation.
7 steps	A good reminder
7 steps	A good reminder of what is expected of us
7 steps	A good reminder to know boundaries
7 steps	a good talk about every aspect of a healthy relationship, and how to have mature relationships
7 steps	A good thing to help reflect on your relationships or crushes
7 steps	A good way of understanding what a relationship should consist of.
7 steps	A good way to bring up and give advice on Middle School life.
7 steps	A good way to talk about an "uncomfortable" subject
7 steps	A great consent talk with many answers and situations explained.
7 steps	A great conversation regarding detailed consent
7 steps	A great description of how to be in a healthy relationship
7 steps	A great experience that teaches the importance of consent.
7 steps	A great explanation of the lesser talked about, more positive aspects of sexual relationships.
7 steps	A great insight to the dos and donts in relationships
7 steps	A great presentation that was very informative about consent and intimate relationships.
7 steps	A great reminder.
7 steps	A great session about respect and consent
7 steps	A great session for advice about consent.
7 steps	a great session to learn about consent
7 steps	A great speech about real life experiences that lots of people don't talk about.
7 steps	A great speech about relationships
7 steps	A great take on society's perception on sexual activity.
7 steps	A great talk about consent and safe sex
7 steps	A great talk about healthy and respectful relationships.
7 steps	A great talk about societal issues pertaining to sexual health and relationships
7 steps	A great talk emphasizing the importance of self-respect and boundaries in creating strong relationships.
7 steps	A great talk that brings good awareness
7 steps	A great use of time!
7 steps	A great way to be educated on high school relationships
7 steps	A great way to effectively learn about healthy relationships
7 steps	A great way to get high schoolers engaged and in a very important topic
7 steps	A great way to learn how to be safe and navigate alcohol, relationships, and sex.
7 steps	A great way understand todays society
7 steps	A guy talks to you about sex.
7 steps	A healthy discussion about relationship
7 steps	A healthy relationship can be built upon a ladder; I don't remember everything in it, but some parts are respect, attraction, knowledge, trust, communication, etc
7 steps	A healthy relationship comes from the efforts of both partners and requires continual work and effort. Also, consent is the bare minimum requirement

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
7 steps	A healthy relationship does not need to include sexual activity, but it does need the 7 steps
7 steps	A healthy sexual relationship is a bare minimum not something to strive for
7 steps	A healthy way to learn about sexual assault
7 steps	A helpful and enlightening presentation about respecting yourself and respecting others through how you build relationships.
7 steps	a helpful session that teaches you about your values
7 steps	A helpful talk about consent and healthy sexual relationships.
7 steps	A helpful talk that every highschooler needs to hear.
7 steps	A how to of a healthy sexual relationship.
7 steps	A humorous presentation about healthy relationships
7 steps	A important conversation about sex
7 steps	A important conversation about sex
7 steps	A important informative lecture
7 steps	A important reminder of a healthy consensual relationship
7 steps	A important speech to understand and remember we can always be in power of our choices
7 steps	A important conversation about sex
7 steps	A information session on sex and healthy relationship
7 steps	A informational presentation of how to handle relationships
7 steps	A informational session on consent and how to have a healthy relationship
7 steps	A informative talk on consent
7 steps	A insightful talk about consent and how sex is viewed in our society
7 steps	A interactive and at times funny way to learn about consent
7 steps	A interactive presentation on sexual assault.
7 steps	A knowledge that everyone should go too.
7 steps	A learning experience
7 steps	a learning experience but very repetitive
7 steps	A learning experience that isn't talked about enough in our culture.
7 steps	A learning experience that keeps on giving
7 steps	A lecture on consent
7 steps	a lesson about the significance of mutually amazing consent
7 steps	A lesson about what sexual consent really means.
7 steps	A lesson everyone should be taught
7 steps	a lesson in consent
7 steps	a lesson in sexual consent and healthy relationships
7 steps	A lesson in the importance of what love looks like
7 steps	A lesson on consent
7 steps	A lesson on consent, relationships, and peer pressure.
7 steps	A lesson on how to build stronger relationships and how to do what is right instead of what is wrong.
7 steps	A lesson on how to have a good relationship
7 steps	A lesson on how to respect yourself.
7 steps	A lesson on standards one should have in a relationship
7 steps	A lesson on the stigmas surrounding consent, and what healthy intimacy is like and overall high school sexual safety
7 steps	A lesson on your values and when you know that you are ready.
7 steps	A lesson taught about how to have healthy relationships while going above consent.
7 steps	A life changing experience. Stuff that you think in your head but don't say out loud
7 steps	A life lesson
7 steps	a life style
7 steps	A light hearted discussion of sexual consent and ethics.
7 steps	A light hearted way to describe heavy topics.
7 steps	a lighthearted educational seminar on intimacy and sexual activity
7 steps	A lighthearted way to discuss consensual and amazing sexual relationships.
7 steps	A long description of what makes a sexual relationship healthy.
7 steps	A long lecture about relationships
7 steps	A long meeting about consent and healthy sexual relationships
7 steps	a lot of good information about consent.
7 steps	A lot of good information Holy
7 steps	A lot of messages about consent
7 steps	A lot of new information that internet won't tell you
7 steps	A lot of talking about porn, fun and engaging
7 steps	A lot of what should be considered common sense
7 steps	A lot of what we've been taught about relationships is wrong, but everyone needs higher standards for healthy relationships
7 steps	A lovely understanding and enthusiastic explanation of sex and consent
7 steps	A mature conversation about do's and do nots of sexual activity
7 steps	A more dramatic reiteration of the previous year's talk.
7 steps	A more mature lesson on consent, on relationships and intimacy.
7 steps	A must needed conversation that a teen must hear
7 steps	A must see about a deeper dive into a safe happy relationship
7 steps	A must session your school should do
7 steps :^)	A necessary and otherwise under-discussed conversation
7 steps and consent minimum	A necessary talk about any sexual/romantic relationship.
7 steps and consents bare minimum	A new approach to an uncomfortable subject.
7 steps and not having peer pressure and seeing it as self pressure.	a new but needed view point on a very present topic
7 steps aren't just confined to sexual relationships if 'attraction' is changed to 'connection'	A new way of talking about consent and how to have better safer sex.
7 steps for a loving relationship	A no filter talk about consent and relationships
7 steps for amazing sexual intimacy	A performance that discusses dating and sexual assault
7 steps for consent	A person telling us to ask for consent
7 steps for mutual amazing	A powerful incentive to listen and do the right thing.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
7 steps for relationships.	A powerful message
7 steps in ensuring a healthy relationship and friendships	a presentation about a healthy sexual relationship and the dos and don'ts
7 steps in relationships	A presentation about apparent problems in our community regarding sex and how to handle them
7 steps isn't just for sex	A presentation about consent
7 steps of a healthy relationship	a presentation about consent
7 steps of a healthy relationship	A presentation about consent.
7 steps of a healthy relationship	a presentation abt how to have mutually healthy sex
7 steps of a healthy relationship	A presentation and lesson about mutually amazing consensual sex
7 steps of a healthy relationship	A presentation on being mature regarding sexual acts.
7 steps of a healthy relationship	A presentation on consent and other important topics relating to sex
7 steps of a healthy relationship	A presentation on how to be involved in a healthy sexual relationship and how to recognize and leave unhealthy and toxic sexual relationships
7 steps of a mutually amazing relationship	A presentation talking about the fundamentals of how to have a safe and consensual relationship
7 steps of communication	A presentation talking about the importance of respect in regards to sexual relations
7 steps of consent	A presentation that focuses on mutually amazing consensual sexual relationships.
7 steps of healthy relationships	A program that teaches people and reminds them how to have healthy relationships.
7 steps of relationships	A program to display what a healthy sexual relationship is.
7 steps of sexual intimacy	A programs that's help us to understand how the young people act before think
7 steps to a amazing relationship	A public speaker came and talked about the importance of consent, respect, and knowledge in relationships, especially sexual ones
7 steps to a good relationship	A really good lecture on the ideas and concepts to have a healthy sexual relationship
7 steps to a healthy relationship	a really honest conversation about what a healthy relationship looks like or can look lkme
7 steps to a healthy relationship	A recognition of patterns of unhealthy sexual/and even romantic behavior that's common in a highschool setting and clarifying the pillars of how to engage in healthy sexual behavior
7 steps to a mutually amazing sexual relationship.	A relationship needs respect, trust, mutuality, etc.
7 steps to amazing mutual sex	A remarkable experience of learning how to protect yourself and others.
7 steps to excellent relationships/sex	a reminder of how to act and treat yourself and others in various relationships
7 steps to good relationships	A reminder of morals regarding uncomfortable subjects such as sex or rape.
7 steps to healthy relationship	A representation of how to carry yourself
7 steps, ask first	A respectful way to approach sexual intimacy with people.
7 steps, consent is minimum	A review of how to achieve and maintain healthy, safe, enjoyable relationships, including or not including sex.
7 steps, consent is the bare minimum.	A rude but needed awakening.
7 Steps!	A rude but needed awakenining
7 steps. not asking for nudes	A safe and engaging environment for learning about healthy relationships with yourself and a partner.
7 steso	A safe and supportive lesson about being safe when sexually active.
7 strategy	A safe conversation
7 things	A seminar about consent and sexual intimacy aimed at teenagers
7levels	A seminar on sexual consent and sexual conduct.
7steps	A serious, important, yet sometimes funny conversation controdicating relationship and sexual ideas most of us have grown up with
7steps	A session about consent and mutually consensual relationships
7steps	A session about consent and sexual activity
7steps	A session about how consent is the bare minimum
9 steps	A session about the importance of consent and communication.
A	A session acknowledging and providing details on healthy relationships
A	A session debunking the myths of pressure and sex, and how to achieve mutually amazing consensual intimacy.
a	A session educating students on the importance of consent, and debunking popular myths about sexual activity, uncovering the truth.
A better general knowledge of consent and that it's the bare minimum	A session focusing on what sexuality could be instead of what it shouldn't be.
A bit of everything	A session for how to properly treat your partner in a sexual manner. However there are other concepts that can be applicable to other aspects of the relationship.
A deeper understanding about healthy sex	A session in which you learn about the proper procedures when it comes to having sexual intercourse.
A deeper understanding of how sexual activity affects our culture.	a session on healthy sexual relationships
A healthy amazing relationship is cool	A session on how sex should be consensual.
A healthy relationship involves respect, attraction, oral communication, etc	A session talking about how to treat sex and sexual assault and related topics, giving insights on how to utilize tools available to us to approach sex the right way.
A healthy relationship needs a strong level of trust, respect, attraction, communication, etc	A session talking about maturity and safety
A healthy relationship thag is consensual.	A session teaching lessons that we all need on sexual activity and love and having standards personally
A lightly customized version of the ladder of seven steps. I won't change the terms themselves, just the order in which it was presented.	A session that has many good things about self respect
A lot	a session that helps you understand consent and healthy relationships.
A lot	a session that is extremely honest and gets deep and person but in a healthy way. it really teaches you how important all of this is and will be in the future
A lot	A session that was empowering and one that makes people reevaluate standards.
A lot	A session that's necessary for everyone, no matter age
a lot	a session to break down the norms of sex and teach why they are wrong and how it should be.
A Lot	A session to clear up the stigmas surrounding people's sex life
A lot	A session where I learned how to properly enjoy my sexual activity and say no
A lot	A session where it can help you with ur real action ship and when on the internet.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
A lot	A session where it covers the basics of what to do in relationships of any kind
A lot about respect	A session where they teach you how to be a good partner
A lot in how I value myself and see society	A session where you will relate to and learn and grow as a person.
A lot of i	A sessions about sex and morals
A lot of important information	A sex talk
a lot of it	A sexual assault presentation
A lot of things	A sexual relationship (and even platonic relationships) has seven steps including: truth, open communication, attraction, etc... Consent is the basic requirement for a positive and respectful sexual relationship. The key to being a great partner is to be a great human being.
A lot of things.	A show you should watch
A lot.	A significant lecture covering consent
A new mindset	A slideshow about consent and raising standerds
A new sense of self-value	A source for knowledge on relationships.
A relation should be mutually consensual and respectful.	a speaker came and told us about how to treat a relationship while making both partners feel comfortable, but it felt like an open conversation so it was really nice
a reminder to reinforce my own boundaries and not succumb to social pressures regarding sexual activity	A special talk about sex!
A strong belief in myself and more empowerment to say no	a spectacle
Ability to say no	A speech about consent and saying no in different situations.
About a healthy relationship	A speech about how to have amazing sex
About drugs	A speech about not only consent, but about being a better partner, but better friend.
About how consent works.	a speech on consent and sexual assault issues
Abstinence	A speech on heathy relationships, and how to keep and continue a healthy relationship.
abstinence	A speech that was needed for the men and women at this school
Abstinence	A summary of sexual activity
Abstinence	A talk about confidence, consent, relationships, and respect in teens and life.
Abstinence	A talk about consent and how it is the minimum
Abstinence	A talk about consent and relationships
abstinence	A talk about consent and what TO do
abstinence	A talk about how consent on sexual activities is not the only step and that there is many steps to doing these activities correctly.
Abstinence discussion, not to judge	A talk about how sex works. Its going to feel uncomfrtabke, but its important to be reminded that you have control over YOU
Abstinence is good	a talk about how to have a healthy relationship
Abstinence is not a bad thing	A talk about how to maintain healthy relationships and stay safe sexually/emotionally.
abstinence is not a form of sex	A talk about how to respect boundaries and have a great sexual relationship.
Abstinence is perfectly ok. "Peer pressure" to do something is a lot from personal pressure.	A talk about knowing what's right and wrong in a friendship and a relationship also abt sa and child pomography
Acknowledge that my actions have different effects	A talk about on what to do to achieve a good sexual relationship
acknowledging that amazing is the standard of excellence and consent is the bare minimum.	A talk about relationships and a healthy way to engage in sex
Act smart and thoughtful	a talk about respectfulness in the context of sexual activity
Actions affect power dynamics.	A talk about respecting yourself and others
Advice	A talk about responsible safe and happy sex.
Advice about healthy sexual relationships	a talk about sexual activities and how to be safe
Advice about lowering expectations but keeping standards, trying not to judge so much	A talk about the deeper meanings of love.
Advice for how to handle my friends being in bad relationships	a talk about the importance of enthusiastic consent.
Advice for my friends relationship and any future ones	A talk about the qualities of a good relationship
Advice for romance	A talk on how to build healthy relationships and what values to look for in one
Advice future	A talk on pressure, decisions, and intimacy in high school and beyond
Advice given from speakers	A talk on sexual intercourse
Advice of relationships and red flags that I could avoid to love my partner	A talk on what healthy sexual relationships look like and how to have them.
Advice on having higher standards	A talk on why consent is important and how to implement it in your life
Advice on how to build strong healthy relationships	A talk that would benefit you for the future
Advice on peer pressure	A teaching experience of how to be a healthy partner/friend while understanding that horrible situations can still happen if you do not educate yourself.
advices on how to get others out a toxic relationships	A teaching of being respectful in relationships with all people.
Advising others or for future reference	A thorough analysis of common questions regarding sexual topics.
After this presentation I have higher standards for my relationships.	A thorough explanation about sexual activities, pressure, and consent.
After this session, I will remind myself of the 7 steps that are crucial to healthy, mutually amazing relationships.	A title 9 brief that went into to a lot of depth regarding a healthy relationship rather than just telling us what not to do
After today's program I learned a lot and one thing that stuck out to me is that self respect is more important then being pressured into doing something you don't want to do.	A useful experience
Alcohol is bad so I wont use it.	A useful impactful presentation worth listening to.
alcohol is liquid coward	A useful lesson before college
Alcohol is liquid coward not courage.	A useful session that showed the audience the power of trusting yourself before anyone else.
Alcohol is liquid coward!	A valuable life lesson that was taught to us over the course of this moming, we were taught how to enable trust in our relationships through consent and to not be deceived by non real life activity.
Alcohol is liquid cowardness	A valuable session, about respect and consent sexually
Alcohol is more common than roofies.	A very educational and light-hearted seminar.
Alcohol is the most common date rape drug	A very educational infomational session about consent, sexual activity, and safety
Alcohol is the most prominent sex drug	A very empowering, speech.
alcohol is used more commonly than roofies for sexual harassment	A very fun, interactive education opportunity
Alcohol is used more often than roofies	A very good informative session.
Alcohol lowers standards	A very good lesson on consent
Alcohol lowers your standards	A very good life lesson.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Alcohol situations	a very good program that is informative and helpful that makes me think deeper about things
all	A very great session of advice
All	a very helpful and informative survey
all	a very helpful and informative talk about sex and what to do instead of what not to do
All	A very helpful lesson on consent and healthy relationships
All	A very helpful session
All	A very important lesson on respecting others
all	A very important life lesson.
All	A very important talk, which i think everyone should take because it gives you a better understanding of things that happen while you grow in life.
All	A very informative and entertaining discussion
All	A very informative and insightful talk about sexual consent.
All	A very informative lecture about the role of sexual activity in life.
All	A very informative presentation on sexual consent and stereotypes common in our culture
All	A very informative seminar about sexual assault
All	A very informative session
All	A very informative session about consent and relationships
All	A very informative session going into college and the rest of my life.
All 7 of these steps we discussed and learned about today.	a very informative talk about healthy sexual relationships
All 7 steps	A very mind opening talk about the pitfalls of today's society.
All 7 steps	A very need presentation on the importance of consent and that it helped me feel more confident in my own choices in life.
All 7 steps	A vital session that changes your perspective on sex in high school.
All 7 steps of mutually amazing intamate intercourse	A wake up call for a lot of people
All 7 steps of mutually amazing intimacy experience	A wast of time
All from when to recognize the red flags and determine many of online sexual people if it is a potential predator	A way to build healthy relationships
all if it	A way to describe what to do in a relationship and what's wrong with a lot of relationships
All information	A way to have a healthy relationship.
All lessons	A way to have mutually amazing consent
All of it	A way to know more about sexual life
All of it	A well prepared lesson that you can learn a lot from and is very important
All of it	a what to do presentation on consent
All of it	A wonderful experience that teaches everyone a deeper understanding of emotional interaction and reminds them of how they are all people.
all of it	about awareness about sexual consent and what isn't okay and what is
All of it	About being a good human being
all of it	About consensual sexual relations
All of it	about consent
All of it	about consent
All of it	about consent
All of it	about consent and good relationships are
All of it	About consent and the right way with partners
all of it	About consent and what's okay and not.
All of it	about consent, abstinence, what sex should be, mutual and amazing
all of it	About consent, sexual assault, pressure, and trusting myself and my partner.
All of it	About healthy sexual relationships
all of it	about how consent isn't the only thing that should be asked in a relationship
All of it	about relationship
All of it	About sex
all of it	about sexual consent
All of it	about sexual consent
All of it	About the bare minimum requirements ad that controlling/manipulation is the worse thing you should do.
All of it	About the important factors when deciding to have sex
All of it	about unplanned pregnancy and safer sex
All of it	About what I leamed
All of it	About what is the positive part of sex and how it can he helped
All of it	About what it means to have a mutual amazing relationship
All of it	Absolutely amazing. Truly great ideas put together in beautifully succinct ways Eye opening
All of it	Absolutely Breathtaking
All of it	Aceptable. Sometimes i couldn't understand what was said.
all of it	Actually very enjoyable, funny, and easy to stay interested
All of it	Address problems about pom nudes and being used
all of it and especially the staircase to excellence	Addressing nudes, and being supportive to another
All of it basically, going forward with my decisions.	Addressing questions that aren't usually brought up in a group setting
All of it to educate people	Adult
All of it, but I will not be having sex until I am married in the first place. I am a Christian.	Advice about consent and relationships
all of it, especially not saying sorry before "no."	aksjhdhdbd
all of it, very useful	Alcohol, consent is minimum
All of it, with my own kids and my students.	Alcohol numbs your nervous system and you need to respect others answers
All of jt	All
All of the healthy things	all
All of the influential information he told us	All about mutual respect
All of the information	All about Rutt Baper, my arch nemesis.
All of the information given	All my friends consent so nothing.
All of the information specifically about the trust in my relationship.	All my friends consent so nothing.
All of the knowledge I gained	All the rules to approach someone

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
All of the knowledge I learned about consent	Allow the other person to have a voice and don't let others pressure you into something you don't want to do.
All of the knowledge I received	Alright
All of the points	Always ask for consent and you don't have to do it all the time
All of the seven steps	ALWAYS adhere to consent, don't send nudes, don't ask for nudes, listen to others, have standards
all of what he said	Always ask
ALL seven steps need to happen for good sex	Always ask
all sexual activity should be consensual	Always ask and
all steps are necessary to a healthy relationship	always ask conesm
All that he teach us	Always ask consent
all the advice mike gave	always ask consent + should be enthusiastic
All the info	Always ask first!
All the info and comeback words I can say against peer pressure.	Always ask for consent
all the information	always ask for consent
all the informwtion	Always ask for consent
all the lessons i learned	Always ask for consent
All the points shared	Always ask for consent and make sure to be respectful
All the steps (respect, attraction, trust, safety, etc.)	Always ask for consent and make sure u never ask for nudes etc
All the steps of a mutually amazing sexual relationship.	always ask for consent and nudes are dumb
All the steps provided.	Always ask for consent before doing something
All the steps to having a good relationship	Always ask for consent!!!!
All the things I've learned.	Always ask for consent.
All the things that were said.	Always ask for consent.
All the tips for relationships.	Always ask for consent.
All the valuable information to my use	Always ask for permission
All the values	Always be confident in your own choice and don't get too easily influenced by others.
All topics discussed. Consent, Pressure, Stairway of Relationships, etc	Always be consensual, be yourself, and learn to say no
Allt	Always be mutual
Almost all of it.	always communicate boundaries and never stay with someone who violates them. Nudes are mostly about power not love.
Almost all of it.	Always ensure that your partner is comfortable and respected when consenting and has faith and trust in you.
Always aim for consent and respect/ the 7 steps.	always get consent
Always ask	Always have consent during sex and don't ask, send, or distribute nudes
Always ask	always have respect for trust yourself
Always ask	Always know how to say no.
Always Ask	Always make sure consent and respect is present and ask first.
Always ask and respect their answer	Always make sure contest is involved and don't pressure, and it's ok to say no and ask for help when needed to.
Always ask before I do.	Always make sure that you respect a person's boundaries, their identity, and make sure you have a mutually amazing relationship.
Always ask consent	always make sure you follow all the steps of consent
Always ask consent	Always make sure you get your partner's consent before you begin.
Always ask consent	Always put yourself first and know your values.
Always ask consent and never be afraid or feel pressured to not say "No."	Always remember to be sure about something
Always ask consent and respect their answer	always respect and trust yourself more than your partner for a healthy relationship
Always ask first	Always respect othets
Always ask first	Always respect someone's boundaries when asking for consent.
Always ask first	Always respect the answer to a question , yourself, and your partner, but yourself mostly
Always ask for consent	Always respect.
Always ask for consent	Always stay safe and ask for consent
always ask for consent	Always think about yourself and your others partners feelings before engaging in a sexual activity
Always ask for consent	Always treat people with respect and stand up for yourself and others
Always ask for consent	Always trust yourself and do the best for yourself, consent is the bare minimum
Always ask for consent	always use consent
always ask for consent	Always use consent and how to identify sexual assault
always ask for consent	Always use consent and respect your sexual partners
Always ask for consent.	Always value your body
Always ask for consent	Am interesting overlook into the steps into building a strong mutually consensual amazing sexual relationship
Always ask for consent	amazing
Always ask for consent and form a healthy relationship	Amazing
always ask for consent first	Amazing
Always ask for consent first.	Amazing
Always ask for consent, make smart choices	Amazing
Always ask for consent.	Amazing
Always ask for consent.	Amazing
Always ask for consent.	Amazing
Always ask for consent. Respect myself over the fear of being liked.	Amazing
always ask for permission	Amazing
Always ask myself who I am.	amazing
Always ask no matter what	Amazing
Always ask permission	Amazing
Always ask. And be ready to get a no.	Amazing
Always be in a mutual relationship	Amazing
Always be mindful of yourself and others and be respectful.	Amazing

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Always build a mutal relationship or friendship before any Sexual tension	Amazing
always consent.	Amazing
Always double check if someone is ready especially if they're a virgin since that's their first time and is very serious.	Amazing
Always double think before acting	Amazing
Always focus on mutuality when engaging in anything.	Amazing
Always get a bare minimum of consent	Amazing
Always get consistent	Amazing
Always going to ask for consent.	Amazing
Always have everyone's consent	Amazing
Always have knowledge of what you are doing	Amazing
always have the right to say no	Amazing
Always keep proof of everything	Amazing
always know mine and others boundarines	Amazing
Always listen and smile first	Amazing
Always look out for friends	amazing
Always make sure everything is respectful and consensual as the bare minimum.	Amazing
Always make sure I have each aspect of the staircase for a healthy relationship	Amazing
Always make sure that they will give consent	Amazing
Always of sound mind	amazing
Always read body language	Amazing
Always remember that there is no rush for sexual activity. When in an uncertain sexual relationship, use the 7 "steps" to assess the situation	Amazing
Always remember to be supportive and introspective	amazing
Always respect other people's decisions	Amazing
Always respect others	Amazing
Always respect others choices and ask beofre you do smt	Amazing
Always respect the answer	amazing
Always respect yourself and others	amazing
Always respect, care, and communicate with my future partner.	AMAZING
Always say no, when it needed	Amazing
Always say no!!	Amazing
Always speak out against 'slut-shaming'	Amazing
Always strive for the best	Amazing and a must see, teaches you a lot
Always take consent	Amazing and a must. To not attend is to sell yourself short.
always take screenshots	Amazing and educational
Always think twice before doing something	Amazing and extremely helpful.
Always trust myself before I trust someone else	Amazing and I recommend it
Always trust yourself first.	Amazing and inspirational
Always trust yourself first. You don't deserve to be with someone that doesn't appreciate and respect you	Amazing and interactive
Always trust yourself more than your gut partner.	Amazing and mutual. Very infomative.
Always try to support friends but not to fix them	Amazing and mutually awesome
Always value ur self respect over conditional love	Amazing and very infomative.
Am going to as for consent before having sex	Amazing and vibrant
Amazing mutal consent	Amazing consensual experience
Amazing sex	amazing entertaining and infomative
Amazing sex and consume is the best thing for sex	Amazing infomation.
Amazing sex can be more than one person as long as everyone follows the 7 steps	Amazing mutual consent
Among us	AMAZING mutual you just had to be there he'll actually make you think and clock you. You actually bond with your school it's uncomfortable but soooo valuable. EVERY SCHOOL NEEDS THIS!!!
An enthusiastic yes is the only yes.	Amazing mutually consensual.
An open mind to look at societal standards with a new lens, less heavily reliant on what others consider ideal	Amazing way to learn.
An understanding that sexual activity should never be the goal of a relationship.	Amazing, fantastic, truly educational
Analyze my own relationships with the 7 stairs	Amazing, helpful, fun
Anyone asking nudes doesn't respect you.	Amazing, introspective, knowlegable.
anything	Amazing, like the part that talks about being yourself all the time.
app	Amazing, very infomative
Apple	Amazing!
Applications of consent	Amazing!
Apply it in life	Amazing!!
Apply it in my future relationships	AMAZING!!!!!!
Apply it in my life	Amazingly consensual
Apply it to my future	Amazingly intuitive
Apply it to my future life, and learn from my past mistakes.	Amazinh
Apply the 7 qualities of a good relationship	Among us
Apply the 7 steps of a healthy relationship and apply it to all of my relationships.	Amszing!
Apply the knowledge I learned to my sexual activities.	An active practice in learning about relationships
Apply this knowledge to my day to day life	an actually useful presentation on sexual consent
Applying it to the future	An amazing experience
Are nose	An amazing experience
As I venture off to college, I will use the experiences i heard and the lessons to help guide me.	An amazing experience
As much as I can, when I'm married	An amazing session that helps you have healthy relationships and how to avoid toxic ones.
Ask	An amazing speaker
Ask	An analogy for sexual relationships is a slope, and consent is the middle, while amazing relationships are the best case scenario.
Ask	An appropriately humorous educational session about sexual health.
Ask	An assembly that describes sexual consent and pressure geared towards young adults
Ask	An assembly that dispells myths about relationships

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Ask	An educational experience
Ask	An educational presentation about the importance of healthy boundaries / sexual assault.
Ask	an educational presentation on sexual consent
Ask a trusted adult for help	an educational presentation on sexual consent.
ask and communicate with partner.	An educational seminar on how to properly engage in sexual activity.
ask and respect the answer	An encouragement session for people who don't know hot to fend themselves from making bad decisions.
Ask and respect the answer	An engaging conversation about consent
Ask and respect the answer	An engaging representation of sexual safety for high schoolers
ask and respect the answer	An engaging session to learn about sexual consent and intimate relationships.
Ask and respect the answer	An engaging speaker talking about an important topic beyond consent.
Ask and respect the Answer.	An enlightening course on how to establish and maintain healthy relationships.
Ask before anything happens even if you think it is implied	An enlightening experience
ask before i do something and that consent is very important	An entertaining and educational conversation on a very serious topic
Ask boundaries	An event that teaches you how to actually foster a healthy relationship instead of just telling you what not to do
ask consent	An experience that helps to gain an deeper understanding of how healthy relationships work
Ask consent	An experience that taught me about relationships.
ask consent and respect other people	An explanation of healthy relationships in high school
Ask consent in any situation, don't use porn as sexual education.	An explanation of what to do in sexually intimate scenarios.
Ask first	An extremely animated and engaging presentation on sexual relationships and the steps that make a healthy relationship.
Ask first	An extremely necessary discussion that we have for too long ignored and avoided.
Ask first	an eye opener
Ask first	An eye opening experience
Ask first	An eye opening presentation on how the way we as a society have forced the do nots of sexual understanding and relationships more than the what we should do.
Ask first	an fun and engaging, educational session about important topics while maintaining a safe and respectful environment.
Ask first	An fun and important explanation of sexual themes
Ask first	An healthy sexual relationship exists beyond the boundaries of consent
Ask first	An honest informative values check
ASK FIRST	An honest look at building relationships and moving forward.
ask first	An important and engaging discussion on sexual relationships and respect.
Ask first	An important conversation to have.
Ask first	an important discussion about sex.
ask first	An Important Discussion Most Teens should Hear
Ask first	An important discussion on what a healthy sexual relationship looks like and topics of do not sending nudes
Ask first	An important lecture about consent, relationships, sexyal intimacy and survivors.
Ask First	An important lesson on consent
Ask first	An important message about sexual interactions.
Ask first	An in depth and blunt convo that all students need to have.
Ask first	An in depth conversation about consent and how we should embrace respect and mutuality to have better relationship.
Ask first	An indepth lessen to make you more aware of you and your partners needs/motifs.
Ask first	An information discussion on what not to do and what to do when being sexually active.
ask first	An informational assembly that goes more into depth on WHAT you should do whenever you plan on getting intimate.
ask first	An informational discussion
Ask first	An informational meeting about consent and why it's important
Ask first	An infomational meeting that helped me understand the power dynamics behind nodes and relationships
ask first	An informational session about how to properly treat a relationship and how to set your standards.
ask first and be sure	An informational session on what to do in a sexual relationship
Ask first and respect the answer!	An informative and engaging discussion on how to be safe sexually
Ask first and respect yourself	An informative and interactive talk about sexual activity and nudes.
ask first respect the answer	An informative assembly about sexual health and respect for all ages.
Ask first respect the answer	An informative but fun learning experience!
Ask first,	An informative discussion about safe sex
Ask first, respect the answer	An informative experience about taking charge of your sexual health and safety.
Ask first, respect the answer	An informative insight on how to articulate your feelings, ideas, and beliefs to ur partner
Ask first, trust myself first.	An informative lecture on different types of consent and what a healthy sexual relationship is.
Ask first.	An informative lesson on how consent id the bare minimum.
Ask first. RESPECT THE ANSWER	An informative lesson on safe sex
Ask first. Respect the Answer.	An informative presentation on what one should do to have healthy relationships.
Ask for a kiss before doing it.	An informative seminar including, consent, sexual assault, and healthy relationships.
Ask for advice from people with more wisdom.	An informative session full of thought provoking knowledge.
Ask for and respect the concept of consent.	An informative session regarding the discussion of consent and sex
Ask for boundaries	An informative speech about the steps needed in order to have healthy sex
Ask for boundaries	An informative talk on how to create and sustain a good relationship
Ask for conent	An informed and mature discussion about sexual activity
Ask for consent	An insightful experience that teaches you and prepares youfor intimacy
Ask for consent	An insightful guide to seeing relationships from a new perspective
Ask for consent	An intelligent lecture
Ask for consent	An interactive and thought provoking conversation about sexual relationships.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Ask for consent	An interactive experience teaching us about social standards that are important to uphold such as consent but also social standards that are harmful to us such as porn use.
Ask for consent	An interactive summary of how to have good relationships
ask for consent	An interesting and informational presentation about sex
Ask for consent	An open conversation about consent and sexual activity
Ask for consent	An open conversation about how to have safe and consensual amazing sex
ASK FOR CONSENT	An open conversation about sex and how to make a sexual relationship good for both people.
Ask for consent	An open conversation about topics that should be normalized for our sexual protection
Ask for consent	An open discussion about good sexual experiences
Ask for consent	An open discussion on sexual assault
Ask for consent	An open discussion on sexual intimacy and consent.
Ask for consent	An open room that defines the best way to maintain a healthy relationship.
ask for consent	An open safe discussion about sexual relationships.
Ask for consent	An organized talk on how to have the best relationships and have the best possible outcomes therein.
Ask for consent	An outreach educational lecture that connects with students to teach them how to have proper conduct.
Ask for consent	an overview of sex in our culture and how to navigate sex and relationships
ask for consent	An session where we learn what to do and how to consent
ask for consent	And engaging talk about sexual activities
Ask for consent	Answering deep relationship questions
Ask for consent	Appropriately humorous
ask for consent	As a great informational learning experience
Ask for consent	As a great way to learn sexual consent
ask for consent	As a guide on how to have better relationships
Ask for consent	As a moving discussion
Ask for consent	As a presentation of the bare minimums of showing respect to one's partner and having a healthy relationship.
Ask for consent	as a talk about not sexually assaulting someone
Ask for consent	As a way to define sexual assault vs. healthy relationships
Ask for consent	As an impactful way to deal with sexual intimacy
Ask for consent	As an integral part of life
Ask for consent	As if they were in a scenario
Ask for consent	As informative and valuable.
Ask for consent	As interesting
Ask for consent	As more than consent
Ask for consent	Ask
Ask for consent	Ask & listen to the answer
Ask for consent and give consent. Recognizing unhealthy traits in abusive people.	Ask a friend
Ask for consent and make sure other do to	ask and don't force a yes
Ask for consent every time	Ask before doing anything with anyone
ask for consent every time and respect the answer	Ask before doing. Communicate properly
Ask for consent in further times to come	Ask consent
ask for consent more often in general	Ask first
Ask for consent tbh	Ask first
Ask for consent to kiss	Ask first
Ask for consent to people	Ask first and always listen to your initial instinct not what your final answer comes to because that could have been influenced
Ask for consent, good communication	Ask first and enjoy it.
Ask for consent.	Ask first and respect the answer
Ask for consent.	Ask first respect the answer
Ask for everything	Ask first respect the answer
Ask for kisses	Ask first respect the answer
Ask for mutual decisions	Ask first respect the answer, it's about respect
Ask for permission	ask first, do it sober respectfully and consensually
Ask for permission first	Ask first, respect the answer.
Ask girls before I do something	Ask for consent
Ask if I am amazing	Ask for consent
Ask if it was amazing	Ask for consent
Ask my partner and respect their answer	ask for consent
Ask my partner if it was amazing	ask for consent
Ask my partner if sex was good	Ask for consent
Ask my partner what they want and respect the answer	Ask for consent
Ask partners for consent	ask for consent and dont watch porn
Ask people if they are comfortable for doing things that may be risky, and understand if they agree or disagree.	Ask for Consent and respect your partners
Ask questions	Ask for consent don't be a weirdo
Ask sincerely	Ask for consent during relationship
Ask to Learn others boundaries even if they are close friends.	ask for consent is bear minium
Ask what do they want to do Mutual consent	ask for consent, raise your standards, and dont send nudes
ASK!	Ask for consent, respect, be safe, and etc.
ASK!	Ask for consent.
Asking	Ask for muatrality
Asking a trusted adult or looking for healthy places for answers to a question involving sex.	Ask for strong consent, communicate, and have fun.
Asking and listen to the answer	Ask for your partners boundaries.
Asking consent and making sure they don't feel pressured	Asking for consent and being understanding during sex is the most important thing
Asking first and not being able to be peer pressured	Asking for consent is required, and it's the bare minimum. It should be mutually beneficial.
Asking first.	Asking more than just consent for sex

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Asking for boundaries	Assembly about how full consent is the bare minimum. Differences between peer pressure and assault and rape.
Asking for consent	Assuming isn't something to be normalized gotta ask and be able to take hints and when and not to make moves
Asking for consent	Attention drawing
Asking for consent	Authentic relationship, happy relationship
Asking for consent and not assuming	Awe inspiring
Asking for consent despite awkwardness and understanding of how media shapes ppl's minds	awesome
Asking for consent.	Awesome
Asking for nudes is an insult. Talk to parents and adults more often.	Awesome
Asking for nudes is disrespectful	Awesome
Asking guys their values first when pursuing a relationship	awesome
Asking if people are comfortable	Awesome
Asking myself "who am I" There are no shortcuts to excellence	awesome
Asking myself about what my values are	Awesome
Asking the partner explicitly for what they want.	Awesome
asking vincent and boundaries	awesome
Aspects of a healthy relationship(mutually amazing)	awesome
Assembly	Awesome
avoid degrading language towards peers, especially being mindful of the gender dynamic attached to them.	Awesome
Avoid everything	Awesome
Avoid sending or encouraging nude photos or videos	Awesome
Avoid using porn sites	Awesome
Aware of when to say "No".	Awesome
awareness	awesome
Bare minimum	Awesome , educative
Based from today's program, I'm going to actively improve my communication between my partner and I.	Awesome and informational
Basic standards for relationships	Awesome and lit
Basically everything	Awesome informative
be a better bf	awesome sauce
be a good person	awesome sauce
Be a grand human	Awesome sauce
Be a respectful person and consider how others actually feel.	Awesome sauce
Be able to acknowledge rape while acknowledging the severity of the crime and be free to call it out when it is necessary.	Awesome use of time
Be able to properly communicate with people.	Awesome, profound
Be able to say no.	awesome!!!!!!!
Be able to talk for myself	Awesome.
Be aware for what other people say to me about sex and say no when people touch me	Awesome. It's a very important conversation to have, and I'd probably yap a lot about what we went over because it's important things to know.
Be aware of the fact that no one can be a perfect 10	Awesomely informational
be aware of others comments	Awkward
Be aware that everyone moves at their own pace	Awkward
be aware when pressuring others	Back sore and freezing from air conditioning that turned on halfway
be better	Bare minimum to be a decent human
Be better	Basically covering the actual steps to have proper healthy relationship and what that is and how we can get there
Be better!	Based
Be careful about the people around me	basic human decency
be careful of using social media	Basically a lesson on how to have positive intimate relationships.
Be careful with who I trust	Basically a lively and open discussion about consent and relationships
Be comfortable saying no	Basically talking about sexual consent and what you NEED to do
Be comfortable with myself and not owe anyone anything	Basically, best form of sex is consensual, safe, amazing sex.
Be comfortable with what you discussed and speak up about it	Basically, its different levels of love and how we can correctly use the love aside from the people who don't know how to love properly.
Be confident	Be a good human
Be confident and acknowledge consent as the bare minimum	Be a good human being
Be confident and respect myself	Be a good human being
be confident if i want to say no	Be a great human being.
Be confident in myself	Be a great human being.
Be confident in saying no	Be a respectful human being
Be confident in setting boundaries and having self respect	be able to communicate and respect the other person
Be confident. Don't feel peer pressure	Be able to say no
Be educated	Be abstinate
Be good	Be alert, be mindful, your actions do have consequences, pleasure is not a one way stop as an excuse when it comes to other lives.
Be good at being cool	Be an individual and stand for your morals.
Be honest	be aware
Be honest and develop trust with future partner.	Be aware of your surroundings Always smile And make sure to have a great day
Be honest and have good communication	Be careful
Be honest with my partner.	Be careful about sex
Be honest with someone you are dating because you don't want to lead them on if you don't actually have feelings and they do	Be careful and do the right thing.
Be kind	Be careful of your actions and maturity should come before sex
Be me	be careful when you have sex
be mindful and only do things if i feel like i want to do something not because im being pressured	Be careful of porn
be mindful of when u do certain actions	Be confident in yourself
be mindful that my partner should respect me	Be consensual but have it be mutual and amazing
Be more aware	Be considerate about others don't think that just because you are married or been together with your partner that sex is just you must do it

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Be more aware about peers around me especially how they act within their friends and socially as this will give me signs on how they may act in a relationship.	Be disciplined and think twice about consequences.
Be more aware in these situations	Be educated when it comes to sex
Be more aware of actions that require consent	be firm in your decision and your position
Be more aware of consent and what is legal/morally correct	Be honest and respectful to everyone
Be more aware of different types of consent.	Be In a healthy relationship
Be more aware of others feelings and my own.	Be in a healthy sexual relationship
Be more aware of risk of nudes.	Be mindful about sexual relationships.
Be more aware with my actions and go through all the steps of about to do sex.	Be mindful of what you do
Be more careful	Be more knowledgeable about consent and how to avoid peer pressure.
Be more careful in my intimate relationships.	Be nice about relationships, trust yourself and your judgement
Be more careful of people	Be nice don't rape.
Be more careful of toxic relationships	Be okay with yourself and trust yourself.
Be more careful to our own safety, be brave to stay away from unhealthy relationship.	Be prepared to be uncomfortable, but it's very important
Be more communicative	Be reasonable
Be more communicative	Be respectful
Be more confident to say no	be respectful
Be more conscious of my future partner.	Be respectful always
Be more direct with my communication and set boundaries	Be respectful and honest
be more educated in terms of nudes.	Be respectful of your partner
Be more honest	Be respectful to everyone and make sure to ask for consent.
Be more mindful	Be respectful to everyone. And sex is ok as long as you follow all 7 rules
Be more open with my parents and overcome awkwardness.	Be respectful to partners
be more respectful	Be respectful to your partner.
Be more self aware	Be safe
Be more trusting of my decisions.	be safe
Be more vigilant for different types of sexual assault.	Be safe and don't take advantage of others
Be more vocal about calling out harmful behavior and calling in sexual assault what it is.	be smart about how you handle dealing with sexual encounters and no means no
Be mutually amazing	Be smart about your relationships, don't fall for silly tricks.
Be myself	Be smart and think about how you sexually act with others.
Be myself	be smart and think through your decisions
Be myself	Be smart with your choices
Be myself.	Be sure to date someone who's values align with yours
Be nice to my friends	Be there
Be nicer.	be true to yourself and love yourself
Be real and say what's my mind	Be wise
Be respect to partner	Be yourself-don't let anyone make you do something you don't want.
Be respectful	Beautiful description that raises the standard on how relationships should be
Be respectful	Become educated on your stuff!
Be respectful and don't ask for nudes	Being aware that healthy relationships and amazing sex are things that are actually attainable.
Be respectful and mutual	Being in a mutually amazing relationship is the most important part to learning about sexual activity
Be respectful to my friends	Being respectful is the most important thing.
Be respectful, communicate orally	Believe and trust yourself more, let you govern you instead of your friends
Be responsible with my choices	Believe in yourself and know your beloved and your perspectives
Be safe and respectful	Beneficial
Be safe, it's okay to say no.	Beneficial
Be safer	Beneficial
be safer	Beneficial
Be safer in the future	Beneficial and eye opening
be smart	Beneficial and very informative.
Be smart and apply this to my life	Beneficial towards understanding
Be smarter in picking my partner and how to proceed throughout the relationship	Best consent session
Be supportive of my friends.	Best session to learn what not to do
Be sure about consent	Best sex is not in high school
Be sure that consent, respect, and everything else we talked about is present	Best thing to see for both partners to feel amazing.
Be sure to say no absolutely when asked to send nudes.	Better knowledge of sexual relationships
Be sure to screenshot when I get alarming texts.	Better than I thought
be there for friends	Better than last year!!!
Be thoughtful of others opinions	better than the last one
Be unapologetic in saying no	Better than you would think and entertaining
Be yourself.	better understanding of what you need in a relationship and how to get past awkwardness
Become aware of when it's actually me peer pressuring myself	Beutiful
been using everything	Beyond expectations
being a 10 and looking for 10s, saying no, and the 7 steps	Bkring
Being a good partner	Blatantly discussed the reality of high school relationships
Being a more kind and respectful person and friend in conversations about sexual activity.	Blunt and informative
Being a supportive person to my partner	bore
Being able to respect people for who they are.	Boring
Being able to say no	Boring
Being able to say no confidently	Boring
Being aware of content	Boring
Being aware of how I feel, and be pressured into anything.	Boring
Being aware of the seven steps and not letting other people pressure me into doing things I don't feel comfortable doing	Boring
Being aware of who I am and staying strong in my beliefs	Boring
Being Better at understanding my partner by asking her more about herself.	boring
Being comfortable talking	Boring and I could ah e done homework
Being healthier with my partner	Both important and entertaining.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
being here for people	both parties should say yes
Being honest, knowing boundaries, knowing whats healthy and unhealthy	Both partners should want to have sex
Being me	Boundaries and how to set them. Respect others by asking first.
Being more assertive when I see something illegal sexually	Boundary talk
being more aware of consent	bout consent
Being more confident	Breaking down stereotypes.
being more confident when saying no and not apologizing	Breaking down the ideas and dispelling ideas
Being more considerate	Briefly give the highlights
Being myself and not worrying about pleasing others.	Brilliant
Being open about intentions and leading with respect.	bringing truth to sexual activity
being respectful	Broadening our view of consent
Being respectful	Bruh
Being respectful and safe and following myself	Building a healthy relationship for you and your partner isn't necessary to do in high school, but in life.
Belief that my choice is more important than what other believe	Building a healthy relationship with another
Believe in myself	Bussin
believe myself	By explaining them the seven steps and explaining what consent is
Believing that I still have a choice even if there is peer pressure and that any less than the 7 steps is unacceptable in any relationship.	By giving them the ebook
Better a future relationship	By reminding them about the seven steps and explaining more in depth with everything related to consent
Better approaches to bring up consent and understand consent.	Calling out messed up behavior no one ever knew was wrong with our perception of sexual intimacy.
Better communication	Calls out all of societies bad expectations
Better communication	Calming reminder of how to treat others when it comes to relationships.
Better communication	can i kiss you
Better communication	Can I kiss you?
Better communication	Can't describe it. It's a program that needs to be heard.
Better communication	Can't miss
Better communication	Consent
Better communication in serious and intimate situations	care about your self before other
Better consent techniques	casual and informational
better decisions in life	Center for Respect
Better my life choices	centered around consent, etc
Better relationships	Challenges the way we think as a society and highlights important topics that aren't spoken about enough.
Better respect for the people around me.	Changed my perspective on sexual activity
Better understand my values	Changes the way that you view sexual relationships in high school.
Better understanding of consent	Changing
Better Understanding of consent	Clarified my knowledge about relationships.
Bien more formal when asking consent	Clarify many rumors
Bing chilling	Clarifying
Body count bad	Cleared up a lot of nuances regarding consent and sexual relationships, dived deep into those topics that usually would go unacknowledged
Boundaries	Collaborative
Boundaries	Comedic interp of consent
Boundaries	Comedic presentation on consent
Boundaries	Comfortable
Boundaries	Comfortable, attentive, patient, understanding
Boundaries	comforting
Boundaries	Common sense
Boundaries	Common sense
Boundaries and knowing my own are important.	Common sense
boundaries and the stairs	Common sense
Boundaries in relationships.	Common sense
Boundaries principles.	Common sense and sensibility is necessary
Boundary clarity	Communicate
Boundries	communicate and consent is important
Bourinares	Communicate with your partner
bowling	Communicate with your partner and respect them
Bowling	Communicating is key
bracelet	Communication
Bring the dark to light	Communication and unlearn unhealthy expectations
Bring up boundaries when problems arise, not being hesitant.	Communication is key
Bruh	Communication is the most important part to a sexual relationship, and to everyone's happiness.
Build better relationships	Communication, trust, mutual consent and more are the bare minimum for a healthy relationship
Build deeper and safe relationships in both an intimate environment and in friendships.	Concent
Build self esteem to avoid peer pressure	Concent has a deeper meaning.
build stronger connections with others	concent is a bare minimum and the most important thing is trusting yourself
Build stronger healthier relationships	concent is bare minimum
Build stronger healthier relationships.	Concent is bare minimum lower expectation
Build stronger relationships	Conesnt, and how to be safe with sex, peer pressure doesn't exist
Build up the seven staircase to attain amazing relationships	Consensual
Building a healthier relationship and understanding my red flags	Consensual mutual relationships are key.
Building a relationship with others.	Consensual sex is a staircase consisting of 7 different values. Follow these 7 and stay safe
Building and understanding the meaning of a healthy relationship	Consent
Building healthy relationships	Consent
Building relationships	Consent
building trust in my relationships	Consent
Buildings. Relationship with friends	Consent
but guys flowers	Consent

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
By supporting instead of fixing my friend who is in an unhealthy relationship	Consent
Call our degradation of others	Consent
Call out degradation from others and always be sure to make sure you're making the people around you comfortable.	consent
Call out degradation of others	consent
Calling out people who degrade others	Consent
Can I kiss tou	Consent
Can I kiss u	consent
can I kiss u	consent
Can I kiss you	Consent
Can I kiss you?	Consent
Can I kiss you?	consent
Can I kiss you?	Consent
Can't ask for nudes	Consent
Can't change anyone, only they can change themselves.	consent
Care.	Consent
Celibacy	Consent
Centering relationships around respect. Peer pressure does not exist	Consent
Change my expectations	Consent 7 steps
Check my relationship to make sure we are shooting for the 7 steps.	Consent and amazingness
Check myself and my partner's relationship for pillars of consent and healthy relationship	Consent and feeling 100% comfortable is always number
check on my friends	consent and how to get it
Check the seven steps.	consent and mutual agreement is needed
Checking on people, the question "what do you mean by that?" To check my friends, the staircase, etc.	Consent and mutuality are both important
Chivalry	consent and no shame
Chivalry is both sides	Consent and recognition is important when seeking and having a sexual partner.
Choose the right thing and say no when I need it.	Consent and respect are bare minimum for ANYONE
Clear oral communication and the improving the 7 step method.	consent and respect are very important to have a healthy relationship
Clearly and effectively communicate with my partner.	consent and respect is key to a respectful relationship
Comfortably setting boundaries with not only partners but friends too.	consent and respect!
Communicate	consent and respecting boundaries is the bare minimum, and it should be involved in any sex or relationships. they talked about seven steps to good relationships which were things like attraction and mutual respect
Communicate and consent is bare minimum	Consent and respecting sexual intimacy is very important
Communicate and respect the answer	Consent and self care is important
Communicate at all times.	Consent and setting boundaries
Communicate better	consent and sexual assault
Communicate better my expectations with my partner	Consent assembly
Communicate better with people around me,	Consent assembly consisting of characteristics in a healthy relationship and scenarios
Communicate more in relationships	Consent bare minimum Have standards
Communicate more with my partner	Consent bare minimum.
Communicate more with other people	Consent bare minimum. And to try not to give in to self pressure.
Communicate more.	consent be the bareth minimum, gotta get hella good time
communicate values clearly to partners	Consent best
Communicate verbally strongly	Consent discussion
Communicate verbally strongly	Consent doesn't always mean yes and respect and consent is the bare minimum to a healthy relationship
Communicate with her better	consent doesn't just apply to sex, but to healthy relationships
Communicate with my boyfriend more.	Consent ed but didn't mention tea
Communicate with my partner	consent first
Communicate with my partner	Consent good
Communicate with my partner better	Consent good assault bad
Communicate with my partner more about sex	consent good ppl should have pleasure too that's better
Communicate with my partner.	Consent good, amazing better.
Communicate with my partners more	consent important
communicatkn	consent in a relationship is important
communicating better with my partner	Consent is #1
Communicating more	Consent is a bare minimum
Communicating with partner about standards	Consent is a bare minimum
Communication	Consent is a bare minimum and be sure of yourself.
Communication	consent is a bare minimum and there are stairs to healthy relationships
Communication	Consent is a bare minimum and you need to strive for amazing sex
Communication	Consent is a bare minimum within a relationship.
Communication	Consent is a bare minimum, both parties have to be enthusiastic, and high school relationships only have all the seven steps to a healthy relationship 3% of the time.
Communication	Consent is a bare minimum.
Communication	Consent is a bare minimum.
communication	Consent is a bare minimum. Porn will mess up your brain and make you a judgmental person. Respect women and men when asking questions including understanding when they feel comfortable. Learn to say no.
Communication	Consent is a bare minimum. There must be mutual respect, trust, affection, communication.
Communication	Consent is a bare minimum. You have to trust yourself and be happy first before anything else.
Communication	consent is a bare requirement I, not a signal of a healthy relationship
communication	consent is a bare requirement, not a signal of a healthy relationship
Communication	Consent is a base structure for a mutual amazing sexual activity



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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
consent	Consent is important
consent	Consent is important
Consent	Consent is important
consent	consent is important and both parties must be mutually responsible and both agree
Consent	consent is important and dont send nudes
consent	consent is important and peer pressure isnt real
consent	Consent is important and society over complicates intimacy
consent	Consent is important and the minimum requirement for partaking in sexual activity.
Consent	consent is important as well as respecting yourself
Consent	Consent is important before doing anything.
Consent	Consent is important but love is too
consent	Consent is important for everything, Establish boundries
Consent	Consent is important in a relationship
Consent	Consent is important in a relationship.
Consent	Consent is important in all instances and should always be requested.
Consent	Consent is important in any relationship
Consent	consent is important, nudes are illegal if anyone involved is underage
Consent	Consent is important?
Consent	Consent is important.
consent	Consent is just the bare minimum
Consent	Consent is just the bare minimum.
consent	Consent is just the bare minimum. Excellence in ANY relationship should fulfill all steps to a good relationship, otherwise it will crack and fall to unhealthy.
Consent	Consent is just the first step, don't feel pressured
Consent	Consent is just the minimum requirement of sexual activities, and there's no peer pressure, but the pressure you gives to yourself to make the other person like you.
Consent	consent is key
Consent	Consent is key and a relationship should also be healthy, consensual and mutual. The key to being a great partner is to be a great human being.
consent	Consent is key and don't feel pressured to do things you don't want to
Consent	Consent is key and respect your partner. It was very knowledgeable and if you get the chance you should go.
consent	Consent is key but bare minimum
Consent	Consent is key even if you did something with the person multiple times.
Consent	Consent is key!
Consent	Consent is key. No means no. Be sure to support each other.
Consent	Consent is minimum
Consent	Consent is minimum and the bar should be higher
Consent	consent is more than a yes
Consent	Consent is more than just asking, is more than just 7 steps. Always ask yourself why and I am I really sure?
Consent	Consent is more then just a yes
consent	Consent is most important
consent	consent is much deeper than just "give consent" and it has many different aspects
Consent	Consent is much more than saying no and you shouldn't feel rushed or ashamed at any time. Be a good human being.
Consent	Consent is necessary
Consent	Consent is never set in stone and can change at any time for any reason.
Consent	Consent is not just it in a relationship
consent	Consent is not just it in a sexual relationship
consent	consent is not the bare minimum
Consent	Consent is not the only requirements.
Consent	Consent is not the opposite of rape; a healthy relationship is.
consent	Consent is only a fraction of what a relationship should be
Consent	Consent is only a part in a relationship. There has to be respect and trust between the two people.
consent	Consent is only half way, to truly understand relationships, is to achieve mutually amazing consensual sexual intimacy.
Consent	Consent is only the bare minimum
Consent	Consent is only the bare minimum and there is more to having a mutually amazing and consensual relationship
consent	Consent is only the bare minimum.
Consent	Consent is only the bear minimum not the standard
Consent	Consent is only the minimum
Consent	Consent is only the minurum
consent	Consent is required for everything
Consent	Consent is that bare minimum, you should strive for an healthy relationship.
Consent	Consent is the ABSOLUTE BARE MINIMUM
Consent	Consent is the bare min
Consent	Consent is the bare min
Consent	Consent is the bare min
Consent	Consent is the bare minimum
Consent	Consent is the bare minimum
Consent	consent is the bare minimum
Consent	Consent is the bare minimum
Consent	Consent is the bare minimum
Consent	Consent is the bare minimum
Consent	Consent is the bare minimum



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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Consent	consent is the bare minimum and peer pressure is mostly the pressure you put on yourself
Consent	Consent is the bare minimum and peer pressure isn't real.
Consent	Consent is the bare minimum and people need to respect each other.
Consent	Consent is the bare minimum and pornography is not a realistic example of sex. Regarding nudes, people only ask you for nudes because they believe you will send them. If you get sent someone else's nudes as gossip the first thing you must do is tell the person that sent them "If I ever receive anything like that from you again I'll block you." Also, make sure that you don't share those nudes anywhere to prevent the spread.
Consent	Consent is the bare minimum and respect is key.
consent	Consent is the BARE MINIMUM and sex should be mutually enjoyable.
Consent	Consent is the bare minimum and sexual assault is very common and includes a variety of different aspects.
consent	consent is the bare minimum and that communication is important
consent	Consent is the bare minimum and that you should talk about what you're comfortable with your partner.
consent	Consent is the bare minimum and the opposite of sexual assault is amazing.
Consent	consent is the bare minimum and there are many different things that make the experience good.
Consent Respect Attraction Connection	Consent is the bare minimum and there are many steps to a mutually amazing sexual experience
Consent always and respect the answers.	Consent is the bare minimum and there are seven steps
Consent always. #1	Consent is the bare minimum and there is 7 steps for a healthy sexual activity
consent and 7 steps	Consent is the bare minimum and there is also 7 steps to a healthy relationship
Consent and being transparent	Consent is the bare minimum and there several steps necessary in order to develop a sexual relationship with your partner.
Consent and healthy relationships	Consent is the bare minimum and Think about what you are doing before you do it
consent and healthy relationships	Consent is the bare minimum and we should have higher standards and have better experiences
consent and healthy relationships	Consent is the bare minimum and when you take time to think of something it's more messed up then it seems
Consent and how to say no	Consent is the bare minimum and you and your partner should feel happy and valued in a healthy relationship.
Consent and not be peer pressured	Consent is the bare minimum and you deserve better. It is ok to say no!
Consent and peer pressure	Consent is the bare minimum and you have to find a reliable source of information
Consent and respect	Consent is the bare minimum and you have to respect and trust yourself before being in a consensual sexual relationship
Consent and respect	Consent is the bare minimum and you need more relationship building skills
Consent and respect are important	consent is the bare minimum and you need to respect and trust the person you're doing stuff with
Consent and respect is key.	Consent is the bare minimum and you owe no one anything sexual or not
Consent and respect of the answer are always required in a relationship.	Consent is the bare minimum and you should always put yourself first.
Consent and respecting it.	Consent is the bare minimum and you should respect yourself and your values
Consent and self love.	Consent is the bare minimum And your actions should be your own and not be a result to make others happy.
Consent and steps of healthy relationship	Consent is the bare minimum but does not guarantee it would be a pleasant experience. There are 7 steps towards having a good sexual relationship with some examples being respect and oral communication.
Consent and understand that both people need to mutually want it	Consent is the bare minimum for se
Consent and understanding my own value.	Consent is the bare minimum for sexual interaction.
CONSENT AND YOU ARE NOT IN CHARGE OF YOUR PARTNER'S HAPPINESS	Consent is the bare minimum for sexual intimacy.
consent as bare minimum	Consent is the bare minimum in a healthy sexual relationship.
Consent bare minimum	consent is the bare minimum in a relationship
consent bare minimum	Consent is the bare minimum in a relationship, and for the best outcome, you and your partner must have respect, attraction, knowledge, trust, safety, and oral communication, among other things. You should not have to feel pressure to be or not be in a sexual relationship.
Consent bare minimum	Consent is the bare minimum in a relationship.
Consent bare minimum happiness in relationship comes first	Consent is the bare minimum in a relationship. You don't have to do something that you don't want to if someone, even your partner forces you
consent before action	Consent is the bare minimum in sexual relations, and relations must be built on true love, respect, trust, communication, and self enjoyment
consent can keep a mood	Consent is the bare minimum of a good sexual relationship.
Consent first	Consent is the bare minimum of a mutually amazing relationship.
Consent has a complete different meaning.	Consent is the bare minimum on the sexual slope, at the top is Mutual consensualism. You don't have to be ashamed to be a victim of SA.
Consent in my relationship	Consent is the bare minimum requirement
Consent in non sexual relationships	Consent is the bare minimum requirement. Honest and real sexual relationships should always involve mutual respect, trust, knowledge, and attraction.
Consent in the bare minimum.	Consent is the bare minimum There is 7 staircases in love
Consent in the minimum	Consent is the bare minimum to a healthy sexual relationship, and it's important to trust yourself and your values.
Consent is a bare minimum	Consent is the bare minimum to any sexual relationship or relationship in general. There are social and societal constructs and pressures telling people to and to not engage in sexual activity. Healthy relationships strive for mutually amazing and consensual sex.
consent is a bare minimum	consent is the bare minimum use the 7steps
consent is a bare minimum	Consent is the bare minimum- a healthy relationship requires more
Consent is a bare minimum	Consent is the bare minimum- you should teach about how to be better at relationships rather than what to not do. There is a list of values you should implement in your relationships.
Consent is a bare minimum	Consent is the bare minimum, and a mutually amazing experience is important!
Consent is a bare minimum.	Consent is the bare minimum, and intimacy can't be achieved without consent
Consent is a baseline not an expectation.	Consent is the bare minimum, and you always need to look for mutuality



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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Consent is important	Consent is the bare minimum.
Consent is important	Consent is the bare minimum.
Consent is important	Consent is the bare minimum.
consent is important and not something that should be downplayed	Consent is the bare minimum.
Consent is important and so are my values. No one can take that away from me!	Consent is the bare minimum.
Consent is important every single time.	Consent is the bare minimum.
consent is important for mutual sexually	Consent is the bare minimum. Be specific with you want.
Consent is important in any relationship.	Consent is the bare minimum. Conversation and honesty and respect should always be had before consent or a sexual situation.
Consent is important, don't trust porn	Consent is the bare minimum. Don't compromise standards for any reason.
Consent is important!	Consent is the bare minimum. Don't let others pressure you to do anything you don't want to do.
Consent is important.	consent is the bare minimum. don't settle
Consent is just the bare minimum. Strive for having all 7 pillars to achieve a mutually amazing relationship.	Consent is the bare minimum. Everything more than that constitutes a better and healthy relations
Consent is just the first part and there's more that comes to it.	Consent is the bare minimum. Focus on the good rather than the bad.
Consent is just the middle of the chain, meaning that a healthy relationship that incorporates the 7 steps is appropriate for a sexual relationship.	Consent is the bare minimum. Make sure to follow the seven steps, not just ask for consent.
consent is key	Consent is the bare minimum. Peers have no power to pressure you the only person who can pressure you is you.
Consent is key	Consent is the bare minimum. Respect your self.
consent is key	Consent is the bare minimum. Sex should be mutually amazing.
Consent is key	Consent is the bare minimum. Sex should be mutually enjoyable. Porn is a bad representation. Sending nudes is child pomography, say no and screenshot everything, report. No means no.
Consent is key	consent is the BARE MINIMUM. sexual intimacy should be amazing and mutual.
Consent is key	consent is the bare minimum. strive for mutually amazing relationships.
Consent is key	Consent is the bare minimum. The expectation is a mutually amazing consensual sexual relationship. Be a great human being.
Consent is key	Consent is the bare minimum. The most absolute thing on the scale is amazing consensual sex.
Consent is key	Consent is the bare minimum. There is a lot more complexity to a successful relationship.
Consent is key	Consent is the bare minimum. There is more to ask for
Consent is key	Consent is the bare minimum. Trust yourself.
Consent is key	Consent is the bare minimum. You are not pressured to say yes. If you have to turn to alcohol you are a coward. Etc.
Consent is key and be aware and be in control of myself	Consent is the bare minimum. you have to trust yourself and you have control.
consent is key and i know that. make sure people treat me right	Consent is the bare minimum. You must communicate with your partner and make sure there is trust, and passion.
Consent is key and no means no. Being willing to intervene when I am in a position to prevent assault. Support friends as well.	Consent is the bare minimum. Your job shouldn't be to make your partner happy, or something is wrong. Peer pressure is not a thing, you put pressure on yourself. Respect yourself, and respect your partner.
Consent is key and that you need all 7 characteristics to have a healthy relationship	Consent is the bare minimum. Your safety and comfort is more important than your partner's feelings. Make sure you have the seven steps. Porn is not an accurate representation of reality. Alcohol is a powerful drug, it's used much more often than roofies.
Consent is key, no nudes	Consent is the bare minimum/requirement NOT the standard of excellence. Mutually amazing consensual sexual activity is the standard of excellence.
Consent is key.	Consent is the bare minimum
Consent is mandatory	Consent is the bare minium
Consent is minimum	Consent is the base of all relations.
Consent is minimum	consent is the baseline
Consent is minimum	consent is the baseline
Consent is minimum	Consent is the baseline and it's important to have respect and communication.
Consent is necessary	Consent is the baseline requirement
consent is needed and is bare minimum	Consent is the baseline to any relationship.
Consent is needed everytime.	Consent is the basic and minimum requirement.
Consent is nexceary	Consent is the bear minimum; aim for something bigger
consent is not a bare minimum	Consent is the best
Consent is not a bare minimum	consent is the important.
consent is not always sexy but the bare minimum	Consent is the minimum
Consent is not constant	Consent is the minimum
Consent is not Implied !!	Consent is the minimum
consent is not only sexy but is REQUIRED	consent is the minimum
Consent is not the maximum	Consent is the minimum
Consent is only a small step to sexual activities.	Consent is the minimum and a good relationship has many requirments
Consent is only have way up the slope.	consent is the minimum and how important respecting yourself is
Consent is only minimal	Consent is the minimum and requires more work to have a good time.
Consent is ONLY the bare minimum	consent is the minimum and respect is only the first step
consent is only the medium point on the sexual activity slope	consent is the minimum between sexual assault and pleasure
Consent is sexy	Consent is the minimum requirement in a sexual relationship. Other steps need to be followed such as considering both parties choices.
Consent is something that should be mutual. Two people should create an amazing sexual relationship and it only works if both put in the work.	Consent is the minimum, the goal is a healthy, mutually amazing consensual relationship. Also don't put pressure on yourself to try to be like others (have a good amount of self respect).
Consent is standard	Consent is the minimum.
Consent is the absolute bare minimum	Consent is the most important thing when participating in any kind of sexual activity.
Consent is the bar minimum	Consent is the most important, and there are red flags in relationships to be aware of
Consent is the bare min	Consent is the most important.
Consent is the bare min	Consent is the very bottom line of a relationship
Consent is the bare minimum	Consent is there bare minimum and don't send nudes
Consent is the bare minimum	Consent is they key to respect and valuable relationships.
Consent is the bare minimum	consent is very important

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Consent is the bare minimum	Consent is very important
consent is the bare minimum	Consent is very important
Consent is the bare minimum	Consent is very important
consent is the bare minimum	CONSENT IS VERY IMPORTANT
Consent is the bare minimum	Consent is very important and for every relationship.
Consent is the bare minimum	Consent is very important but the first step of a healthy relationship ship is respect.
Consent is the bare minimum	Consent is very important in any situation
Consent is the bare minimum	Consent is very important in relationships
Consent is the bare minimum	Consent is very important- dont push urself into something u dont want to do
Consent is the bare minimum	Consent is very important. You need to have respect and trust ina relationship. It's good to have AMAZING consensual sex for a married couple.
Consent is the bare minimum	Consent is very valuable
consent is the bare minimum	Consent isn't enough.
consent is the bare minimum	consent isn't the bare minimum
Consent is the bare minimum	consent isn't the bare minimum there's more to it
consent is the bare minimum	Consent isn't the ideal it's the bare minimum
consent is the bare minimum	consent js the bare minimum and you are not required to have sex
Consent is the bare minimum	Consent matters
Consent is the bare minimum	Consent matters
consent is the bare minimum	Consent matters
Consent is the bare minimum	consent means everything
consent is the bare minimum	Consent presentation
Consent is the bare minimum	Consent presentation about how you should act instead of acting without thinking
consent is the bare minimum	Consent should be between both parties font sucumb to pressure.
Consent is the bare minimum	Consent should be normalized and both people should genuinely enjoy it
Consent is the bare minimum	Consent should be seen as the bare minimum for sexual activity and mutual amazing sex should be the standard
consent is the bare minimum	Consent should be the bare minimum
Consent is the bare minimum	Consent should be the bare minimum and there are many steps that goes into a happy mutual sexual relationship. It's important to have a strong self worth and to stay true to your beliefs.
Consent is the bare minimum	consent should be used for everything
Consent is the bare minimum	Consent talk
Consent is the bare minimum	consent talk
Consent is the bare minimum	Consent would be the bare minimum
Consent is the bare minimum	Consent, mutually amazing sexual experience
Consent is the bare minimum	Consent, Relationships
Consent is the bare minimum	Consent, saying no
Consent is the bare minimum	Consent, self value, respect
consent is the bare minimum	Consent, self value, respect
Consent is the bare minimum	Consent, sex, peer pressure, beliefs, abuse
Consent is the bare minimum	Consent, trusting ourselves, respecting our partners, and having a good experience is important
Consent is the BARE MINIMUM	consent!
Consent is the bare minimum	Consent! Love!
Consent is the bare minimum	Consents bare minimum
Consent is the bare minimum	consents is important
Consent is the bare minimum	Constant is the bare minimum
Consent is the bare minimum	Constructive
Consent is the bare minimum	Controversial
Consent is the bare minimum	Conversation about sexual assault and consent
consent is the bare minimum	conversation abt the basics of consensual sex
Consent is the bare minimum	Conversational
consent is the bare minimum	Conversational
Consent is the bare minimum	Convincing people to do the bare minimum in respectable relationships.
Consent is the bare minimum	Cool
consent is the bare minimum	Cool
consent is the bare minimum	cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool
Consent is the bare minimum	Cool and I re learned about consent
consent is the bare minimum	Cool and very interesting
Consent is the bare minimum	Cool way to explain the topic.
Consent is the bare minimum	Cool.
Consent is the bare minimum	Correct love is importsnt
Consent is the bare minimum	Could have been sent in a email
consent is the bare minimum	Courage is not what u think
Consent is the bare minimum	Covering all aspects of how to be respectful in sexual situations
Consent is the bare minimum	Covers the ideal sexual relationship not just avoiding the worst
consent is the bare minimum	crazy
Consent is the bare minimum	Critical thinking is key in relationships
Consent is the bare minimum	dating relationship shooud be the exact same as genuine friendships except you replace alignment with attraction. you treat eveyone with respect
Consent is the bare minimum and always ask first and be respectful.	Debunked peer pressure and the pressures of sex
Consent is the bare minimum and I should set higher expectations for myself. My experiences don't define what my sex life should consist of.	Deep

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Consent is the bare minimum and it's important to talk to your partner about boundaries and how you would like to be talked during sex	Deep and meaningful. Very detailed and actually helpful
consent is the bare minimum and it's okay to be firm	Deep and profound
Consent is the bare minimum and not a standard of excellence.	Deep and true about sex and relationships today
Consent is the bare minimum and respect is needed for a relationship.	Deeply educational
Consent is the bare minimum and should be expected in a relationship	deeply inspirational. consent is needed
Consent is the bare minimum and we should ask before we do anything.	Deeply interesting and informative, very raw.
Consent is the bare minimum but there are 7 steps to go further to have a healthy relationship with sex.	Defined the qualities of a healthy relationship
Consent is the bare minimum in a relationship	Defining consent clearly
Consent is the bare minimum in a relationship.	Definitely helpful
Consent is the bare minimum in all relationships.	describe every topic clearly and accurately with much detail as possible
consent is the bare minimum requirement	Describe how consent is the bare minimum, the seven steps and raising standards and not conforming to "peer" pressure
Consent is the bare minimum your partner needs more	Describe it as an educational session about sexual relationships, etc.
Consent is the bare minimum, always remember to ask and respect your partner's answer	describe the 7 steps
Consent is the bare minimum, and I'll remember that I deserve better/I deserve to have my values recognized.	Describe the 7 steps and common sense of intimacy
Consent is the bare minimum, and if asked for nudes say no and screenshot.	Describe the cons
Consent is the bare minimum, and self respect is the first step to a healthy relationship.	Described the importance of mutual attraction as well as consent as the bare minimum. Described negative effects of peer pressure
Consent is the bare minimum, call your friends out if necessary	describes the importance of consent and the importance of healthy relationships and boundaries when it comes to sexual relationships
consent is the bare minimum, my values are more important	Describes your rights as a person who wants to have sex
Consent is the bare minimum, the steps to a healthy relationship and amazing sexual relationship	Describing a healthy relationship
consent is the bare minimum!	Describing all aspects of respectful sex
Consent is the bare minimum!	Describing healthy and safe relationships
Consent is the bare minimum!!!	Describing sexual activity.
Consent is the bare minimum.	Descriptive
consent is the bare minimum.	Despite being awkward it is very informative
Consent is the bare minimum.	Did do
Consent is the bare minimum.	Didn't really learn anything useful
Consent is the bare minimum.	different from last time, focus more on getting to the POSTIVE bit
Consent is the bare minimum.	Different than last time
Consent is the bare minimum.	Different than what I was expecting but very informative
Consent is the bare minimum.	Different views from people in sexual activities
Consent is the bare minimum.	direct and informative
Consent is the bare minimum.	discuss more about sexual topics especially with high schoolers to prepare themselves for the future.
Consent is the bare minimum.	Discuss the foundations of relational respect
Consent is the bare minimum. And peer pressure is a myth	Discusses respect and more.
Consent is the bare minimum. Porn doesn't control a relationship. And that if I do not trust myself I can't trust others.	Discussion about all the implications of consensual relationships.
consent is the baseline	Discussion about consent and healthy partnerships
consent is the baseline	Discussion about sex and consent
Consent is the baseline	discussion about sexual activity and how to have mutually amazing sexual relationships
Consent is the baseline for a healthy relationship	Discussion about sexual consent
Consent is the baseline.	Discussion about sexual maturity.
Consent is the baseline. Have self respect to say no.	Discussion of the importance of consent and boundaries
Consent is the bare minimum. Strive for a mutually amazing relationship.	djdj
Consent is the bare minimum	Do good, not what you know is bad
Consent is the first step	Do not be a bystander always look out for yourself and other people and ask for consent
Consent is the least you can do before having sex	Do not be peer pressured because that is not possible. Do not send nudes.
Consent is the middle ground	Do not lower your standards, respect yourself and your partner
Consent is the midway	Do not send bides and have mutual relationships and sex.
Consent is the midway	Do not send or spread nudes and if u are sexually active, it should be amazing.
Consent is the midway.	Do not share nudes
Consent is the minimum	Do remember to consent and communicate.
Consent is the minimum	Do you be safe
Consent is the minimum	Do you know if you have the other person's full perspective?
Consent is the minimum	Do you value yourself? Do you believe that you are just as good as anyone else? Have that confidence, be proud, then you can care about others.
Consent is the minimum requirement.	Doesn't beat around the bush
Consent is very important	Don't ask for nude
Consent is very important and is something I need to establish if I want to have sex with someone.	Don't ask people for nudes
Consent is very important and porn is bad	Don't assume things and also always ask for permission when in a relationship. Also, respect others decisions
Consent is very important and the seven steps	don't assume you know the other person
Consent is vital to a relationship	don't assume you know the persons answer
Consent isn't the bare minimum and we all should have standards.	don't be a dick
consent like always	Don't be afraid to ask for consent.
Consent matters	Don't be afraid to ask for the consent
Consent matters a lot	Don't be afraid to speak up about what you believe and are comfortable about
Consent must be enthusiastic.	Don't be an ass, practice safe sex, a lot of our values around sex are outdated.
Consent not what should be achieved but is the minimum	Don't be part of a relationship just because your partner wants you to be in it.
Consent recognition	don't be sexual online
Consent requires both parties.	Don't belittle yourself
Consent should be a bare minimum, and use the staircase to help build healthy relationships.	Don't commit crimes
Consent should be the bare minimum requirement and is the start of a healthy relationship	Don't do anything without consent

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Consent shouldn't be the only thing before sex	Don't do anything you are uncomfortable with
Consent skills	Don't do anything you think is a bad idea and sex should be amazing
consent skills	don't do bad things
Consent steps	Don't do nudes
Consent the bare minimum	Don't do things other people don't consent to.
Consent tips	Don't do things you will regret and doing sex the wrong way is unpleasurable.
Consent values and morals	Don't do unconsented sex
Consent, 7 steps, rules about nudes	Don't drink make someone drink the tea if they don't want to. Teaches to have more healthy relationships
Consent, attraction , respect	Don't feel bad for setting boundaries
consent, how to handle acceptance and rejection.	don't feel guilty to say no
Consent, how we talk about others, confidence in yourself	don't feel pressured to do anything, trust yourself first
Consent, respect, communication and connection.	Don't feel pressured to do anything, you are fine the way you ate
Consent!	Don't force yourself on others
Consent!	Don't get peer pressured and say no.
Consent!	Don't have unconsensual sex
Consent!	Don't interact with nudes and social pressure isn't a reason to do something.
Consent!	Don't just think about the do not, think about the do's as well
consent!	Don't kiss boys without asking
consent!	Don't know
Consent!	Don't know
Consent.	Don't let a manipulative person tell you what to do
Consent.	Don't let infatuation make you believe something that you don't truly feel.
Consent.	Don't let others manipulate you by any means. Also, communication is very important and don't not assume and etc.
Consent.	don't let others pressure you to things you don't want to do
Consent(as it's the bare minimum duh-), the 7 lil' things for a mutually amazing and consensual relationship, bc I am currently in one~ and I'd say I hit all bases- Homerunn!!!! Screenshot if someone is trying to get me to send nudes, because honestly I've had people online send me that gross stuff before, and I just block and report	Don't let yourself be used
consent= minimum	Don't pressure partners into things, and ensure there is proper communication.
Consentimiento is does not mean that is going to be a healthy experience	Don't pure pressure
Consents importance	Don't put up with sexual assault
Consents the bare minimum	Don't rape
consider my actions and decisions better	Don't rape
Consider the mutual aspect of relationships / the importance of sharing the same respect and goals	Don't rape
Consider the other person's feeling and mine	Don't rape people
Consistent communication	Don't send a nude
Content is the minimum	Don't send nude
Continue my good practices with my girlfriend	Don't send nude, respect your partner and yourself. You don't need to have sec by end of high school
Continue supporting healthy habits for consent.	Don't send nudes
Continue to ask for consent/permission before doing something.	don't send nudes
Continue to avoid men	don't send nudes
Continue to hold high standards	Don't send nudes
Continue to not fall to peer pressure.	Don't send nudes and don't have sex with someone you dont love
Continue to not judge for my peers not maintain absentinced	Don't send nudes and make sure you are ok with what you are doing
Continue to say no and don't be afraid. don't judge others or have a preconceived idea of someone that disappoints you because your standards were unrealistic.	Don't send nudes and respect women and their opinions
Continue to use importance of communication	Don't send nudes, get consent, consent should be mutually amazing
Continue what I'm doing because I have no problems with this.	Don't send nudes, have mutual agreeing sex
Continuing to respect you boundaries	Don't send nudes, it's important to know what you want and don't want in a relationship. Trust yourself.
COURAGE	Don't sensually assault people
Create a safe environment and feeling	don't tell someone what not to do, consent bare minimum
Create healthy relationships	Don't be afraid to take initiative during situations where you feel used
Creating healthy relationships	don't be stupid
Date someone for their personality not their body.	don't look at porn
Date someone who is nice	dramatic
Dating in high school is like auditioning for marriage.	Dramatic
Dating older people isn't because you like them it's because of power	drop expectations raise standards
Definitely in the future not play about consent not just towards others but my self	Dunno
Definitely not his mics (ba dum tish)	During the session, we learned that consent is only the first step in a better sexual relationship and experience; we learned that the same steps to a good sexual relationship also applies to normal relationships
Definitely the steps, and also what to shoot for past consent.	E
Definitely the strategies to stay sober and not give into peer pressure and respect my own values	E
Definition of abstinence	E
Develop a better relationship with my friends	Easy
Develop a better understanding of societal pressure	educatnala
Develop respect for myself	educational
Developing better connections	Educacional and information everyone should know
Developing deeper connections	Educating
Difference between being in love and being delusional and homy	Educating
Distance is not a reason to break up with someone. If its meant to be, it'll be.	Educating
do more than consent	Educating about consent and respect in a relationship
do not apologize for saying no	Educating and informative
Do not have set expectations, but don't let that change or lower your expectations	educating on sexual experiences
Do not pressure anyone	Educating people on safety and factors of healthy relationships and common misconceptions about sexual experiences.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Do not say "sorry" before "no".	Education
Do not send nudes	Education
Do not send nudes	Education about what to do in a relationship rather than what not to do.
Do not send nudes	Education on consent
Do not send nudes	Education on safe relationships and healthy sex
Do not send nudes	Education on sexual health, relationship advice.
Do not send nudes <del>XXXXXX</del>	education on the importance of self power and what healthy physical relationships really take
Do NOT send nudes, they are not fun and can be dangerous	Educational
Do not send or distribute nudes	Educational
do not spend nudes	Educational
Do not use substances to lower your standards.	educational
Do what's right and that is to have a consent from others and do not force anyone to do it.	educational
Doesn't apply.	educational
Doing consent	Educational
Don't ask 4 nudes	educational
Don't ask for nude	Educational
Don't ask for nudes	Educational
Don't ask for nudes because any reason you'd want one is bad no matter what it is.	Educational
Don't ask for nudes Willy nilly	Educational
Don't ask for nudes.	educational
Don't ask or send nudes	Educational
Don't assume things	Educational
Don't be a bad person	Educational
don't be afraid to set boundries	educational
Don't be condescending to friends.	Educational
Don't be in relationships	Educational
Don't be pressured	Educational
Don't be quiet ask for help	Educational
Don't be scared to answer no	Educational
don't be stupid	Educational
Don't be weird	Educational
Don't call people sluts or whores	Educational
Don't do drugs	Educational
don't do peer pressure	Educational
Don't do sexual assult	Educational
Don't feel guilt over refusing.	educational
Don't feel obligated to do something that I don't want to.	Educational about healthy sex
Don't feel the need to have sex during high school.	educational about sexual relationships
Don't get peer pressured	Educational and applicable stuff.
Don't give in to sending nudes	Educational and blunt
don't give into peer pressure	Educational and contained important information.
Don't have expectations but standards	Educational and enlightening
Don't hook up.	Educational and exciting
don't just have sex with strangers.	Educational and eye opening
Don't kiss and tell	Educational and Eye opening
Don't know	Educational and fun in a respectful
Don't know	Educational and fun with a great speaker.
Don't let me Peers to pressure into situations	educational and funny
Don't let porn influence	Educational and funny at times
Don't look at nudes	Educational and helpful
Don't look up the nasty stuff	Educational and helps you make good decisions
Don't lower my standards	Educational and important
Don't lower standards.	Educational and informational
Don't pay for the other person on the date	Educational and informational.
Don't pressure	Educational and informative
Don't pressure just listen	Educational and infomative.
Don't pressure people into doing things they are uncomfortable with.	educational and meaningful
Don't rape	Educational and reinforcing of previous beliefs
Don't rape	Educational and relatable.
Don't rape and respect	Educational and relaxed
Don't rape.	educational and revamps common beliefs about social norms
Don't request/send nudes	Educational and straight foward
don't say sorry	educational and the audience is very participatory
don't say sorry before no	Educational and useful
don't say sorry before saying no	Educational and very thoughtful
Don't say sorry before saying no	Educational eye opening
Don't say sorry before saying no	Educational fun and important
don't say sorry before saying no	Educational with the right amount of humor and respect.
Don't say sorry before saying no.	Educational, authentic, and interactive
Don't say sorry when saying no	educational, engaging
Don't say sorry when saying no	Educational, entertainment, real.
Don't send Jude's	Educational.
Don't send news and help others in uncomfortable situations	Educational.



**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Dont ask for stuff	engaging, dynamic, fun, informative
Dont ask nudes	Engaging, exciting, informative!
dont be stupid	Engaging, helpful and self empowering
dont call ppl sluts	Engaging, helpful, and gives a lot of information and answers a lot of questions
Dont feel pressured	Engaging, informative
Dont focus on not doing something, but focus on doing the opposite and striving for mutually amazing experiences.	Engaging, informative.
Dont get peer pressured	Engaging, interactive and fun
Dont give logical reasons to stopping SA	Engaging, interactive, and helpful
Dont hook up , nude = minor count as cp	Engaging, interactive, and surprising enjoyable
Dont let people take advantage of me	Engaging, not awkward
Dont say "sorry" before saying "no".	Engaging, Successful, Respect
dont say sorry	Engaging, taught a lot of stuff
dont say sorry when saying no	Engaging, Thought-Provoking, Well-Developed
dont send nudes	Engaging.
dont send nudes	Enlightening
dont send nudes	Enjoyable
dont send nudes	Enjoyable
Dont send nudes bc it's about power	Enjoyable
Dont send nudes.	Enjoyable
Drugs are liquid coward	Enjoyable and informative
Dunno	enlightening
E	enlightening
E	Enlightening
educate my friends about consent	Enlightening
Educate myself and others	Enlightening
Employing the idea that there is only self pressure not peer pressure.	Enlightening
Employing the steps to a health relationship in general with people	enlightening
Empower my friends to love and respect themselves enough to want a better environment/relationships.	Enlightening
Encourage freshman to wait.	Enlightening
Encourage my friends to be with people who treat them correctly	Enlightening
Encourage people to not send nudes	enlightening
End relationship with no hesitation even with self pressure.	Enlightening
end to toxic relationships the minute you realize what's happening	enlightening
End toxic relationships	Enlightening
Ensure I keep my morals in sexual situations and that I do not owe anyone anything	Enlightening
Ensure that both parties are enjoying sex.	Enlightening
Ensure that I remembr these lessons for college	Enlightening
Ensure that sex is mutually amazing for everyone involved.	Enlightening
Ensure that there is always trust	Enlightening
Ensure the 7 steps in my own intimate life.	Enlightening
Ensuring that I have all 7 aspects of a healthy relationship between me and a partner.	enlightening
Ensuring that sex is amazing for both me and my partner	enlightening
ep	Enlightening
Equal power in a relationship	Enlightening
Erm all	Enlightening
Establish boundaries as firmly as possible and take responsibility for every decision made	Enlightening
Even though talking about boundaries and intimacy is weird and awkward, it's better than leaving it up in the air	enlightening
Everhtning	enlightening
Every thing	Enlightening
Every thing that we talked about	enlightening
every tip he told us	Enlightening
Everyday	Enlightening
everything	Enlightening
Everyone DOSENT have to keep their partner happy	Enlightening
Everyone's values and opinions are treated the sane	enlightening
Everytbng	Enlightening (real)
everythibg	Enlightening and empowering
Everythijg	Enlightening and Engaging.
everythinf	Enlightening and informative.
Everything	Enlightening and thinks about these topics in a way that you might not see initially when talking about it.
Everything	Enlightening discussion tahts very raw about sexual consent
Everything	Enlightening, showed me the importance of consent.
Everything	Enlightening, teaching about what a healthy (sexual) relationship is like
Everything	Enlightening!
Everything	Enlightening.
everything	Enlightening.
Everything	Enlightening. It brought up some topics that aren't mentioned very frequently.
everything	Entertaining
everything	Entertaining
Everything	entertaining
Everything	Entertaining and educational
Everything	Entertaining and informational
Everything	Entertaining and infomative

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
everything	Entertaining and informative
everything	Entertaining and interactive
Everything	entertaining, informative
everything	Entertaining, transparent, enlightening
everything	Enthusiasm
Everything	Enthusiastic consent is necessary
Everything	Epic and informative
Everything	Epic discussion
Everything	Essential and engaging
Everything	Essential for everyone to understand about sexual consent
Everything	Essential to having a realistic and safe understanding of sexual relations
Everything	even if you think you know the answer always ask
everything	Eventful
Everything	Every sexual health presentation, except with a cool speaker
Everything	Every thing should be mutually consensual and amazing
Everything	Everyone has their own pace, don't pressure or force others to got at your pace and don't be forced to be at others pace
Everything	Everyone needs to listen to this
Everything	Everyone should be respected regardless of pressure and relationship status.
Everything	everyone should be respectful and have consent as the bare minimum
Everything	Everyone should respect eachother
Everything	everything
Everything	Everything
Everything	Everything comes down to self respect and respect for others.
Everything	Everything has to be mutual, respectful, and amazing. Trust yourself
Everything	Everything is about mutual consent
Everything	Everything morally right
Everything	Everything talked about consent
Everything	Everything you've been told is the bare minimum. To get the beat you can talk it through.
Everything	Excellent
Everything	Excellent
everything	excellent
Everything	Excellent talk that revolves around the core idea that consent is the bare minimum
Everything	Exceptional, you hosted a very good session
Everything	Expect the positive so we can make it the standard when it comes to sex.
everything	expectations aren't good, its more about standards
Everything	expectations vs standards
Everything	Explain accordingly to there issue
Everything	Explain how this session goes over what a healthy relationship is and what isn't.
everything	Explain that there is mostly no good in that type of stuff
Everything	Explain the 7 steps
Everything	Explain the main themes that were talked about. Very important to know.
Everything	Explain the point of mutual respect in relationships
Everything	Explain to them about respect
everything	Explain to them to find who u are
Everything	explained that consent is the bare minimum and you should always make sure someone feels safe when you're with them
Everything	explained the bare minimum needed for sexual relationships and how to build on that
Everything	Explaining everything by bit
Everything	Explaining healthy relationships
Everything	Explaining the bare minimum people should exhibit towards others and the actions taken that should always be made to be consensual. Discussing what isn't consensual and what is.
everything	Explaining the truth about sexual activity, consent, and peer pressure
Everything	Explaining things you already know except actually understanding why they're vital to a relationship.
Everything	explains a lot
Everything	Explanation of why consent is bare minimum and 7 steps = love
Everything	Explanation on consent and recognizing when someone is in the wrong. Finding pride in interfering with someone trying to sa someone else
Everything	Explicit consent is necessary. Your own happiness is important. Do not allow anyone to pressure you to do something.
Everything	Exploring the idea of consent as the bare minimum and how to achieve amazing relationships both sexually and otherwise with respect and trust.
everything	Extraordinarily thought-provoking
Everything	Extremely entertaining yet enlightening
Everything	extremely essential especially for us students.
Everything	Extremely fun
Everything	Extremely helpful
Everything	Extremely helpful
Everything	Extremely helpful and a good reminder of values
Everything	Extremely helpful and critical information.
Everything	Extremely helpful and informative
Everything	Extremely helpful, talking about how to have a standard of excellence in relationships.
everything	Extremely helpful.
everything	Extremely helpful.
Everything	Extremely impactful in way I didn't initially expect.
Everything	extremely important for learning about consent and building strong relationships

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Everything	Extremely informational and helpful
Everything	Extremely informative
Everything	Extremely informative and approachable
Everything	Extremely informative and interactive about very important sexual and social topics for teenagers.
Everything	Extremely informative and opens a different perspective on discussions about consent.
Everything	Extremely informative and updated my thinking
Everything	Extremely informative.
Everything	Extremely interesting and an amazing way to talk about a typically uncomfortable topic.
Everything	Extremely valuable and something everyone needs to know before starting sexual acts.
everything	Eye opening
Everything	eye opening about how low standards are
Everything	Eye opening and a good reality check to make you realize all actions have value and you must maintain responsibility
Everything	Eye opening and a reality check to make you realize actions have value
Everything	Eye opening and deep
Everything	Eye opening and insightful
Everything	Eye opening and makes you realize a lot of things.
Everything	Eye opening and mature
Everything	Eye opening and relatable
everything	Eye opening and showed the importance of spreading the word
Everything	Eye opening and significant
everything	Eye opening and uplifting.
Everything	Eye opening and very informative.
everything	Eye opening on abusive situations
Everything	eye opening to my relationship going forward
everything	Eye opening to the pressure kids face around sexual relations
everything	Eye opening, refreshing
Everything	Eye opening, teaches you how to not let expectations and todays society domesticate your brain.
Everything	eye opening, this helps you to realize a lot of things that you don't think about
everything	Eye opening.
Everything	Eye opening
Everything	Eye waking
Everything	eye widening
Everything	Eye-opening
Everything	Eye-opening and belief-changing
Everything	Eye-opening.
Everything	Factual
everything	Fairly enlightening
Everything	Fantastic
Everything	Feel comfortable saying no
Everything	feeling respected
Everything	Find right from wrong
Everything	Find the right person before you do anything
Everything	Find yourself before finding someone else
everything	Finding respect for a healthy relationship
everything	Finny and educational
Everything	focus on attaining the positive rather than avoiding the negative
Everything	Focus on building healthy relationships and not on the bare minimum
Everything	Focus on having good relationships and sexual relationships.
Everything	Focus on the right things not just saying no to the bad
Everything	Focus on what to do vs what not to do

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Everything	Focus on yourself and what you need while still respecting others and what they want
everything	Focused on what to do around sex instead of what not to do
Everything	Follow the 7 steps
Everything	follow the seven steps to a great experience, research into the topic some more for additional information
Everything	Formal but engaging
Everything	Formative
Everything	fr
Everything	Freaky
Everything	Full of humor but also very informational and interesting to learn about.
Everything	Full of lessons that are necessary to understand.
Everything	fun
everything	Fun and a learning experience
Everything	Fun and educational
Everything	Fun and educational
everything	Fun and educational
everything	Fun and engaging
everything	Fun and engaging
Everything	Fun and engaging
Everything	Fun and engaging but also informative
Everything	Fun and engaging presentation about what goes into healthy relationships
Everything	Fun and entertaining
Everything	Fun and entertaining
everything	fun and good way to talk about a serious topic
Everything	Fun and helpful
Everything	Fun and helpful
Everything	Fun and incentive
Everything	Fun and inclusive
Everything	Fun and informational
Everything	Fun and informative
EVERYTHING (especially standing up for myself and my friends)	Fun and informative
Everything about consent	Fun and informative
Everything and the 7 steps definitely	Fun and interactive
Everything cause it is all helpful	Fun and interactive
Everything especially the 7 steps	Fun and interactive with reasons to learn
Everything from the presentation	fun and interesting
everything he told us	Fun and interesting
Everything I always used before because I followed all of the rules already.	Fun and interesting. Necessary
Everything I always used before because I followed all of the rules already.	Fun and Serious
Everything I can remember	Fun and useful
Everything I learned	fun and very educational. definitely eye opening
Everything I learned	Fun and very informative!
everything i learned	fun and worth it
everything i learned a lot	fun but good information came through
Everything I learned a lot from it.	Fun but informative
Everything I need	fun but talking about serious subjects
Everything I remembered and learned	Fun engaging informational
Everything I've learned.	Fun helpful
Everything if I ever choose to partake in safe consensual sexual activities.	Fun open
Everything in future relationships	Fun way to inform about consent and very informative
Everything is based on choice. It is up to you if you decide to be intimate or not, and it doesn't matter either way.	Fun-filled inquisitive information
Everything it's all good to use	Fun, engaging and teaching about the topic of sexual relationships
Everything ive been taught	Fun, engaging and informative
everything mike said	Fun, engaging, and important.
Everything seemed very insightful	Fun, funny
Everything since it is the standard and bare minimum not going all out.	Fun, hands-on, eye opening, and informative
everything talked about	Fun, important, new way of learning the most important points of a mutually amazing consensual sexual relationship.
Everything that I did not know	fun, informative
Everything that was good	Fun, informative
Everything that was said I will make sure to remember.	fun, informative, and educational
everything they talked about	Fun, informative, and makes me realize that some of the situations you are in currently are not healthy

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Everything was very helpful, it made me reflect on things I thought weren't harmful and solidified my resolve to show respect to women all the time and finally quit porn in 2026.	Fun, informative, funny!
Everything, also people who drink alcohol to get laid are lame, respectfully.	Fun, interactive.
Everything, hopefully better my perspective.	Fun, lots learned
Everything, it helped me realize what I deserve and what I should look for in a partner.	Fun, we learned about some specific steps, and how sending nudes is bad.
Everything, the self-respect piece was eye opening, and the other pieces to the show	fun!!!
everything, to be happy	fun!!!
Everything!	Fun.
Everything!	Funny
Everything!!	funny
Everything!!!	Funny
Everything.	funny
Everything.	funny and good info
Everything.	Funny and good information
Everything.	Funny and informative
Everything.	Funny and knowledgeable
everything.	Funny and serious and very informative
Everything.	Funny but also educational
Everything.	Funny but also very informative
Everything	Funny but informational
everything	Funny but informative
Everyone should have mutual respect with eachother	Funny but informative
Everythng	funny but informative and empowering
Everything I learned I will use it got the future and future relationships	Funny but realistic
Everytjng	Funny interesting
Evrything	Funny yet powerful
Examining my relationships with others (not necessarily sexual/romantic) and how they actually align with me.	Funny, engaging, educational
Expect less don't lower expectations	Funny, entertaining, involved, and ultimately a great job at encouraging people to treat themselves and those they care about much better.
Expect more than consent	Funny, important
Expectations	Funny, informative
Expectations	Funny, informative, comfortable despite seemingly sensitive topics
Explicit answers and questions	Gained a lot of knowledge
False reports are over represented	Gave us good lessons on consent, and the things we need for college
feel comfortable saying no	Gave us insight about how both people in a relationship feel
Feel confident about your own body.	General information about how to be a more informed person and partner.
Feeling comfortable saying no.	General sexual consent information
Fhsjaywnwww	Generalized
Figuring out who I am and staying true to that despite self pressure. 7 parts of a healthy relationship.	Generational
Fill my 7 steps	Get consent
Find better porn	Get consent
Find mutuality in relationships	get consent!
Find respect and trust in myself	Get them the knowledge they need to know
Find respect in myself to respect others	Get to know beyond what you cannot do and learn what you can
Find the bigger picture in all decision making	Gets the message across well, while somewhat humorous and entertaining
fjj	Getting consent and not raping.
focus on attaining the positive rather than avoiding the negative	getting informed about how important it is to have the seven steps to have a healthy relationship and how important it is to communicate with ur partner
Focus on having amazing sex	Give them some example what we have learned.
Focus on healthy relationships	Gives a bit more perspective and in depth knowledge than you'd normally think of
Focus on my values and beliefs.	Gives you a more mature way of looking and recognizing your power in a relationship. Teachers you how to be a better human being.
Follow 7 steps	gives you awareness
Follow all seven steps	gives you reassurance on whats right and not
follow steps	Glorious
Follow steps	Go through the seven steps
Follow the ladder of an effective relationships	Go through everything we talked about today and what I know to help those.
Follow the seven steps in life.	Goated
Follow the seven steps.	goid
Follow the steps	Going through what to do not just what not to do to have a healthy relationship
Following every th ing that was said	Good
follows the seven steps and make sure they know consent is key	Good
For college.	Good
For future situations and to protect myself	good
For life	Good
For life	Good
For me I'd say try to look back at this and analyze to see if this relationship is good or really bad.	Good
for sex	Good
for the future	good
For todays program, ill remember that peer pressure isn't from peers, it's self pressure.	Good
fr	Good
friend support for relationships	good

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
From this program today, I am going to utilize the seven steps of a healthy relationship in order to determine whether or not the relationship I am currently in is healthy or not, and to leave the moment I do not feel comfortable in any relationship.	Good
From this program, I am going to utilize the idea that the only one who puts pressure on me to do something is myself.	good
From today I will make sure not to be pressured to do something I don't want	Good
From today, I have learned how to approach someone who I want to have sexual relations with.	good
From today's program I will be reminded that my consent matters, and I cannot be pressured by another to do something I'm not comfortable with.	Good
From today's program, I am going to use the steps involved in creating a healthy relationship and connection.	Good
Fuck minors	Good
Future relationships and knowing whether I am in a good place or doing the right thing	Good
gain more knowledge, that appears to be what i'm lacking	Good
Gender roles advice	Good
General information surrounding sexual relationships, consent, and life in general.	Good
get better at saying no to people without being afraid to disappoint them	good
Get consent	good
get feedback from my partner.	good
get on a deeper level	Good
Get out of toxic relationship	Good
Get out of toxic relationships	Good
get some sex with some baddies. consensually	good
Get the 7 steps in a relationship.	Good
Get to all 7 steps	Good
Give them options	Good
giving advice/helping friends	good
go on a bowling date	Good
going to ask for consent and give consent on whether or not i feel comfortable	good
going to be more aware	Good
Going to binger more futts	Good
Going to communicate better	Good
Going to educate friends and family on what is needed in order for consensual and respectful relationships.	Good
Going to have a respectful conversation	Good
Going to keep living my life	Good
Going to make sure that my partner is comfortable being intimate with me	good
Going to respect others in relationships intimate and non intimate	Good
going to think about all the stairs of relationships	Good
going to use that consent is the bare minimum and it needs to happen everytime	good
Going to use the info given	Good
going to use the seven steps to healthy relationships with my friends and family	good
Gonna be honest I already knew essentially all of the stuff that was went over today, so from the program itself idk	Good
gonna have the 7 steps down to have consensual info	Good
Gonna start looking at women more and more as respected equals	good
Gonna think harder on what the other person truly wants in a awkward situation	Good
Good judgement during sexual intercourse.	Good
Good knowledge on the overall importance of consent, but also about what constitutes for a healthy relationship!	Good
Good relationship ideas	Good
Good responses to things I don't want to do.	good
Good sex	Good
Goon	Good
Great tips	Good
Grow relationships	good
Have 100% real consent	Good
Have a better communication	Good
Have a better knowledge of consent and make sure my partner is comfortable	Good
Have a conversation with my partner and have a in depth talk with them.	Good
Have a mutually amazing consensual relationship	good
Have all 7 steps in the relationship	good
Have all 7 steps to have a good healthy relationship.	Good
Have amazing consensual Sexual Relations	good
have amazing sex	Good
Have better communication with your partners.	good
Have better relationships	Good
Have better standards	good
have better standards and follow the 7 steps	good
Have better standards for yourself and others	Good
Have communication before getting into a relationship so they know your boundaries and I know theirs.	Good
Have communication with partners	good
Have healthy sex	Good
Have high standards	Good
Have high standards.	Good
Have high standarts and call out boundaries	good
Have higher standards	Good
Have higher standards	Good
Have higher standards for relationships	good
Have higher standards for the people I create relationships with	Good
Have higher standards of relationships	Good

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
have knowledge before having sex	Good
Have low expectations but high standards	Good
have more knowledge in the future	Good
Have more respect for myself and the other in sexual relations	Good
Have more self respect	Good
Have more trust in yourself	Good
Have mutually amazing sex	Good
Have open communication with all of my relationships	Good
Have respect and understand boundries	Good
have respect for yourself	Good
Have self esteem	Good
Have self respect	Good
Have sex for love not obligation	Good
Have skills	good
have the 7 boxes checked for all my relationships	Good
Have the 7 steps in a relationship	Good
Have the 7 steps in a relationship	Good
Have the courage to say no	good
Have the power to say no.	Good
Have to ask properly	Good
Have true consent	Good
Have trust in yourself, Say no if you have to.	Good
Have you amazing mutually sexually relationship	Good
Having a designated person to look out for sexual violence	good
Having a safer happier relationship	Good
Having an amazing relationship is the standard, and i'm going to try to make my relationship amazing as well.	Good
Having better communication between my partner.	Good
Having higher standards and not accepting just the bare minimum.	Good
having higher standards in a relationship.	Good
He's a pretty good public speaker, I'll take notes of that	Good
healthier communication	Good a little off topic
Healthy and direct boundaries!	Good advice
Healthy communication	Good advice
Healthy communication	Good and entertaining
Healthy communication	Good and infomational
Healthy communication in relationships	Good and informative
Healthy communication with sexual partners	Good and very knowledgeable information
Healthy guidelines	Good energy!
Healthy relation and consent	Good experience
Healthy relationship and how to be a good partner	Good for healthy relationships
Healthy relationships	Good for self respect, informative about the emotional aspect of sex.
Healthy relationships don't involve keeping each other happy. I should tell my friends they deserve better instead of focusing on that they should leave.	Good for the school
Healthy relationships should not have dependency	Good help
Healthy relationships.	Good ideas on how to be comfortable around others.
Healthy relationships.	Good info on healthy and safe sexual relationships
Healthy safe sex	good info on why consensual sexual activity is important
Healthy sexual relationships	Good information
Hello my name is Ryan darling I love skyblock	Good information
Help friends	Good information
help friends	Good informative
help friends who are struggling with related issues	Good informative session.
Help me be comfortable in a relationship and make smart decisions.	Good learned a lot
Help my boys in bad relationships	Good must go
Help my friends	good presentation to learn about relationships, consent, Sexual intimacy and more.
Help my friends know that they deserve better if they are in an unhealthy relationship.	Good reinforcement on healthy relationships
Help my friends stay away from nudes.	Good reminder for a lot of people
Help others	Good session
Help others remove themselves from abusive relationships	Good session
Help others understand	Good sex good.
Help others understand the importance of consent.	Good speaker.
Help othrs	Good talk
Help prevent sexual assault. Know when to recognize it	good talk
Help spread the word	Good talk about consent
Help students in a toxic relationship	Good talk about consent and achieving better relationships
Help teach others the importance of mutual agreement	Good talk giver, entertaining
Helping my friend escape her toxic relationship by reminding her she deserves so much and more.	Good to hear
Helping my friends be treated better by their peers and partners.	Good to hear
Helping out friends with coping with abusive relationships.	Good to hear his perspective on things
helping out my friends out by being more uplifting	good to learn
Hies	Good way to get familiar with consent and the expectations for things surrounding consent
High standards low expectations	Good, a little uncomfortable but still good
Higher expectations	Good.
higher expectations	Good.
Higher level of communication	Good.
Higher my standards	Great
Higher standards	Great
higher standards	Great
Higher standards	Great

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Higher standards	Great
higher standards	Great
His ideas of consent being the bare minimum	Great
hmmm i have no significant other maybe I will use the 7 steps for all friendships	great
Ho to better understand communication and body language	Great
Hoenstly everything given to me	great
Hold those to a higher standard when they normalize sending and sharing nudes	Great
Holding friends responsible	Great
Holding people accountable when they brag about sexual things.	Great
Holding the people around me accountable	Great
Honest communication with my partner.	Great
Honestly the mutually amazing part	great
Honestly, all the information about sexuality	Great
Honestly, just being more aware of making smart decisions that are best for everyone around me. Not that I haven't been, but being aware that I'm my best self.	Great
Honesty and courage is the best for a healthy relationship	Great
How communicate better and have a healthier relationship.	Great
How great of a speaker Mike is!	Great
How i can build a successful relationship	Great
How i go into a relationship	Great
How I need to trust myself more than my partner	great
how important consent is	Great
How important full consent is.	Great
How important mutual consent and esteem is	Great
How pressure works and how its self inflicted	Great
How the difference between love and infatuation	Great
How to accept consent	Great
How to achieve to mutually amazing relationship, how to say no to someone asking for nudes	Great
How to apply the stairway of amazing mutual sexual relationships into my own relationship.	great
How to apply the steps in my relationships.	Great
How to approach relationships	great
How to approach someone when they have an unhealthy relationship	Great
How to approach such relationships in the future with the idea of consent and what to look for in a relationship	Great
How to ask	Great
How to ask for consent	Great
How to ask for consent	Great guy who presented
How to ask for consent	great info for sexual interactions, etc.
How to ask for consent in a relationship.	Great informative session about relationships and how to have amazing intimacy
How to ask for consent.	Great lesson
How to ask someone out respectfully	Great lesson on consent.
How to ask someone out without being weird	Great presentation and very engaging
How to avoid peer pressure	Great presentation of understanding the self and factors influencing the self
How to be consensual	Great presenter with valid information
how to be consensual with my partner in the future	Great session on how to have good mutual sex and relationships
how to be more confident in my beliefs	Great session that really clears ur mind.
How to be respectful	Great session with a lot of good info.
How to better myself in a relationship and as a person	Great speaker, has an answer for everything
How to better support my friends who may have experienced unconsensual experiences	Great way to think about consent in a relationship
How to build a healthy relationship	Great, funny and vey intereating
How to build healthier relationships	Great, super informative
How to communicate better with my sexual partner.	Great!
how to communicate with my partner	Great!
How to control the situation if i get asked for nudes	Great! Well done
How to deal with the situations	Great.
How to decide the difference between toxicity and any excuses I could make up.	Great. You need to be mature though, because that means you are ready. (Or until marriage too)
how to decline inappropriate requests	Greatly informative and helpful speech.
How to deeply understand a healthy relationship	groundbreaking worldshaking inspirational
How to end an unhealthy relationship.	Grounding
How to escape a toxic relationship.	guy repeats things we learned in 7th grade, but with a lesson on what peer pressure is and why it is actually self pressure
How to find the right one	Hard to explain
How to get action	Have a consensually good time
how to get friends out of bad situations	Have a mutual amazing relationship
How to handle certain situations	Have amazing sex
How to handle my relationship	Have common sense. Value your partner's opinion and state, as well as your own. Know your worth and others'.
How to have a good relación ship	have concert
How to have a health relationship	Have fun wit it and make sure both parties are down and enjoyable.
How to have a healthier relationship	Have healthy expectations and respect
How to have a healthy relationship	Have high standards
How to have a healthy relationship	Have high standards and consent is the bare minimum
How to have a healthy relationship	Have high standards and trust in yourself
How to have a healthy relationship and respect a partner.	Have higher standards
How to have a healthy relationship with someone else if I were to have a relationship in the future.	Have higher standards
How to have better self respect for myself	Have higher standards for yourself so if you fall you wont hit the worst senerio
How to have control over yourself and not fall into peer pressure.	Have mutual respect, ask for consent, and be sober.
How to have good realationship with ppl.	Have realistic and open minded perspective to relationships
How to have healthy sexual relationships	Have respect and knowledge and be mature about what your doing

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
how to help a friend in an unhealthy relationship	Have respect for you and others and consent does not mean amazing
How to help others	Have respect for yourself and boundaries
How to help others and myself during an emotionally / physically abusive relationship	Have respect for yourself and the people you choose to be with and make sure that you treat others sometimes better than you want to be treated.
How to help others better	have respect for yourself and trust yourself before you become sexually active
How to help people get out of toxic relationships	Have respect for yourself and your partner, and make sure your relationship is healthy and mutual.
How to help someone who is experiencing SA	Have respect for yourself.
How to help someone who is experiencing SA	Have safe relationships that are often intimate and sexual
How to identify a unhealthy relationship and how to set boundaries.	have safe sex
How to identify predators, question by Carlos Tatupu	Have self respect
How to identify toxic and abusive traits in a partner/relationship.	Have the maturity to talk with someone about something that is messed up and makes you feel uncomfortable.
How to know what a healthy relationship is compared to an unhealthy relationship	have values
How to know what a healthy relationship is.	Having a mutually amazing relationship is the only and the best way to go about dating.
How to know what's a good relationship	Having content is the bare minimum and have open communication
How to know what's toxic and what's healthy.	having sexual knowledge with another person is vital
How to live with more self respect.	Having your own self-respect and boundaries are important for any relationship (not just romantic or sexual).
How to make a healthy relationship	He answered most of our questions, identified red flags, showed us what is the truth and what is lies, and taught us about how important consent is.
How to make safer choices	He answered our questions about healthy relationships, consent, sexual relationships, and boundaries.
How to make sure I communicate with the person I'm interested in	He detailed his life experiences, and how it eventually led him to where he is now. He explained that consent is an absolute imperative, regardless of what stage in a relation you are.
How to make your friends think twice.	He discussed that consent is not the ante minimum, and you need to make sure you have all 7 steps or you are completely forgetting parts to be ina. relationship.
How to motivate my friend instead of bringing them down.	he doesn attend because it is a very strong issue for me
How to navigate sex and intimacy in relationships	He helps
How to properly ask for consent and not to make the other feel pressured	He learned about consent and how to build a good relationship
How to properly communicate with my partner and know that it's unfair for them to expect me to read their mind.	He likes to argue
How to properly get consent	he snapped
How to properly recognize other people's boundaries	He talked about a ladder to amazing mutual sex
How to properly talk my friend out of an unhealthy relationship.	He talked about consent and having mutually amazing consensual relationships
How to protect myself from unwanted sexual interactions.	He talked about having respect for yourself & others, and the approached these topics with little shame/stigma.
How to react when someone asks for nudes	he talked about how people have low expectations so they do stuff even if its not amazing bc they think its the best they could get, so the moral of that day was to have high expectations
How to read body language	he talked about how teenagers should be treated in relationships and the importance of consent
How to realize that no isnt just mean and rude its a way of communicating consent and respect along with the other values	He talked about lots of sexual misunderstanding and things teens get wrong about sex and how to avoid them.
How to recognize consent	He talked about the requirements needed for a healthy sexual relationship and how to be safe online when it comes to nudes
How to report or stop nudes.	He talked about what a healthy sexual relationship is
How to respect myself more so I don't have to listen to the manipulation by others.	He talks about consent being most important
How to respectfully deal with relationships whether it is regarding myself or a friend	he taught me a lot about how consent is necessary and important for relationships make sure your relationship is mutual
How to respond to people calling others words such as slut.	He taught us about sexual consent
How to safely leave a relationship.	He was clocking tea and that you need to raise your standards and expectations
how to say no	He was not scared to call people or topics out
How to say no	He was very impactful and real and he talks about real issues about sexual activities in a blunt way.
How to say no	Healthy
How to say no	Healthy and non healthy relationships
How to say no	healthy relationships
How to say no	Healthy relationships and how to say no
How to say No and how to ask someone out respectfully	healthy relationships are important
How to say no to child pomography	Healthy relationships are important and there are seven steps.
How to say no to peer pressure.	Healthy relationships have a bare minimum of consent and seven steps
How to say no to texts that talk about sending nudes	Healthy relationships is important
How to say no, steps to a healthy relationship (sexual and non sexual)	Healthy relationships require trust, reciprocation, respect, many different factors. Try your best, it won't be perfect
How to say no.	healthy sexual relationships empowerment seven steps
How to set boundaries	Heartfelt and truthful
How to set boundaries	Healthy knowledge
How to set boundaries with friends	Help people learn about mutual sex
How to stand up to the "nudes" issue, and to have better relations with others	Help them in their relationship
How to take the proper steps in to the healthy side	Help them understand the power of no.
How to talk about sexual assault	Helped educate me about the bare minimum requirements going into sexual activity.
How to talk to a friend who might be in a unhappy relationship	Helped to gain clarity on how to protect yourself and learning to not give in
How to talk to others about this topic	Helped us learn self respect and how the world has influenced our view of sexual relationships. Then how to properly create healthy relationships.
How to use consent	Helpful
How to use my personal values	Helpful
How to value myself when it comes to sexual relationships.	Helpful
i	Helpful
I already knew all of this.	Helpful
I already knew all of this.	Helpful
I already knew it	Helpful
i already knew most of it	helpful

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I already knew this stuff but it was a good reminder	Helpful
I always knew that online sources of sexual activity wasn't okay but like I feel that main points from the presentation Directly targeted people and I appreciate that.	Helpful
I am going to use the information from the presentation	Helpful
I am a 10	Helpful
I am a 10!	Helpful
I am a 10/10 and that doesn't mean I'm perfect, it means I'm trying my best/ When you see someone jumping around from person to person, its because no one wants to slay with them. That says a lot. Also, the fact that people have to drink to be able to enjoy or have fun doing sexual activities, then it says a lot about why they are doing it at all in the first place.	helpful
I am allowed to say no and not feel guilty	Helpful
I am always going to ask for consent before I do anything sexual.	helpful
I am always going to ask for consent for any point in escalating sexual interactions	Helpful
I am always going to ask for consent.	helpful
I am asexual so I don't know what I can use.	Helpful
I am deserving of more than the bare minimum of consent.	Helpful
I am going to abide by the principle that my values are the most important and that I should never give in to peer pressure. This program has increased my ability to be confident in my own values.	Helpful
I am going to actively incorporate consent in thinking when i'm talking to friends in activities they might not want to do	Helpful
I am going to always ask for consent before doing anything sexual.	helpful
I am going to always remember by self worth and be true to who I am.	helpful
I am going to always say no to sending nudes	helpful
I am going to apply it into my own relationship	helpful
I am going to apply it to every day life	Helpful
I am going to apply the 7 steps for a healthy relationship not only for partner relationships but for family relationships as well.	Helpful
I am going to apply the seven steps and move on forward with my life to help others and spread about the topic of sexual assault.	Helpful
I am going to apply the seven steps to my friendships as well.	Helpful
I am going to apply these teachings to the real world socially	Helpful
I am going to apply what I've learned about what makes a good healthy and amazing relationship. I will also try to improve living for myself and not for others.	helpful
I am going to approach sexual conversations with no shame.	Helpful
I am going to ask before doing anything much more now.	Helpful
I am going to ask consent from now on.	Helpful
i am going to ask for consent	Helpful
I am going to ask for consent	helpful
I am going to ask for consent	helpful
I am going to ask people about their boundaries	helpful
I am going to attempt to better my relationship using the stairs.	Helpful
I am going to be able to make my own choices and do things when I am ready	helpful
I am going to be applying the seven steps to my friendships as well.	Helpful
I am going to be aware about what I want for myself and respect others.	Helpful
I am going to be careful on who I trust for sexual relationships.	helpful
I am going to be confident and respect my own body and self and not do something for others.	Helpful
I am going to be consensual.	Helpful
I am going to be mindful of my boundaries and other's boundaries as well	Helpful
I am going to be more aware of others actions.	Helpful
I am going to be more aware of what is needed in a relationship.	Helpful
I am going to be more cognizant of my interactions with friends and see it from their perspective	Helpful
I am going to be more confident in setting my boundaries.	Helpful
I am going to be more mindful about my sexual intimate thoughts	Helpful
I am going to be more mindful of the seven steps.	Helpful
I am going to be nice and uplifting to my friends.	Helpful
I am going to be open to partners.	Helpful
I am going to be there to support my friends	Helpful
I am going to believe in trusting myself before than trusting others when I am with them.	Helpful
I am going to better approach people that I want to have relationships with and better understand their boundaries.	Helpful
I am going to better myself when it comes to being knowledgeable about sex.	Helpful
I am going to better use this information to educate myself on difficult topics like these.	helpful
I am Going To Break up with my Abusive girlfriend because of Mike	Helpful
I am going to call out people who make not good decisions	Helpful
I am going to call out the degradation of others	Helpful
I am going to call people out for treating virginity as a weakness or for treating loss of virginity as an insult. I will also make sure I have the 7 steps in any relationships I have and that I don't ever let people get pressured into something they don't want if I see it happening.	Helpful
I am going to call people, people	Helpful
I am going to coldly lose a relationship if they don't give me consent	Helpful
I am going to communicate more with everyone and partners.	Helpful
I am going to communicate my expectations and make it clear what I want, along with properly listening to my future partners.	Helpful
I am going to do the 7 steps	Helpful
I am going to emphasize the important of consent	Helpful
I am going to ensue consent in every future aspect	Helpful
I am going to ensure that friends cut toxic relationships out of their life.	Helpful
I am going to ensure that I only engage in positive and healthy relationships.	Helpful

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am going to ensure that there is mutual respect and honesty in my romantic and platonic relationships.	Helpful and about sexual assault
I am going to express who I am.	Helpful and engaging
I am going to feel better about myself with the issues surrounding sex.	Helpful and enlightening
I am going to feel comfortable saying no	Helpful and eye opening
I am going to feel comfortable saying no	Helpful and eye opening.
I am going to firmly say no to stuff I don't want to do	Helpful and eye opening.
I am going to follow the five pillars to have a consensual relationship and ensure that I don't pressure or submit to peer pressure regarding sex	Helpful and gave really good reminders about sexual intimacy
I am going to follow the seven steps for a sexual relationship.	Helpful and gives you a understanding of what's ok
I am going to follow those 7 steps toward a healthy relationship and ensure that every relationship I have from here on follows that (both as romantic partners and friends)	Helpful and I would give them a rundown.
I am going to further reevaluate my relationships, both sexual and platonic, to make sure I am anyone I am with always feels comfortable.	Helpful and informational
I am going to have conversations of healthy and mutual ideas with my partner!	Helpful and informational.
I am going to have more standards in relationships	Helpful and informative
I am going to help any friends is a bad relationship and tell them they deserve better	Helpful and informative
I am going to help educate others	helpful and informative - super important things to know especially for teens
I am going to help people with relationship advice on intimate things	Helpful and insightful
I am going to hold my friends responsible instead of protecting them if they make bad choices	Helpful and insightful for learning about healthy relationships
I am going to honor my word and not feel bad for others based on my own body	Helpful and inspiring to be better
I am going to imply it in my own relationship	Helpful and meaningful
I am going to indulge in my hopefully healthy relationship.	Helpful and reassuring
I am going to intervene and look after my friends.	Helpful and teaching
I am going to intervene if I see something happening	helpful and useful
I am going to intervene when I see something happening that shouldn't be.	helpful and very informative
I am going to intervene when i see something wrong happening.	Helpful and very informative.
I am going to keep in mind all of the steps of the ladder during my relationships and experiences.	Helpful for a healthy future socially
I am going to keep in mind that I should not project the people I select or spend time with onto an entire gender	helpful for growth and maturity
I am going to keep in mind what is healthy in a relationship the (7 steps) and the knowledge of peer pressure.	Helpful for understanding sexual relationships
I am going to keep my standards high.	Helpful in learning about being sexually involved.
I am going to keep saying no if people don't stop asking me.	Helpful in understanding relationships
I am going to learn the 7 steps.	Helpful info about relationships
I am going to learn to say no more often and that it is ok to say no.	Helpful information walking people through healthy relationship.
I am going to lessen the pressure I put on myself in an attempt to make others like me.	Helpful informative
I am going to listen to my self more	Helpful learning experience to develop relationships and boundaries.
I am going to look for mutually respectful relationships.	Helpful opening people's eyes and raising their expectations. There are good people.
I am going to look for red flags in people and not stay in unhealthy relationships.	Helpful to learn about what power YOU have and what you do not need to
I am going to lower my expectations and raise my standards.	Helpful to learn social awareness
I am going to make sure all my relationships follow the 7 pillars of a healthy relationship.	helpful to remind people of their self worth
I am going to make sure I always ask for constant, even for things I didn't think required it before	Helpful to understand how you should approach a relationship with someone
I am going to make sure i am communicating with my partner	Helpful to understand more about life
I am going to make sure I consent is always given.	Helpful with learning more about (sexual) relationships and consent
I am going to make sure I establish the 7 steps before engaging sexually with someone	Helpful, and informative
i am going to make sure i feel confident enough to say no and make sure i feel safe with my partner	Helpful, detailing consent and parts of healthy relationships.
I am going to make sure I follow the 7 step rule.	Helpful, educating, real life, values and respect for yourself and beliefs
I am going to make sure I follow the seven steps for a healthy relationship.	helpful, eye opening
I am going to make sure I have 7 steps in future	Helpful, informational, fun
I am going to make sure I incorporate all of the important characteristics to a safe consensual relationship	helpful, knowledgeable, comfortable
I am going to make sure I trust myself first.	Helpful, reshaping mentality
I am going to make sure I uphold my own standards in my relationships and that I feel completely sexually comfortable.	Helpful, very interesting, and it sparked my mind
I am going to make sure I use all the 7 steps.	Helpful, intriguing
I am going to make sure my relationship is both mutually respectful and consensual.	Helpful.
i am going to make sure that any relationship i am in involves the 7 steps.	Helpful.
I am going to make sure that any romantic partners that I will have are completely comfortable in our relationship, as shown in today's program. Additionally, I make sure to be assertive when I want to make clear that I am not comfortable with doing something, as today's program stressed.	helpful. Very helpful
I am going to make sure that healthy relationships and intercourse can be achieved through the methods shown to me today.	Helpful
I am going to make sure that I always ask for consent	helpful
I am going to make sure that I communicate with any and all partners on both of our expectations	Helping cultivate healthy sexual relationships
I am going to make sure that I respect myself before engaging in a sexual relationship with others.	Helping inform teens about how to raise your bar for sexual activities
I am going to make sure that if i have a friend who is in a toxic relationship, i will tell them they deserve better.	Helping understand unspoken things of society
I am going to make sure that my pamer has all 7.	Helping us rethink what we have know before
I am going to make sure that my sexual partners later in life are always okay with everything before pursuing anything sexually.	Helps remind us that things we think are incredibly rare are the bare minimum.
I am going to make sure that peer pressure won't negatively influence the decisions I make regarding consent.	helps you understand more about relationships

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am going to make sure to ask and confirm that my partner would want to kiss.	High energy
I am going to make sure to be respectful of everyone's choices	high school sexual relationships aren't always a representation of real relationships
I am going to make sure to know my own value and trust myself	High Schoolers are doing sexual activity wrong - what to DO
I am going to make sure to report or screenshot	Highkey good
I am going to make sure to respect myself before engaging in anything with someone else.	Highly educational program that talks about lot about boundaries while respecting everyone in the room with kindness!
I am going to make sure to say NO and not feel guilty	highly informative
I am going to make sure to screenshot whenever anybody asks for nudes.	Highly informative, surprisingly enlightening, amazing talk.
I am going to make sure to use consent because it is important	HIGHLY RECOMMEND (specify what happened)
I am going to never apologize for not wanting to hook up	Hkdjsjsvsbsvhwbf
I am going to never be self pressured into doing something.	How to be consensual
I am going to never say sorry before no	Hold yourself to a higher standard! You are entitled to no one and no one is entitled to you.
I am going to not ever send a nude	honest and engaging
I am going to not feel bad for saying no	honest and informative
I am going to not feel like I need to explain saying why I said no.	Honest conversation about sexual activities in high school and in the real world.
I am going to not feel peer pressured because its self pressure	Honest discussion of relationships
I am going to not feel pressured to do anything	Honest, realistic talk that wasn't unnecessarily censored
I am going to not get pressured into doing anything	How consent in relationships is important
I am going to not give into peer pressure	How consent is the bare minimum and there needs to be trust, safety, attraction, ect. Describing elements of a toxic/ abusive relationship
I am going to not just do the baseline of consent	How do I help partner to feel safer saying
I am going to not lower my standards and I am going expect consent as a bare minimum for a relationship.	How helpful it was
I am going to not send nudes	How helping us and learning more from teme
I am going to not use lust with any relationship I have	How I would describe the session to someone who wasn't here is that consent isn't the main reason of a relationship. Porn doesn't show what sex really is and that it's not safe to watch as a first time.
I am going to openly ask for consent and have open conversations with my partners	How important it is to be aware of things you do in relationships and to ask for consent
I am going to pay closer attention to my friends relationships and if they are healthy.	How important it is to be giving consent and being respectful and trusting of yourself and your partner. Also what are healthy things in a relationship and what toxic things to stay away from
I am going to pursue healthy relationships going forward.	How important it was and how to emphasize the staircase.
I am going to prioritize communication with my friends and family.	How important you are
I am going to prioritize my feelings and my choices.	How it is important to communicate with your partner
I am going to put my values and beliefs first when it comes to consent on any topic.	How it shows you what your standards should be
I am going to put myself over my self pressure.	How it's important to say no and saying no is not mean and it's a choice
I am going to raise my standards both for myself and for others	How porn isn't a good representation.
I am going to raise my standards.	How to ask for sex
I am going to realize my needs are important and societies views on woman having sex do not define me.	how to be a great partner, but a better human being.
I am going to recognize that I put pressure on myself, not my peers on me.	How to be in a healthy relationship and a good person
I am going to recognize when I am being peer pressured	How to be in a relationship
I am going to reevaluate my external influences and try to reflect on who I am and want to be.	How to be respectful in a relationship
I am going to refer back to this moment whenever I am with my partner	How to be respectful in a relationship and ensure consent.
I am going to reframe what I think is a healthy relationship. I know understand that consent is a minimum rather than a sign of success.	How to be safe and respect
I am going to remember all this information so i'm able to use it when i'm in environments where this stuff is more open- like college	How to be safe in your sex life.
I am going to remember "no is not mean".	How to build mutual, amazing sexual relationships
I am going to remember all seven steps in all types of my relationships.	How to correctly inform people of what to do if they are not feeling safe.
I am going to remember consent is mutually amazing and it is the best experience sexually. Also the 12 step program	How to deal Love and toxicity
I am going to remember consent is the bare minimum and the staircase to a healthy sexual relationship	How to get your answers regarding relationship questions.
I am going to remember consent.	How to grow up and have responsible sex
I am going to remember it is nobody's job to keep their partner happy.	How to have a amazing respectful relationship
I am going to remember lower the expectations not the standard. How my actions affect power dynamics, etc.	How to have a good relationship
I am going to remember my values and worth in everything I do which includes my relationships.	How to have a healthy relationship
I am going to remember my worth and work to think of myself as a 10.	How to have a healthy relationship and ask for consent.
I am going to remember that consent is a bare minimum requirement	How to have healthy relationships and consent
I am going to remember that consent is the bare minimum and not at the top of the line.	How to have mutual amazing consensual relationship
I am going to remember that consent is the bare minimum.	How to have mutually amazing consensual sex
I am going to remember that enfatutaion is not love	How to learn consent
I am going to remember that I am a ten and other people's opinions of me don't matter.	How to learn how to go through some strange times and if they want to talk I will be open to talking to them about it.
I am going to remember that it is important not to degrade a friend who is in a toxic relationship, and to remind them that they deserve better.	How to navigate relationships in a healthy way.
I am going to remember that saying no is not mean.	How to respect others and yourself when it comes to intimate contact and relationships.
I am going to remember that there is no obligation to be sexually intimate with anyone at any time.	How to respect yourself and others in a relationship
I am going to remember that there is no peer pressure there is only self pressure.	How to safely and respectfully have sexual contact with your partner
I am going to remember the 7 steps	how to say "no" and how to make a healthy relationship
I am going to remember the 7 steps to a healthy mutually amazing sexual relationship	How to say no
I am going to remember the 7 steps.	how to use consent and respect others and relationship dynamics
I am going to remember the importance of lowering expectations but not standards	How valuable consent is

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am going to remember the importance of lowering expectations but not standards	Hugely informative and helpful
I am going to remember the importance of safety	humorous but educational
I am going to remember the screenshot method	Humorous but serious
I am going to remember the steps that are needed for a healthy relationship	Humorous in a good way
I am going to remember these core values from the presentation, and apply them to my life.	humorous, informative, personalized, comfortable, safe space
I am going to remember to have mutually amazing sexual activity.	Hype
I am going to remember to put myself and my values first to live the best way.	I
I am going to remember to trust my self first, prior to trusting my partner.	I
I am going to remember to trust myself before I trust anyone else.	i am going to explain a healthy sexual relationship
I am going to remind myself and my friends that they need to keep their values in check	I can talk to everyone about there Kaye incourage self talk
I am going to resist self peer pressure by knowing that in reality it is myself who is putting pressure on me.	I cant, it's something you should have gone to. But I'd talk about the seven steps
I am going to respect and trust myself more	I couldn't explain what I learned, Mike would have to
I am going to respect my boundaries and respect other boundaries. I will be kind and respect all people. Consent is the minimum required for a sexual relationship.	I don't have enough battery to write it.
I am going to respect myself and find out who I am	I don't know
I am going to respect myself and my partner and focus on the 7 steps	I don't know
I am going to respect people how they want to be respected	I don't know
I am going to respect the boundaries of others	I don't know
I am going to say "no" to something that I don't want.	I don't know
I am going to say no and keep saying no to peer pressure	i don't know
I am going to say no and not feel bad.	I don't know
I am going to say no and respect everyone	I don't know wasn't paying attention
I am going to say no automatically if someone asks for a nude. I am also going to be more confident in myself that I am not dating someone.	I dont know
I am going to say no because saying no isn't mean.	I explain about many important things you talk about, like improve yourself and have your positive thinking always, choose what is good and what is not.
I am going to say no when asked for things like nudes that make me feel uncomfortable.	I feel like it tried to address large problems but really missed most of the points.
I am going to screenshot the text if anyone asks me for nudes	I feel like we talked about consent and how important it is to be
I am going to seek healthy relationships	I good reminder of how to be respectful and responsible.
I am going to set boundaries around my sexual life. (Making sure I'm ready for that step, consent, etc)	I got a photo of it so I show and tell
I am going to set boundaries with all people in my life and know that trust goes both ways.	I have a terrible memory so I wouldn't actively remember what happened.
I am going to set boundaries.	I have learned about the important aspects of being in a healthy relationship. I have also learned about the fact that peer pressure doesn't really exist.
I am going to set expectations with people	I have to do homework
I am going to set higher standards and stick to them.	i learned a lot
I am going to set more healthy standards for the relationships I pursue in the future.	I learned a lot about sex and love
I am going to shut down the spread of nudes	I learned a lot about the relationships and sexual life of high school.
I am going to spread awareness	I learned about what actually should be seen as requirements for a healthy relationship
I am going to start trusting myself more often	I learned more about building safe relationships and what makes a mutually amazing consensual relationships.
I am going to stay away from porn as much as possible, because porn will ruin my life.	I learned some very valuable lessons on consent and sex.
I am going to stay informed about a healthy relationship, the stairs/steps for a healthy relationships, and inform others.	I learned that being able to trust myself and my partner helps lead to a sustainable relationship.
I am going to stop apologizing for my No's.	I learned that peer pressure does not exist. It is self pressure
I am going to stop believing in the harmful ideas about sexual related culture.	I must see event Super insightful
I am going to stop lowering my standards.	i really liked this session. i think this session was really interesting and was refreshing to hear a good well, spoken, speaker
I am going to strive to acknowledge, recognize, and implement the principles and virtues of healthy sexual and non-sexual relationships.	I rty liked it, it was funny but infomational
I am going to support my friends and help them understand that they deserve better if they're in toxic relationships.	I say it was very informative and gives you a perspective that you should not let people influence you but take your own decision.
I am going to support people more instead of shame them.	I think is good
I am going to take a different perspective about virginity.	I think it is a very influential session.
I am going to take away that it is okay to be a virgin	I think it is very informative and helpful to listen in to.
I am going to take away the idea to not conform to other's expectations and instead hold my ground and do what I want even if that means to wait.	I think it was informative and a good reality check for people.
I am going to take the things learned to create a healthy and mutually agreeable relationship.	I think it was really productive and was informative regarding respect and consent.
I am going to talk to my friends that are going through it, and are stuck by being manipulated by all these topics!	I think it was very useful
I am going to talk to my partner to make sure I'm in a macsr relationship	I think that this is a very important topic to talk about and we covered lots of topics I would yap about in depth but I would also talk about how it's super cool Culver does this because it's an important topic that doesn't get covered nearly enough
I am going to tell my friends that they deserve better if they ever end up in an unhealthy relationship.	I think that this sessions was a great way to present a hard topic in a way that makes in palatable and simple to younger audiences.
I am going to tell myself it is ok to say no	I think there is too much detailed information to quickly describe and would encourage them to do research. I could probably describe it, I would just need to think for a while.
I am going to think about how consent is just the bare minimum of a relationship.	I think this was very informative
I am going to think about my values when someone tries to put pressure on me to make a decision	I think this would be a good fit for the ones who honestly would want the knowledge and everything and understand it and everything
I am going to think smarter not harder	I think thsi was a great session for peopel to understand consent and what to look for and do when thinking about sexual activity
I am going to trust and support myself wholly before i put trust in others	I think was good
I am going to trust myself and my partner.	I thought it was empowering
I am going to trust myself before anyone else.	I thought it was interesting and informing

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am going to trust myself before I trust others. Won't use "peer pressure" again.	I was informative
I am going to trust myself before others.	I was interactive and interesting
i am going to trust myself before trusting others during sexual activity	I was summarize the session by telling them what consent is, and how consent could be considered the bare minimum.
I am going to trust myself more than others.	I was very enlightened and very easy to understand
I am going to try and be a better person	I wasn't there but I would say it was beneficial.
I am going to try and be a better person using the information given.	I way to have a healthy relationship
I am going to try and fix my relationship with people using the stairways.	I will say that I learned that sexual relationships have to be "mutually" amazing and that happens based on each other's respect.
I am going to try and stop thinking about what others will think about me depending on if I do or do not do something.	I will tell them about the slope ..
I am going to try to be more mindful when engaging in relationships.	I will tell them how to cope with unrespectful relationships.
I am going to try to implement the 7 steps to a healthy relationship.	i will tell them that i learned about what TO do in a sexual relationship
I am going to understand that consent is the very bare minimum.	I wish we could record it. Why can't we record this I want to share it. More people need this.
I am going to understand that consent is the bare minimum not the goal.	I wld explain the 7 steps
I am going to understand that mutual positive relationships are important and talking to a trusted adult to get out of an abusive relationship	I would describe the session as something that is used in everyday life.
I am going to understand the bare minimum in relationships and the boundaries I should put up.	i would a describe it as a new way to thinkk about consent and other topics and being able to put it in different perspectives that help you better understand the topics
I am going to use a lot from today program in college.	I would definitely include the part about how consent is the bare minimum, and that in general, sex is something sacred and amazing, and if it isn't, something bad is happening. Either, you aren't enjoying it and need to set some boundaries and learn to say no, or for some other reason you haven't achieved all of the stairs to the final goal (safety, knowledge, etc).
I am going to use all of the information.	I would definitely recommend it because it is something that is incredibly important to learn.
I am going to use all of the stairs and make sure all my relationships have each of them!	I would describe all of the steps to a good relationship and everything that goes along with that.
I am going to use better communication in any type of relationship.	I would describe as a discussion of student questions and thoughts
I am going to use both relationship ladders as a basis for relationships in my life.	I would describe as educational
I am going to use communication more with my partner and try to support my friends in anyway I can.	I would describe as interesting and really important about respect and sexual orientation
I am going to use consent	I would describe as keeping others well being more in mind
I am going to use consent when I talk with girls and always tell the truth. I will not let peer pressure control me.	I would describe at enlightenment and very educational
I am going to use consent more often	I would describe how consistent isn't the only thing to sex
I am going to use how to properly become sexually active	I would describe how you should lower your expectations but not your standards
I am going to use how to respect each other	I would describe it as a conversation about consent.
I am going to use in personal life.	I would describe it as a deep dive analysis of teenage sexuality and why we behave in certain ways. It was also an educational presentation on consent in relationships
I am going to use mutual respect as a baseline for ny standards, and differentiate standards from expectations	I would describe it as a deeper dive into a topic that many are not as informed in as they should be.
I am going to use my ability to decline any activities	I would describe it as a dynamic interactive experience that educated students on consent and sexual experiences.
I am going to use my better knowledge about healthy relationships in the future.	I would describe it as a good educational experience
I am going to use my eyes better to see if someone is in danger and use my senses to make my own decisions	I would describe it as a great learning experience on sexual assault and how to recognize it as well as to have a amazing sexual relationship
I am going to use my knowledge about better communication, to better my relationships, not only sexually, but with my friends and peers as well	I would describe it as a great learning experience.
I am going to use my knowledge gained in my personal relationships and in social settings. I have a better understanding of consent.	I would describe it as a helpful session that allows student to understand the sacrifices they have to make towards relationships with others to understand they need to keep themselves protected
I am going to use my knowledge in my future personal relationship.	I would describe it as a learning experience and very down to earth.
I am going to use my knowledge of the staircase of mutually amazing relationships and compare it to my romantic relationship	I would describe it as a learning experience on sexual contact and consent
I am going to use my knowledge to educate others	I would describe it as a lesson on how to approach the topic of sexual intimacy, consent and other related topics.
I am going to use my new knowledge on how consent is the bare minimum	I would describe it as a meeting about steps and the bare minimum to reach a mutual amazing consensual sexual experience.
I am going to use my voice and say NO. I don't want to be ashamed but rather I want to stand firm in my values and what I believe.	I would describe it as a powerful life lesson
I am going to use my voice more.	I would describe it as a presentation about consent and relationships.
I am going to use my voice to protect myself if someone wants me to do something I don't consent to.	I would describe it as a presentation surrounded around pomography, consent, and the basic needs for a healthy relationship.
I am going to use not drinking alcohol at parties	I would describe it as a q&a about consent.
I am going to use screenshots to my advantage	I would describe it as a reminder to establish strong connections with the other person and to be mindful of choices that you can make. I would say it was definitely helpful.
I am going to use seven steps of a beneficial mutual relationship to increase the quality of my relationships.	I would describe it as a reminder to value consent and other important topics within a relationship
I am going to use speaking up for myself to make me feel safe and makes me feel like i have more control over my life	I would describe it as a safe space for creating a culture of respect
I am going to use that consent is the bare minimum.	I would describe it as a section to prevent
I am going to use that no is not mean.	I would describe it as a seminar for healthy relationships.
I am going to use that there is no peer pressure only self pressure. This way, when I go to college, I can keep in mind who am I and what I want to do in the future.	I would describe it as a session that taught the importance of consent and the steps that are needed in order to have healthy and mutually consensual relationships.
I am going to use the	I would describe it as a session to teach you to have strong relationships and notice problems in our life
I am going to use the "I am who I am"	I would describe it as a speech about respecting yourself and others in a sexual way especially.
I am going to use the 7 pillars to a strong intimate and friendly relationship with those close to me.	I would describe it as a talk about a modern and more accurate take on sexual consent.
I am going to use the 7 step ladder as a refrence for a healthy consensual relationship.	I would describe it as a talk discussing the minimum of being in a healthy relationship.

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<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
I am going to use the 7 step ladder to help myself with my relationship and to help my partner.	I would describe it as a talk on the meaning, significance, and implications of consent in sexually active relationships.
I am going to use the 7 step ladder when entering sexual activity	I would describe it as a teaching of consent and how to have a healthy relationship.
I am going to use the 7 step of a healthy relationship	I would describe it as a very informative and insightful opportunity.
I am going to use the 7 step program.	I would describe it as always ask for consent
i am going to use the 7 steps	I would describe it as amazing
I am going to use the 7 steps	i would describe it as an assembly about the importance of healthy relationships and consent
I am going to use the 7 steps	I would describe it as an assembly reminding you of your values and how important consent actually is
I am going to use the 7 steps	I would describe it as an engaging way to learn more about taboo topics and how to handle them
I am going to use the 7 steps	I would describe it as an important talk about consent and bring awareness to peer pressure.
I am going to use the 7 steps	I would describe it as an informational session where we learned about knocking your self worth, making sure you have meaningful sexual relationships and making sure that you truly want to do what you are doing. Also to have a positive outlook on yourself and to trust and love yourself.
I am going to use the 7 steps and ensure it.	I would describe it as an informative experience, and would tell them what I learned from Mike.
i am going to use the 7 steps and the tips for helping friends in unhealthy relationships.	I would describe it as an interesting perspective on many concepts and societal institutions that high schoolers tend to have a stagnated view of, and it wasn't boring.
I am going to use the 7 steps as a standard for future relationships.	I would describe it as being able to talk to people about your own needs and being able to mutually respect another person.
I am going to use the 7 steps before deciding.	I would describe it as better preparing myself for my parent.
I am going to use the 7 steps for a healthy relationship	I would describe it as discussing important basics for making safe choices
I am going to use the 7 steps for mutually amazing relationships.	I would describe it as educational and mind opening to topics that people don't talk about
I am going to use the 7 steps in all of my relationships.	I would describe it as educational and very helpful! I learned a lot about sexual activity and consent.
I am going to use the 7 steps in every sexual interaction.	I would describe it as entertaining but very enlightening.
I am going to use the 7 steps in my daily life	I would describe it as entertainment and useful because most of these things aren't talked about. I would also recommend for someone to come and listen.
I am going to use the 7 steps needed in a relationship and be more confident in myself	I would describe it as fun and insightful.
I am going to use the 7 steps of a healthy mutually amazing sexual relationship.	I would describe it as impactful and important if you're going through something similar you'll get the advice here.!
I am going to use the 7 steps of healthy relationships.	I would describe it as informational and eye opening
I am going to use the 7 steps to a healthy relationship.	I would describe it as informational and important especially for those in or pursuing a relationship
I am going to use the 7 steps to amazing consensual sex	I would describe it as informational.
I am going to use the 7 steps to analyze my relationships better, and it seems like I have to end some with toxic people.	I would describe it as informative and educative.
I am going to use the 7 steps to assess my relationships.	I would describe it as informative and entertaining. It is a topic for everyone in not only high school, but everyone else too can relate which I think made this presentation special
I am going to use the 7 steps to ensure healthy relationships with people.	I would describe it as informative and helpful for reminding those that consent is just the bare minimum.
I am going to use the 7 steps to ensure that any experience I have aligns with my values and the expectation I should have.	I would describe it as informative, engaging, and insightful.
I am going to use the 7 steps to having a healthy consensual relationship with any person I form a relationship with.	I would describe it as informative.
I am going to use the 7 steps to having a mutually amazing consensual relationship.	I would describe it as informing in terms of bare minimum consent, as well as not giving in to peer pressure in regards to that.
I am going to use the 7 steps we learned	I would describe it as interacting intimately the correct and healthy way
I am going to use the 7 steps, to identify weather or not my partner is sexually mature or not.	I would describe it as just say no and know what is right and wrong
I am going to use the 7 steps.	I would describe it as lesson for how relationships should work.
I am going to use the 7 steps.	I would describe it as open because there is no topic that is judged or not willing to be discussed
I am going to use the consent is bare minimum rule	I would describe it as something that talks about important things, such as consent.
I am going to use the consent methods	I would describe it as something to think about, the topics are heavy and it has an impact on our lives.
I am going to use the discussion around cherishing others to let other people know how much I appreciate them.	I would describe it as the bare minimum and toxic relationships shouldn't be normalized.
I am going to use the education to make a good relationship	I would describe it as the deeper meanings behind consent.
I am going to use the fact that consent is the minimum requirement, and that it's important you respect and are respected, and are engaged in a mutually amazing relationship	I would describe it as useful and necessary to know
I am going to use the fact that consent it a bare minimum	I would describe it as useful when in a new relationship or old one
I am going to use the fact that no is a choice.	I would describe it as valuing yourself and your own decisions and respecting your partner
I am going to use the fact that peer pressure doesn't actually exist. I am instead self-pressuring myself to be like others.	I would describe it as very educational.
I am going to use the fact that there is no peer pressure, only self-pressure.	I would describe it as very educational.
I am going to use the helpful tips	I would describe it as very eye opening and a great way to see things from a different perspective on how consent isnt the only thing that matters.
I am going to use the helpful tips given.	I would describe it as very eye opening and educational and could be used in everyday life.
I am going to use the helpful tips.	I would describe it as very helpful and nice to help understand healthy relationships and self respect.
I am going to use the idea of expectations being lowered	i would describe it as very important
I am going to use the idea of respect between both people in a relationship.	I would describe it as very informational while staying entertaining.
I am going to use the idea that sex is supposed to feel amazing	I would describe it as very infomative
I am going to use the idea that the idea consent is sexy is a stupid phrase that should be consent is the bare minimum.	I would describe it as very informative and helpful for sexual education.

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<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
I am going to use the ideas of mutual respect and communication in my current and future relationships.	I would describe it as very informative and inclusive
I am going to use the importance of consent	I would describe it as very informative and interesting and provides the audience with a shift in perspective on things you wouldn't really think about on a day to day.
I am going to use the information about mutual amazing respect	I would describe it as very informative.
I am going to use the information and knowledge I received today.	I would describe it as very interactive and factual.
I am going to use the information I learned today to tell my friend and warn her about her actions.	I would describe it as very refreshing.
I am going to use the information to form healthier relationships	I would describe it as very useful and humorous at times.
I am going to use the knowledge I gained in my future.	I would describe it as way to better understand why consent is so important and situations.
I am going to use the knowledge I garnered to be a more respectful person	I would describe it by saying consent is the bare minimum and you should ask for better relationship if they weren't already.
I am going to use the knowledge I have gained from today's program in my everyday life.	I would describe it by saying that the session covered the importance of consent and not giving in to peer pressure, as well as the unhealthy standard Porn sets and how it can really affect people.
I am going to use the knowledge I learned about how to make people feel comfortable by using consent.	I would describe it has important to know about consent
I am going to use the knowledge I learned about toxic relationships to make sure that I won't enter those kinds of relationships.	I would describe it in a helpful way for them to understand how important your values are.
I am going to use the knowledge I learnt about unsafe and unhealthy sexual activity in my future and current relationships	I would describe it life changing
I am going to use the knowledge presented today in my life moving forward.	I would describe it saying that consent is important
I am going to use the knowledge that feeding into peer pressure simply shows that you are not confident in your values and that you chose to make someone else happy or that you are worried about what other people think of you.	I would describe it to be a education experience about consent
I am going to use the ladder in my to better my relationships	I would describe it useful
I am going to use the ladder to help my future relationships.	I would describe it was a way to describe a good and caring relationship
I am going to use the new things I learned about pressure and apply it to my own life.	I would describe peer pressure and the keys to a healthy relationship
I am going to use the nude talk going forward	I would describe that I learned how to have a safe and pleasurable sexual relationship and learned how to avoid dangerous sexual practices and prevent them altogether.
I am going to use the phrase "that's not me" when rejecting other people's advances.	I would describe that this session is about learning that consent is the bare minimum, sexual intimacy should be mutual, amazing. It's not mean to say "no".
I am going to use the power of saying no.	I would describe that you ante not see the little things but when opened by the eyes and will make you see
I am going to use the program to remind myself what I am worth	I would describe the 7 parts of good relationships and emphasize the safety
I am going to use the proper questions for oral communication to my partner.	I would describe the 7 step ladder
I am going to use the reminder of my values are more important than the pressures others put on me.	I would describe the 7 steps
I am going to use the self respect talk.	I would describe the 7 steps and the points of consent
I am going to use the seven standards in all of my relationships romantic or otherwise.	I would describe the 7 steps to them and how consent id the bare minimum
I am going to use the seven steps and recognizing that I am my own individual who makes my own choices.	I would describe the assembly as safe.
I am going to use the seven steps that lead to a mutually healthy relationship.	I would describe the bare minimums of consensual relationships, what relationship standards should be, and how social media and peer pressure influence sex.
I am going to use the seven steps to a mutually amazing consensual sexual relationship.	I would describe the importance of consent and communication between your partner and how it looks to be healthy in a way especially with respect
I am going to use the seven steps.	I would describe the importance of consent and it's helpful to our school especially Highschool because it's a reminder of the rules and things that we should/not do.
I am going to use the seven steps.	I would describe the kew words like respect, knowledge, mutually and consent to the person explain
I am going to use the seven steps.	I would describe the session as a session that explained the importance of having a healthy relationship and that consent is one of the most important pillar in a healthy relationship
I am going to use the skills on how to handle peer pressure.	I would describe the session as being highly informative.
I am going to use the staircase for future relationships and understand my own power in making decisions.	I would describe the session as how all relationships need to have consent as the bare minimum. Peer pressure does not exist, but is actually pressure from yourself. You must have a sense of who you are and try building 7 ideas in your relationships (trust, etc)
I am going to use the staircase image to spark conversation and changes in my relationships.	I would describe the session as the 7 steps, the opposite of SA, and much more
I am going to use the staircase of qualities in relationships, and also raise my standards.	I would describe the session as very fun but educational.
I am going to use the staircase to assess healthy relationships in the future.	I would describe the session as very informative and talk abt how getting consent doesn't always make it ok
I am going to use the staircase. It was really interesting	I would describe the session in a summary and in a mature manner.
I am going to use the stairs	I would describe the session in regards to consent and a loving relationship.
I am going to use the stairs, starting with respect whenever I go into any type of relationship.	I would describe the staircase
I am going to use the standards we discussed today so when I enter into a relationship I'll know what are green and red flags in the relationship.	I would describe them as to know your own worth
I am going to use the steps for all my relationships.	I would describe this as a lesson for consent and what is healthy and unhealthy in consent.
I am going to use the steps listed to help build meaningful relationships, both romantic and friendships.	I would describe this as informative
I am going to use the steps to amazing sex	I would describe this as learning where to find your voice and understand the importance of consent.
I am going to use the steps to build good relationships in general	I would describe this by avoiding the wrong decisions at all times, have knowledge, use the 7 steps.
I am going to use the strategies that Mike shared.	I would describe this lesson as asking for consent and do not sexually assaulted someone and respect their answer.
I am going to use the teachings today as a gate way for my friends who don't know about consent or haven't learned	I would describe this session as a full overview of consent and how to approach relationships

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am going to use the things I learned for the future.	I would describe this session as a great way to learn about aspects to sexual activity which we don't even think about on a daily basis.
I am going to use the things I learned to reinforce my values	I would describe this session as a lesson on consent and self value. I would also highlight the importance of mutual and amazing consent as the standard.
I am going to use the tips on what a healthy relationship is vs a bad one	I would describe this session as a reminder of the intentions of others, you may feel safety with the people you care about however their intentions may contradict that
I am going to use the tips that were given to have a mutually consensual relationship.	I would describe this session as a session that showed how to safely navigate romance and romantic relationships, and any related encounters.
I am going to use the tools he talked about in order to better understand what I can do when put in an uncomfortable situation.	I would describe this session as a useful and helpful experience about how to properly be respectful and consensual in a relationship.
I am going to use the trust in yourself idea to help my friends out of toxic relationship. a	I would describe this session as a very educational experience teaching life skills.
I am going to use the values of a good relationship and use that in my everyday life.	I would describe this session as a way for students to have their questions about sex/sexuality answered.
I am going to use the way to say no to things especially alcohol	I would describe this session as an extremely informative and meaningful talk about consent and maintaining comfortable sexual relationships.
I am going to use they 7 stairs they taught us	I would describe this session as being one that places emphasis on following the choices that one themselves wants to make and not giving into others words. Also that there are several things like communication, trust, reciprocation, boundaries, and things like that that help build a healthy emotional and sexual relationship
I am going to use this if someone approaches me and I want to say no	I would describe this session as extremely useful for high schoolers. It helped me understand what a healthy relationship is and that consent is the bare minimum.
I am going to use this information as a way to learn	I would describe this session as eye-opening.
I am going to use this information through the rest of my college and high school career.	I would describe this session as helpful and explain it to them
I am going to use this information to better inform my interactions with other people and to help me in supporting my two daughters as they navigate their own sexuality.	I would describe this session as highly supportive and helpful to students.
I am going to use this program in my daily life and prevent as many sexual assaults/harassments.	I would describe this session as incredibly informative and helped me understand what to do in difficult situations
I am going to use this to drive me to give a greater effort in my extracurricular academics.	I would describe this session as informant and helpful for everybody
I am going to use this to give myself more confidence.	I would describe this session as informative and extremely beneficial in regards to relationships and mutual intimacy overall
I am going to use this to help analyze what love is.	I would describe this session as informative, interesting, and engaging.
I am going to use this to realize I left someone who didn't respect me	I would describe this session as informative.
I am going to use today's program is lean what we talked about today.	I would describe this session as insightful
I am going to use what I learned today to have better relationships with people in the future.	I would describe this session as learning about healthy sexual environment that everyone should participate in.
I am going to use what was talked about today to better understand myself and others.	I would describe this session as one that goes beyond just typical ideas of confidence and peer pressure. I think the presentation was very relatable so I could translate the ideas to my own life.
I am going to use, learning how to talk better and more positively about myself or others. I will use this in a way to not degrade myself or others.	I would describe this session as teaching lessons about consent and respect.
I am going to utilize the ladder of steps for sex to be mutually amazing.	I would describe this session as very fun and extremely informative on topics of sexual assault, rape, distributed porn.
I am going to utilize the seven steps in all sexual relationships	I would describe this session as very helpful
I am going to utilize the steps described to prevent sexual assault/harassment.	I would describe this session as very important to someone who wasn't here. I would go over the information about the 7 steps, consent, peer pressure, and influence of substances (actually pretty much all the information).
I am going to value myself and develop better connections with my friends.	I would describe this session as very informational about consent and repairing the way we view things surrounding sex and relationships.
I am going to value myself for who I am, not based on others.	I would describe this session as very informational with a lot of important information.
I am going to value myself more and also be ok with taking things slow	I would describe this session as very informative
I am going to value myself more and set higher standards because it's important to create a barrier where people respect you for what you stand for, as well as you do towards them.	I would describe this session as very informative, and you get to learn a lot about the key factors of relationships, and a deeper insight on sexual consent/relationships
I am going to value respect and use the 7 steps, and protect myself from nudes.	I would describe this session as very informing and engaging. I think that this session really reminded people of what is right and what is wrong.
I am going to value things like virginity more.	I would describe this session as what to do and not to do when you are in a relationship
I am going to view my relationships with more "bare minimum" rules, instead of treating my bare minimums as good enough.	I would describe this session by saying it was an deep and detailed talk about questions that are most commonly asked regarding sexual intimacy
I am gonna answer "that's not who I am" in uncomfortable situations.	I would describe this session by telling the person that we talked about consent and how it affects us as well as the relationships we are in.
I am gonna know more about consent.	I would describe this session of being very powerful to someone who wasn't here.
I am gonna not think sex is the only answer to being loved by someone	I would describe this session to someone that respect and consent is very important and should be taking seriously.
I am gonna share those informations with my family.	I would describe this session to someone who wasn't here as profoundly emotional and informative.
I am gonna use that no is not mean.	I would describe this session to someone who wasn't here that this presentation shows all about the education towards what's happening during relationships and sex.
I am hopefully going to use the ideas of an ideal sexual relationship in my future relationships	I would describe to give consent to your partner
I am less pressured to feel like doin something when not ready.	I would describe to someone who isn't here that you need to have communication.
I am make sure that I understand that peer pressure is my own pressure and stand true to my own beliefs	I would emphasize that consent is important.
I am more than just having sex	I would explain how important consent is
I am much more aware of what a healthy sexual relationship is, and that consent is important but it doesn't make it healthy.	I would explain how to treat your partner with respect
I am not going to ask for nudes	I would explain it as very helpful in what to do in situations.
I am not going to be peer pressured	I would explain it in my own terms
I am not going to care about what other people think when it comes to my own perosnal relationships and sexual intimacy	I would explain nudes, consent is the bare minimum, and the steps to a healthy relationship

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I am not going to degrade people for their actions no matter what.	I would explain that consent can be in different forms, saying no is good and should not be embarrassing. Also you should take a health class for more information.
I am not going to fold under peer pressure.	I would explain that consent is a bare minimum and describe what the sexual relationship/experience is.
I am not going to say sorry	I would explain that it was a presentation about how sexual experiences should be, and what standards and how we should stay strong to our own values.
I am not going to say sorry when saying no.	I would explain that there was a lot of helpful information and awareness spread.
I am not going to slut shame	I would explain the 7 reasons why ppl should ask for consent
I am not going to use it	I would explain the 7 steps
I am not gonna settle in my relationships	I would explain the characteristics of a healthy relationship and the bare minimum
I am not responsible for someone else's happiness.	I would explain the difference between sexual harrasment and sexual consuls.tuff.
I am not sure	I would explain the key points
I am not sure, not much of what was talked about applied to me.	I would explain the process by first talking abt the spectrum and then talk about how that ladder is an effective tool, and answer any questions that they have.
I am to know in the future to always be okay to say no if I don't feel comfortable	I would explain the steps
I am who I am	I would explain the steps
I am who I am	I would explain them the session
I am who I am	I would explain to them that consent is the bare minimum and that there is a lot more to a healthy relationship than the bare minimum and it's okay to raise your standards and expectations.
I am who i am	I would explain to them the power of consent and explaining to others that THEY matter
I am who I am	I would explain what a healthy relationship is and effective communication
I am who I am	I would go over the important things like the 7 steps.
I am who I am	i would have to explain everything mike said
I am who I am and will use that to stand up for myself and others.	I would inform them about the stairs and the different ways to ask for consent
I am who I am I will support those who I care about	I would let them know that consent is the bare minimum and there is more to keep a healthy relationship.
I am who I am.	I would let them know that they have to make the right choices
I am who I am.	I would mainly talk about consent and how it's deeper than just yes or no
I am who I am.	I would mention this was a show to help people approach their partners and properly know if they are in a healthy relationship or not
I am who I am.	I would probably tell them that consent is the bare minimum and my values or you values are more important than the ones of the others. So basically explain to them that there needs to be all the things in the 7 steps present and that porn is not a real duplication and to follow the legal rules.
I am who I am.	I would receive it as a session of what it means to be in a healthy relationship and what it means to not be in one.
I am who I am/ That just isnt me	i would recomend and say it was great
I appreciated the reminder that not saying no/people pleasing is cruel!	I would recommend that they come
I better understand what it means to have a amazing sexual experience and how to have a trustful relationship.	I would recommend the book or to watch the video and that is was a better speech then I expected.
I can apply this knowledge not just to sexual situation, but other relationships as well.	I would say consent is the bar minimum and yes you should still ask but it's not the main concept, it's more about making sure you guys both are comfortable and ready to do anything together.
I can better recognize the difference between love and infatuation when looking for a partner. I will also trust myself as well as my partner.	I would say consent is very important and make sure you are okay with whatever before deciding
I can decide for myself if I am ready or if I want to do something or not.	I would say do mostly trust and love yourself more than anything and anyone and to basically have self respect and knowledge
I can recognize red flags or toxic relationships.	I would say he talked about consent and how we should ask before we do
I can say "no"	I would say it gives an open, honest, and entertaining discussion about what a healthy sexual relationship should look like.
i can say no	I would say it gives you important perspectives of others
I can say no	I would say it is informative of the other side of sexual relationships. It does not just end with consent, consent is the minimum.
I can say no	I would say it shows us about consent and how to approach a sexual relationship with someone the proper way.
I can say no	I would say it talked about consent and what a healthy sex life should be.
I can say no and that's ok	I would say it was a helpful discussion on how to achieve good sex for both sides.
I can screenshot nude requests.	I would say it was a talk involving mainly, intimacy/sex and consent; the goal isn't consent its mutually amazing sexual relationships, consent is the bare minimum. In order to achieve the goal many things such as respect, attraction, trust, and more are necessary.
I deserve better	I would say it was a very informational meeting that opened up important conversations about not only consent but also other things like porn that are often frowned upon to talk about even when they are important issues
i deserve more than just consent :)	I would say it was a very informative and meaningful session about the importance of consent and mutual sexual understanding in a relationship.
I deserve respect	I would say it was a very useful and engaging session that helped me think about sex
I deserve respect	I would say it was informative and fun at the same time.
I deserve respect	I would say it was really informative while still being interactive.
I deserve to feel respected and amazing when engaging in sexual activity.	I would say it was time to think about your actions
I do not have to say sorry for not wanting to engage in sexual activity	I would say it's about healthy relationships and sexual boundaries
I do not need to apologize when telling my partner no	i would say it's about understanding your boundaries and limits
I do not owe anyone anything sexually related	i would say it's all about respecting other peoples decisions
I do not owe it to anyone and if I see my friends in bad company I will make sure to give them advice on how they deserve much better.	I would say it's basic education everyone should have
I don't	I would say it's important in learning about sexual experiences and sexual health for each gender.
I don't	I would say it's important to know and talk about the steps
I don't have to apologize for saying no!	I would say it's very informative and a good listen.
I don't have to do it just because my friends are	I would say report any bad relationship that you are in
I don't have to let myself be pressured by peers, my opinion and feelings are the only ones that matter in a peer pressure situation.	I would say that always believe in yourself

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I don't have to pressure myself to be like other people because I am who I am.	I would say that consent and consideration, should be common sense, but obviously needs work because people don't often enough follow it.
I don't know	I would say that consent is about yourself, trust in yourself and that's how you know what to do.
I don't know	I would say that consent is the bare minimum and that there are many other steps that need to be taken to have a healthy relationship.
I don't know	I would say that consent is the bare minimum requirement, and I would summarize the seven things you need for a healthy relationship.
I don't know	I would say that it describes what a healthy relationship and love is
I don't know	I would say that it is a very helpful session for people struggling in immature relationships.
I don't know	I would say that it is better than the one last year and it was more interesting
I don't know	I would say that it is important to respect and ground yourself in your morals before engaging with others.
I don't know	I would say that it spelled out things we can take for granted and present them as true as they should be.
I don't know	I would say that it was a deeper Q&A than the 9th and 10th grade one and that it was helpful because it talks about respect and the problems with assuming.
I don't know yet	I would say that it was a very interesting summary of ideas already introduced to us, but not quite well explained in an environment without judgement until now.
I don't need to change my beliefs for anyone else.	I would say that it was an insightful way to learn about how peoples bodies should be treated.
I don't need to feel pressure to do things sooner than I want to.	I would say that it was really informative.
I don't owe anyone anything	I would say that it was to teach you how to respect yourself and your peers.
I don't owe anyone anything	I would say that it was very engaging, enjoyable, and informative
I don't owe anyone anything, I can always say NO!	I would say that it was very informative and tuned to college students like us, and was something important to know. Even if you think you everything about the topic of consent, there's always more to learn.
I don't owe anyone intimacy	I would say that it's about sexual assault .
I don't owe intimacy to anybody!	I would say that it's important to follow the seven steps.
I don't plan on being in a relationship for a while but I when or if I do then I will make sure that I am in a mutually amazing relationship and experience	I would say that the event was educational and helps people deeply understand the importance for making choices when deciding whether or not to have sex
I dont know	I would say that the most important parts of a mutually amazing consensual sexual relationship is respect, attraction, knowledge, and connection.
I dont know	I would say that there is a lot of good information that everyone should know, and that it is better to be safe and know what is happening then to not be and just going out into the world not knowing anything about sex or relationships.
I Dont know personally what I would want to use but I do agree with the great majority of the talk.	I would say that there was a lot of talk about common things high schoolers do, and he helped clarify and teach us the correct ways.
I dont owe anyone anything if i am not comfortable with it	I would say that they are important and to not make choices they don't want to.
i feel stronger and i can say no	I would say that they missed valuable life information that could fix a pattern in society.
I found the seven steps helpful and useful.	I would say that they saved time and if they attended they may have lost Brain cells. They would be better going to 4th meal over this crap.
I gained a deeper understanding about overcoming and dealing with pressure. I also learned that "peer pressure" does not exist.	I would say that they talked about pomagraphy and that it can cause a huge impact addiction to fans or viewers and taking photos of nude can also be leaked photos to the public.
I going to remember to take action to prevent bad things from happening.	I would say that this guy talked about things that aren't talked about when talking about sex
I going to use the knowledge that I learned about consent and how it is the bare minimum.	I would say that this session touches on the importance of respect and other factors in relationships.
I gonna use the seven steps that we laerned.	I would say that this session was extremely informative and very engaging. The time flew by, and it was humorous and serious at the right times.
I got to understand consent more	I would say that this was an informational session about sexual assault.
I have a better idea of what standard I must hold people to in order to maintain healthy relationships in my life.	I would say that you should not let someone force you to do anything
I have a very healthy relationship and will continue to have a healthy relationship with my partner.	I would say the important takeaway is that consent is not enough, and that two partners must also have a healthy relationship (oral communication, respect and trust each other, understand the safety implications of a sexual intercourse).
I have boundaries too	I would say the session was about consent and having a healthy relationship.
I have knowledge of the 7 traits of a healthy relationship	I would say the session was very informative and that we learned a lot about consent and how the first step is as simple as asking for permission.
I have learned from the staircase example that consent is not the opposite of sexual assault, it is actually the bare minimum. The opposite is actually a mutually amazing sexual relationship, which a lot of people, especially teenagers, often don't realize or achieve, and are in such a rush to do something risky even if it isn't amazing.	I would say to adk for consent
I have learned that it is self-pressure not peer pressure	I would say to them that we talked about the reason how sexual assault happens and how to prevent it and find a suitable way to gain it in your own right.
I have learned the importance of teaching the values this program has told us because I believe that people in the world have lost basic values and morals, and that it is important to reteach these to not only high school students but also adults.	I would say was an amazing speech that talked about how to respect yourself respect your partner and make sure you have a mutual respect
I have learned the key steps to being in a healthy relationship.	I would say we covered how to treat other people.
I have learned to identify red flags in relationships and to hold my boundaries	I would say we had a Q&A and took a deep dive into our personal questions with relationships
I have more self-respect and will remember that	I would say we have to honor our body and take care of what we want not what others want.
I have taken home the knowledge that I should trust myself more than others when it comes to issues such as peer pressure.	I would say we learned a lot of good things and bad that we need to know for the future.
I have to trust my self before I trust my partner	I would send them the slides
I have value	I would show them the book
I honestly have zero clue i was just enjoying my book	I would show them the e book
I knew a lot of it	I would speak to the 7 pillars for a good sexual experience.
I knew most of it before	I would sum up the definition of consent, the importance of it, and how there are 7 standards in a relationship
I knew this stuff	I would summarize it with my answer to number 8. (No matter what is happening, I have a choice, not my partner or my peers.) alongside consenting being the bare minimum and the seven steps.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I know a lot now	i would summarize the session
I know healthier ways think of sex and good relationships	I would talk about consent being the bare minimum, tell them the appropriate response to someone asking for a nude photo, how it's an insult, and the seven steps within a sexual relationship.
I know how to navigate my future relationships.	I would talk about consent, the myth of peer pressure, etc.
I know I don't have to do anything I don't want to and my partner should respect me	I would talk about how consent is the bare minimum and the 7 steps to a healthy relationship so they know the most important things.
I know I don't owe anyone anything	I would talk about how the stair case is so important.
I know i should respect myself fully before doing sexual activities.	i would talk about pressure and building steps to amazing sexual intimacy
I know more about consent and when I am ready for a sexual relationship	I would talk about the 7 steps and how consent is the bare minimum.
I know now not to send nudes if anyone asks.	I would talk about the consent slope mainly and those key points on respect
I know that consent is a bare minimum	I would talk about the seven steps to a mutually healthy and enjoyable relationship and how it's important to uphold one's values.
I know that mutual consent and respect is vital for an amazing experience	I would teach them what healthy sex is, and why its important.
I know that no one can pressure me it's all my own choice	I would tell my friends that asking for nudes is the same thing as asking to distribute child porn cause we're not adults, and that amazing mutual sexual relations is the goal even though it sounds weird.
I know that trust in a relationship is super important! Especially in long distance relationships	I would tell others it was a great way to discuss healthy relationships and how sec is involved in those relationships. As well as how these topics are not usually discussed.
I know what I deserve and what red flags r in a relationship	I would tell people that consent is the bare minimum. The positives of being sexually active need to be talked about.
i know when i am ready	I would tell someone who wasn't here that we discussed consent and that consent is the bare minimum.
I learned	I would tell that them that consent isn't some amazing best case scenario, but rather just the bare minimum, so that when you fall short it becomes really dangerous.
I learned a lot about how to say no, it's not mean and sending nudes is not a way of having intimacy in a relationship	I would tell them about how it's about the safety and well being of others and how it impacts others to be educated on sexual consent
I learned a lot about staying true to yourself	I would tell them about it
I learned about all 7 steps.	I would tell them about the 7 step ladder to a mutually amazing sexual experience
I learned about consent.	I would tell them about the 7 steps and how important they are
I learned about the power of mutuality.	I would tell them about the difference between love and infatuation and how consent is the minimum
I learned about the steps of a good relationship.	i would tell them about the importance of mutually respecting and consenting.
I learned about the steps of a healthy relationship!! I will use that	I would tell them how consent is the bare minimum and how amazing mutual is the way.
I learned about what signs of consent are and what signs of denial are	I would tell them how important consent is and how they should respect their partner
I learned alot.	I would tell them how they should not settle for less, if they feel uncomfortable in a situation they should stand up for themselves and that consent is the bare minimum in a relationship.
I learned how I thought my sexual relationships were healthy but really they were lacking in some key aspects.	I would tell them it goes past what you shouldn't do and focuses more on how to reach mutually amazing consensual sexual relationships.
I learned how to better my relationship	I would tell them it was great and tell them the 7 reasons for a healthy relationship
I learned how to have a safe and healthy relationship	I would tell them it was very informative and to always make sure there was open communication and mutual consent.
I learned how to say no. I think that I can more easily say no to peer pressure because I don't care what others think about me; I trust and care about myself.	I would tell them it was very insightful and useful
i learned more about myself and others, and know what proper consent is	I would tell them it's about the fact that consent is the bare minimum, don't fall into peer pressure, and mutuality is very important.
I learned pretty good comebacks which may be useful	I would tell them it's ok to say no, that there are levels to a mutually happy relationship. Call out degradation of others, they're people.
i learned that a lot of the "peer pressure" that is inflicted is actually due to your self pressure.	I would tell them specific tips
I learned that boundaries are good	I would tell them that a relationship should feel mutually amazing and and there is a lot more one should do other than just ask for consent.
I learned that consent is a bare minimum and amazing relationships is the real goal.	I would tell them that consent is necessary and should be communicated through both people. There should be mutual respect, attraction, and more qualities.
I learned that consent is necessary.	I would tell them that consent is the bare minimum and anything below that is considered a crime
I learned that consent is the bare minimum and how to say no.	i would tell them that consent is the bare minimum and describe the staircase
i learned that i need to trust myself before anyone else and that peer pressure doesn't exist	I would tell them that consent is the bare minimum and if you don't feel comfortable doing something, just say no.
I learned that infatuation is not the same as love and that's a big difference	I would tell them that consent is the bare minimum, that mutual consensual amazing sex should be the norm.
I learned that my values matter so much more than peer pressure.	I would tell them that consent is the BARE MINIMUM.
I learned that telling someone what not to do gives them a much higher chance of doing it. Telling them what the goal is is much better because they idealize the right thing instead of constantly thinking about the wrong thing.	I would tell them that consent is very important in a relationship to keeo things at your own pace and healthy to have that boundary
I learned that there are steps to a healthy and excellent relationship	I would tell them that equality is really important and to not be pressured by others.
I learned that there is no peer pressure and only self pressure	I would tell them that it taught me how to have sexual relationships not only with consent but healthy
I learned that you do not need validation from others. All you need is your own personal reassurance.	I would tell them that it teaches people that good sexual relationships are not just consenting.
I learned thatwe need 7	I would tell them that it was about our safety and how you have to be more mindful about what you're doing
I learned the 7 steps for the best outcome of a relationship.	I would tell them that it was insightful and that consent is the minimum and is not optional
I learned the 7 steps today.	i would tell them that it was mutually amazing
I learned the importance of consent.	I would tell them that it was very informative and brought up topics that needed to be touched on more.
I learned to resist peer pressure and that it is my choice.	I would tell them that sex is something that both partners should be on the same page about and that you should always ask no matter the situation.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I learned to trust myself before my partner.	i would tell them that society has taught people unrealistic expectations and they need to be open to learn more
I learned ways to know what is right and wrong and especially to help those that are going to have sex without consent. And to not let people influence you.	I would tell them that the talk was about what defines a true safe, healthy sexual relationship
I learned what the principles of a good relationship look like.	I would tell them that their values are more important than the others and to say no shouldn't be complex
I learnt how peer pressure is nonexistent and that I can reflect on myself with the question "Who am I"	I would tell them that we asked questions ranging about boundaries, relationships, and peer pressure then had mr domitrz answer them.
I learnt the importance of consent	I would tell them that we discussed the topic of consent, and what TO DO in these situations rather than what NOT TO DO.
I like the staircase requirements	I would tell them that we learned about what to look for in a relationship to keep ourselves safe.
I like the visual of the steps for relationships.	I would tell them the 7 steps and how it's a very informative lesson for teenagers.
I liked the quote "the key to being a great partner is to be a great human being".	I would tell them the consent thing, the 7 steps, that line about pressure being within yourself, and the enthusiasm of our trial.
I mean I understood everything but I do understand the 7 values and better understanding for it.	i would tell them the different stages of respect and intimacy
I mean I'm asexual and I never wanna do sex so I don't think most of this applies for me. But for the rest of you, consent is important.	I would tell them the most important idea for me: Consent is the bare minimum
I might talk with my friends in relationships about the seven pillars.	I would tell them the steps and what to do instead of what not to do because they have most likely been told what not to do already.
I might use it to confront a toxic relationship	I would tell them the steps.
I need all 7 steps for a healthy sexual relationship.	I would tell them to be better
I need consent	I would tell them to get out of any relationships they aren't completely comfortable with.
I need to be able to respect myself just as much as my partner.	I would tell them to respect people and their opinions and choices
I need to follow 7-step process	I would tell them to watch the recording on YouTube. (It's packed with valuable information)
I need to make sure to get through all seven steps of consent.	I would tell them we talked about topics that commonly happen in relationships such as nudes, hookups, and sex
I need to reevaluate my relationship.	I would tell them what it was about
I need to trust myself before I can trust my partner.	I would tell them every single part because of how important this is and want them to learn
i need to trust myself before i trust my partner	i would describe how you need to have all 7 steps
I need to trust myself first and peer pressure does not exist it is up to me.	I would try to be as clear as possible
I need to trust myself first before I can trust others	i would use my words
I need to trust myself in a given situation.	I wouldn't
I need to trust myself more than the other person	I wouldn't
I never owe anyone an image or video of me or any part of my body	i wouldn't know i actually wasn't there
I never thought about peer pressure in that way before- and it was really helpful to hear that it is a pressure that I put on myself. It was also really interesting when he talked about the reactions of the people in the audience, as once he really explained the depth behind them, it made things seem a lot more serious.	I wouldnt
I now have a better understanding of consent and healthy relationships.	I'd base it on my own experiences and how this helped to open my eyes a lot better than any other presentation I've heard. It was "eye opening" is how I'd describe it.
I now have trust in myself to respect my own boundaries.	I'd describe it as great
I now know child nudes are illegal and I can report it if I ever see one.	I'd describe to them what consent is and how it can further defined into trusting oneself vs another.
I now know how a healthy relationship should be before I start dating.	I'd explain consent as the minimum and the steps that are past that to get to the goal ideals.
I now know more about consent and proper healthy sexual steps	I'd just say. Use your common sense and make sure you are respected
I now know that consent is the bare minimum	I'd reiterate the key points; all of them were important.
I now know that porn is unrealistic. I also know that consent is bare minimum.	I'd remind them about consent and tell them not to watch porn
I now know that there are 7 important steps to follow.	I'd say it was really informational and helpful.
I now know the laws involving distribution of nudes.	I'd say we talked about consent and the actual definition of consent, important topics, and to know if this or that is good or bad.
I now know what healthy sex is, and I know how to achieve it.	I'd talk about respect generally and calling out and being confident in saying no
I now know what the standard should be.	I'd tell them about the seven steps and help them make healthier choices
I now knows how to have healthy sexual relationships in high school.	I'd tell them it was informational.
I now understand better how to be safe and respectful when dealing with drugs and sex which will help me keep others and myself in check if needed.	I'd tell them that I was really informative and eye opening. I think it was really important for people especially teens to hear this because most of the time teens do things they don't actually want to because they feel obligated or pressured by their peers to do something.
I now understand that peer pressure is not pressure from around you, but pressure from yourself to be like someone. I can use this knowledge to make better decisions.	I'd tell them that's it's not uncomfortable and he makes it very digestible to everyone.
I owe nothing to others	I'll explain the steps to them
I plan in using the better understanding of consent as my bare minimum and respect myself more!	I'll show them
I plan on being alone	I'm going to describe how the conversations were serious and respectful.
I plan to use the 7 stairs of having amazing relationships.	I'm going to tell them to say no when they want to.
I plan to use the proper steps of a healthy relationship.	i'm not sure
I plan to use the steps on recognizing a health relationship.	I'm not sure but I'll let them know that it's better to not pressure others into doing something they won't like or agree to and be very respectful
I pretty much knew everything, but the screenshot advice was nice	I'm not sure.
I realize that I should have full control over my feelings in a relationship.	I'm not sure.
I really appreciated the idea of helping people who have gone through something serious by letting them know you're there for them rather than telling them what to do.	I'm not sure... Something like "Sex is ok, but only do what is comfortable for you and the other party/s"
i really do need to respect myself more, i haven't been having sex, but i have been letting myself get disrespected	I'm not too sure.
I really liked the description of peer pressure and how it's typically self induced.	I'm sorry
I really liked the idea of being yourself rather than trying to play a "game".	Id mention the stuff about the staircase and consent as the bare minimum and how you talked about porn being bad
I really took away about how the nudes is like picturing someone in person .	Id stress the components and factors of two sided mutual agreement within consent
I realize porn is a fantasy	id tell them about the staircase and all the misconceptions

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I recognize that I don't owe anyone my body	ldk
I set higher standards!	ldk
I should not be ashamed to say no	ldk
I should not explain why I said no to a sexual request by someone.	ldk
I should strive for consensually amazing sexual relationships.	ldk
I should trust myself and be sure that I want to do anything with any person	ldk
I should value my own morals before my friends morals	ldk
I shouldn't pursue someone who isn't excited to be with me	ldk
I think everything was a good reminder.	ldk
I think I air submitted	ldk
I think I am going to use the advice about not calling my friends dumb when they need to leave a toxic relationship.	ldk
i think it is most important to have healthy relationships with your significant other so you can talk freely about needs and what you are and are not comfortable with	ldk
I think that this program was very important in my decision about myself	ldk
I think the info about trusting yourself over others was very powerful, and I'll try to apply that in relationships I have in the future.	ldk
I think the slope of a healthy sexual relationship is something i can apply in real life. It's interesting thinking that consent is the bare minimum.	ldk
I think what the speaker said about permission being a horrible word to use is quite true.	ldk
I thinking about that I can do better than people who are just as good at doing schoolwork programs	ldk
I understand that consent is the bare minimum.	ldk
I understand that it is ok to not be peer pressured into certain things	ldk
I understand that nudes are not necessary. And that some folks don't understand the difference between being shy and flustered. Also the difference between self awareness with respect and being rude.	ldk
I understand that nudes should not be spread.	ldk
I understand the 7 steps of a mutually consensual relationship	ldk
I understand the 7 steps of mutually consensual relationship	ldk
I understand the importance of consent	ldk
I understood really well the difference between infatuation and love.	ldk
I understood the values of a healthy relationship.	ldk
I want to be able to properly communicate my standards and lower expectations.	ldk
I want to change my mindset about sexual activity. Before I didn't know what I really know what the goal of sexual activity was, since no one ever taught me.	ldk
I want to listen more	ldk
I want to make sure boundaries are made in a relationship and respected.	ldk
I want to make sure that I am more clear about what I want in life instead of making my decisions through listening to others telling me what to do	ldk
I want to practicing using the advice of not saying sorry before saying no	ldk
I want to properly communicate	ldk
I want to raise more awareness about such issues.	ldk
I want to take other people's views into perspective and be cautious to their situation.	ldk
I want to use the 7 steps shown in the program to evaluate relationships.	ldk
i want to use the 7 steps to evaluate and build stronger relationships.	ldk
I want to use the power of saying no.	ldk
i was absent	ldk
I was reminded that I am worthy of someone who is amazing and who will treat me with respect.	ldk ask for consent
I was someone who put in a question, and seeing the ladder I think I need to end things with my current relationship. It's getting toxic.	If there's no trust, break up
I will adjust love language to be comfortable for my partner and myself.	If they don't respect your answer, have authorities deal with it(:
I will always ask for consent	If ur not enjoying the sex then there is something wrong
I will always ask for consent	If was cool.
i will always ask for consent no matter what and i wont send dick pics	If you are ever doing anything with another human, you need to treat them with mutual respect and see them as a human with their own emotions and thoughts instead of an object
I will always ask for/convey consent.	If you are in a situation within you're relationship with someone that makes you feel controlled or unsafe, you are 100% able to leave that person.
I will always ask.	If you are unsure of what it means to be in a relationship with regards to sex, this session expands on if and how to make sure the partners are openly communicating of what to do for sexual intercourse.
I will always be aware to never ask for nudes	if you don't know if you should do something ask for consent
I will always ensure to watch my friends.	if you dont have any knowledge about sexual, your experience will be super terrible
I will always have mutual consent	If you get hacked, your nude send to your friends, you want them to stop it or sharing to more common friends
I will always know that verbal consent is a bare minimum and not the standard of excellence.	If you miss one of the seven steps, that means no.
I will always make sure my friends and partners are enthusiastic about my requests and that I have to also prioritize my own time line, too.	If your not asking for consent that's wrong
I will always make sure to not be a bystander and prevent sexual assault from happening.	If your not comfortable with something say no.
I will always remember that it's important to learn what to do and not just what not to do.	lluminating
I will always respect and listen to my partner	Im not sure
I will always treat myself and others with respect	im not sure
I will apply the knowledge I learned today later on in life	im not sure
I will apply the knowledge to my future and also help educate others that might have questions.	Im not sure
I will apply the lessons I learned to my own personal relationships.	Im not sure
I will apply the notion: lower your expectations, not your standards.	Imforitative

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will apply these understandings of consent and sex to my own life, whenever it becomes applicable	impactful
I will apply what I learn to future experiences.	Impactful
I will approach life with respect for myself	Impactful
I will ask and try to have a conversation.	Impactful
I will ask before assuming I have consent	Impactful
I will ask consent, not rape, and be respectful	Impactful
I will ask for consent	Impactful
I will ask for consent and always respect.	Impactful
I will ask for consent as the bare minimum before doing anything that might make my partner feel uncomfortable.	Impactful
I will ask for consent before I engage in any sexual activity	Impactful
I will ask for consent directly from now on and verbally communicate my values.	Impactful
I will ask for consent EVERY time.	Impactful
I will ask for consent of the bare at lease before doing something	Impactful
I will ask for consent!	Impactful
I will ask for consent.	Impactful
i will ask for specific consent in my other relationships	Impactful
I will ask myself who I am when people try to get me to do things I don't want to do.	impactful
I will ask people if they want a hug, high- five or nothing because it is important to know how a person feels and respect their beliefs.	Impactful
I will ask questions without including what I want	Impactful
I will attempt to stop watching porn.	Impactful
I will avoid alcohol when trying to get close to someone	impactful
I will be able to be more active in letting others know I don't want something	Impactful
I will be able to form healthy relationships with people I need, not want.	Impactful
I will be able to identify any cases of abusive or toxic relationships	Impactful
I will be applying the ladder in future relationships.	Impactful
I will be aware of power dynamics.	impactful
I will be clear about my expectations and communicate as well as possible to my partner about what I want	Impactful
I will be consensual	Impactful
I will be consensual	Impactful
I will be more aware of how my actions impact power dynamics!!! And how societal norms shouldn't trump my priorities/health in relationships.	Impactful
I will be more aware of my effect in a relationship along with how I am being affected.	Impactful
I will be more comfortable saying no	Impactful
I will be more confident in oral communication	Impactful
I will be more mindful and thoughtful when making these kinds of decisions. I also have a readjusted bar for my standards.	impactful
I will be more mindful when I do have sexual relations that I should not do something unless I am comfortable and knowing of the other person. I'm waiting till marriage so I believe I should love the individual first and know them fully and trust them before doing anything	impactful
I will be more resistant to peer pressure, recognizing that my values are more important.	Impactful
I will be more safe	Impactful !
I will be more safe online when talking about sex.	impactful about learning about sexual activity
i will be more socially aware of pressure and know how valuable my consent is	Impactful and helpful
I will be much more thoughtful and aware of my and others actions.	Impactful and important
I will be respectful	Impactful and is a very good way to be informed.
I will be safe and respectful to others and myself.	Impactful and it will make you self aware
I will be safe, never say sorry before saying no, and look for more than consent.	Impactful and moving
I will be safe.	Impactful and powerful
I will be safer and feel safer now with sexual acts!	Impactful, eye opening
I will be setting more relationship boundaries.	Impactful, fun, and I learned a lot about uncomfortable subjects that people might be scared to talk about in a serious but lighthearted way.
I will be sexually safe and smart and respect people the same.	impactful, use the seven steps and all always ask for consent
I will be supportive to friends in rough situations by telling them they deserve more	Impactful.
I will be sure consent is an important part of any future relationships I have.	Impacting
I will be sure to follow the 7 healthy steps to a relationship	Important
I will be sure to keep the seven steps when building healthy sexual relationships or simply friendships	Important
I will be sure to make sure to get consent before any sexual activity	Important
I will be sure to use all 7 steps	important
I will be uplifting and supportive of my friends who might be in toxic relationships	Important
I will be using my words to stop my partner from stepping up and doing something I don't want to	Important
I will build up others	Important
I will buy my boyfriend some flowers	Important
i will change how i talk to my friends and uplift them	Important
I will commit to my own beliefs and not be pressured into saying yes. I will commit to respecting the other person and will not expect any favors from that person.	important
I will communicate before i do anything.	Important
i will communicate with my partner	Important
I will communicate with my partner.	important
I will consent.	important
I will consider the perspective of my partner	important
I will continue to be myself, and respect other peoples decisions and beliefs. Continue treating everyone with kindness either in friendships or relationships	Important
I will continue to respect myself and others.	Important
I will deal with my own appearance and choose partner more wisely.	important
I will definetly look into bettering my habits	Important
I will ensure that any future partner(s) their will be clear communication.	Important

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will ensure that I think I have to put up with toxicity.	Important
I will ensure that I will use the 7 steps	Important
I will evaluate my relationship using the seven steps.	important
I will examine how my values align with friends.	important
I will feel confident in my decision to cut off friends who were not of the character I believed them to be.	Important
I will feel more comfortable saying no even if I'm in a relationship	Important
I will focus on having more self worth in relationships	Important
I will focus on making my own choices instead of letting myself get peer pressured.	important
I will follow all the new steps that I learned about and teach others about what I learned.	Important and a talk most people should sit down and listen too
I will follow everything that was said.	Important and critical knowledge
I will follow the 7 steps.	important and educational
I will follow the seven steps	Important and essential to strong and healthy relationships
I will follow the steps of the stairs.	Important and helpful
I will get more used to talking about sex and not vilianizing it	Important and impactful especially for college readiness.
I will get my boyfriend flowers	important and informational
I will have good and amazing mutually consensual sexual encounters with a trusted partner.	Important and meaningful
I will have higher standards	Important and mind changing
i will have higher standards and recognise the 7 steps to good relationships	Important and opens a new perspective
I will have higher standards for relationships	important and very valuable
I will have honest communications about my standards and values with my partner	Important and you should go to learn more about consent.
I will have mutually amazing sex	Important and helpful
I will help my friends better	Important conversation that isn't normalized.
I will help others ask for consent.	Important for each person to see in their lifetime to change their beliefs.
I will helpfully encourage and support others if I see they are in a rough situation.	Important for sex
i will hit all steps of the ladder	important funny
I will ignore the pressure to lose my virginity and seek out only healthy relationships	Important information about consent and mutually amazing sex.
I will imply respect at every extent	Important information for relationships
I will improve my relationships with others.	Important information is touched on during the session.
I will incorporate consent and mutually amazing relationships in my life.	important information on consent
i will internalize all of the negative impacts of porn, both on the individual and society as a whole	Important information was shared
I will intervene if i can	Important knowledge
I will intervene when the situation is starting to become unhealthy, making sure both people are aware of their actions.	Important steps for having sexual intimacy—it also included the steps for healthy family and friend dynamics.
I will keep both my safety and others safeties in mind when I go to I	Important talk on sexual well-being
i will keep everything in mind when going into college	Important to anyone who plans on experiencing intimacy in their life.
I will keep in mind that consent is important.	important to hear
I will keep in mind that many relationship problems or complications in sexual contexts are bome of insecurity and a lack of education before making sexually relevant decisions that impact my life.	Important to hear
I will keep in mind that talking about uncomfortable topics and talking about it will improve conversations about the topic	Important to know for understanding how people should ask for permission
I will keep in mind that who I am and how I should act under pressures.	Important to learn about sexual intimacy
I will keep in mind the 7 steps for all my relationships	Important to talk about these things since it can seem uncomfortable and awkward.
I will know how important it is to know about consent when I'm an adult.	Important to understand how to be in a healthy relationship and space
I will know how to handle relationship better.	Important to understand how to live life.
I will know whats right and whats wrong	Important to understand the 7 steps
I will lead by example.	Important, necessary.
I will learn to ask if I trust myself before having sex.	Important.
I will learn to communicate better.	Important.
I will learn to have more respect for myself, and be able to say no.	important.
I will learn to listen to myself not others and show respect and consent to partners	Improve your standards and be more sexually safe
I will learn to resist any peer pressure that may affect my future or morals	in a q&a session we talked about consent, sexual relationships, as well as boundaries.
I will learn to say "no" and know my self-worth.	In a sentence, respect other people, and consent is not going above and beyond bc it's the minimum
I will learn to take a stronger stand in my future relationships, and won't feel bad about saying no.	in a short summary we talked about what consent is and how it works
I will learn to use proper verbal communication with my partners.	In an adequate amount of detail
I will less accusatory towards peoples beliefs or situations and try to understand them.	In depth discussion about healthy relationships
I will let my loved ones know I am here for them	In depth of the last presentation
I will let others know of the information I learned	In formative and helpful in reflecting on your own behavior.
I will let people I care about know I will always be there for them.	in general, maintain consent and raise your standards to involve more than "we consented"
I will let people I know what I learned and teach them to help them out.	In order to establish a healthy relationship, it is most important to be able to have an orial communication. Pornography viewing does not provide proper education about sexual relations, so reduce viewing.
I will let people know I'm there for them	In order to have mutual consensus sexual relationship we need 7 steps to confirm
I will listen	In the best way I could
I will listen to myself and do what is best for me; as long as my decisions do not affect others	In this session we learned more about consent and the stairway to a healthy relationship.
I will look at future relationships seeking for a mutually amazing time	In this session, Mike Dormitrz showed us different important values to respect for one another when at parties or in relationships. Consent is one of the many important ones, and it's not as recognized nowadays as it should be.
I will love myself and know my boundaries. I will also ask people what their boundaries are more often.	Inclusive
I will lower expectations and keep my standards	incredible information
I will lower my expectations and not my standards.	Incredible informational and helpful

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will make good decisions for myself and embrace myself.	Incredible session
I will make my boundaries clear!	Incredibly educational, open, and non judgmental.
I will make right choices.	Incredibly informative
i will make sure both people enjoy jt	Indulging and important
I will make sure both people in the relationship are giving consent and are being respectful of eachother	Influencial
I will make sure I am being respectful.	Influencing your ability to stay safe and the reality of sexual relationships
I will make sure I don't choice bad things for me	Influential
I will make sure I have all the 7 steps of love to be in a healthy relationship.	Influential
I will make sure I have consent even with a romantic partner	influential
I will make sure I have the 7 steps	Influential
I will make sure I have the seven steps	Influential
I will make sure I use all 7 steps before sexual activity	Influential
I will make sure my relationships follow all the steps to being healthy.	Influential and entertaining
I will make sure my values are heard.	Influential and eye opening
I will make sure that consent is something that I will always prioritize	Info about consent
I will make sure that I am in an amazing consensual relationship	Info abt how to have better relationships to yourself and to someone else
I will make sure that I don't succumb to peer pressure in situations that I don't want to be in or that can be dangerous.	Info on how healthy relationships are.
I will make sure that I know my values and beliefs	Info session about consent and healthy relationships
I will make sure that if I am in a relationship I will make sure that I am not just doing what my partner wants.	Informative
i will make sure that me and my partner understand the ladder that was taught today	Informistive
I will make sure that no one talks about their sexual active as a bragging statment	Infomal
I will make sure that the 7 steps of the ladder are fulfilled every time.	Infomal
I will make sure that whatever sexual activity i participate in is mutually consented.	Infomal
I will make sure the relationship is mutually consensual.	Infomal
I will make sure to always obtain consent before any activities.	Infomal
I will make sure to always openly communicate with an potential partner or make sure my feelings are not reciprocated, and make sure my no means no and that there is mutual consent.	informal
I will make sure to always remember thaty partner may be saying yes but maybe doesn't actually want it.	Information
I will make sure to ask for consent before doing any sexual activity.	Information
I will make sure to be aware of other people's values along with my own in order to make ensure everyone is comfortable.	Information
I will make sure to be supportive for friends and lift them up	Information
I will make sure to be uplifting when trying to help a friend get out of a toxic relationship	Information
I will make sure to follow the 7 steps to healthy relationships	Information ab sexual relationships
I will make sure to gauge how healthy relationships are based on the 7 steps	information about culture and consent
I will make sure to get a screenshot if someone ever asks for nudes for proof, and I will look out for red flags if someone only wanting me for my body.	Information about the necessities of sexual activity
I will make sure to keep the consent tips in mind.	Information about the respect and the consent
I will make sure to keep the ladder in mind when/if I pursue relationships, all kinds of relationships.	Information and good to listen too before you do stuff
I will make sure to prioritize my values.	Information and important for people know
I will make sure to reframe peer pressure in my head	Information and useful
I will make sure to remember the 7 steps to mutually consensual amazing sexual activity in future endeavors.	Information everybody should be aware of
I will make sure to respect more	Information needed
I will make sure to separate any two people who are drunk and hooking up.	Information on consent
I will make sure to think about consent and respect all the time.	Information on how we can learn to respect ourselves, and how we are impacted by the thoughts we have based on ideas from other people
I will make sure to trust myself before putting my trust in others.	Information on not only what to do but why.
I will make sure to use the 7 steps	Information on sexual relationships
I will make sure to use the ladder when building relationships in my life.	Information session about consent
I will make use of the stairway we talked about	Information you need to hear
I will never ask for nudes	informational
I will never ask for nudes	informational
I will never ask why someone doesn't want to do something intimate	Informational
I will never be afraid to say no	Informational
I will never do anything without asking for consent.	Informational
I will never ever send nudes	Informational
I will never refer to any person's relations as a "body count" again. I realize it is disgusting and shameful.	informational
I will never say sorry before no	Informational
I will never say sorry before no because I don't owe anything to them.	informational
I will never send nudes, and no is not mean	Informational
I will not ask for nudes.	Informational
I will not be afraid to say 'no' and I will tell my friends in an acceptable way if I feel like they are in a toxic relationship.	informational
I will not call other people sluts or degrading terms.	Informational
I will not call people sluts	informational
I will not consent to sexual activities.	Informational
I will not expect the bare minimum	Informational
I will not give into peer pressure by just continuing to stand my ground.	informational
I will not kiss and tell and I will use all 7 steps for a good relationship	Informational
I will not let m!ly past affect my future. I will always clarify things.	Informational
I will not let me peers pressure me into something that goes against my values or what I want to do .	Informational
I will not let my peers talk to me about their sexual experiences or let them show me the nudes of another person	informational
I will not let someone else determine who I am.	Informational
I will not request nudes in the future.	Informational

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will not say sorry before I say no and communicate.	Informational
I will not say sorry before saying no	Informational
I will not say sorry before saying no	Informational
I will not say sorry before saying no	Informational
I will not say sorry before saying no	Informational
I will not say sorry when I don't owe people anything.	Informational
I will not want to be influenced by society and make me do things I don't want to do.	informational
I will notice when I fell "peer pressure" and remember that it is pressure that I'm putting on myself.	Informational
I will practice Mike's teachings whenever they come up in the future.	Informational
I will practice what I learned from Mike's rizz academy.	informational
I will practice what I've learned and been knowing about consent and healthy relationships and boundaries	Informational
I will practice what ive learned and whay have been knowing about consent	Informational
I will pretty much use everything that was shared for everything g is important	informational
I will prioritize different goals for my dating life.	Informational
I will prioritize my own safety and trust myself more in a relationship	Informational
I will prioritize my well being and comfort!	Informational
I will probably take that seven step intimacy chart thing	Informational
I will put more screenshots in GCs	Informational
I will put myself over other's needs and wants	Informational
I will raise my standards	Informational
I will raise my standards and not send nudes.	Informational
I will raise the standard for people who want to demean sexual activity	Informational
I will read my partner's body language better and follow up on why she said yes when she meant no.	Informational
I will realize that peer pressure is self pressure.	Informational
I will recognize that a healthy relationship has consent as the bare minimum	Informational
I will recognize that not all guys suck and I should look past the couple that do	informational
I will recognize the importance of mutual attraction in relationships.	Informational
I will reflect on what I have done, use what I learned to have better relationships, and I am more accepting to go to therapy.	Informational
I will remain confident in not being pressured to partake in intimate activity early.	Informational
I will remember consent is the bare minimum requirement in sexual activity	Informational
I will remember myself that it's my decision to do things	informational
I will remember steps to mutual relationships	Informational
I will remember that consent is key.	informational
I will remember that consent is the bare minimum.	Informational
I will remember that I am responsible for my own actions and to not peer pressure others nor let others peer pressure me.	Informational
I will remember that I can always simply say no or state that this is who I am.	Informational
i will remember that mutually amazing consensual sexual relationships is important	informational
I will remember that no is not mean	Informational
I will remember that no is not mean	Informational
i will remember that peer pressure doesn't exist and i should remember who I am and my values.	Informational
I will remember that trusting/valuing myself is always the most important.	Informational
I will remember the 7 steps of a healthy relationship.	Informational
I will remember the importance of consent.	Informational
I will remember the information	Informational
I will remember the points of the presentation when thinking about relationships.	Informational
I will remember the seven step to mutually amazing relationships moving forward with all the relationships in my life.	Informational
I will remember the steps to a good relationship	informational
I will remember to ask first and protect my friends.	Informational
I will remember to consider the consensual relationship staircase in the future.	Informational
I will remember to not say sorry when I say no.	informational
I will remember to see myself as a 10	Informational
I will remember to trust myself first	informational
i will remember who I am when making decisions	Informational about consent and healthy relationships
I will remind others that they should not push others to consent for sexual acts when they have already expressed a lack of want.	Informational about nudes and things you shouldn't do in a relationship
I will respect everyone and make sure that in all situations I treat people with respect.	Informational and educational presentation on how to have safe sexual activity
i will respect my partner and ask for consent regardless of the situation	Informational and engaging.
I will respect myself.	Informational and enlightening to common sense
i will respect myself	Informational and eye opening
I will respect myself and know my worth.	Informational and eye-opening.
I will respect myself as well as others	Informational and fun
I will respect people and their opinion more	Informational and fun
I will restrict my online activities	Informational and good reminder of how to go about relationships.
I will say no	Informational and helpful
I will say no more often and wont hesitate	Informational and helpful in understanding different topics
I will say no to anything I don't want to do	Informational and important
I will say no to peer pressure.	Informational and important
I will screenshot any texts I get that are threatening or asking me to send nudes.	Informational and important
I will screenshot if someone asks me for a nude.	Informational and important.
I will screenshot messages	Informational and informative. Engaging
I will screenshot messages asking for illegal sexual content.	informational and intriguing
I will screenshot whenever somebody asks me for sexually explicit photographs	Informational and mature
I will search for respect in relationships	Informational and mind altering
I will set boundaries with people	Informational and not just about what not to do but what TO DO
I will set high expectations	informational and useful for the futurw
I will set higher standards for my relationships.	Informational and valuable

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will set my standards higher.	informational assembly about consent
I will share it with my friends	informational but entertaining.
I will shut someone down if they try to show me something that I have no business in seeing.	Informational if you also agree
I will spread the word about safety	informational on concepts i've never even thought of
I will stand my ground in abusive relationships.	Informational on helping set standards
I will start to appreciate others more.	Informational on how have a healthy relationship
I will start to communicate with others and be more mature. I will also speak out more by being less afraid of what others think about me.	Informational on how to have a healthy relationship and what it means to have a healthy sexual life
I will stick to my values and make sure that when people breach my boundaries I know that I am worth more than just my body.	Informational on how to have a mutually amazing consensual relationship.
I will stop believing that I need validation from a partner.	Informational on the topic of consent and a healthy relationship
I will stop calling my friends stupid	Informational on what a proper relationship includes, and understanding boundaries.
I will stop hanging out with people or going for people that don't respect me.	Informational session about healthy intimate relationships.
I will stop more people than i do from doing disgusting things and teach them to be better.	informational session about healthy sexual relationships
I will strive to achieve all 7 steps in my relationships, both platonic and romantic.	Informational session about relationship
I will strive to respect everyone's boundaries and let survivors know that they deserve more.	informational slide show
I will take out the knowledge that I learned from the assembly by using them when I am out of high school and am on my own.	Informational while not being too heavy or hard to listen to
I will take safe measures when in the moment	Informational, empathetic, and inclusive
I will take things slow with whoever I am with. I will always ask for permission.	informational, gaining a new perspective
I will take this knowledge and use it throughout my life to understand a mutually amazing consensual relationship.	informational, it reminded us of the dos and donts and gave us tips
i will talk to an adult about safety	Informational, relatable and usefull.
I will talk to my friends and help them when navigating relationships and their sexual issues.	informational, something that can stick with you
I will talk to my parents about some personal stuff and make sure that I get people's opinion before I do something	Informational.
I will talk to my parents more.	Informational.
I will talk with parents or other trusted adults more often	informativ
I will tell friends in unhealthy relationships that they deserve better.	Informative
I will tell my friends that they deserve better if they are in an unhealthy relationship.	Informative
I will tell my friends that they deserve more if they are in unhealthy relationships.	Informative
i will tell my friends they deserve better if they're in an unhealthy relationship	Informative
I will tell my loved one I love them	informative
I will tell my loved ones I love them more and that body count is stupid and pointless	informative
I will tell my loved ones that I'm there for them.	Informative
I will think about the 7 steps before taking action.	Informative
I will think about who I am before giving in to peer pressure	Informative
I will treat everyone with respect.	Informative
I will trust myself in future relationships.	Informative
I will trust myself.	Informative
I will try and use what I learned to identify an unhealthy sexual relationship and avoid and prevent them.	Informative
I will try to find others boundaries as I meet them	informative
I will try to remember the seven steps and apply it to my own relationships. Also, I will recognize my own worth and place it before any need for peer validation.	Informative
I will understand that I am the only person pressuring myself.	Informative
I will use "no" means no	informative
I will use "Who I Am"	Informative
I will use all 7 steps to build a healthy relationship.	Informative
I will use all the strategies that I learned from today's program.	Informative
I will use all the tips and the importance of valuing others.	Informative
I will use everything	Informative
I will use everything.	Informative
I will use how to ask for consent and how to make others feel comfortable.	Informative
I will use it to make sure that I do not commit any wrongdoing	informative
I will use my individuality to tell people to stop if their actions go too far.	Informative
I will use my knowledge of checking consent before taking any action.	informative
I will use my knowledge of consent to make better decisions within my relationship, romantic and platonic	Informative
I will use my newfound awareness to make better decisions in my everyday life.	Informative
I will use my values to make good decisions in life	informative
I will use talking about someone else in more positive ways and with trusting myself more than trusting another.	Informative
I will use the 7 components of a healthy relationship.	Informative
I will use the 7 stages to have a healthy relationship	Informative
i will use the 7 step guide to evaluate relationships	Informative
I will use the 7 steps	Informative
I will use the 7 steps	Informative
I will use the 7 steps	Informative
i will use the 7 steps	informative
I will use the 7 steps	Informative
I will use the 7 steps in a mutual consensual relationship	Informative
I will use the 7 steps in the relationship.	Informative
I will use the 7 steps of a sexual relationship	Informative
I will use the 7 steps to a good relationship.	Informative
i will use the 7 steps to have a healthy relationship	informative
I will use the 7 steps.	Informative
I will use the 7 steps.	Informative

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I will use the advice given on how to behave in a more appropriate way in relevant contexts	Informative
I will use the advice given to make better choices when it comes to relationships.	informative
I will use the advice on trusting myself.	Informative
I will use the aspects of trust, knowledge, and mutuality more in my relationships.	informative
I will use the entire talk as a reminder to stay mature and responsible.	Informative
I will use the fact that consent is the bare minimum.	Informative
I will use the fact that it's more important to trust myself than my partner.	Informative
I will use the idea of consent and healthy relationships.	Informative
I will use the idea of communicating expectations	Informative
I will use the ideas of self respect, and values within the future.	Informative
I will use the info in my personal life	informative
I will use the info taught and put it into future relationships.	Informative
I will use the information about peer pressure	Informative
I will use the insight on negative impacts of adult content	Informative
I will use the knowledge of the difference between love and infatuation	Informative
I will use the knowledge that was given to be a better person in a relationship	informative
I will use the ladder	Informative
I will use the ladder for both connections and relationships.	Informative
I will use the ladder from today's program.	Informative
I will use the ladder of steps needed to have good relationships.	Informative
I will use the ladder to create healthy relationships	Informative
I will use the lessons about peer pressure to never fall under it.	informative
I will use the lessons in later life	Informative
I will use the methods I learned to remind myself about my value.	Informative
I will use the methods of the 7 steps during my relationships.	Informative
I will use the notion that nude is not okay and how to refuse that.	Informative
I will use the reminder that consent is the bare minimum and that clear communication and respect should guide every relationship. I will also apply the idea that my values matter more than social pressure, and that stepping in or speaking up when something feels wrong is important.	Informative
I will use the seven steps	Informative
I will use the seven steps in my daily life.	Informative
I will use the seven steps to a healthy relationship to make sure that I am forming healthy connections.	Informative
I will use the seven steps towards a good relationship and learn to be my own person rather than consider others.	Informative
I will use the slope	informative
I will use the stair case to identify the room	Informative
I will use the stair chart to build a better relationship	Informative
I will use the stair diagram	Informative
I will use the stair diagram	Informative
I will use the staircase during a relationship	Informative
I will use the staircase of healthy relationships.	Informative
I will use the staircase to move towards consensual and mutually enjoyable sexual relationships in the future.	Informative
I will use the staircase to positive relationships. I also learned ways to defend myself from possible violence or threats.	Informative
I will use the stairs	Informative
I will use the stairway to perfect my relationships with friends family and also my team environment with sports	Informative
I will use the steps for a healthy relationship	informative
I will use the steps to healthy friendships to be better to them.	Informative
I will use the suggestions brought up during today's program regarding how to intervene if I notice a friend in an unhealthy sexual relationship.	Informative
I will use the taught values about myself and put myself first instead of trying to please people even when I do not enjoy it.	Informative
I will use the teaching of today to learn to always ask for permission.	Informative
I will use the tips and 7 steps that he shared with us.	informative
I will use the tips from today in any relationship	Informative
I will use the tips given to avoid falling victim to peer pressure.	informative
I will use the word Yes or No to communicate clearly without feeling guilty	informative
I will use these skills in the future	Informative
I will use this info for future references and putting this good positive energy into future projects.	Informative
I will use this information when I am on this type of situation.	informative
I will use this program to further my knowledge on consent and my boundaries that are healthy with my friends.	informative
I will use this reframe of idea to determine whether I am actually attracted to someone or simply infatuated with them, and whether I will actually be in a loving, healthy relationship.	Informative
I will use this to better my understanding of sexual relationships going forwards	Informative
I will use today's program in my everyday life and inform others.	informative
I will use today's program to make ethical choices about my sexual activity. Specifically I aim to use this to uplift those who are degraded and recognize the goodness in all of us.	Informative
I will use today's program to create a healthier relationships	Informative
I will use uplifting words to my friends	Informative
I will use what I learned to build healthy relationships.	Informative
I will use what I learned to treat others, especially friends with more respect.	informative
I will use the 7 steps that I learned to build healthier relationships	informative
I will utilize the seven steps in any relationship.	Informative
I will verbally communicate and treat others with respect in a relationship	Informative
I won't be afraid to tell someone 'no.' But I'll also try and understand someone else's perspective	Informative
I won't conform to peer pressure because it doesn't exist, I'll listen to who I am	Informative

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I won't date people older than me	informative
I won't say sorry before saying no	Informative
I won't send nudes	Informative
I wont send nudes	Informative
I wont send nudes and make sure to screenshot.	Informative
I wont spread nudes	Informative
i would be more money smart instead of book smart	Informative
I would build to some extent an expectancy to what college sexual relationships would resemble.	informative
I would keep in mind the 7 steps	Informative
I would like to use the 7 steps that represents a healthy relationship	Informative
I would like to use the definition of proper consent	Informative
I would say I'm far further persuaded as to how poor and idea sending nudes is particularly as a minor.	Informative
I would use the ladder system to understand sexual relationships better.	Informative
I would utilize the seven steps to build effective relationships more in my life.	Informative
I'll always have the thought that consent is the bare minimum	Informative
I'll ask myself if am being manipulated	Informative
I'll assess my relationships with the 7 steps to a mutually amazing relationship.	Informative
I'll be respectful of my peers.	Informative
I'll be using that I am who I am and I won't compromise myself for anyone.	informative
I'll be using the I am who I am phrase	Informative
I'll definitely internalize a lot of the subjects discussed today, specifically about consent and how it does affect intimate relationships	informative
I'll keep in mind the wisdom and use it for later in life	Informative
i'll know how i should treat others and make sure to always have consent, and that i need to trust myself	Informative
I'll know how to deal with certain situations in the future.	Informative
I'll know to screenshot people when they ask for nudes	Informative
I'll make note that asking for consent is important, even after marriage.	Informative
I'll make safer choices	Informative
I'll make sure my partner is comfortable	informative
I'll make sure my relationships with my friends are mutually fun.	Informative
I'll make sure that I have the 7 things when I have a relationship	Informative
I'll make sure to ask for consent	Informative
I'll make sure to be careful with sexyal activity while drunk/stop it completely when it isn't consensual.	Informative
I'll make sure to be there for my friends and treat them with respect.	Informative
I'll raise my standards and pay more attention to consent.	Informative
I'll remember that societal expectations do not define my own personal values.	Informative
I'll talk to my parents	Informative
I'll tell my friends they deserve better in unhealthy relationships.	informative
I'll try to focus harder on being satisfied with who I am before asking to get intimate with someone else.	informative
I'll use comfortably and respectfully saying no	Informative
I'll use it as a guide on what to do whenever I face a sexual situation	Informative
I'll use it for future relationships	Informative
I'll use the 7 steps to evaluate if I'm ready.	Informative
I'll use the fact that consent is the BARE MINIMUM before initiating anything intimate.	Informative
I'll use the information they gave us about consent	Informative
I'll use the knowledge that consent is the bare minimum	informative
I'll use the piece about how offensive it is being asked for nudes	informative
I'll use the seven steps and keep in mind what is healthy and safe	informative
i'll use trusting myself first	informative
I'm	Informative
I'm a 10	Informative
I'm allowed to say no in the future.	Informative
I'm always going to make good decisions and hold my friends accountable to do the same.	Informative
I'm aro/ace	Informative
I'm going to aim for those seven steps.	informative
I'm going to always remember to ask myself the "is this who I am?" question.	Informative
I'm going to apply and recall the bare minimum and apply the relationship needs.	Informative
I'm going to apply being more direct with my partner.	Informative
I'm going to apply healthy mutual awseomeness to my relationships.	informative
I'm going to apply the ideas taught within this presentation to prevent myself and others from making bad or illegal decisions.	informative
I'm going to apply the seven steps when thinking about having sex.	informative
I'm going to apply the stairs of qualities to all my relationships	Informative
I'm going to ask before doing anything	Informative
I'm going to ask first	informative
I'm going to ask for consent, consent is bare minimum	Informative
i'm going to ask myself weather or not it's infatuation or love	Informative
I'm going to avoid pom	Informative
I'm going to be aware of my surroundings and realize there are many other factors that come into play when it comes to consent and awareness.	Informative
I'm going to be aware of the toxic sexual relationship by understanding the 7 steps.	informative
I'm going to be confident if I don't want to do something	informative
I'm going to be mindful and clear about consent when I engage in intimate activities.	Informative
I'm going to be more aware of myself and the situations I'm in and how I would handle them and also be more sensitive to the situations I see others in.	Informative
I'm going to be more careful when engaging in sexual intimacy in the future.	Informative

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I'm going to be more comfortable saying no.	Informative
I'm going to be more knowledgeable	Informative
I'm going to be more mindful even in my non intimate relationships about others feelings and what they want	Informative
I'm going to be more mindful of consent and people's intentions going forward	Informative
I'm going to be more mindful of my interactions with people	informative
I'm going to be more wary for my siblings about how freaky some people can be.	Informative
I'm going to be much more careful regarding my relationships with others.	Informative
I'm going to be safe with my decisions	informative
I'm going to be talking to my mom about the stairway and knowing the bare minimum.	informative
I'm going to better understand peer pressure and be able to make better decisions that are more in touch with my own body and values.	informative
I'm going to carry my understanding that consent is the bare minimum.	Informative
I'm going to communicate my feelings more and listen to other	Informative
I'm going to communicate my value more strongly in my relationship and start to actually say what I want instead of just saying yes.	informative
I'm going to confirm who I am and firmly stand for my own beliefs and no others.	Informative
I'm going to continue making smart choices because of the information I learned.	Informative
I'm going to determine what the difference is between infatuation and love	Informative
I'm going to effectively use consent	informative
I'm going to encourage people to make healthy choices.	Informative
I'm going to ensure that I keep my friends in check by asking them what they mean if they say something iffy.	Informative
I'm going to express more powerful ways to communicate my values for consent, and learn to speak up.	Informative
I'm going to feel more comfortable saying no.	Informative
I'm going to find my boundaries	Informative
I'm going to follow the 7 qualities introduced, like "respect."	Informative
I'm going to follow the seven step rule	informative
I'm going to follow the seven steps to relationships and abstain from sexual activities.	Informative
I'm going to follow the seven steps.	Informative
I'm going to go about life as I did before, respecting anyone who I am in a relationship with, make sure I look out for red flags, and make sure I love them and they love me.	informative
I'm going to have higher expectations for men	informative
I'm going to have higher standards.	informative
I'm going to have safe sex	Informative
I'm going to help my friends if they're ever in a toxic relationship. Also I'm going to apply what I learned about nudes.	Informative
I'm going to help those who are survivors and in unhealthy relationships	Informative
I'm going to hold people to a higher standard	informative
I'm going to keep in mind the 7 steps to a good sexual relationship.	Informative
I'm going to keep in mind the seven steps regarding my parents and friends	informative
I'm going to keep in mind what situations are considered consensual and make sure that I or others are not creating an unsafe environment.	informative
I'm going to keep the information that I learned in today's program, and apply it to my life from now on out.	Informative
I'm going to keep thinking about how to building amazing sexual relationships.	Informative
I'm going to know power dynamics and how I fill them.	informative
I'm going to learn the steps on the ladder to mutual amazing consensual sexual intimacy.	Informative
I'm going to learn to say no	Informative about all things sexual.
I'm going to look at relationships with how it is for me and not mold myself to satisfy others	Informative about boundaries and consent.
I'm going to lower expectations and increase standards	informative about consent
I'm going to lower my expectations but keep my standards the same.	Informative about consent and how to have a good relationship
I'm going to lower my standards	Informative about healthy relationships.
I'm going to make sure all my friends are safe and okay	Informative about relationships
I'm going to make sure any relationship I'm in is mutual both ways.	Informative about respectful intimacy
I'm going to make sure I always ask for consent and respect the answer they give	Informative about sexual activities and the steps to get there (not a guide but instructional)
I'm going to make sure I am comfortable with anything and everything I do	Informative about sexual decisions
I'm going to make sure I follow the seven steps in my relationship for better intimacy.	Informative about sexual relationships
I'm going to make sure I have all 7 steps of my ladder in each relationship I have.	informative and a good way to address real world issues
I'm going to make sure I'm always in a healthy relationship by checking if all the seven steps are present, so I know it isn't toxic.	informative and addressing key issues
I'm going to make sure my relationship is up to my standards and I feel completely sexually comfortable.	Informative and allows for more awkward talks
I'm going to make sure that any sexual relations are not only confirmed to be consensual through oral confirmation but that the interaction is something that both people genuinely want for mutual self enjoyment	informative and attention grabbing
I'm going to make sure that I am responsible with my sexual behavior	Informative and authentic
I'm going to make sure that I will take the correct steps to a healthy sexual relationship when I am ready	Informative and brutally blunt
I'm going to make sure that I'm able to say no when I'm uncomfortable and learn to respect myself and others	Informative and changing
I'm going to make sure the 7 steps are in my relationships.	Informative and compelling
I'm going to make sure to ask for consent	informative and crucial
I'm going to make sure to be more grounded to reality and intervene if I see anything	Informative and deeper presentation going into what you should do not only what you can't do.
I'm going to make sure to communicate with my partner.	Informative and educational
I'm going to make sure to ensure my relationships and my friends' relationships are healthy and mutual.	Informative and empowering. Everyone should listen to this.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I'm going to make sure to raise awareness of these ideas for the people around me, because I already have a pretty strong understanding of these ideals.	informative and encouraging
I'm going to make sure to use the 7 steps	Informative and engaging
I'm going to make things clear when I want to say no.	Informative and engaging
I'm going to not submit to pressure, say "This is not who I am".	informative and engaging
I'm going to prioritize communication and trust. I'm going to prioritize how I feel and voice that. Giving my partner a choice is a must for me.	Informative and engaging
I'm going to provide knowledge to those people that don't know any of this information	Informative and engaging
I'm going to pursue healthy relationships that follow all of the stairs on the staircase of a healthy relationship.	informative and engaging
I'm going to put it on work every single day of my life	Informative and engaging
I'm going to put my values over the pressure of others	Informative and engaging
I'm going to raise more awareness for topics	informative and engaging
I'm going to raise my bar, and self reflect on my relationship with others.	Informative and engaging
I'm going to raise my standards	Informative and engaging about awkward questions
I'm going to raise my standards	Informative and engaging conversation about relationships.
I'm going to raise my standards.	Informative and engaging well enough to teach an entire room of people
I'm going to recognize positive relationships	Informative and engaging, I learned that I had many misconceptions and I deserve a lot more than I thought I did. Also it's ok to have sex.
I'm going to recognize that pornography is basically never a good source for intellectual learning	Informative and engaging, paradigm shifting
I'm going to recognize that respect should be a bare minimum for relationships.	Informative and engaging.
I'm going to remember and use the 7 steps	Informative and engaging.
I'm going to remember my personal values and takeaways from the program	Informative and Engaging.
I'm going to remember that consent is the bare minimum and you should have mutually amazing relationships with other people	Informative and essential
I'm going to remember that consent is the bare minimum.	Informative and eye opening
I'm going to remember that in situations where I feel pressured to act a certain way I will prioritize my own wants and needs.	Informative and eye opening.
I'm going to remember that my opinions are valid.	Informative and eye-opening
I'm going to remember that my values are more important than others	Informative and eye-opening
I'm going to remember the graph	informative and fun
I'm going to remember the stairway to a mutually amazing relationship when getting into any relationship. I'm going to remember that I have the power in a situation with peer pressure.	Informative and fun
I'm going to remember the standards for a healthy relationship	informative and fun
I'm going to remind myself of choices I have.	Informative and fun
I'm going to remind myself that communication, trust and honesty, is essential for relationships.	Informative and fun
I'm going to remind people that they don't owe anything in a relationship.	informative and fun
I'm going to report people who have nudes saved to their phones	Informative and fun
I'm going to respect	Informative and fun
I'm going to respect my peers and say no	Informative and fun
I'm going to respect my relationships with others and trust myself more	Informative and funny
I'm going to respect myself more	Informative and funny
I'm going to respect myself when it comes to any factor in a relationship	informative and funny
I'm going to say no	Informative and funny
I'm going to say no	Informative and great
I'm going to say no that's not who I am	Informative and helpful
I'm going to say no when I'm uncomfortable	Informative and helpful
I'm going to set more boundaries	Informative and helpful
I'm going to set my boundaries in future relationships and not feel pressured to jump into the dating game when I'm not ready	Informative and helpful
I'm going to share this with other educators/program leaders.	Informative and helpful
I'm going to spread the WORD	Informative and helpful
I'm going to stand up for myself more and have trust for myself. And also be able to say no more confidently	Informative and helpful
I'm going to start calling myself a 10	informative and helpful for people.
I'm going to start learning how to value myself more	Informative and helpful.
I'm going to start looking for validation in myself instead of getting it from others.	Informative and important
I'm going to start saying no more.	Informative and important
I'm going to start talking about sexual intimacy in the future with partners without making it seem awkward regardless of what the culture is like.	informative and important
I'm going to start using the ladder method mentioned	Informative and important
I'm going to start valuing myself more	Informative and important
I'm going to stay kind to my friends and not belittle them	Informative and important
I'm going to stop making unrealistic expectations for a partner.	Informative and important for many people
I'm going to stop trying to score points with my friends by telling them "what I did last night with a girl".	Informative and important in todays world
I'm going to take the 7 steps into account	Informative and important.
I'm going to take the 7 steps to create a stronger team.	Informative and inclusive
I'm going to take the advice and use it	Informative and inclusive.
I'm going to take the ideas into the future	Informative and insightful.
I'm going to talk to my boyfriend about building our relationship with the 7 steps.	Informative and insightful.
I'm going to talk to my parents about this.	Informative and insightful. Very valuable to everyday life.
I'm going to talk to trusted adults more often. I'll also use the 7 steps in any decision making process.	Informative and interactive
I'm going to tell my friends and loved ones that I support them	Informative and interactive
I'm going to tell my friends they're amazing	Informative and interactive
I'm going to think about the 7 steps.	Informative and interactive discussion
I'm going to think before I do	Informative and interesting
I'm going to think before I do anything	Informative and interesting
I'm going to think of consent as a bare minimum.	Informative and interesting
I'm going to treat everyone with respect.	Informative and interesting
I'm going to trust and have mutual respect	Informative and is much deeper than some assemblies may be.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I'm going to trust myself before others.	Informative and it's life-changing.
I'm going to trust myself first in a relationship	Informative and life changing
I'm going to trust myself while making decisions more.	Informative and much needed
I'm going to try and use this information to advise my friends and family to make better choices for themselves.	Informative and necessary
I'm going to try everything	Informative and necessary
I'm going to try to trust myself more	Informative and necessary.
I'm going to understand what a healthy sexual relationship is built upon.	informative and needed
I'm going to up my standards for later in life	Informative and not boring
i'm going to use all 7 steps	Informative and powerful
I'm going to use all of the information and use it when I'm thinking about being in a relationship	Informative and powerful
I'm going to use all the knowledge to spread the truth.	Informative and realistic
I'm going to use boundaries more	Informative and respectful.
I'm going to use consent	Informative and slightly repetitive, the importance of consent and definition of consent was brought up clearly and affirmatively
I'm going to use consent strategies and learn how to approach people respectfully	informative and something that should be talked about more
i'm going to use everything.	Informative and Standard setting.
I'm going to use how to say no	informative and straight forward
I'm going to use it as guidance for later times in my life when this information applies.	informative and strong
I'm going to use it in my relationships	Informative and teaches about consent in an interactive way.
i'm going to use it to make sure my relationship stays healthy	Informative and uncensored in a way that allows for honest and open discussion that is inclusive for all students regardless of experience or knowledge
I'm going to use it to strengthen my current relationship	Informative and useful
I'm going to use it.	Informative and useful
I'm going to use knowledge of what others want.	Informative and valuable
I'm going to use my ability to say no.	Informative and very helpful
I'm going to use my communication to talk to my partner.	Informative and very important to understand. Must be mature.
I'm going to use my new knowledge of the steps of a healthy relationship.	Informative and very insightful for my future as a college student
I'm going to use my newfound awareness to make better decisions in everyday life.	Informative and well done
i'm going to use my power of screenshots when people ask for nudes and use that over them.	Informative and important
I'm going to use my voice more, especially when someone is in need of help.	informative but not in a weird way, in a way that actually makes sense
I'm going to use positive words and not use degrading terms	Informative eye opening
I'm going to use self respect and use respect for others.	Informative in a modern way
I'm going to use that I don't owe someone anything	Informative in terms of consent and why we consent.
I'm going to use that it's ok to say no	Informative in thinking about healthy sexual intimacy.
I'm going to use the "no" rule, where there shouldn't be a reason for "no". There should just be understanding.	Informative on boundaries
i'm going to use the 7 ladders	informative on consent and safe relationships
I'm going to use the 7 steps	Informative on loving yourself
I'm going to use the 7 steps	Informative on sexual relationships in high school
I'm going to use the 7 steps for mutually amazing consensual sex.	Informative open conversation
I'm going to use the 7 steps next time I'm in a relationship	Informative presentation
I'm going to use the 7 steps to a healthy conceptual relationship	Informative Q&A
I'm going to use the 7 steps to a healthy relationship	Informative seminar on self expectations and health relationships.
I'm going to use the 7 steps to a healthy relationship	Informative session
I'm going to use the 7 steps to a healthy relationship .	Informative session about relationships, self pressure, and how to go about certain situations
i'm going to use the 7 steps to a mutually agreed upon sexual relationship to make sure both myself and my partner want to do what we're about to engage in.	Informative session on safety and protocols as well as standards of sexual relations
I'm going to use the 7 steps to gain a healthy relationship.	Informative talk about standards of relationships.
I'm going to use the 7 steps to have healthy relationships.	Informative to specifically students in school about sexual activities.
I'm going to use the advice from the presentation and try to apply it into my life.	Informative with too much powerful information.
I'm going to use the advice of taking my time and not rush things.	Informative- consent is the bare minimum.
I'm going to use the advice that yes does not mean yes	Informative, and helpful
I'm going to use the advice the speaker gave into my life and to be careful of any warning signs and get out before it gets worse	informative, and reality check.
I'm going to use the concepts I've learned from today's assembly and raise awareness of them to others in my life. I already held a lot of these beliefs already, but I know many who don't who could benefit from this.	Informative, candid
I'm going to use the different values when dating in the future	Informative, clarifying
I'm going to use the fact that my values are more important than the pressures people put on me	Informative, clever, and concise.
I'm going to use the formation I learned and apply it to my life	informative, engaging
I'm going to use the ideas to respect myself and know what I want rather than get peer pressured.	Informative, engaging, real
I'm going to use the information I learned and not be influenced by others.	Informative, enlightening, and valuable
I'm going to use the information I received and be a more healthy caring person leading forward.	Informative, fun, and engaging with the audience to learn the ladder of relationships and how to navigate ones in high school.
I'm going to use the information to give my friend advice on her toxic relationship.	Informative, fun, friendly
I'm going to use the it's not who I am because I believe it's a powerful tool to reassure myself	Informative, Funny, Engaging
I'm going to use the knowledge about not pressuring yourself in a relationship	Informative, genuinely eye-opening once the awkwardness is gone.
I'm going to use the knowledge learned about consent and spread it to others	Informative, helpful
I'm going to use the knowledge that I should have higher, better standards	Informative, helpful, engaging.
I'm going to use the ladder! Safety and knowledge are what I need to work on the most.	Informative, honest, respectful.
I'm going to use the new knowledge about consent and that saying no is simple and straightforward.	Informative, I would describe the importance of sexual activity, the seven conventional steps, and tell them how important the values of you, and your partner are.
I'm going to use the phrases he taught us.	Informative, important
I'm going to use the relationship advice given during this presentation.	Informative, inclusive, and engaging

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I'm going to use the road map to a healthy relationship	Informative, interactive, fun
I'm going to use the seven step stairway from today's program	Informative, life changing
I'm going to use the seven steps and also remember that saying no is not mean.	Informative, real, honest, and open.
I'm going to use the seven steps and that consent is a baseline.	Informative, revealing, and helpful
I'm going to use the seven steps of consent.	Informative, thought provoking
I'm going to use the seven steps.	Informative, uncomfortable at times but necessary
I'm going to use the seven steps.	Informative, well explained
I'm going to use the seven steps.	Informative, well taught
I'm going to use the staircase to help develop any future relationships that I have with people.	Informative; consent is the bare minimum
I'm going to use the staircase to understand a healthy relationship.	Informative.
I'm going to use the standards for sexual activity.	Informative.
I'm going to use the steps mentioned between relationship to create mutually amazing and gratifying relationships.	Informative.
I'm going to use the fact that the best case scenario is mutually amazing sexually experience.	Informative.
I'm going to use the thing about saying me and everyone else is a 10	Informative.
I'm going to use the things I learn in my relationship. the 7 steps.	Informative.
I'm going to use the tip on peer pressure and how it all depends on you and your self respect over the other person's manipulation.	Informative.
I'm going to use the tips given on consent	Informative.
I'm going to use the values I learned today in future relationships.	Informative. It taught me a lot about boundaries and safety
I'm going to use this program for future decisions and to others.	Informative. Makes sure that everyone is on the same page before college.
I'm going to use this when I faced any problem.	Informative. Takes a unique angle to break down bad social norms
I'm going to use those tools in my personal relationships	Informative
I'm going to use today to look in myself and raise my standards.	Informing
I'm going to use today's information to become the best partner possible.	informing
I'm going to use today's program as a learning lesson if I ever decide to become sexually active.	informing
I'm going to use what I learned about healthy relationships in my life.	informing
I'm going to use what I learned when needed.	Informing
I'm going to use what the bare minimum is.	Informing
I'm going to validate that people being called sluts and whores are people and their lives matter.	Informing
I'm going to value and trust myself more.	Informing
I'm going to wait until I'm comfortable with my self first	Informing
I'm going to use knowledge, respect, and connection.	Informing
I'm gonna ask "who am I?"	Informing and full of information
I'm gonna ask my boyfriend if I can kiss him. We've never kissed before, I didn't want to ask before because I was scared he'd say no and it would be something about me. But I think I'm ok with him saying no now and I should just ask.	Informing and helpful
I'm gonna be more confident in myself to not be "peer pressured"	Informing on sexual relationships
I'm gonna look out for my friends!!!	Informing, Inspirational, Outstanding speaker, Tips on safety, Learning morals
I'm gonna make my friends stop watching porn	Informing, useful, relatable
I'm gonna make sure I get ORAL consent	informative
I'm gonna raise my standards	Informative
I'm gonna say that pornography is a huge impact that many people are watching and get highly addicted	Inquisitive
I'm gonna sex... Responsibly	Insanely engaging!!!
I'm gonna stick my boundaries	Insight on healthy relationships
I'm gonna talk to my friends and tell them like to be respectful and all that	Insightful
I'm gonna tell other people that consent is important cuz apparently people don't know	Insightful
I'm gonna think of the 7 steps when in a relationship.	Insightful
I'm gonna trust my decision when I make important choice.	Insightful
I'm gonna use it in my everyday life.	Insightful
I'm gonna use it in my personal life	Insightful
I'm gonna use porn more often	insightful
I'm gonna use the 7 steps in a healthy relationship	Insightful
I'm gonna use the info that has been provided and apply it to my life	insightful
I'm gonna use the information I learned to inform people about consent	Insightful
I'm gonna use the question can I kiss u	Insightful
I'm gonna use what I learned about consent, and start applying it	Insightful
I'm hoping to use more of the information to aid my friends who are actively sexual in their relationships as a friend.	Insightful
I'm never going to send nudes	Insightful
I'm not going to ask people for nudes	Insightful
I'm not going to justify any no's I say to anyone because I don't have to.	Insightful
I'm not going to let others pressure me to do anything I don't want to do	Insightful
I'm not going to let society affect my views on sex and value my own opinion and trust myself first in relationships	Insightful
I'm not going to say sorry before I say no.	insightful
I'm not going to send nudes anymore	Insightful
I'm not going to send nudes or spread them.	Insightful
I'm not sure	Insightful
I'm not sure	Insightful
I'm not sure	Insightful
I'm not sure this counts as a use but when he said something along the lines of if somebody wanted to do something with you then asking for consent is not going to dissuade them from being with you. That stuck with me	Insightful
I'm not sure, consent was always the bare minimum. I say "consent is hot to me" So many of these things I felt I already knew	Insightful
I'm often fickle under pressure; I will try to do better in the future	Insightful
I'm really going to use everything. Everything is very fundamental.	Insightful
I'm going to use the 7 step	Insightful

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
I've realized that consent is the bare minimum, and that I am worth more than I initially thought. I will stand up for myself more, I AM worth something I am valuable.	Insightful
Idea that consent is the baseline	Insightful
Ideas of consent	Insightful about consent and peer pressure
Identifying myself will help me become a better, more lovable person.	Insightful and deep
Identity power dynamics	Insightful and detailed
ldk	insightful and educational
ldk	Insightful and empowering
ldk	Insightful and important, thought-provoking
ldk	insightful and tells you what you should know and how to prevent others from getting hurt and yourself
IDk	Insightful and very eye opening
ldk	Insightful Information about sexual choices
ldk	Insightful information.
ldk	Insightful presentation about having a good healthy sexual relationship.
ldk	Insightful talk about starting and maintaining good relationships
ldk	Insightful, mind opening
ldk	Insightful, necessary, and vulnerable.
ldk	Insightful, or different than expected, and talks about subjects that usually aren't covered.
ldk	Insightful, perspective changing
ldk	Insightful, remember to consult people for the info you don't know, and its okay to not know the ins and outs of intimacy at this age.
ldk	Insightful.
ldk	Insightful.
ldk	Insiteful
ldk	inspirational
ldk	Inspirational and brings the hard truth
ldk	Inspirational and educational
ldk	Inspirational and important
ldk	Inspirational and informational about teenage and adult lives shedding light on how a healthy and happy life in a relationship should be.
ldk	Inspirational! Educational!
ldk	Inspirational.
ldk	Inspiring
IDK	Inspiring
ldk	Inspiring
ldk ladder	Inspiring
ldk man	Inspiring
ldk yet	Inspiring
If a friend is in a toxic relationship, you should tell them they deserve better.	Inspiring and educational
If anyone ever asked for nudes I will definitely screenshot the text.	Inspiring and educational
If anything feels off then it's not full consent	Inspiring and fun
If either party does not reciprocate, get out.	Inspiring and helped me realize my values
If friends are drunk I'll make sure all actions are appropriate	Inspiring and honest!
If going to stop blaming peer pressure and have better standards for myself.	Inspiring and important.
If I am ever in a situation like this, I know how to react and I can simply say "no"	Inspiring and important.
If I don't want to do something, I will say no.	Inspiring and incredibly informative
If I dont think im a 10, then I should remove myself from relationships where I think the other person is a 10	Inspiring and informative
If I ever need help to tell a trusted adult and to say no to anything I don't wanna do	Instructional
If I have boyfriend I need contact him.	Intellectual
If I hear anyone talking about spreading nudes, report and do not get involved.	Intence
If I live my life for others, then I am living their life and not mine	Interactive
If i not feel safe i will say no	Interactive
If I say "I don't know" to the option of sex I will say no	Interactive
If I see disrespect, I will try my best to intervene	Interactive
If I value myself and respect my boundaries no body can shame me.	Interactive
If i witness something ill speak up about it and i wont allow myself to be pressured into making decisions	Interactive
If my friend shows me a nude I'm going to say I thought they were a better person	Interactive
If my friends are in an unhealthy relationship, tell them to deserve more than accidentally degrade them.	Interactive
If my partner says sorry tell them to not say that.	interactive
If people are important enough for me to care what they think, they shouldn't judge me for what i do	Interactive

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
If someone asked you for nudes screen shot for	Interactive
If someone asks for nudes say no and screen shot it	Interactive
If someone asks for nudes say no and screenshot	interactive
If someone asks me to send them a nuid picture I will screenshot the text.	Interactive
If someone shares nudes tell them to stop.	interactive
If someone threatens me I can get out of the sticky situation	Interactive + education on teenage relationships
if something ever happens, i will talk to adults who can help me because there is nothing to be ashamed about do not say sorry, there is nothing to be sorry about	Interactive and educational
If something is going on I will call it out.	Interactive and educational
If they ask for nudes, they didn't ask because they thought you were attractive.	Interactive and entertaining
if you have to make your partner happy it's a toxic relationship	Interactive and fun
If you see something happening to someone go with friends and intervene	Interactive and fun.
If you think the other person is special, you should not be in that relationship.	Interactive and helpful
Ignore other people preasure, do what you and your parter wants.	Interactive and infomative
Ill say No	Interactive and infomative
ill talk with my parents more	Interactive and infomative!
Ill use it in the future	interactive and interesting
Im a 10.	Interactive and knowledgeable
Im giving my partner love and choices so that way my partner doesn't feel uncomfy around me.	Interactive engadging and helpful
Im going to be aware that consent goes both ways and that everyone has a right to it	Interactive, Fun, Engaging
Im going to be more aware of how I behave myself	Interactive, very infomative
im going to be more responsible	interest
Im going to be true to myself and realize than peer pressure doesn't exist	Interested
Im going to feel more comfortable saying no	interestinc
Im going to have higher standards for relationships	Interesting
Im going to have more conversations.	Interesting
im going to learn to make choices based on my values and i will not apologize for saying no	Interesting
im going to make sure me and my friends are in relationships with respect and all of the good values mentioned	Interesting
Im going to make sure my partner feels safe	interesting
Im going to promote telling people to ask for consent	Interesting
im going to raise my standards	Interesting
Im going to remember that porn is not a healthy way of thinking about intimacy.	Interesting
Im going to remind myself that consent is the bare minimum	Interesting
Im going to say no	Interesting
Im going to say no if im not sure	Interesting
Im going to say no in case I am being pressured for sex	Interesting
im going to say that person when someone is called a slut	interesting
Im going to set higher standards that incorporate the 7 steps	Interesting
Im going to start doing my own decisions and not what my friends think.	Interesting
Im going to start respecting myself	Interesting
Im going to take the importance of consent from today's program.	interesting
Im going to think more about what I want to do instead of what others want me to do.	Interesting
Im going to use all the steps for all my relationships	Interesting
im going to use common sense and empathy to understand that how to approach relationships in an honest, respected, and healthy, if not then to at least be able identify such relationship	Interesting
Im going to use the 7 steps as a guideline in my life.	Interesting
Im going to use the advice that was given to me for future circumstances.	Interesting
Im going to use the different stages that are required to have a healthy sexual relationship such as trust	Interesting
Im going to use the knowledge for today for my future relationships.	Interesting
im going to use the phrase, "may i kiss you" to make sure i have consent	Interesting
Im going to use the seven steps to maintain healthy relationships.	Interesting
im gonna go to 7 step	Interesting
Im gonna be a better person	Interesting
Im gonna be a virgin for life	Interesting
Im gonna stop calling people derogatory terms even if its as a joke	Interesting
Im gonna talk to my partner about the stairway	Interesting
im gonna try and be more careful when talking about my friends with these kinds of topics	Interesting
im gonna value myself more	Interesting
im gonna work on the morals that were listed today.	Interesting
Im not going to participate in anything sexual ever as being aroace, and have the ability to say no if people do wish to have a relationship with me	interesting
im not sure	Interesting
Im not sure	Interesting
Im not sure	Interesting
ima learn some rizz when i'm sober	Interesting
Ima use the slope of consent	interesting
Imma remember that the goal is an amazing sexual experience	Interesting
imma wait before I decide to do anything	Interesting
Implement and improve open and transparent communication.	interesting
implement it later in life when i become sexually active	Interesting
Importance of a loving relationship	Interesting
Importance of amazing relationships	Interesting
Importance of consent, and how the bare minimum of it being mutual is required.	Interesting
improve myself and learn	Interesting
Improve relationships	interesting
improve self belief and confidence in prioritizing what i wany before what others want.	iNErEsTiNg

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
In future	Interesting
In general, I need more oral communication in all of my relationships.	Interesting
In general, most of it i understood and knew already. But i am going to try to use the wording we were told about when giving them advice in the future. "You deserve" is better than "You need/should". It is less forceful, shows the person their high worth, and shows them they have an out for their situation, and they deserve better.	Interesting and a should go to.
In life	interesting and educational but fun
In making the right decisions in the future.	Interesting and engaging
In my future endeavors as a college student so I can maintain my sexual safety.	Interesting and engaging
In order to have a healthy relationship you need to have the 7 key components in order to be happy and healthy in your relationship	Interesting and engaging
In the future relationships	Interesting and entertaining
In the future, I am going to remind my friends and peers of their own value	Interesting and informative
In the future, I am not going to say "sorry" before saying no.	Interesting and informative
In the future, I will stay true to my own values and never pressure myself to do things for others. I'll also make sure to be someone that my friends can trust and talk to when they are in difficult situations.	Interesting and informative
In the relationship between my future boyfriend and I.	Interesting and open minded
Increase me standards	Interesting and something good to know
Increase my standards	Interesting if you don't now how to treat a women
Increase self worth	Interesting look at consent
Increased knowledge about engaging in sexual acts	Interesting session.
Infatuation is not love	Interesting that makes you think uncomfortable thoughts
Infatuation is not love	Interesting, communicative, positive
Info	Interesting, educational, and unique
Info	Interesting, fascinating, important, helpful
info on toxic relationships	Interesting, teachable
Info on toxic relationships to help my friend	Interesting, the talk covered topics of common interest
Inform my children.	Interesting, vulnerable, but true
Inform others	Interesting.
Inform others	Interesting.
Inform others of the importance of consent	interesting.
Information	Interesting...
Information	Interesting...
information	Intreageing
information	Intresting
Information	Intriguing
Information about a healthy relationship	Intriguing
information about consent	Intriguing
Information about consent	Intriguing and informational
Information about consent	intriguing and informative
Information about maintaining healthy relationships and knowing when a relationship is not healthy	invigorating
Information to improve what i think of myself and what i want in relationships	Involving and inspirational
Informative information	ion know
Initiating healthy sexual experiences that are comfortable and consensual from both parties	Ir Qasss okay
insightful	Irreplaceable. You would've had to be there.
Intervene and be understanding to people who need help	Is mostly about how to have a good relación and prevent the sexual arasment
Intervene if I see anything.	Is was pretty good
Intervene when people are too drunk to make correct choices.	It advises you on correct decisions to make with sex
Intervention strategies	It answered a lot of commonly asked questions regarding consent and sex
ion know	It breaks stereotypes of a healthy sexual relationship
It is completely okay to say no	It caused me to experience deep thinking.
It is illegal to send nudes	It clarified a lot of my doubts about healthy sexual relationships and relationships in general
It is important to alway have communication with your partner	It covered a lot of myths and conceptions about the subject of consent in an interesting and informative way.
it is important to have all aspects of a healthy relationship	It covered healthy social practices in sexual relationships.
It is important to remember who you are and stick to your values, not succumb to self pressure.	It covered the requirements for healthy relationships and sexual activity
It is important to set boundaries	It covered various topics regarding healthy relationships, safe and enjoyable sex, and safety.
It is important to speak up when someone says or does something inappropriate because someone could be deeply affected by it.	It debunked a lot of myths and taught people how to have healthier and happier lives.
It is important to use the seven rules	It described a way to approach a relationship and sex in a healthy way, it disproved myths about sex and relationships
It is not a compliment when someone asks you for nudes.	It described the necessity of consent.
It is not mean to say no	It describes how to have a mutually amazing relationship.
It is ok to say no	it describes the healthy and proper steps to take in a sexual relationship
It is okay to say no	it discussed some of the benefits of mutually awesome sexual relationships- consent is the bare minimjm
It it okay to say no	It discussed the boundaries that consent requires and emphasizes amazing and mutual sexual activity.
It needs to be mutually amazing not just consensual.	It discusses the power of having a consensual and mutually amazing relationship.
It reaffirmed my feelings about pom, I am going to use the seven steps	It emphasized how important respect is in any sexual relationship.
It reminded me of my values and how important i am.	it explained in detail how consent is the bare minimum
It requires me to trust myself before I trust others in sexual relationships.	It explained the dangers that are taboo regarding consent and red flags we don't notice
It takes multiple steps to get to a healthy relationship	It explains how to have the best sexual experiences.
it was just way more eye opening that everything is my choice and i don't owe anyone really anything.	It focuses on valuing oneself and what is good in a relationship.
It was okay	It gave me a better point of view of relationship
It will give me comfort that more people have been educated on these topics.	It gave me a deeper understanding of how I should be treated.
It will help me make healthy relationship.	It gives a deeper meaning of self, boundaries, and pressing sexual topics.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
It's a reminder about consent.	It gives a good way to educate us on a topic that seems like common sense but goes deeper than that
It's about self-pressure and not peer pressure.	It gives a real and positive perspective over sex
It's better to prioritize respect over politeness any day.	it gives many good tips on healthy relationships and consent
It's important to be mature and respectful!	It had a lot of information that is very important to know so I would explain to them the key points of the presentation
It's important to talk about preferences	It had a lot of useful information
It's is helpful for social awareness and I learned some new thing in this program	It help learn about consent
It's mainly common sense don't be stupid	It helped me be more thoughtful
It's not mean to say no	It helped me open my eyes to what is the bare minimum
It's not mean to say no.	It helped people know how to ask for content
It's ok to not date in high school	It helped propel understand how to have a healthy relationship
It's ok to say NO	It helped to learn about the sexuality and what is legal and ilegal
It's ok to say no	It helps answer questions that people are normally scared to ask
It's ok to say no	It helps guide my decisions
It's ok to say no	It helps one figure how they should react and respond when in situations they may not have comprehended.
It's ok to say no, and there is no such thing as peer pressure	It helps you know what consent is and how to protect yourself from people who dont know what that is.
It's okay to communicate	It helps you to be a better person in a relationship
It's okay to respectfully ask your parents to be uncomfortable for your benefit and safety.	It helps you understand how much you consent and side matters
It's okay to say "no."	It helps you understand the necessities of the 7 steps of a healthier relationship
it's okay to say no	It included many ways of how sexual activity can be good and how it can be bad.
It's okay to say no	It included multiple lessons on consent, sexuality, and peer pressure
It's okay to say no	It infomational and descriptive
It's okay to say no	It informs you on the important things that need to be present when you are in a relationship.
It's okay to say no	It is a assembly about learning what to do and how to do it when it comes to sexual relation
It's okay to say no	It is a deep conversation about the true meaning of being sexually active
It's okay to say no	It is a discussion over sexual relations.
It's okay to say no	It is a good informative session that will change the way you used to view the things.
It's okay to say no.	It is a good reminder of how to act safer
It's okay to say no.	It is a great learning experience that can teach you how to be in a healthy relationship
It's okay to say no.	it is a great representation about safety and legal values.
It's smart to consent	It is a little intense but it holds good purpose and should be talked about.
Its illegal to take pictures	It is a meeting that it will help you so much for your lives
its ok to say no	It is a must hear. A lot of wise words were shared
Its ok to say no and to have self respect	It is a necessary topic that is often forgotten
J	It is a nice learning opportunity
J am going to use the fact that my worth is not based off of what i do	It is a presentation about what define a healthy relationship and how to notice signs of an unhealthy relationship.
Just be a decent human being lol	It is a presentation based on providing as much information as possible instead of telling you what to do and what not to do
Just because someone does something, does not me I have to do the same thing	It is a program that teaches you the importance of looking out for others and valuing yourself.
Just because you're in a relationship doesn't mean they always want the same thing every time.	It is a really educational Q&A session about relationships
Just because you're not doing sex doesn't mean you're not sexually active.	it is a session regarding consent
Just continue be me, I already am like this.	It is a session that covers health and safety throughout relationships and intimacy, and how while consent is preached to be the most important thing it should be the bare minimum.
Just keeping my values even more in line.	It is a session that helps overcome the stigma over sexual relationships and the importance of consent.
Just make sure not to pressure people	It is a session that helps talk about the hard subject to talk about and why you should talk about it more.
Just note what to expect for the future of anything that I leamed today.	It is a session that will help you understand how to have a mutually amazing consensual sexual intimacy.
Just pay attention to the logic of others.	It is a session to have a healthy relationship with your partner.
Just remember to stay true to my values.	It is a Socratic discussion about sexual relations.
Just say no	It is a very entertaining and informative presentation. I thought it was very well done and handled the topics in an informative way.
Just say no	It is a very good explanation and it helps to clarify and to watch out about sexual situations
Just say no	It is a very good learning opportunity over things that aren't talked about much. It is very helpful.
Just say no	It is a very important information
Just say no	It is a very important session for everyone to watch as it holds great significance.
Just say no	It is a very important topic that needs to be talked about to make people feel safe
Just say no	It is about asking consent but more importantly how to make others comfortable around you.
Just say no	It is about consent
Just say no and help others	It is about consent and healthy relationships.
Just say no and screenshot.	It is about consent and more details of what it means
Just say no if you don't want to	It is about consent and what goes into having an amazing consensual relationship
Just say no, and respect other people's decisions.	It is about healthy sexual relationship, how to determine and what is needed to reach.
Just say no, screenshot text threads that are bad.	It is about how to have sex in right way
Just say no?	It is about how you need to respect another persons's personal space and receive their consent before having a physical interaction with them
Just say No.	it is about learning how one can express themselves better.
Keep in mind about my safety	It is about sexual consent and understanding these things with other people.
Keep in mind for any future problems	It is an all-encompassing message on how to have a healthy sexual relationship.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Keep in mind lower the expectation not standard	It is an amazing experience
Keep in mind that I need to trust myself before I can trust someone else with my body. I will use the idea that it is okay to have higher standards because that is better than being with a toxic person	It is an enriching experience
keep my standards high	It is better to speak about the things that make you uncomfortable than allow yourself to fester bad habits.
Keep myself how I am, and not to be affected a lot by other people.	It is engaging and gets a lot of interest and info out there.
keep saying no until they stop	It is good to learn about stuff like this because u don't know how some people would react to something like this if they are going through it
Keep saying no, as they are trying to win you over	It is great education about sexual activities . Where everyone's voice and value is acknowledged.
Keep the 7 steps in a healthy relationship.	it is important and deep
Keep the school safer	It is important and then teach them
keeping expectations high	It is important to be able to talk to your partner about sex and your relationship
Keeping my standards and to remember who I am	It is important to feel respected and heard before being in a sexual relationship
Know and hold myself up to a higher standard and make sure that communication is key and will accept nothing less of a 100-100 relationship	It is important to follow the 7 steps and to always ask before doing anything
know consent is the bare minimum	It is important to have a mutual relationship where both people are happy. Don't be pressured into doing anything and trust yourself
know how to handle nudes	it is important to know who you are and to know your boundaries
Know how to respond to peer pressure	It is important to learn about consent.
Know how to say "no"	It is important to remember consent is the bare minimum
Know I am worth it respect myself and others more	It is important to strive for mutually amazing relationships.
Know more about consent within relationships.	it is important to understand ur partner
Know my choices	It is important to value yourself first.
Know my own self worth. It's not selfish or mean to say "no".	It is interactive with students and allows them to understand ways that they communicate can change relationships
Know my self worth	It is life changing
Know not to send nudes	It is more important to be respectful than do things you don't want to do to fit in.
Know that communication and respect is important in a relationship	It is okay to say no
Know that consent is the bare minimum	It is really informative and helpful. Informs you a lot about consent.
Know that consent is the bare minimum.	It is really worth looking in to or catching another lecture
know that high body count is negative	It is required to ask for consent im a relationship, and asses it based on the staircase to a healthy relationship.
Know that I need to trust myself first	It is something you have to hear yourself because its something I can repeat, but not with the same skills and passion.
Know that my gender can play a role in the effect of the relationship (power dynamic)	It is the most important to respect a person's choice as they should respect yours
Know that peer pressure is self inflicted	It is very clear and helpful
Know that peer pressure isn't a thing it's self pressure	It is very comfortable and informative.
Know that people have a voice	It is very good at explaining very uncomfortable topics in a comfortable way
Know that sexual consent is the bare minimum in relationships.	It is very helpful and educational. I think it opened a lot of people eyes about different things.
Know the difference between fixing someone and showing support	It is very helpful in understanding boundaries
know the difference between love and infatuation	It is very important to better learn how to not have a toxic relationship.
Know the knowledge from today meeting	It is very important to know the importance of consent and how to be safe.
Know the other	It is very important to understand these basic steps to ensure your safety
Know to lower expectations not standards	It is very real stuff to talk about
Know what a try relationship is	It is your decision for how to act.
Know what I deserve Know that "NO" is not mean	It is your right to say no and not involve yourself, it's okay to walk away, and you must understand who you are and what you want out of your own life to have a meaningful and fulfilling relationship.
Know what I want	It made me more aware, gave me a differ perspective
Know what I want before I go along with someone else.	It made sex much less shameful
Know what I'm worth and that my boundaries are my boundaries that shouldn't be broken	It makes you change the way you think
Know what to look for in a good relationship	It makes you look at a bigger picture in life
Know who my friend really are	it makes you realize things are more important then what you think
Knowing asking doesn't make it awkward	It makes you think more about what you expect in relationships, and that you have to think deeper on what you want and need.
Knowing boundaries	It may help to change your perspective on many topics
Knowing consent is bare minimum	it needs to be comfortable from both sides
knowing consent is just bare minimum	It open my mind to what is going on
Knowing consent is the bare minimum	It opened my eyes about safety
Knowing healthy relationships and asking consent	It opened my eyes on issues that I never thought of before.
Knowing how a healthy relationship looks like.	It outlined the real reason for our culture on relationships and what we can do to improve.
knowing my value	It outlines what makes a healthy relationship
knowing my value in relationships!	It promoted open conversation and was engaging
Knowing my worth	It provided incites on the known.
knowing my worth and not letting people take advantage of me because it's the "normal"	It really makes people more self aware about their wants in relationships and sex
Knowing not to feel bad about myself for not having a boyfriend yet or anything	It revealed some issues that I never known were that bad
Knowing peer pressure is put on myself by myself, not actually put on by my peers.	It showed how to have consenting sex and protect yourself
Knowing that consent is the bare minimum and to never be sorry for saying no.	It showed more about what people should do along with what they shouldn't do
Knowing that consent it is the minimum	It showed that many people don't have self respect
Knowing that I need to get all 7 of the steps	it shows how consent is the bare minimum and how there is 7 steps
knowing that peer pressure is actually self pressure	It speaks value about who you are and what you give and receive for your body
Knowing that saying "no" is never rude.	It summarized how to use consent and how to have mutually amazing sexual relations
Knowing that when i sent nudes as a minor, it was child pornography.	It talked about 7 steps to follow in sexual activity and about how self-pressure is major force in getting involved with sexual activity. Consent is the minimum requirement.
Knowing that you mutually need to be enjoying having sex.	It talked about consent and not folding into peer pressure.
Knowing the 7 steps	it talked about consent and the importance

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Knowing to not only trust myself but also trust my partner.	It talked about healthy communication.
Knowing to say no	It talked about healthy relationships
Knowing whether an encounter is going to be amazing for both me and the other person.	It talked about how communication is key and consent is the bare minimum.
Knowing why porn is so unhealthy, and relationships including sexual acts are more than consent. And porn is extremely inaccurate	It talked about important topics that everyone should know
knowledge	It talked about knowing and communicating what you want
Knowledge	It talked about not lowering your self-respect for someone else
Knowledge	It talked about respect
Knowledge	It talked about respect for yourself and setting sexual boundaries in person and online.
Knowledge	It talked about sexual activity and what it consists of
Knowledge	It talked about the importance of being knowledgeable in topics regarding sex.
Knowledge	It talked about the importance of values in a relationship.
Knowledge	It talked about the stuff we learned in sex ed in 5th, 7th and 9th grade.
Knowledge	it talks about consent
knowledge	It talks about how to handle situations like consent and sexual harassment.
Knowledge	It talks about safe choices within relationships and outside as well as how to navigate life in a respectful and private manner.
knowledge	It talks about sexual assault in depth
Knowledge	It talks about the does and don't of a healthy relationship
Knowledge	It talks about what you need to have in a relationship.
knowledge	It tau go t me the details beyond consent
Knowledge	It taught about how important it is for everyone to be happy
Knowledge	It taught about what to do instead of what not to do.
Knowledge	It taught me a lot
Knowledge	It taught me a lot about sexual intimacy and it's requirements.
Knowledge	It taught me about consent and helped me
Knowledge	It taught me what consent means and what a good relationship entails
Knowledge	It taught us about healthy relationships
Knowledge	It taught us good values that can even be used in everyday life.
Knowledge about consent	it taught us how to approach a healthy sexual relationship
Knowledge about helping friends.	It taught us how to have amazing mutually sexual experiences.
Knowledge in future relationships	It taught us how to react to different sticky situations.
knowledge of 7 steps	It taught us that consent is the bare minimum and that peer pressure is pressure we put on ourselves to be liked by others. Everything we do is in our control and nobody has the right to make us do things.
Knowledge of consent	It teaches you about respect, following your values, and making good decisions. It shows you that you deserve to have your own opinion and choice, that other people deserve their own opinion and choice, and you should make good choices
Knowledge of how to approach women and ask for consent to sex	It teaches you about the healthy relationship.
knowledge of how to deal with uncomfortable sexual situations	It teaches you consent and learning healthy relationships.
Knowledge of my values against others pressures	It teaches you good boundaries, unhealthy situations, and how to respect yourself.
Knowledge of not only what you need in a sexual relationship but also in a healthy relationship with friends.	It teaches you how to achieve sexual trust
Knowledge of peer pressure	It teaches you how to get proper consent
Knowledge of the 7 steps	It teaches you how to have a healthy relationship in high school and make sure your safe.
Knowledge of unhealthy sexual practices	It teaches you how to have respect for yourself in a relationship
knowledge of what is needed in relation so i know when to avoid/ engage with them	It told us about social norms and relationships misconceptions.
knowledge on consent	It tonight me how to get and maintain a healthy relationship
knowledge on consent to educate	It was good
Knowledge on how to approach a sexual relationship	It used informational humor to make students aware of consented sex and why it is important.
Knowledge on how to better stop myself from giving in to peer pressure	It very cool
Knowledge taught.	It was - An interesting talk abt Vincent and social media
Knowledge that consent isn't the goal but a step in the path towards actual good healthiness	It was a beautiful representation on consenting to other people.
Ladder	It was a consent assembly
Ladder of consent	It was a deeper conversation about sexual activity, consent, and relationships.
ladder to connect w people and align interests	It was a description of a healthy relationship.
Later on on my life	It was a direct and honest session about consent and also respect, healthy relationships, and the influence of media on expectations. The speaker focused on personal responsibility, communication, and making choices that reflect your values rather than pressure.
Lead with curiosity	It was a discussion on personal values, and higher standard of treatment
learn	It was a discussion to help students understand the importance of their own role in a relationship and value their own feelings.
Learn	It was a educational session
Learn about consent	It was a fun and informative deep dive into navigating sexual relationships.
Learn and act on it	It was a fun and interactive lesson about what you need as prerequisites to have healthy sex.
learn and act on positive behaviors learned today	it was a fun but deep session ab real life things that we as people fail to under aboutj consent
Learn and apply it when the time arrives	It was a fun engaging lesson about how society pressures us on sex.
Learn and better	It was a fun way to learn how to respect sexual relations with others.
Learn consent for the future	it was a fun way to talk about serious topics
Learn from it	It was a good conversation
Learn from it and start using it more in life	It was a good influential talk
Learn how to ask for consent easily	It was a good info base conversation or presentation and is eye opening.
Learn how to discuss boundaries	It was a good learning experience
learn how to handle situations in which i am vulnerable to others	It was a good lesson
Learn how to not always worrying about people pleasing	It was a good lesson about consent

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
learn how to recognize a toxic relationship	It was a good presentation of how to have sex without doing the wrong thing.
Learn how to say no	It was a good presentation that helped talked about consent and other ideas that follow that.
learn how to say no and once no is said once, do not try to pressure or feel pressured	It was a good program to finally understand and realize the seriousness of nudes, steps for an amazing sexual relationship!
Learn how to stop someone from asking for nudes	It was a good speech and discussion about the importance of 7 steps of a healthy relationship sexually or in life in general.
Learn how to use consent	It was a good talk about what values should guide sexual relationships.
Learn more about consent.	It was a good talk, it covered how people should have higher standards rather than just saying low ones are bad
Learn more about the 7 steps	It was a good talk, we learned some valuable things.
Learn saying NO is not mean	It was a good way to talk about sexual safety.
Learn societal expectations of USA	It was a great education to learn about being relationship is like what to do and not
Learn that "No" is okay and is not to make you feel bad.	It was a great experience and tells us more information about consent and relationships
learn that all types of sexual activity is not abstinence	It was a great experience of know the ins and outs of the topic of relationships
Learn that consent isn't the most important thing	It was a great informational and power presentation about how important consent and respect is in sexual relationships, and just normal relationships in general
learn that it should be my choice and not peer pressure	It was a great learning experience
Learn the ladder because it is important for a relationship.	It was a great learning experience and I feel more educated in sexual assault
learn the steps of consensual sex	It was a great lecture on how to build healthy relationships. As well as to have safe sexual intimacy.
Learn to find confidence and validation from myself	It was a great session that reminds everyone that peer pressure doesn't exist.
Learn to find confidence and validation from myself	It was a great way to learn
Learn to have more trust in myself	It was a great way to learn about what people really think about sexual activities and relationships
Learn to lower my expectations but keep my standard	It was a helpful seminar that helped us recognize the importance of things such as consent in sexual intercourse.
Learn to respect my couple	It was a helpful session to help me establish my boundaries
Learn to respect myself more	It was a helpful talk about relationships
Learn to say "NO"	It was a helpful way to get past the illusions of relationships that seem healthy.
Learn to say no	It was a helpful, self awakening session
Learn to say NO	It was a informative lesson on the values of you and your sexual relationships
Learn to say no	it was a learning experiences with good reminders on safe practices
Learn to say no	It was a leason on how to engage in sexual activity and friendships.
Learn to say no and ask to my partner everything	It was a lesson about what to do if your relationship went sideways and how to get a healthy relationship.
Learn to self respect	It was a lesson in valuing yourself and others in sexual relationships in safe ways.
Learn to take control of a situation if it gets too sexual	It was a lesson on healthy relationships
Learn to take my values into account before making a decision about having sex or being in a social situation that involves drinking or drugs.	It was a live, healthy introduction to the ideas relating to healthy and strong relationships
Learn to trust my self when faced with peer pressure.	It was a look into the real world and how you should have respect and truth with people. And yourself
Learn to trust myself better and get more comfortable with verbal communication.	It was a lot about personal issues that can reflect onto other people's issues
Learn to trust yourself	It was a much needed meeting that cleared many questions regarding topics that are uncomfortable, but important to discuss.
Learn to use more consent	It was a positive experience that focused on the things people should strive for in healthy relationships.
learn what to do in college	It was a powerful session that is needed for everyone
learn your values	It was a presentation about consent and making sure you are not falling to peer pressure
Learned about make correct choices	It was a presentation about how consent is the minimum pom is bad
Learned no peer pressure	It was a presentation on the highs and lows of a relationship and how sex can help or harm one.
Learned that there is a lot more to consent then what I thought.	it was a presentation on way to having healthier relationships with yourself and your partner
learned to say no when necessary	It was a pretty inspiring session and an important conversation to have, and the speaker did a very good job framing it for teenagers.
Learning about being a people pleaser and always saying yes	It was a program about mutually consensual awesome sexual relations.
Learning about peer pressure at parties	It was a realistic representation of sexual lives as a teenager. Very realistic with expectations of sexual life.
Learning about toxic relationships	it was a really informative lesson
Learning boundaries	It was a really interesting presentation on more than just consent. One of the more unique things we learned was about healthy aggression, and even if it was just a passing comment, I've never actually heard of that before, which was really eye-opening. We also learned about pressures and the existence of peer pressure being largely an intrinsic concept.
Learning how to be responsible and knowing what the bare minimum is.	it was a reminder of what you should and shouldn't do to in order to have a healthy relationship
Learning how to respect my own boundaries and trust myself	It was a safer choices presentation for people to use to gain information
Learning how to say No	It was a session full of new knowledge.
Learning how to say no, and always care about consent	it was a seminar assembly about consent and healthy relationships
Learning how to set boundaries between me and others.	It was a seminar on how to use your body. Although it was disparaging religion, its tenets could be summed up with this: commitment and marriage.
Learning how to trust myself first before trusting anyone else	It was a session about setting sexual standards
learning that consent is the bare minimum	It was a session about sexual activity, and it was more than being told to not do it.
Learning that it's okay to say no.	It was a session about sexual assault and was very informative
Learning the basic steps	It was a session describing the steps to mutual amazing sexual intimacy.
Learning to accept myself and my needs	It was a session explaining healthy intimate relationships
Learning to have all those things in my relationships	It was a session held on how to respect others and yourself in all situations
Learning to have more trust in myself, over having trust in others	It was a session informing about sexual consent and assault
Learning to listen to every person if they need your help.	It was a session of how to feel safe, trust, and mutually enjoy a relationship
Learning to not say sorry before suing no and meeting all the steps of the ladder in a healthy relationship	It was a session on the importance of trusting myself and my partner before engaging in sexual intimacy.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Learning to respect myself more and not being scared to say no	It was a session regarding consensual sexual relationships and interactions
Learning to say no	It was a session teaching consent
Learning to say no	It was a session that addressed really uncomfortable topics but was extremely educational.
Learning to support people not fix them	It was a session that discussed the steps to building a nice, consensual relationship along with red flags to avoid among peer pressure
Learning to value myself and my choices	It was a session that people need to hear
Lesser expectations.	It was a session to teach us about consent and how we can recognize wrong from right.
Lessons about peer pressure, alcohol and sex	It was a session where we learned about safe, mutually amazing sex and how to be confident in saying no.
Let me friends know I support them	It was a session where we learned the value of putting us as a priority before peer pressure.
Let my friends know I'm there	It was a talk about consent
Let my toxic crush go	It was a talk about consent and having good consensual sex.
Let other people know	It was a talk about consent and how to act responsibly with your partner.
Let others know they have support in me	It was a talk about knowing what a sexual relationship should feel like instead of what we are told it's like
Let people know I'm there for them	It was a talk about responsibility and sexuality, the impact sexuality have in our lives in high school, and how to choose our partners and when to choose the correct person to have sex with.
Letting someone down is better than leading them on if I don't like them.	It was a talk about sexual relationships
Life	It was a talk about what makes up consent and a good sexual relationship.
Life	It was a talk about what we should do instead of what we shouldn't do when it comes to sexual relationships.
life	It was a talk focused on healthy relationships and consent
Like a better understanding.	It was a talks about sex and that the standard is mutually amazing consensual sexual intimacy and the bare minimum is consent. Also, the session talked about the 7 steps to healthy relationships which includes respect, attraction, knowledge, trust, safety, mutuality, and oral communication. Nudes are NOT okay ever. Peer pressure doesn't exist and it's actually self pressure to fit in. Don't objectify people and use them for your pleasure that can be rape and sexual assault which are serious crimes.
Likely nothing	It was a valuable reminder about things people often overlook.
Limited government	It was a very educated session on important steps
Liquid cowardice No is a choice...empowerment	it was a very educational experience
Liquid does not create courage it creates cowards!	It was a very engaging way to talk about the serious topics of mutual respect and safety in sexual relationships.
Listen to my partner	It was a very good convo. I liked it better than last year. It talked about consent being he bare minimum. Having to respect yourself. Don't slut shame. Pom isn't realistic.
Listen to myself more	It was a very good session about consent and how sexual interactions can be healthy.
listen to no	It was a very good session to let people know that you are a person who is able to do what they want
Listening to my intuition.	It was a very helpful meeting over sexual relationships. Telling us what to do instead of what not to do.
Locating consent on slope.	It was a very helpful session and will be important
Long distance is only harmful if you let it be.	It was a very important daily life and moral value lesson for you adult life
Long distance relationships can work with commutation.	It was a very important topic that everyone needs to know more about
Look at my current relationship	It was a very important topic which allows people to be more comfortable in uncomfortable situations
Look at prom differently	It was a very informational conversation which is very beneficial.
Look at the 7 steps of a good relationship and recognize what makes or breaks a healthy relationship.	It was a very informational session that reminded me that patience is key, love is also key. Take things slow and make sure you both are ready.
Look at the abuse around me in daily life and stop it	It was a very informational session that taught teenagers that consent is the bare minimum and there are many other aspects to have a healthy relationship
Look back at it as info on how to have a healthy sexual relationship	It was a very informative and we could use it in everyday life
Look for the 7 steps and not have any expectations but have standards	It was a very informative discussion about relationships. It is very important to learn about all of these things about being in a good relationship.
Look for the red flags if they try to hook up	It was a very informative session and I learned a lot about sexual intimacy and safety.
Look out for my friends !	It was a very informative session and lesson about consent.
look out for my friends and communication always	It was a very informative session that took a unique approach on sexual interactos that we aren't usually told or taught. It was amazing how Mike made it a safe and comfortable environment for everyone and encouraged us to share while also making sure the comments that were immature were acknowledged as just that, immature. He also answered some questions from fellow high schoolers and acknowledged the things that actually happen rather than just pretending they don't happen and telling us we shouldn't be a part of them.
Look out for my friends if we're out somewhere.	It was a very informative talk on sexual relationships.
Looking for all 7 steps of the stairs in all living relationships that I have.	It was a very interactive and engaging presentation that specifically highlighted sexual problems in the modern culture.
Looking for more than just the bare minimum in a relationship.	It was a very interesting and insightful session.
looking for real relationships	it was a very interesting and thought provoking experience
Looking to use curious language, the origin of a statement.	It was a very interesting and useful talk
lots	It was a very interesting session
Lots of it	It was a very knowledgeable lesson.
love is honesty	It was a very open conversation about the basics of what to expect in sexual relationships.
Love is made of all seven steps	It was a very real conversation about sexual encounters with others in life.
Love is the 7 steps	It was a very silly presentation about being a loving partner
Love people	It was a very thorough and affirming exploration of being sexually active.
Love yourself first.	It was a very upfront way of talking about sexual intimacy that didn't feel uncomfortable, and just felt very real.
Low expectations, high standards.	It was a well run interactive talk
Lower expectation not standard	It was about becoming comfortable and answering questions about sexual relationships

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
lower expectation not standards	It was about being sexually healthy and not judging
Lower expectation, hold standards	It was about consent and healthy relationships including sexual ones.
Lower expectation, not my standards	it was about consent
Lower expectations	It was about consent
Lower expectations	it was about consent
Lower expectations	it was about consent
Lower expectations	It was about consent
Lower expectations	It was about consent a bit long but it's teaches you hella values
Lower expectations and keep standards	It was about consent and a deeper meaning into it
Lower expectations and not standards	It was about consent and having a healthy relationship
Lower expectations and not standards	It was about consent and healthy relationships
Lower expectations and set boundaries	it was about consent and how to have satisfying relationships with people
Lower expectations but keep standard	it was about consent and intomaxy
Lower expectations but not standards	It was about consent and learning to trust yourself more in a relationship
Lower expectations hold the same standards	It was about consent and make sure your being safe
Lower expectations in relationships	It was about consent and relationships
Lower expectations keep standards	it was about consent being the bare minimum
Lower expectations not boundaries	It was about consent being the bare minimum and the steps to a mutually consensual relationship.
Lower expectations not standards	It was about consent being the bare minimum and what you need in a healthy relationship
lower expectations not standards	it was about consent by both sides
lower expectations not standards	It was about consent, respect, knowledge trust and pomography is very unrealistic and bad
Lower expectations not standards	it was about everything beyond consent
Lower expectations not standards	It was about giving consent.
Lower expectations not standards	It was about having a healthy relationship and being cautious of your own boundaries and sending nude pictures of himself
Lower expectations not standards	It was about having healthy relationships
Lower expectations not standards	It was about having safe sexual relationships and preventing the dangers of sexual relationships
Lower expectations not standards	It was about having sex.
lower expectations not standards	It was about healthy relationships and decision making
Lower expectations not standards	It was about healthy sexual relationships
Lower expectations not standards	It was about healthy sexual relationships and relationships
Lower expectations not standards	It was about healthy, consensual sexual relationships.
Lower expectations not standards	It was about how important consent is and that you have the power to say no when you don't want something. You need to be mutually agreeing.
lower expectations not standards	it was about how little people actually know about healthy sexual relationships
Lower expectations not standards	It was about how to call for consent and prevent sexual activity
Lower expectations not standards	It was about how to have a health sexual relationship
Lower expectations not standards	It was about how to have a mutually amazing sexual experience.
lower expectations not standards	It was about how to have healthy sexual relationships with a partner.
Lower expectations not standards	it was about how to maintain healthy relashinships
Lower expectations not standards	It was about how to properly enjoy sexual activity safely.
Lower expectations not standards	It was about how to reach a happy sexual relationship and how to have trust in yourself.
Lower expectations not standards.	It was about how your value is more than just sexual, and consent is the bare minimum. Also that body language can be different than what the person is actually trying to say.
Lower expectations not standards.	It was about intimacy, sexual assault, and healthy sexual relationships.
Lower expectations not standars	It was about learning about consent and how pomography is not good.
Lower expectations not your standards	It was about like how to respect your partner even with consent.
Lower expectations not your standards	It was about proper consent and healthy relationships
Lower expectations raise standards	It was about relationship and consent and it went through it deeply
Lower expectations, not standards	It was about safe sex choices
Lower expectations, not standards	It was about sex stuff
Lower expectations, not standards	It was about sexual activity and what we should expect for safe sexual activity
Lower expectations, not standards	It was about sexual assault and what not to do in highschool
Lower expectations, not standards	It was about sexual consent and being able to trust myself and my partner.
Lower expectations but keep standards	It was about sexual consent and change of mindset
Lower my expectation not my standards.	It was about sexual intimacy, not lowering standards, how to get out of abusive relationships, and how to enjoy yourself safely.
Lower my expectations	It was about sexual relationships and how to have a healthy relationship
Lower my expectations and not my standards	It was about standards of sexual activity such as consent.
Lower my expectations and not my standards	It was about the keys to a healthy relationship and sexual relationship.
Lower my expectations keep my standards high.	It was about the priorities of sex and what not to do
Lower my expectations not my standards	it was about what a truly good relationship is
lower my expectations not my standards	It was about what is the rush for sex
Lower my expectations not my standards	It was about what it means to have a healthy and trusting sexual relationship means.
Lower my expectations not standards	it was about what makes a healthy relationship and what consent is.
Lower my expectations so that I don't get hurt, but don't lower my standards	it was about what makes up a healthy relationship and mindset surrounding sex, and what consent is.
Lower my expectations.	It was actually kinda fun and I learned a lot
Lower standards and understand nobody is perfect.	It was aight
Lower ur expectations not ur standards	It was akward but fun and educational.
Lower ur expectations not ur standards.	It was all about consent and managing relationships in high school.
Lower your boundaries, not your standards.	It was all basic info, however phrased in ways that would come through to the people who ignore it, with scenarios.
Lower your expectations but not your standards	It was alright
Lower your expectations but not your standards	It was alright
lower your expectations higher your standards	It was amazing
Lower your expectations not standards	It was amazing
Lower your expectations not your standard	It was amazing

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Lower your expectations not your standards	It was amazing
Lower your expectations not your standards	It was amazing (SHOULDNT have missed it)
Lower your expectations not your standards	It was amazing and relatable.
lower your expectations not your standards	It was amazing and super informative.
Lower your expectations not your standards.	It was amazing and very informative
lower your expectations. not standards	It was amazing, eye opening, and informational.
Lower your expectations, not standards	It was amzand I learned a lot
Lower your expectations, not standards!!	It was an amazing experience to talk of the sexual things of not to do and to do
Lowered peer pressure, feel a little less bad.	It was an amazing presentation about how to have positive relationships, mainly sexual. It discussed the dangers of sending nudes, especially with the illegal aspects for teenagers, and how consent works within marriage. It also mentioned how, even in religion, sex isnt listed as something to be ashamed of having.
Lowering expectations and keeping standards, and also recognizing someone not respecting my boundaries as a red flag on their part- I shouldn't feel guilty, they should	It was an amazing session and the speaker was very good
lowering expectations but not standards	It was an amazing talk about how to get a healthy relationship
Lowering expectations not standards	It was an assembly about consent and how to have respect for one another before engaging in any sexual actions.
lowering expectations not standards	it was an assembly talking about consent and the 7 building blocks to a healthy mutual relationship and making sexual topics not taboo
Lowering expectations, keeping standards	It was an education talk to help people learn about the needs for consent
Lowering my expectations but not my standards	It was an educational and helpful presentation on what to do in the sexual world and it help you prepare for what's next and how to be more comfortable with yourself
Lust is an important distraction to avoid and we need to be ourselves and not break into peer pressure	It was an educational presentation about the value of consent
Mainly the stuff about not focusing on keeping up with what my peers say about sexual activity	It was an educational session on consent, self worth, and myths.
maintain a healthy relationship with both my partner and friends ensure our values align	It was an engaging session that discussed consent and its importance in a relationship and daily life. It also involved questions from the audience.
Maintain these ideas and apply the ideas if such relationships come up. (And in general relationships)	It was an extremely educational lecture on sexual relationships. It informed us on healthy relationships, red flags in a relationship, and ways to maintain a healthy relationship.
Make better choices in relationships	It was an extremely engaging presentation on how to view relationships.
make better decisions and respect myself first	It was an extremely interactive conversion about consent
Make good choices	It was an eye-opening experience
Make life a better place	It was an hour long
Make more observations and be there for people and spread the awareness of what should be the take away.	It was an impactful and important session about a topic that isn't talked about enough with teenagers
make more of my own decisions	It was an important and lesson filled session on the importance of having healthy consensual relationship.
Make my decisions sexually more knowledgeable	It was an important lesson that covered the solution to stopping sexual assault
Make my relationships better and more meaningful	It was an important session about pressure and relationships.
Make my school a safer place	It was an important source of knowledge.
Make responsible choices	It was an in depth discussion on the Do's of consent and sexual relationships
Make smarter decisions with who i date	It was an in depth look on sexual consent and activity
Make sure both parties are enjoying it	It was an in depth talk about the importance of sex and the culture of it in high school.
Make sure consent is always there	It was an incredibly insightful but also very fun and engaging session.
make sure everyone in my life is being in these kind of healthy relationships ig	it was an informational talk that was helpful and humorous
Make sure everything is consensual	It was an informative and helpful discussion on consent
Make sure friends feel uplifted	It was an informative and interesting discussion on how it's healthy and okay to say no and talk about sexual relationships.
Make sure I am able to differentiate love and infatuation.	It was an informative and valuable conversation about relationships, sexuality, and prioritizing health/wellbeing
make sure i am comfortable before i do anything	It was an informative meeting about proper sexual activity
Make sure I am honest with myself before deciding yes or no to a consensual question	It was an informative meeting regarding the true meaning of a healthy relationship.
make sure i am supporting my friends instead of trying to fix their problems.	It was an informative presentation on consent
Make sure i ask before i give a smoochie	It was an informative session ab the importance of healthy and safe intimate relationships
Make sure I ask for consent	It was an informative session about how to have a healthy relationship and what consists sexual assault and infatuation.
make sure i don't get taken advantage of because i can keep in mind what consent is	it was an informative session about sexual relationships and what to do if nudes are sent and spread.
Make sure I have a healthy, respecting relationship with people	It was an informative session on the basis of consent. A key point was that consent is a bare minimum.
Make Sure I have consent to do anything	It was an informative session.
Make sure I have the 7 healthy steps	It was an informative, deep yet still light at times session about the are minimum in relationships, sexual or not and how to navigate them.
Make sure I have the 7 levels before I have sex	It was an interactive lesson that helped to ingrain good values into my head
Make sure I know everything my partner expects and wants before being intimate	It was an interactive presentation about sexual activities and how to have a good, mutual and consensual relationship
Make sure i put myself first	It was an interesting conversation
make sure I remember 7 steps	It was an interesting talk about topics that are not commonly talked anout in public especially by adults like parents.
Make sure I remind myself that I don't have to take choices I don't want to just because they try and persuade me	It was an interesting, fast paced assembly. Mike seemed super educated and had thorough answers to every question.
Make sure I respect myself.	It was an intimate and interesting conversation expressing the importance of respect and communication within relationships
Make sure I strive beyond consent	It was an open healthy discussion, engaging and informative about boundaries, relationships, and sex.
Make sure i talk about the 7 words with my partner or friends etc	It was an overview of having a good relationship.
Make sure I trust myself before others.	It was an overview of healthy expectations and skills for developing sexual/romantic relationship, followed by a q and a.
Make sure I use all 7 steps.	It was awesome
Make sure i use consent for things that are and arent sexual	It was awesome

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Make sure I value myself and my partner in my relationships	It was awkward but an important lesson that is needed to be taught more in modern society
Make sure I'm in an amazing healthy relationship	It was basically about consent and how both people should be happy in a relationship
Make sure I'm ready	It was beautiful
make sure im and others are safe while expressing their sexuality	It was better than the advisory the school gives.
Make sure it's always mutual.	It was boring
Make sure me and my friends never feel pressured into anything	it was boring be glad you didn't attend
Make sure my partner is 100% comfortable during sex.	It was both informative and helpful in talking about tough topics.
Make sure my partner is comfortable in our relationship.	It was comedic and entertaining and easy to follow
Make sure my partner is happy and none of us have toxic traits	It was consent drugs and sex related
Make sure my partners aren't weirdos	it was consent y and stuff
make sure my relationships are like the staircase u showed us	it was cool
Make sure my relationships have all 7 steps.	It was cool and good info
Make sure my relationships have proper communication and understanding between each other's expectations	It was crazy
Make sure my standards are always high and reasonable.	It was debunking sexual myths and info on healthy relationships
Make sure someone is comfortable in a situation	It was deep and life lessons were learned today that i wish my parents or someone shared with me. But instead i had to learn across the table from a judge in the courtroom.
Make sure someone is giving authentic answers and not answers from pressure.	It was deep but real. Audience involvement was apparent
Make sure that a relationship follows the 7 steps. Protect friends as well	It was deep.
Make sure that everything is legal	It was deeply eye-opening and you gain a lot of knowledge about sex.
Make sure that I am aware of my own choices.	It was deeply impactful
Make sure that I do things for me, and not to be liked by others.	It was direct
Make sure that I, as well as my partner feels respected in a relationship.	It was dope
Make sure that i'm not being pressured into anything that I don't truly want to do.	it was educating
Make sure that if I ever get asked this I'll report it and share proof of what I witnessed	It was educating to myself and others on what a healthy relationship is and is not
Make sure that if I have a boyfriend in the future that we are both on the same page with this stuff	It was educational
Make sure that my mom girlfriend always knows she shouldn't feel like she NEEDS to do anything because she owes me or because "I'll be upset" or something of the instance. I'll also not allow my friends to show me pictures of girls they're talking to	It was educational
Make sure that people are not uncomfortable	it was educational
Make sure that the person that I am interested reciprocates that feeling	It was educational and clear about how to properly interact with one another in certain situations
Make sure that when it is time to get into relationship I follow these steps.	It was educational and informative
Make sure that you and your partner both actually wants it.	It was educational. Taught a lot about how to know when your in a bad relationship, or how to be a good in a relationship.
Make sure that you have Natural Amazing Consensual Sex	it was empowering
make sure there is always the seven steps	It was empowering and encouraging.
make sure there is consent	It was encouraging and helpful for me.
Make sure they have their values and to respect others	It was engaging
Make sure they the right	It was engaging
Make sure to always voice your opinion	It was engaging and applicable.
Make sure to apply when needed	it was engaging and eye opening
Make sure to ask for consent before engaging in sexual activity	It was engaging and informative.
Make sure to ask for consent.	It was engaging, intelligent, helpful, real, and eye-opening.
Make sure to ask for oral consent too	It was enjoyable
Make sure to be respectful and ask for consent before you do anything sexual.	It was enjoyable funny and serious
Make sure to check all 7 steps	It was enlightening
Make sure to communicate with a partner	It was enlightening
Make sure to consent	It was enlightening and showed me what healthy sexual looks like
Make sure to gain consent for even things you feel are not important.	It was enlightening, funny, and informative
Make sure to get all 7 steps	It was entertaining and informational
make sure to get full consent	It was extremely engaging
make sure to incorporate all 7 steps in future relationships	It was extremely eye opening and truthful
make sure to intervene if u see any situation where someone is being assaulted	It was extremely healthy
Make sure to make healthy decisions in relationships.	it was extremely informative
Make sure to not look at nudes on someone else's phone.	It was extremely informative allowing you to understand about relationships.
Make sure to report and ensure that all 7 steps of sexual relationships will be achieved in my own relationships	It was extremely informative and eye opening speaking about sexual topics that are often stigmatized.
Make sure to respect the answers regardless of consent	It was extremely interesting
make sure to say no and not get influenced by my partners way of thinking about the sexual life	It was extremely well researched and useful for everyone.
Make sure to trust myself first.	It was eye opening
Make sure to trust myself.	It was eye opening
make sure to use all the steps	It was eye opening
Make sure to use constant	It was eye opening and helped me understand more about sexual acts
Make sure to use the 7 steps	It was eye opening to how messed up our perception of consent is
Make sure you both know what you want	it was eye-opening
make sure you have all 7 steps of a healthy relationship to feel comfortable	It was eye-opening.
make sure you have an amazing relationship first	It was fantastic and informative.
Make sure you have consent	It was fine if you didn't come, it was same as last year
make sure you have self respect	It was fire
make sure you have trust and respect with your program	It was freaking amazing. Go go go
Make sure you talk	It was full of helpful information for a healthy relationship.
Make sure you trust yourself first	It was fun
Make sure you trust yourself first	It was fun
make sure your not being stupid and giving yourself up because it's cool and everyone else is doing it.	It was fun
Making my standards higher for relationships	It was fun
Making standards high.	it was fun

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Making sure about healthy relationships	it was fun and educational
making sure any relationships have the seven steps	It was fun and energetic
Making sure consent is baseline	It was fun and entertaining
Making sure I am working to complete all 7 steps in all of my relationships.	It was fun and serious at the same time but it was a clear
Making sure I have all 7 important things in a healthy relationship	It was fun and very insightful
Making sure I have all 7 steps	it was fun, engaging and serious.
Making sure I have all 7 steps in a relationship.	It was fun, very educative, and also very effective because of all of the audience participation
making sure I have all 7 steps when being in a relationship	It was fun, you should be there
Making sure I keep myself happy not trying to please others	It was funnily relatable
making sure i make better choices in my parents	It was funny and infomative beyond just telling you that you should ask for consent
Making sure I trust myself, and knowing that consent is the bare minimum.	It was funny, but very important.
Making sure I use all 7 steps.	It was funny, engaging, and very informative.
Making sure i will stay safe online	It was good
making sure I'm being responsible with every decision i make in my life	It was good
Making sure my relationship is healthy and has all seven of the staircase qualities	it was good
Making sure my romantic relationships contain the essential parts of a healthy relationship	It was good
Making sure that in a relationship, it follows the words in the stairways	It was good
Making sure that there is always mutual consent.	It was good
Making sure that you are appeasing your boundaries over any one else's	It was good
Making sure they do the 7 things	It was good
Making sure to ask for consent no matter what	it was good
Making sure to explicitly get consent	It was good
Making sure to keep the mutual consent ladder in mind both in romantic and platonic relationships.	It was good
Making sure to respect others and use the steps in a relationship.	It was good
Making the right choice	It was good
Many things	it was good
Maybe I will rethink many times according to the content we have learned today before sex...	It was good
Maybe responding the cuestion that the person ask	It was good and educational
Me carful on the decisions you make	It was good and enlightening
Measure of healthy relationships	It was good and informative
Mindful and have respect and trust in myself	It was good and informative.
mindset	It was good and informative.
Mindset	It was good and it talked about things that nobody really talks about
More about consent and what a relationship should look like	It was good and lots learned
more awerness	It was good and reminded me of things I should know
More careful approach to boundaries, asking for them.	It was good and u can understand how are many things out there
More communication	It was good and very informational.
More communication with my partner	It was good for people who didn't know about it.
More confident about saying no	It was good on how to learn consent
More honest communication in relationships	It was good to be educated.
More knowledge about dating	It was good to hear and he put things in a better perspective that was easier to listen to.
More knowledge of healthy relationships	It was good very informative
more standards higher	It was good, better than what i expected
More than consent is needed.	It was good, helpful, and useful to remember
More than just consent	It was good.
More thought	It was good.
Most likely no means no. I think a lot of my friends don't understand that enough in any situation.	It was good.
Most likely nothing, maybe be more vigilant	It was good.
Most of it	It was good/ needed
Mostly all of it	It was great
mostly the fact that peer pressure can always have bad outcomes.	It was great
Mutual Amazing Sex	It was great
Mutual consent	It was great
Mutual consent	it was great
mutual respect	It was great
mutual respect	It was great
mutual respect is important	It was great
mutual respect is very important	It was great
mutual respectful relationship	It was great
Mutuality	It was GREAT
Mutuality	It was great
Mutuality, not forcing the other person	It was great a lot to learn
Mutually	It was great and helped students learn the healthy standards of love and care and respect
mutually amazing	It was great and informative
Mutually amazing consensual relationship. Not settling with the bare minimum	It was great and kept everyone engaged.
mutually amazing consensual sex	It was great and really eye opening, definitely recommend
Mutually amazing consensual sex	It was great and very important.
Mutually amazing consensual sexual intimacy	It was great and we learned about a proper relationships in multiple contexts
mutually amazing consensual sexual relationship	It was great because it really talked about what was ok and what wasn't
Mutually amazing consent	It was great covered sexual miscommunication
Mutually amazing consented sexual relationships is supremely ideal	It was great to understand relationships (sexual or not) much better than i had before
Mutually amazing convo	It was great, many questions were asked. People are too chaotic sometimes.
Mutually amazing relationships	It was great!
Mutually amazing sex	It was great.
Mutually amazing sexual intimacy	It was grwat
Mutually amazing sexual intimacy	It was healthy to hear.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Mutually amazing sexual relationships are what you should strive for in sexual activity. There are no shortcuts to excellence.	It was heat
Mutually happy relationships	It was helpful
Mutually Healty Relationship	It was helpful
My ability to voice my concerns and address other's concerns	It was helpful
My actions determine power dynamics	It was helpful
My body is a temple i need to appreciate it more	it was helpful
My body my choice	It was helpful
My consent.	It was helpful
My family life	It was helpful and informative
My friends and I deserve better	It was helpful and informative
My improved understanding of mutual consent in relationships	It was helpful and it's important to remember consent is the bare minimum.
My knowledge	it was helpful and reached highschool studebts about the impacts of their sexual activity and boundary setting
My knowledge for good!!!!	It was helpful despite I'm not planning on having sex
My Knowledge on how to give and get consent.	It was helpful especially with how this is such a sensitive topic.
My knowledge that consent is important.	It was helpful examples of real expectations.
my knowledge to better inform myself and others	It was helpful for those who may have serious questions about real sexual intimacy and its benefits and consequences.
My learning of consent and self control	It was helpful if you are in a toxic relationship with the advice given from the speaker and you can also use the tools to help out someone in trouble
my life	It was helpful in learning about what a healthy relationship should be like.
my listening skills	It was helpful to learn about consent
my long distance relationship	It was helpful to learn about consent
My own self respect and using my voice to say what i want to say.	It was helpful to many high school students.
My partner needs to learn my body.	It was helpful to understand what is healthy in relationships and what isn't.
My perspective and triggers for peer pressure.	It was helpful, and a reality check to our reality.
My relationship must meet the 7 parts talked today	It was helpful.
my relationships in the future	It was high energy but also discussed serious issues. Consent is the bare minimum and you should never give into pressure.
My self worth is most important.	It was highly informative and I would suggest they see it
My understanding of consent will help me make better informed decisions within my platonic and romantic relationships	it was honestly good, like i was expecting some stupid crap but it was surprisingly good
My values	It was honestly really funny and engaging.
My values above all else	it was hood
My values above peer pressure	it was ight
My values and the pressure from others is a big thing	it was important about expectations
My values are important and I should take consideration of them	It was important in learning healthy habits
My values are more important than the pressure others may put on me.	It was important information to have!
my values are more important than what others think of me	it was important it thought a lot
My words and respect	it was incredibly informative and really engaging
N	It was informal
N/A	It was information about how to make sure you're in a trusting relationship
N/a	it was information and not awkward
n/a	It was information, and it teaches you that society has a different view on thing that are "ideal"
N/A	It was information, and we learned that there is so much more to ethical sexual activity other than just consent.
n/a	It was informational
N/a	It was informational about consent and sexual relationships.
N/A	It was informational about myths and what sexual activists are supposed to be like
N/a	It was informational and eye opening.
N/A	It was informational and needed
n/a	It was informational and provided someone with a deeper understanding of what consent actually means
N/A	It was Informative
NA	It was informative about child exploitation and contest with in sexual relationships.
Na	it was informative about how to be safe and confident in your relationships
NA	It was informative and a good lesson
NA	It was informative and a reminder to set boundarines with your partner.
na	It was informative and actually funny

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Nah	It was informative and aligns with my own beliefs.
navigating healthy relationships with partners	It was informative and answers questions teens may have.
Need consent	It was informative and challenged some perceptions I had had prior to this.
Neither side should have more power	It was informative and discussed various topics such as pressure, consent, sexual activity, effect of alcohol.
Never ask for or spread nudes Foundation of respect for all sexual relationships Both sides have to really want to	It was informative and entertaining. He was a very good speaker and talked about very important and specific topics.
Never be ashamed of being used. It is NOT your fault!	It was informative and explained to kids how to have healthy relationships.
Never feel guilty about saying no to something you do not want to initiate.	it was informative and fun
never get peer pressure into having sex	it was informative and helped me learn about consent
Never get pressured by other to do things that you don't want	It was informative and helpful
Never hurts to ask	It was informative and helpful when learning how to react and interact with others.
Never let anyone guilt me into something!	It was informative and I liked how it provided solutions not just identifying the problem
Never let someone pressure me into things	It was informative and interactive
never say sorry before an answer	It was informative and interesting
Never say sorry before no	It was informative and lesson learning
Never send nudes and never accept or spread them.	It was informative and meaningful and taught great lessons about how to approach sexual activity
Never send nudes or ask	It was informative and really useful for life.
Never send nudes, not healthy relationship	It was informative and reinforced a sense of community and acceptance for the survivors of assault.
Never send nudes.	It was informative and somewhat entertaining
Never send nudes.	It was informative and the speaker didn't make it awkward and talked about the subject with sensitivity.
Never send nudes.	It was informative and useful
never send or ask for nudes	it was informative and well balanced
never send/ask for nudes	It was informative in highlighting mutually amazing consensual relationships.
Never sending nudes and screenshotting proof of them asking.	It was informative in the sense that it showed what we should strive for beyond basic consent in a relationship.
Never use alcohol for sexual acts.	It was informative of consent, sexual relationships, nudes, toxic/abusive relationships, and how to have a healthy relationship.
New information	it was informative, helpful, and eye opening
New knowledge and understanding	It was informative.
New standards	It was informative.
New standards	It was informative.
Next time I interact sexually with someone	It was informative.
Next time I'm take the tours cuz I missed 4th meal for this yapping	It was informative.
Next time someone asks for nudes I am going to screenshot the text and report them	It was informing
No	It was informing way to educate students on sex
no	It was insightful
No alcohol for sex	It was insightful and education and taught me about consent
No ask for nudes	It was insightful on learning about sec and consent
No calling people a pussy	It was insightful, it was the correct level of serious, and it was worth listening to.
No clue	It was inspirational
No doesn't just mean no	It was inspiring
No doesn't mean no	It was inspiring
No fap	It was intense and straight to the point. I learned to respect others along with myself
No intervene is something bad is happening to someone that can hurt them.	It was interactive and easy to follow along.
No is a full sentence!	It was interactive and gave lots of information.
No is a full sentence.	It was interactive and very interesting, easy to follow and good.
NO is a good answer	It was interactive, interesting, and informative!
No is an answer. My values are more important than someones ego. If someone truly loved me they would respect my answer.	it was interesting
No is more important	It was interesting
No is no	It was interesting
No is not bad	It was interesting
no is not mean	It was interesting
No is not mean	It was interesting and a good conversation to have about not only consent, but also the foundations of a good relationship, platonic or sexual
NO IS NOT MEAN	It was interesting and I learned a lot about how to have a healthy sexual relationship
No is not mean	It was interesting and insightful to learn about what a healthy high school relationship is. There were good live demonstrations and it was really engaging.
No is not mean	It was interesting and interactive
No is not mean	It was interesting and specific in the good way
No is not mean	It was interesting and thought provoking.
No is not mean	It was interesting and very audience oriented which made me learn more
No is not mean	it was life changing
No is not mean	It was life changing
No is not mean	It was life changing
No is not mean	It was like that one episode of Big Mouth except way more appropriate.
No is not mean	it was lit
No is not mean	It was lit
No is not mean	It was lit
No is not mean	It was lit
no is not mean	It was long
No is not mean	It was long
No is not mean	It was lowkey a lil funny
no is not mean	it was lowkey fire
No is not mean	It was mainly about consent and doing what you and your partner really want
No is not mean	It was mind altering and changed my perspective on people
No is not mean	It was mind blowing.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
No is not mean	It was more emotional sex ed rather than physical
No is not mean	It was more in depth for a person who can now handle the topic of sexual relationship with enough maturity.
No is not mean	It was more of a brief discussion about consent, relationships and how to avoid any type of conflict and willing to both agree on what will happen
No is not mean	It was more thoughtful and went further then just asking for consent.
No is not mean	It was mostly beneficial but did not entirely align with my values, as it was secular in nature. I would have preferred it to condemn ALL extramarital sexual activity instead of normalizing underage, dangerous, and immoral acts.
No is not mean There is sexual slope	It was mostly common sense
No is not mean and it's a full sentence	It was motivational and helpful
No is not mean and peer pressure could just be self pressure.	It was mutually amazing.
No is not mean to say	It was nice
No is not mean-set your boundaries	It was nice
No is not mean, all of this is for my own self anyways	It was ok
No is not mean, and I shouldn't say sorry before no	It was okay
No is not mean, don't say sorry.	it was okay
No is not mean, it is honest	It was okay
No is not mean, know if the relationship is worth it	It was peak
No is not mean!	It was powerful
No is not mean.	It was powerful
No is not mean.	It was powerful and real and vulnerable
No is not mean.	It was pretty chill. It was kinda like last time but less sad and more relatable I guess.
No is not mean.	It was pretty engaging and covered a lot of scenarios, it also seemed like a good working lecture
No is not mean.	it was pretty good
No is not mean.	It was pretty good
No is not mean.	It was pretty good
No is not mean.	It was pretty good, we talked about the steps for a healthy relationship and stuff, it was pretty cool.
No isent bad	It was q and a
No isn't mean	It was Q/A
no isn't mean	It was quite informative, and insightful.
No isn't mean and it may actually help you out.	It was raising awareness of different concepts around consent
No isn't mean.	it was rather enlightening and dispelled myths
No isn't mean.	It was really cool and interesting
No matter what is happening, I have a choice, not my partner or my peers.	It was really engaging and informational!!
no means no	It was really fun and informative also crucial for anyone to hear.
No means no	It was really fun!
No means no	It was really good and he talked about our values and he made us realize that is up to us to do things
No means no	It was really good way to be reminded of what our standards should be involving sex.
No means no	It was really helpful
No means no	It was really helpful
No means no	It was really helpful
No means no	It was really helpful to see what a healthy relationship can have and how to support others.
no means no	It was really helpfull
No means no	It was really impactful.
No means no	It was really informative and beneficial.
No means no	It was really inspirational to learn about consent and how to give consent
No means no	It was really interesting you missed it!
No means no	It was really valuable and worth it for high school students to hear.
no means no	It was refreshing
No means no	It was reliable but a bit uncomfortable
no means no	It was reliving and openly transparent.
No means no	It was reminder and made me feel safe.
No means no	It was revelating
No means no and not being sexual active is also a good thing.	It was safe and comfortable. Also this was insightful
No means no first time	it was sick asf
No means no; you should never have to say it more than once. Ask why they keep ignoring it if it keeps happening	It was so amazing! I loved it and learned so much.
No means no!	It was something that they need to see, and very good knowledge
No means no!	It was something that was informative and helps us identify more about reality.
No means no!	It was something that was interesting and a really good reminder
No means no.	it was something that's for sure.
No means no. And there is nothing you can do about it besides saying OK	it was somewhat engaging
No more degrading terms	it was super cool and informative about the bare minimum in a sexual relationship
No more porn!	It was super engaging and changed perspectives.
No more slut shaming	It was super engaging and interactive. It was realistic and awesome. Thank you for educating us
No more slut shaming, it hurts people	It was super fun and I really enjoyed learning about how to have healthy relationships with others.
No more using degrading terms	It was super helpful.
No more using slut as a joke	It was super informative and interactive and it makes you think of things in a different way then you were thinking of them before.
No need to say sorry when sat saying "no"	It was surprisingly helpful and relatable
No need to sped into things saying wise	It was talking about safe sex
No needs no explanation	It was talking about the importance of MUTUAL consent and respect
No noods	It was teaching the terms well
No nude	It was the best assembly/speech I've ever been to. The speaker was amazing and really changed my point of view. I definitely recommend seeing him.
no nudes	it was the same as all the other years

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
No nudes	It was thought provoking and a reality check.
no nudes	It was transparent
No nudes	It was uncomfortable but informative
No nudes	It was useful
no nudes	it was useful
No nudes	It was useful
No nudes	It was useful to become knowledgeable
No nudes	It was valuable for learning self boundaries and helping others when it comes to sexual intimacy and trust.
No nudes ever	It was very aestheticic maii weeg evacuated
No peer pressure	It was very beneficial towards learning abt relationships
NO PEER PRESSURE ON SELF PRESSURE	it was very blunt and real and went over all serious topics concerning sexual activity
No peer pressure only self pressure	It was very comfortable
No pom	It was very cool, I learn how to treat myself better
No pom	It was very detailed and thought provoking, against toxic societal standards
No pom	It was very different from your typical assembly, I think it breaks a lot of the deep rooted mindsets that we had about peer pressure, consent, and sex. It was a nice change of pace when it came to bringing awareness to the topics mentioned above.
No pom	It was very direct and helpful. It didn't hold back in talking about the hard stuff to do with sex and abstinence.
No pom	It was very educating but engaging
No pom	It was very educational
no pressure	It was very educational
No send nudes	It was very educational
No sending nudes	It was very educational and a good light hearted way to learn about consensual sex!
no sending nudes	It was very educational and brought awareness to what to do.
No sending nudes	It was very educational and eye opening
no sending nudes. put urself first.	It was very educational and helped me get a better understanding on what sexual intimacy should be like
no sex	It was very educational and helps you understand more deeply about healthy relationships.
No shortcut to success	It was very educational and I feel like I have grown
no slut shaming!	It was very educational and I learned a lot about self pressures
No sorry before saying no	It was very educational and it helped me learn of what to do to have mutually amazing relationships.
No such thing as peer pressure	It was very educational and you learn how to have a good relationship
No such thing as peer pressure.	It was very educational.
No such thing as peer pressure. I'm going to value myself	It was very educational.
No, that's not who I am phrase without consent.	It was very educational.
NO! That's not me.	It was very energetic, entertaining, and educational.
No.	It was very engaging and informative. I enjoyed listening to the whole presentation and learned more about sexual activity.
None	It was very engaging, not awkward, and very clear.
None	It was very engaging.
None	It was very enlightening
none	It was very entertaining and informative.
None	It was very eventful and informative
None	It was very exiting, a lot of people asked questions. We learned a lot about the importance of goals, self trust, and self control. Particularly, we learned the importance of acknowledging the fact that you can only control yourself and uphold your standards in a relationship.
None	it was very eye opening
None	It was very eye opening and it helps you make better sense of what's going on in the world and how to improve it
None of this. I'm not in a relationship, I don't have close friends, and I'm not cool enough for any of this	It was very eye opening even though topics felt like common sense
not allow guys to walk all over me anymore	it was very eye opening, and a great way ti educate highschool students.
Not always saying yes	It was very eye-opening and truthful for high school students.
Not ask for nudes	It was very eye-opening, and you got to see different perspectives
Not ask for/send nudes	It was very full of knowledge we don't usually talk about.
Not be in a toxic relationship	It was very fun
Not be peer pressured	It was very funny and serious at the same time.
Not be polite	It was very genuine and raw but also helpful to break the barriers of talking abt sex.
Not being attracted to an older woman.	It was very good
Not being mean to my friends and using planned parenthood	it was very good
Not being toxic	it was very good
Not call other idiots and use positively connotated words	It was very good
Not call people degrading things such as slut or whore	It was very good
Not call people stupid	It was very good and allowed me to understand how to respect myself and what to look for in a healthy relationship.
Not chase down my crushes	It was very good and brought new light to different ideas.
Not copy and try to become like others.	it was very good and very informative for people who did not understand and know about this.
Not date	It was very good for all of us
Not do anything bad	It was very helpful
Not enforce mywill/opinion on other people in general	It was very helpful
Not ever be pure pressured	It was very helpful
Not expecting everything from my parents	It was very helpful
Not feel pressured into anything	It was very helpful
Not feeling guilty for protecting myself and my body	It was very helpful
Not feeling guilty for saying no.	It was very helpful and eye opening.
Not feeling pressured	It was very helpful and I learned a lot of things

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
not feeling pressured	It was very helpful and insightful
Not force someone into anything sexual and how to face situation where this happens to me or loved ones	It was very helpful and it is about consent, healthy relationships, and peer pressure.
Not get disrespected	It was very helpful and useful when thinking about sexual acts
Not get infatuated	It was very helpful to learn about consent
Not get into a relationship until I've achieved the 7 steps	It was very helpful to understand the boundaries and rights of each individual.
Not giving in to my pressure, following my values	It was very helpful.
Not giving in to peer pressure.	It was very informative.
Not going to ask for nudes	It was very impactful and a lot of the things that were talked about were thought provoking.
Not gonna call people pussys	It was very impactful and helpful if you were in need of help.
Not gonna watch porn ever	It was very impactful and made a difference on how I view myself and others
Not guilt when setting boundaries	It was very important
Not have peer pressure	It was very important
Not judge people	It was very important and it makes you more aware of the dangers of sexual activity
Not judge people or not let other influence my descisions	It was very important discussion.
Not let anyone force me to do things they want me to do.	it was very important to know going into sexual relationships
Not let anyone pressure me and be aware of people's intentions.	It was very important to learn about
not let myself fall victim to peer pressure	It was very informal and a good talk about sexual assault and sexual mindset.
not let other people use me for their benefit	It was very informal and easy to be a part of.
Not let pressure affect my decisions	It was very informal and gave useful information about what is must agree on before sexual activities
Not letting people persuade me into making bad choices	It was very informal and something that should not be missed. This could be life changing at most.
Not letting people pressure me into doing things I don't want to do.	It was very informational
Not listen to Bo Burnham.	it was very informational
Not listen to friends story's	It was very informational
Not live in my partners world	It was very informational
Not looking at nudes	It was very informational
Not lower my standard only expectation	It was very informational
Not much	It was very informational about consent and how to be safe.
Not much	It was very informational and easy to stay awake with all the questions he was asking us.
Not much	It was very informational and good for q and a
not much already knew it	It was very informational and honest. I learned a lot
Not much yet	It was very informational and I believe the program should be more widely taught
Not much, as it was common sense	It was very informational and I learned a lot about raising my standards for sex and consent.
Not much, I have already been through the mandatory program.	It was very informational and nice
Not much, I wasn't a prick to begin with	It was very informational.
Not much, ive learned doctrine is key, through common doctrine one will have a great relationship.	It was very informational.
Not much. I guess I'll watch less porn or smt.	It was very informative
Not porn	It was very informative
Not raping people	It was very informative
not say sorry before no	It was very informative
not say sorry before saying no	It was very informative
not say sorry before saying no	It was very informative
Not say sorry before saying no	It was very informative
Not say sorry before saying no	It was very informative
Not saying sorry before no	It was very informative
not saying sorry before no	It was very informative
not saying sorry before saying no	It was very informative
Not saying sorry before saying no	It was very informative
not saying sorry before saying no	it was very informative
Not saying sorry before saying no, respecting each step of the staircase, and recognizing that their isn't peer pressure but rather pressure I'm putting on myself and I should respect my own boundaries.	It was very informative
Not saying sorry before saying no.	It was very informative
Not saying sorry in front of no.	it was very informative
Not self pressure myself	It was very informative
not send	It was very informative
Not send n00ds	it was very informative
not send nudes	It was very informative
Not send nudes	It was very informative
Not send nudes	It was very informative
not send nudes	It was very informative
Not send nudes	It was very informative
Not send nudes	It was very informative about comesent and what's right vs wrong
Not send nudes	It was very informative about consent
not send nudes ever	It was very informative about consent and how to treat other people
Not send nudes.	It was very informative about consent and respect, and protection against nudes.
Not send or ask for nudes.	It was very informative about relationships
Not send. Nudes to boys	It was very informative about sexual activity especially among high schoolers.
not sending nudes	It was very informative about why being educated about sex is important and should be talked about more
Not sending nudes	It was very informative and a nice change of pace
Not sending nudes	It was very informative and actually entertaining
Not sending nudes	It was very informative and alot of activity with the audience
Not sending nudes	It was very informative and anecdotal. I learned a lot about consent and relationships.
not sending nudes	it was very informative and awesome
not sharing information with friends	It was very informative and educated me on sexual assault and consent.
Not sure	It was very informative and educational

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Not sure	It was very informative and engaging.
not sure	It was very informative and explained a lot of important lessons that a lot of people must understand
Not sure	It was very informative and funny. It covered very serious topics but in a way that did not make me want to fall asleep.
Not sure	It was very informative and great.
not sure	It was very informative and helped bring light to important issues in an open way.
Not sure yet	It was very informative and helped know what to and not do in a sexual relationship
Not sure, because I'm in a healthy relationship	It was very informative and helpful
Not sure, none of this was new to me. But overall (theme) this reinforced within me how important it is to communicate with others around me.	It was very informative and helpful
Not take porn seriously.	it was very informative and helpful
Not taking pressure or lowering standards	It was very informative and helpful
not that much ive used all this before	It was very informative and helpful and insightful.
not the hour it took that's for sure	It was very informative and helpful for us to learn, especially before college starts
Not to be a people pleaser	it was very informative and helpful to people our age
Not to be pressured by others	it was very informative and helpful to people our age
not to bend my values based on what any of my friends or anyone else wants from me	It was very informative and helpful.
Not to do anything without consent	It was very informative and helpful.
Not to do bad things	It was very informative and I learned a lot about relationships and I realized that some things people think are normal (such as asking for nudes and peer pressure to drink) are not normal
Not to expect my partner to have the same aspects as online pornography	It was very informative and I like how it targeted solutions not the problems only
Not to fall into peer pressure	it was very informative and i now know about my rights
Not to ghost	It was very informative and I think more people need to know about it.
Not to joke around with these things	It was very informative and important
Not to judge people for what they've done	It was very informative and important to hear.
Not to keep traumatic things buried	It was very informative and interactive
Not to make fun of the LGBTQIA+ kids because of who they are	It was very informative and interactive, and the ideas were easy to understand and helpful.
Not to pass around nudes	it was very informative and it helped remind me of the things i should be mindful of when going to college this fall
Not to put myself in harmful situations	It was very informative and made everyone feel comfortable
Not to rape	It was very informative and made me think about sexual relationships.
Not to say sorry	It was very informative and much different than other talks about consent
Not to say sorry before saying no. And when people ask me about my sex/love life, I can say no.	It was very informative and not a lecture type. It was actually very entertaining.
Not to say the word sorry when saying no and to not be ashamed of my choices	It was very informative and provided really important information about consent.
Not to send nudes	It was very informative and realistic. There was no tiptoeing around the subject and speaks to all sexualities and gender identities.
Not to send nudes	It was very informative and relatable
Not to send nudes	It was very informative and something everyone should see.
Not to send nudes to my boyfriend	It was very informative and teaches us about self respect.
Not to spread nudes	It was very informative and there was a lot of good information, like consent, respect, and trust
Not too much	It was very informative and went over uncomfortable topics that were essential to hear
Not use alc to have sex	It was very informative but not awkward rather enjoyable and fun.
Not use degrading names to tease others	It was very informative especially as we are getting older
Not use degrading words	It was very informative of having an amazing and healthy relationship
Not use derogatory language with my friends	it was very informative on gender stereotypes and how to manage relationships on complicated subjects
Not use derogatory words	It was very informative on healthy relationships and what they need
Not watch porn	it was very informative on healthy sexual relationships
Not watch porn	It was very informative on how consent works and how to stay safe with yourself and others around you
Not watch porn	it was very informative on how to have a health relationship
Not who I am	It was very informative yet it was made more fun and lighthearted than these conversations typically are.
Not who I am	It was very informative, fun, and easy to understand. I feel like we were connected to as teenagers.
nothi bbg	It was very informative, witty, and safe.
Nothing	It was very informative.
Nothing	It was very informing
Nothing	It was very informing about a common topic in society today, consent.
Nothing	It was very insightful
nothing	It was very insightful and it allowed me to learn more about what I may want in a relationship
nothing	It was very insightful and taught about pressure and romantic relationships.
Nothing	It was very insightful and taught me what to aspire to in a relationship
Nothing	It was very insightful but I wish he could have gone through his other slides as well.
Nothing	It was very insightful to understanding the nature of intimate relationships, and how to conduct them.
Nothing	It was very insightful.
Nothing	It was very inspirational to know right from wrong

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Nothing	It was very inspiring and I learned a lot about consent and relationships
Nothing	It was very interactive
Nothing	It was very interactive and had a great balance of seriousness and the ability to keep teens active.
Nothing	It was very interesting
Nothing	It was very interesting
nothing	It was very interesting and helpful
Nothing	It was very interesting and I highly recommend this talk
nothing	It was very interesting and I'd recommended to go
Nothing	It was very interesting and informative about all relationships with people and how to have healthy relationships.
Nothing	It was very interesting to talk about something that doesn't get talked about
nothing	It was very interesting. He spoke a lot of good information about respecting morals.
Nothing	It was very knowledgeable
Nothing	It was very moving and reminded me not to lower my standards.
Nothing	It was very nice and help full for people that have been hit with rape
Nothing	It was very powerful
Nothing	It was very powerful and informative
Nothing	It was very powerful and teaches you to put your values first and never give into the pressure of sex
Nothing	It was very powerful, and meaningful.
Nothing	It was very productive and I learned a lot about the importance of consent as well as general norms when it comes to sex.
Nothing	It was very revealing.
Nothing	It was very thought provoking and I learned a lot.
Nothing	It was very truthful and important.
Nothing	It was very unique in that it explained what to do rather than what not to do.
Nothing	It was very useful and full of relevant information.
Nothing	It was very useful and informational.
Nothing - I am waiting for marriage and already utilize the skills not related to intimacy	It was very useful especially because I can relate to it because I am in highschool
Nothing as I already knew everything beforehand, but I will inform others.	It was wierd
Nothing because im asexual	It was wise
Nothing I didn't already know	It was worth it you missed out
nothing in particular	It was, uncomfortable but also very important.
Nothing really	It went over sex, how porn has a negative affect on sex and body image, consent.
Nothing yet	It will help you learn how to focus on your relationship in healthy ways you didn't know about.
Nothing, I Alr knew that	it will make you look in a different prospective
Nothing, I don't like the idea of sex	It would a good and enlightening experience
Nothing, it doesn't change my way of life, i know this information already, and will continue to follow my beliefs	it would be a conversation about consent and protection
Nothing, really	It would be a great way to teach people or tell people on everything we discussed today by having them learn about the importance of healthy sexual relationship.
Nothing.	It would be a session about respect within relationships
Nothing.	It would be bad
Nothings	It's a breakdown of an uncomfortable topic and dispels any myths you may have surrounding the topic.
Nothing	It's a comfortable space
Notice signs of unusual behavior around me and protect myself and friends	It's a deeper discussion about sexual intimacy, and the preparations that must be done before it can be mutually amazing consensual sexual relationship.
Noticing an unhealthy relationship	It's a good learning lesson
Noticing hidden signs between texts	It's a good place to give life advice!
Nudes are a use of power	It's a great learning opportunity and shows a lot about yourself and how you view others.
nudes are about power not love	It's a great lecture for someone who needs advice.
nudes are bad	It's a great way to have a new and fresh perspective of what to do in a toxic relationship culture embedded into our school society
nudes are bad	It's a informational message that gets you to understand the safety and security between sex and relationships.
nudes are bad	It's a must listen
Nudes are bad and don't send them	It's a nice, easy going, and informative session. I highly recommend it.
Nudes are illegal and don't send or ask for them	It's a presentation talking about consent, sexual activity, and the culture surrounding it.
Nudes aren't for intimacy but for control and power	It's a session about how to have healthy relationships
Nudes arent a compliment.	It's a session that informs people on heathy relationships.
Nudes bad, sex rad ... but ONLY when they enthusiastically consent! Abuse smells, love is swells!	It's a very impactful event, where it's very engaging and helps me learn better on how to find the right person.
Nudes bad. Also I will do my best to not apply my own dislike of my body, to what I think my partner thinks of me. I know he loves me for me, regardless of how I feel about my body.	It's a very informative session which explains how to keep your self safe and keep boundaries.
Nudes is bad on both people, consent is a bare minimum, I will agree to things because I want them and not just to say yes.	it's about consent
Nudes is distribution of child porn	It's about consent
Nudes not about intimacy	It's about consent and what a healthy relationship is
nuevas decisiones	It's about constant and being respectful to yourself and your partner
Nurture what I have and not what others want from me	It's about following healthy relationships
Oearning about high school relationships	It's about having consent
Of the things I've learned, I'll use it to evaluate my own actions and the way I hold myself in conversations.	It's about healthy relationships with others and yourself
Ok	It's about knowing about sexual assault and the steps to take to prevent it.
On how to approach boundaries	It's about learning and uncovering misconceptions about relationships.
One may regret sex despite consent given.	It's about rape and consent and good sex

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Online dating is not good	It's about respect of yourself
only ask people to do things once and if they say no drop it	It's about the importance of respecting yourself, trusting yourself and asking the right people questions, not just your peers.
Only do something if I want to do it.	It's about the pillars of a strong relationship
only doing what is safe	It's about the road to mutually amazing sexual activity and the prevention of nonconsensual sex
Only I know when I'm ready	It's about the truth of sex and consensual sex
Open communication and being uplifting	It's an experience
Oral Communication	It's an important conversation to have because it's about something really serious that does not get talked about enough.
oral comms	It's an important conversation to have because it's about something really serious that does not get talked about.
Oral communication	It's an informative session on boundaries
Oral communication	It's basically about how to ask your partner to have sex
oral communication	It's definitely helpful
Oral communication	It's eye opening to realize how it works in today's world
oral communication	It's fun and educational
Oral communication	It's good
Oral communication for healthier relationships in my life.	It's good
Oral communication is extremely important.	It's good
oral communication is important.	It's good that you weren't there
Oral communication is very essential to an amazing sexual relationship.	It's good, I learned a lot.
Orally ask everyone and expect the same from them- actually asking not leaning in or making eye contact or whatever	It's good, I learned a lot.
Orally talk about consent and communicate.	It's greatly transparent and welcoming.
Overcome peer pressure	It's help you reevaluate yourself
Own my voice. I always have choice even if other people seem to be pressuring me to do something.	It's important for people to ask for consent
Partner relationship dynamics.	It's important that consent is between both partners and to have intimacy
Passion!	It's important that you get consent and respect others choices
Patience	It's important to feel safe and follow the 7 stepd
Patient	It's important to have respect for yourself and others
Peer pressure isn't real	It's important to have respect for yourself and others.
Peer pressure	It's important to know the person you choose to be your partner because you're about to share everything about yourself with them.
Peer pressure and alcohol information	It's important to know these things to protect yourself and others
Peer pressure can be fixed by introspection	It's important to learn about sexual relationships
Peer pressure comes from myself and not from other people, I make my own decisions	It's important to make boundaries.
Peer pressure does not actually exist, it is only self-pressure	It's important to make sure that someone gives the answer that aligns with their values and not pressure
Peer Pressure does not exist and that what we think peer pressure is? Is actually Self Pressure	It's important to never pressure or let yourself be pressured into sexual acts, and ensure everyone is safe and consenting at all times
peer pressure does not exist because everything is self pressure	It's important to prioritize people's safety and security
peer pressure does not exist, everything is due to self pressure	It's important to receive a consent before doing something
Peer pressure does not exist, I make my own choices	It's important to respect boundaries and consent. There's no gray area for abusive behavior and there's a very clear line between what's ok and what is not ok.
Peer pressure doesn't cause me to do things; I do	It's important to respect others and care for others despite who they are
Peer pressure doesn't come from peers, it comes from yourself	It's important to respect your partner and their boundaries.
peer pressure doesn't exist	It's important to understand how to be a part of a healthy relationship.
Peer pressure doesn't exist	It's incredibly important that young people should hear it.
Peer pressure doesn't exist, it's usually ourselves wanting to fit in or be like someone else.	It's informative
Peer pressure is about my decision not my peers	It's insightful for those for anyone with any amount of sexual experience
Peer pressure is actually self pressure	It's very good at explaining how to live in full healthy relationships.
Peer pressure is actually self pressure	It's learning how many things we think is "normal" when it comes to sex but so many of those things aren't normal and we reconstructed those beliefs
Peer pressure is actually self pressure	It's less about other people and more about you than you might think
Peer pressure is actually self pressure	It's more insightful than the ones by school admin and positively contributes to student private relationships.
Peer pressure is created by yourself not anyone else.	It's more than just consent and all.
Peer pressure is fake	It's not hard to have a good relationship with communication.
Peer pressure is fake in a sense	It's not just about sex this is also relationship advice
Peer pressure is individual pressure	It's not just about telling people not to sexually assault, but to teach people about being safe and healthy.
Peer pressure is just a reflection of your self confidence	It's not just consent u need
peer pressure is just self pressure	It's ok not to date in high school
peer pressure is just self pressure	It's ok to say no
Peer pressure is mainly me putting pressure on myself	It's ok to say no and you can trust your lover.
Peer pressure is my choice	It's okay to have sex just make sure everyone likes it.
Peer pressure is not a thing it is self pressure	It's okay to say no
peer pressure is not a thing, it's self pressure	It's okay to say no, it's also good to say no cause when you u say yes it's more special.
Peer pressure is not real	It's on boundaries and the importance of Sexual pressure and peer pressure as well as people's personal beliefs
Peer pressure is not real	It's powerful but worth it. Come with an open mind.
Peer pressure is on yourself	It's powerful important and necessary
Peer pressure is only efficient when you give into your own voice.	It's really eye opening.
peer pressure is only in my head	It's really good lesson I'd highly recommend to who I actually care about.
Peer pressure is only self pressure	It's really good you get knowledge of basic consent
Peer pressure is personal!!!	It's really informative and useful!
Peer pressure is pressure on you	It's required maturity
Peer pressure is pressure you put on yourself	It's so silly and fun
Peer pressure is really only self pressure. You decide what you do and don't do, not your friends.	It's strange but not as boring as other presentations

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Peer pressure is self pressure	It's the regular sexual awareness about consent, how to protect yourself and know more about relationships and how to make sure your taking care of yourself.
Peer pressure is self pressure	It's uncomfortable but you need to hear the conversation and it's something that needs to be talked about.
Peer pressure is self pressure	It's very helpful
Peer pressure is self pressure.	it's very helpful and helps you understand more about things about relationships
Peer pressure is technically consent, but that's still bad.	It's very helpful.
peer pressure isn't real	It's very important
peer pressure isn't real	It's very important to remember the 7 steps into being intimate
Peer pressure isn't real	it's very important to respect yourself and think first.
Peer pressure isn't real and I will realize for the future that I can control my actions.	It's very informative
Peer pressure isn't real.	It's very informative and allows everyone to break out of there comfort zone but not feel forced to speak.
Peer pressure isn't someone else's fault, it's mine.	It's very interactive
peer pressure knowledge	It's was a movie there was a lot to digest
Peer pressure not real	It's was a powerful session about maintaining healthy relations with others.
Peer pressure only exists within yourself	It's was a talk about consent and healthy sexual relationships
Peer pressuring	It's was a very eye opening and truthful presentation and that it didn't gloss over anything that was important.
peer pressuring and meeting the steps of the ladder	It's was informative and slightly uncomfortable but it was still good to learn
peer pressuring is not real	It's was interesting and eye opening and funny in parts
People around me	It's was solid fs fs
People need to communicate their boundaries	it's was useful
People who ask for nudes want power	It's was very informative
Perform the 7 steps	It's was very informative
Philosophy of the ladder	it's was very interactive and informative
Phone	It's wonderful
Physical pressure is not the only pressure that you can encounter	It's worth full program for us
Pick friends not manipulators.	It's worth the hour talk
plant parenthood	its a session about identifying the key needs that people need to have when it comes to relationships as well as debunking common conceptions relating to it.
Plug	Its about consent and sex
Pom addiction is real and it should be avoided.	its about consent and sex
Pom creates unhealthy standards in relationships	its about consent and what not to do when in a relationship with someone else
Pom is bad for your expectations, i will never consume any inappropriate content again	Its about hving proper relationships
Pom is not a healthy representation of sexual intimacy	Its about safety and respecting yourself and relationships
Pom Is not healthy for the mind or for the body. Lesson learned	Its about saying no and etc
Pom is not real	its interesting
Pom isn't realistic, and also peer pressure isn't a thing	Its ok to have mutually amazing sexual intimacy
Pom isnt realistic	its okay to ask for consent
Poms not real	Its something that people dont used to talk about
Power dynamics	Its talking about consent being the bare minimum and what is need in a healthy sexual relationship.
Power dynamics	Its very helpful and insightful.
power dynamics	Jokes while learning about serious issues.
Power dynamics And the danger of alcohol	jonkler
Power of saying no	Just a talk about consent and saying no (self respect).
Practice abstinence	Just always be a kind person and to stand firm on your beliefs and others. It's important and will help you have a solid foundation for a friendship or relationship.
Practice safe relationships and prioritize consent	Just an overview on healthy relationships and how media can often times inflammatory exaggerated views on such topics
Practice self respect	Just be a good person. Also never do something illegal like ask for nudes.
Practice the stair case	Just be careful.
Practicing and making sure that people don't spread illegal photographs because it's child pomography.	Just be smart and be a good person, care for your partner
Practicing making good choices	Just hashing out the ethics and importance of consent and sexual relationships
Practicing mutual respect with sexual intimacy	just say no
Practicing mutuality and respect in sexual relationships. Being able to stand by "no's"	Just say no to stuff you don't want to do
Practicing safe sex helps protect me and my future partner from STIs and prevents unplanned pregnancies. It's not just about using condoms or other protection it's also about communication, consent, and making sure you both feel comfortable and safe.	Just say no, 7 steps of healthy relationships.
Practicing the 7 steps.	Just say that it's about consent and and things you shouldn't watch because it messes up your brain and it's unhealthy for the brain.
Pressure is self inflicted	Just the fact that self pressure is something that no one really pays attention to. They need to pay attention to themselves and stay true to what they believe and stick to their boundaries. You need to continue being a good human being. Always
Pressure is self pressure, anything else forced upon me is assault.	Just think about your choices
Pretty much carry in as I was already doing most of the stuff said was already known/fairly obvious. It was fine to put everything in context though.	Just try to be respectful and
Pretty much everything	keep good boundaries with friends and relationships
Prevent spreading child pomography and showing people	Keep your expectations low but always have your standards. You should not feel guilty with a partner.
Prevention	key takeaway was consent was the bare minimum
Prioritize my trust in myself first	Key things in addition to consent for a healthy sexual relationship
probably none of these because i don't plan on ever having sex or being in a romantic relationship but i do agree that all of the topics discussed were extremely important	Kinda boring ngl
Probably not	Know how to be a decent and respectful person in a relationship and recognize power dynamics before potentially creating irreversible damage to yourself.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Probably nothing because I am not and have no desire to be sexually active.	Know how to be a decent and respectful person in a relationship and recognize power dynamics before potentially creating irreversible damage to yourself.
Probably nothing for the next 10 years	Know more about trusting yourself over other people
Probably same thing as I took away last year. Trust myself first and make sure I'm comfortable and content and so is my partner with whatever is happening	Know that consent is always needed and to trust yourself before you trust others.
Probably will think about my personal morals and values more	Know the difference between love and infatuation.
Protect and trust yourself.	Know the proprietary steps to intercourse Know when to Intervene Always be considerate of other person's perspective
protect my friends	Know when to act or talk about it before doing it.
Protect my friends!!!	Know your value
Protect myself and others	Know your worth
protect myself and others by reporting or screenshooting if i see dangerous activity from those around me	Knowing more than just consent
Protect myself from being forced into bad sexual or non consensual situations.	Knowing what is good is as important as knowing what is bad Don't send nudes Pom is not good
Protect others at party's and just in general	Knowing what sexual assault is and how it affects you
Protect those near you!!	Knowledgeable
protect yourself first	Knowledge
Protecting myself by using messages	Knowledge
Protection	Knowledge packed
protection of people who are being groomed	Knowledgeable
Provide support to people who I think are being abused in a relationship if possible.	Knowledgeable
Pure pressure is self pressure	Knowledgeable
Pursue a amazing relationship	knowledgeable
Pursuing mutually amazing sexual relationships	Knowledgeable
Put them on blast if they ask	knowledgeable and important
Putting boundaries	Knowledgeable session
Quality over quantity	Knowledgeful
Raise my bars	Known how to help
Raise my standard, call out my friends behavior(s), and be more self aware of "peer pressure".	Largely focused on respect for oneself and others
Raise my standards	Lear a lot of reminder
Raise my standards	learn about consent
Raise my standards	Learn about consent
raise my standards	Learn about healthy sexual activities
Raise my standards	Learn about mature sexual relationships
raise my standards	Learn about the low standards our culture has for safe sex & how to combat it
Raise my standards	Learn about what to do not what not to do
raise my standards and think before participating in sexual relations	Learn how to have a good relationship.
raise my standards of how a partner should treat me	learn how to have a healthy relationship meaning consent is very very important and communicate as well as pom, pom is not a healthy part of a relationship
Raise my standards, use 7 steps	Learn how to have healthy relationships
Raise my standards.	Learn life lessons
Raise my standards.	Learn love
Raise my standards.	Learn more about what a healthy relationship is
Raise standards	learn not only what not to do but what to do in a sexual relationship
Raise standards	Learn that you're important and you have a say in what happens in your relationships
Raise standards	Learn the 7 stages to have a mutually awesome sex
Raise your standards	learn the stairs
raising my standards and knowing that consent is the bare minimum	Learn to be better for everyone
Raising standards.	Learn to respect yourself
Rape is bad	Learn what is essential for a healthy relationship.
Rather than spending time talking to each other online, I will use methods to communicate with each other face-to-face offline within respectful boundaries.	Learnable
Read the book	Learned about the importance of consent
Read the book	Learned a comedic needed way to do such the first ncomfatbake subjects in teenage life
realize consent is the minimum to sexual activity	Learned a lot about relationships
Realize my actions affect power dynamics	Learned about consent and healthy relationships
realize what i'm worth	Learned about consent, healthy relationships.
Realizing peer pressure doesn't exist	Learned about how consent works and how we should go about intercourse out our partners
realizing that i don't have to have sex to have a good relationship	Learned about sexual assault and how to get through it.
Realizing that peer pressure is not a real thing	Learned about the consent slope
Realizing that when being asked for nudes I am only being asked because the person believes I will. Not because of how pretty or gorgeous I am.	Learned about the step above consent
Realizing toxic relationships and leaving them	learned alot
Realizing what is consensual and that saying yes does not always mean saying yes. There is more aspects to consent than just saying yes.	Learned alot about having sex consensually
Reasons of chivalry	Learned how to have healthy and strong relationships with others and improve your life
Respect my standards	learned how to respect our partners during sex
Recognise toxic relationships	Learned to use self respect
recognition of people's intention at first meet	Learn how to have a healthy relationship
recognize consent	learnig about consent and to ask first before anything
Recognize I owe nothing to others, even if my friends have expectations of me that I will not meet. Saying no is not mean.	Learning about boundaries and consent
Recognize my standing in peer pressure and have a conversation with my partner on today's subject.	Learning about consent
Recognize peer pressure comes from myself, up my standards, and lower my expectations.	learning about consent
Recognize the necessary components of healthy and amazing relationships, make sure that me and my future partners are explicit in terms of boundaries and expectations	Learning about consent

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<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
Recognize what I want for a relationship is just as important as what I don't want	Learning about consent and about the appropriate way to be in a relationship
Recognize what my friends will do if they are drunk	learning about consent and the different stages
Recognizing bad situations and using better responses	Learning about consent and what to do and what not to do.
Recognizing consent is the near minimum rather than the goal.	Learning about consent and your worth
recognizing power dynamics in relationships	Learning about consent, steps to how to have a sexually healthy relationship
Recognizing that consent is the bare minimum	Learning about good relationships between partners and friends
Recognizing the ladder of relationships between 2 people	Learning about having healthy relationships and sexual interactions
Recognizing the necessities in a relationship	Learning about healthy and unhealthy relationships
Recognizing the value of my own comfort in both sexual and platonic relationships	learning about healthy sex
Recognizing toxic relationship signs	Learning about how to have a healthy relationship
recognizing unsafe situations and consent	Learning about how to have a healthy relationship
Reconsider before sex in the future	learning about mutually amazing sexual activity
Reevaluate if it is peer pressure or self pressure.	Learning about sex is good.
reevaluate peer pressure	Learning about sexual intimacy.
Reflect	Learning about sexual problems high school teenagers face and should know about.
Reflect on my current and future relationships in life	Learning about the process of consent in several scenarios, and how to go beyond consent into a healthy mutual relationship with a partner. This also applies to non sexual relationships as well.
Reflect on the 10 steps for a healthy relationship	Learning about the safety of sex
Refusal from peer-pressure and the fact that the word "peer-pressure" simply doesn't exist.	learning about the steps necessary for a healthy relationship
Relationship advice	Learning about the steps to mutually amazing sexual activity
Relationship strategies	Learning about the values of self-love and sexual value.
relationships	Learning about the ways that healthy relationships are important for a person.
Relationships	Learning about topics that aren't talked about enough
Relationships must be mutual and good	Learning about what is required to have a consensual relationship.
Remember consent is the bare minimum	Learning about what you need to have a healthy relationship
remember about consent	Learning about what's beyond consent. Consent is not enough, it's the bare minimum, instead having mutually amazing consensual sex. There are multiple steps to getting to good sex, and sex should be de-stigmatized in a positive way.
Remember how to help others out from an abusive relationship.	Learning consent and respect in relationships
Remember I can only support people, not fix them. No is kind, not mean.	learning experience
Remember that consent is just the bare minimum, and that a truly healthy relationship has many characteristics, not just consent.	Learning how to be a respectful peer
Remember that I have to trust myself in all situations and not give into pressures.	Learning how to be safe with relationships.
Remember that I should concentrate on love and not lust	learning how to create a safer environment
remember that no is a full sentence and is enough and that consent is never assumed	Learning how to have a cohesive relationship and sexual encounter.
Remember that open communication is key in a good relationship	Learning how to have a healthy choice and boundaries in relationships of all kinds
Remember that peer pressure is really self pressure - think about who I am and what my values are rather than concern myself with what they think of me.	Learning how to have a safe and happy sexual relationship
Remember that porn isn't real	Learning how to make safer choices
Remember that saying no is an option	Learning how to respect others in a relationship
Remember that saying no is okay.	Learning how to respect the answer and partner
Remember the 7 step model, as well as replacing attraction with connection and this applies to any relationship.	Learning more about consent and why it matters.
remember the 7 steps when i'm in a relationship	Learning right from wrong
Remember the 7 steps.	Learning that consent is the bare minimum and learning what healthy relationships and interactions look like
Remember the values	Learning that sexual interactions with people is more than just consent. Consent is the bare minimum.
remember to always ask for consent and respect others	Learning that you don't have to rush things, and that it's okay to say no
Remember to always get consent no matter what.	Learning the bare minimum requirements for a healthy relationship
Remember to always keep an eye out for my friends, especially when we are out, so they don't do anything they wouldn't do sober	Learning things you thought you knew
Remember to know my worth and understand that I don't need a partner, I'm my own independent person. There is a difference between standards and expectations.	Learning to communicate
Remember to leave when feelings are not reciprocated with one another.	Learning to communicate
Remember to not give into self pressure and remember who I am.	Learning to communicate.
remember to put myself first	learning what is and isn't first base
Remember to respect myself and others regarding their decisions made about sex	Leams lot of valuable information on sexual experience.
Remember to say no	Lecture about standards in a healthy relationship
Remember to say no	Lecture on ssexual safety and stuff
Remembering my values	Lesson about by standing and consent and how you can look out for people and make a big difference in people's safety
remembering my values	Lesson about healthy sexual relationships
Remembering my values	Life altering
Remembering my values	Life changing
Remembering the values of the staircase	life changing
Remembering there is a difference between love and lust.	Life changing
Remembering to lower my expectations and set my standards.	life changing
remember and learn	life changing
remind me sex safety importance	Life changing
remind myself and others of their value as a person	Life changing
remind myself that i'm worth a lot	Life changing
Remind myself to keep my morals above everything else	Life changing
Remind myself to stay true to my beliefs and not apologize for saying "no".	Life changing
Remind people about the troubles and safety's of relationships	Life changing
Remind people of the priority their own values and comfort zones take over the feelings of their partners	Life changing
Reminder of my values	Life changing

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Reminding my friends that they deserve better, reminding myself that I don't owe anyone intimacy	Life changing
Reminding myself that an unhealthy relationship is not my burden to bare	Life changing
Report if someone asks for nudes	Life changing
Report inappropriate stuff	Life changing
Report nudes i didnt ask for	Life changing
Report someone if they ask for my nudes	Life changing
Report things to adults!!!	LIFE CHANGING
report those who ask	Life changing
Reporting	Life changing
Resources	Life changing
Resp	life changing
Respect	Life changing and eye opening
respect	Life changing changing experience
respect	life changing, a bit uncomfortable talking about this topic, its something everyone has to hear
Respect	Life changing.
Respect	Life changing.
Respect	Life changing.
Respect	Life learning.
Respect	Life lessons
Respect	Lifechanging
Respect	Lighthearted about a serious thing and very helpful
Respect	Lighthearted for a serious conversation -- kept mood good
Respect	Like a very helpful advices to grow as a person and in a relationship
Respect	Like last two years but without zoom chat
Respect	Like the lifeguard training for this
Respect	Like there's no one there.
Respect	Like watching a Saul Goodman commercial.
Respect	Limited government
Respect	lit
Respect	Little things that have big impact
Respect	Little uncomfortable
respect	Lively
Respect	Lively but informative
respect	Long
Respect and ask for consent	Long
Respect and be mindful of others and yourself.	Long
Respect and communication	Long
respect and high standards	Look at Mike's Instagram and don't be a prick.
Respect and honor everyone's boundaries.	Lost an important lesson
respect and saying no	lot of creepy stuff
respect and self-determination is most important	Lot's of fun ;)
Respect and the 7 steps	lots about consent
Respect and trust my self before I trust others	Lots about consent
Respect and trust myself.	lots about consent
Respect and trusting myself	lots about consent
Respect and verbal communication.	lots about consent and healthy relationships and how stigmas come to be.
Respect answer	lots about consent and healthy relationships and the causes behind things.
Respect boundaries	Lots of fun and knowledgeable
Respect boundaries and answers and questions	Lots of important information. Mainly about respect and making your own choices.
Respect boundires	lots of info on sexual assault ext
Respect everyone and their opinions	lots of pushback, immature audience and the speaker just barely made their point
Respect everyones values	Lots of quality information.
Respect for my partner	Lots of questions and digging into necessary topics
Respect for myself and my partner, lower expectations and just enjoy the moment	lots of talk about sex
Respect for myself and that I have a choice	Loud, informative, repetitive
Respect for other people's boundaries	Love = the seven steps to mutually safe relationships.
Respect for self and setting boundaries	Love and change
Respect for yourself is important and you have to communicate about safe sex	Love and treasure yourself enough to stand up for yourself
Respect in relationships.	Love has 7 levels.
Respect is a good basis for a relationship	Love is good but dangerous.
Respect is important	Love yourself
Respect is important	Love yourself and value yourself more than others.
Respect is key	love yourself don't pressure others
Respect is required in relationships	Lovely
Respect is the bare minimum	Loving relationships does not mean sex. Sex is a mutual choice with consent and both sides should care about each other.
Respect is the bare minimum in a relationship.	Lower expectations but keep standards high
Respect is the baseline/first floor on the staircase.	Lower ur expectations
Respect is the first step of the staircase	Lower your expectations, not your standards. Consent should be a bare minimum. Peer pressure is really just pressure you exert yourself, the power of choice should always belong to you.
Respect is the most important	Lowering expectations and just living like life is interesting. Conent is bare minimum

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Respect my classmates	Magical
Respect my partners boundaries	Make good choices and don't be pressured by other people.
Respect my partners decisions	Make right, do right.
Respect my partners in every aspect in life	Make smart decisions
respect my self and understand consent is the bare minimum	make smart decisions in intimate places
respect my self more.	Make sure all parties involved follow the seven steps.
Respect my values	Make sure both parties are in agreement and also know there's no need that you have to do anything.
Respect my views and opinions - there is no peer pressure. It is up to myself to overcome pressures.	Make sure both people are going to enjoy what it happening.
Respect myself	Make sure for consent and a safe environment.
Respect myself	Make sure partners are consensual because everything should be by your choice and sexual activities should be amazing.
respect myself	Make sure sex is mutually enjoyable
Respect myself	Make sure that they are not in a toxic relationship and to ask for consent
Respect myself	make sure that you are comfortable with anything sexual
Respect myself	Make sure that you make sex mutually enjoyable for both parties and ALWAYS ask for consent, that's the bare minimum.
Respect myself	Make sure they are aware of all SA and how to prevent it.
Respect myself	Make sure to ask consent always
Respect myself	Make sure to be careful when engaging in sexual relationships, stand your ground, have respect, and be mature.
Respect myself	Make sure to be respectful and ask consent before
respect myself	Make sure to consent
respect myself	Make sure to enter healthy relationships, ones that are properly defined. Also be available and ready to help friends in need. Most importantly, respect is the baseline for any relationship.
Respect myself	Make sure to have a high standard of the relationship
Respect myself + others	Make sure to have self respect
Respect myself and my partner by giving the choice of sexual relationships	Make sure to keep your personal wants clear to yourself, but while respecting the wants of others.
respect myself and my worth	Make sure we are respectful to others
Respect myself and others!	Make sure you are safe
Respect myself and partner	Make sure you ask first and don't trust porn.
Respect myself and those around me to benefit mutual relationships.	Make sure you consent to sexual intimacy and use your common sense
Respect myself and trust myself before I trust others	Make sure you have a healthy relationship and be confident
Respect myself as well as others	Make sure you have a mutually amazing consensual relationship
Respect myself before I can respect others	Make sure you have respect before committing to anything
Respect myself first	Make sure you have the seven pillars to have amazing sex
respect myself first	Make sure you trust your partner, have consent, don't do anything you don't want to.
Respect myself first before others.	make sure you understand the 7 steps
respect myself lore	Make sure your on the Same page
Respect myself more	Make sure your relationship is built on respect, trust, mutualism, and healthy communication
Respect myself more and stand up for myself	Make your own choice.
Respect myself more. Don't lower my standards.	make your own choices based on your values and not on others values put upon you
Respect myself, respect my future partners	Make your own informed choices
Respect myself.	Makes serious talks funny and informative
Respect myself.	Makes the little things the biggest
Respect other people	Makes you think.
Respect others	Makes you value self respect and talks about red flags that are common.
respect others	Making safe choices is helpful and beneficial for both parties and creates a safe environment.
Respect others	making sure consent is given and to respect you and your values
Respect others	Making sure they don't ever feel unsafe or pressured to do anything
Respect others	Making sure they understand consent is something very powerful and helpful
respect others space	Man talks about consent for an hour
Respect partner	Many people perform sexual assault intentionally or even unintentionally. It is important to know how to create a healthy relationship so the relationship can be maintained.
Respect people	Many things can be seen as bad compared to what is deemed as normal
Respect people	Many times sex is not about you, you have to think about the other person.
Respect peoples answers when asking for consent	Mare than consent
Respect plays a role especially when it comes to consent	Mature and informative
Respect self	Mature and very informative. A lot of questions and different scenarios answered in depth with well response.
Respect should be present for all parties in a relationship.	Mature but highly encouraged
respect the answer	Mature.
Respect the answer	Maturity
Respect the answer	maturity and helpful lesions and knowledge
Respect the answer	Meaningful
Respect the answer	meaningful
Respect the answer	Meaningful
Respect the answer even if it is not want you want to hear.	Meaningful and useful
Respect Women	Meaningful.
Respect women!	Meet the right person.
respect women!!!!	Memorable
Respect your own value	mid
Respect your partner decisions	Mike Domitriz guy
Respect yourself	Mike makes a really good point about the harm of porn and the benefit of consent as a bare minimum requirement in relationships and sexual and romantic advances.
respect yourself	Mike Respects told us about how consent is the bare minimum and we should be seeking mutually amazing consensual relationships.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Respect yourself	Mike talked about consent and how to have an ideal relationship. Yes
Respect yourself and others	Mike talked about every part of a healthy relationship.
Respect yourself before you respect others	Mike talked about how to have healthy sexual relationships with consent and by identifying the 7 steps to having a healthy relationship
respect yourself first	Mike talked about sexual relationships
Respect, consent and etc.	Mike talked about what a healthy relationship looks like, why sex and other such subjects are considered taboo, and why certain phrases, such as "body count" are harmful.
Respect, trust, attractive, knowledge, mutual, consent	mike talked to us like we were adults he didn't talk down to us. it felt like an active discussion because we were always responding. therefore we were also very engaged.
Respect.	mike talks about how to have a healthy relationship and doesn't kick people from the zoom meeting like last assembly
Respect.	Mike talks about unrealistic pomography, consent, and the seven things about relationships.
Respect.	Mike talks about what makes a good relationship and how sexual activity aligns with that
Respecting	Mike talks you you about what a healthy sexually active relationship looks like and what steps should be taken in order to recognize such a relationship
Respecting everyone	Mildly repetitive but infomative
Respecting my self and not giving into pressure	Mind blowing
respecting my values more and trusting myself more	Mind blowing and an awesome speaker
respecting myself and using the 7 steps	Mind opening
Respecting myself before getting into a relationship	Mind opening.
Respecting myself more	Mind-blowing!!!
Respecting myself more	Mind-opening and inspirational.
respecting myself more and consent is the bare minimum. i have a choice	missed out
Respecting myself, not being peer pressured.	Missing out
respecting other people	Mmm it was pretty entertaining at least
Respecting others	more beneficial than the usual advisories.
Respecting others and consenting is the basic requirement.	More beneficial than you think
Respecting others in the room instead of being judging	More deeper of a talk about the right way to go about sexual things and to be in a mutually great relationship.
respecting people and mmm ain't a habit to ask first	More fun and informative than you think.
Respecting people's decisions	More in depth on consent and sexual relationships.
Respond to friend's getting drunk to get laid — "why not sober?"	More information about consent and your standards as well as situations in parties
Responsibility	More interesting than I thought
Responsibility and bare minimum	More than consent
rethink consent	Most relationships don't have the 7 steps and spreading nudes is illegal
Rethink some of my knowledge.	mostly just sex education, safety, and consent
rip john pork	Mostly talk about the staircase and touch on each subject
Roofies are not the drug, the alcohol is.	Motivating
S	Motivational
Safe life	motivational and helped us understand consent
Safe sex	Moving
safe sex	Moving
Safe sex	Moving and passionate
safe sex	Moving.
Safe sex and be transparent in relationship	much needed for high school students
safe words	much needed talk for all high school students
safer choices	Much of the modern day myths aren't true
Safer relationships and continue to be mindful of others.	Must hear speech
Safer sex life	Mutual amazing sexual relationships
Safety	Mutual consent
Safety	Mutual consent is a 7 step process - consent is the bare minimum.
Safety	MUTUAL consent is key, but there are many other aspects of healthy relationships.
Safety is very important	Mutual consent that satisfies both people should be the thing people strive for in relationships.
Safety/ communication	Mutual pleasure
save sex	Mutual respect
Say "no"	Mutual respect
Say "that's who I am"	Mutuality is good
Say my beliefs	Mutuality is important
Say no	Mutually amazing
Say no	mutually amazing consensual sex
say no	Mutually amazing consensual sexual activity
Say no	mutually amazing consensual sexual intimacy
Say no	Mutually amazing consensual sexual intimacy is at the top of the slope.
Say NO	Mutually amazing consensual sexual relationship
say no	mutually amazing sex is important
Say no	Mutually amazing sexual intimacy
Say no	Mutually amazing sexual relationships do exist; they are founded on mutuality, trust, safety, attraction, respect, among other important factors. Nobody can disturb your feelings towards your body if you trust yourself. Love your body and remember that sexual relationships are a gift from God.
Say no	Mutually awesome
Say no	Mutually enthusiastic sexual retions are better than plain consent.
Say no	My friends who couldn't be here tonight
Say no	My parents
Say no	N

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Say no	N/a
Say no	NA
Say no 7-8 times	Na
Say no and ask if you trust yourself	NA
Say no and screenshot	na
Say no and use the steps of respect or whatever those are called	Nah
Say no because I don't owe anyone anything.	Neat
Say no even if it feels "mean" or wrong.	necessary
say NO if i dont want to	Necessary
say no if i dont want to have a sex	Necessary
Say no if I feel any sort of pressure	Necessary
Say no if I feel pressured about anything I don't want to do.	Necessary
Say no if I get shown a nude	Necessary to understand consent and relationships.
Say no if Im not comfortable	Need more than cons t
say no like you mean it	need to listen presentation was right dere
Say no more often and take a screenshot	Never do something you don't want to
Say no more!	Never pressuring anyone and get consent
Say No strongly	New mindset on the basics of relationships
Say no to any situation	New perspective
Say no to bad things	Nice
Say No to nudes	nice
Say no to nudes that people show	Nice
Say no to peer pressure	No
Say no to things more often	No
Say no to what you do not want to do	No
Say no when I feel like it	no
say no when someone is asking me to do something i'm uncomfortable with	No clue
Say no whenever feel like it	no clue,be respectful
Say no whenever you feel unsafe	No drugs, no dangerous sexual activities
Say no, you don't own anyone anything.	No is no
Say no!	No is not mean
Say no! and respect myself more:)	No is not mean and really think about everything you are doing online.
Say no!!!!!!!	No is not mean!!!
Say no.	no kde
Say no.	No means no
Say so to things I don't consent to.	No means no
say something like "thats not who i am"	no means no
Say. No more	No means no and both people must want it
Saying "no" is okay	No means no and it is still considered sexual assault if you were talked into doing things that made you uncomfortable
Saying "no" isn't mean	No means no and people have feelings
Saying no	no means no, respect ourselves and other
Saying No	no means no. rape can be seen in many diff ways. just bcs u are in a relationship with someone, doesn't mean u can do anything physical as u please
Saying no	No nudes
Saying No	No nudes
Saying no	No nudes
Saying No	no nudes, ask first, 7 steps
Saying no	no sex
Saying no	No sexual harassment
saying no	No without shame
Saying No	none
Saying no	Not a bore.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Saying no	Not about fentanyl
Saying no 5 times is successful	Not about shaking but instead learning
Saying no and being firm in your No's.	Not anything we haven't heard before
Saying no and knowing that I don't owe anyone	Not as useless as I thought it was! Perhaps should have taken notes
Saying no doesn't make you mean	not be peer pressured
Saying no even when I feel like I can't.	Not everything you hear online or in person about sex is true
Saying NO instead of depending on others opinion	Not explain it to them , tell them to go
saying no is being kind to myself not being mean to others	not performative, not pandering
Saying no is difficult but important.	Not really productive but good intentions
Saying no is honest, it saves the other person from more harm later on	not sure
Saying no is never mean.	Not sure
Saying no is not as harmful as a false yes.	Not sure
Saying no is not mean	not sure
Saying no is not mean	Not sure
Saying no is not mean and it will set your self with more respect and standards	not sure
Saying no is not mean.	not sure
Saying no is not mean.	Not to send nudes
Saying no is not mean. support is the way, not fixing	nothing
Saying no is OK	Nothing
Saying No is ok	Nothing
Saying No is ok	Nothing
Saying no is ok and leaves more room for what matters	Nothing
Saying no is ok in a healthy relationship	Nothing
Saying No is ok, they don't owe you	Nothing missed
Saying No is okay	Nothing to say
Saying no is the best answer to nudes	Nudes are a power move not about intimacy.
saying no needs to be taken as no and not questioned	Nudes are simply used as a power move, and sending them is considered child pornography (if you are a minor) Consent is the bare minimum, standards should be high
Saying NO to nudes	Obvious
Saying no to nudes Pornography isn't the way to go. Unhealthy	Ohio
Saying no to people and setting up boundaries	Ok
Saying no to situation I am not comfortable in.	Ok
Saying no to things you don't want in general sexual or not and screenshot any pressuring comments	ok
Saying no without guilt, screenshots, calling out others	Ok
Saying no without saying sorry.	Ok
Saying no.	Okaay
Saying something really bad is not always not okay	Okay so basically consent is like only the beaman and it's not really good if you both don't have fun and like you got to eat hookups aren't really it by the way like body count is also like a bad thing
Saying to my friend "you deserve it"	Once in a lifetime experience
Screen shot	One should value themselves and understand that consent is a minimum requirement.
Screen shot	One sided
Screen shot asking for nudes	Only have sex with someone you love
Screen shot when people ask for nudes.	Only self pressure exists
Screenshot	Only the truth and very sentimental
Screenshot	Open
Screenshot	Open and real conversation about all aspects of sexual activity.
screenshot	Open communication about a very important topic
screenshot	Open fun and emotional session on the importance of learning about relationships
screenshot	Open minded
Screenshot	Opening up others eyes to reality
Screenshot	Our standards are way to low
Screenshot	Parents
Screenshot any incriminating messages.	Peer pressure does not exist; we have to focus on understanding how to have mutually amazing sexual relationships instead of focusing on what not to do
Screenshot any potential evidence	peer pressure doesnt exist
Screenshot any uncomfortable messages to protect myself.	peer pressure doesnt exist
screenshot any violent or harmful messages	Peer pressure is actually self pressure.
Screenshot anything that seems dangerous to me	peer pressure is my choice and consent is the bare minimum, dont be afraid to say no
Screenshot anything that seems dangerous towards me	peer pressure is not real. know who you are and want to be.
Screenshot anything that's a red flag	peer pressure isnt a thing but sef pressure it. Consent is the bare minimum have mutually Amazing consensual sexual intamacy
Screenshot everything that is scary	peer pressure, consent, respect
Screenshot evidence	peer pressure, relationship toxicity and necessary ingredients for a healthy one, conversation on sexual activity
Screenshot harmful messages	People are not objects and need to be treated with respect.
Screenshot if a person asks for pomography.	People dont have alot of respect for themselves and he made sure to cover all of these types of problems.
Screenshot if people ask for naked pictures	People should live for themselves and not for others.
Screenshot if somebody asks	People shouldn't be defined by their non-sexual identity and that it is okay to be different.
screenshot if someone asks for a nude	People would do some wild stuff just to pleasure themselves
Screenshot if someone asks for a nude so u have proof.	Perfect
Screenshot if someone asks for nudes	Perfect
Screenshot if someone is messing with me	Perhaps uncomfortable and unexpected talking about these kind of topics but it was definitely an eye-opener.
Screenshot if someone tries to get me to send something	Personal empowerment through consent within relationships
Screenshot if people ask you for nudes.	Personal empowerment through the consensual relationships with others.
screenshot message if i get asked to send explicit pictures of myself	Persuading and meaningful
Screenshot messages	Phenomenal and insightful

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
SCREENSHOT messages	Pie
Screenshot method	Please be considerate of your partner's choice
Screenshot method The seven steps to an amazing relationship	Plug
Screenshot method to drive away creeps online	porn and spreading nudes is bad, consent is good
Screenshot nude requests, the seven steps	Porn is bad
screenshot of someone asks you for a nude	porn is bad and consent is good
Screenshot people asking for nudes	Porn is bad consent is good and people have to respect each others in a relationships
Screenshot people demanding inappropriate images. Calling out dehumanization.	Porn isn't healthy to any extent, and consent should be first when taking into consideration any relationships.
Screenshot rextx	positive
Screenshot sexual harassment	Potentially EnlightEning
Screenshot someone's message asking for nudes. Use the 7 steps.	Powerfu
Screenshot texts	Powerful
Screenshot texts	powerful
screenshot texts and say no	Powerful
Screenshot the method	powerful
Screenshot the person asking for nudes.	powerful
Screenshot threats/uncomfortable requests	Powerful
Screenshot when necessary	powerful
Screenshot when someone asks for nudes	Powerful
Screenshoting	Powerful
Screenshots	Powerful
Screenshots for uncomfortable convos	Powerful
screenshots to have evidence and power	Powerful
Screenshotinf request	Powerful
Screenshotting	powerful
screenshotting and confronting	powerful
Screenshotting has power in text convos	Powerful + informational
Screenshotting people's attempts of asking for nudes.	Powerful and eye opening
screenshotting whats wrong so i always have proof	Powerful and informative.
Screenshotting when people ask you for nudes	powerful and informitive
screenshotting when someone asks for a nude or a threat	Powerful message
Screenshotting, step back and analyze my relationships	Powerful talking about the deeper side and f consent that most people breeze past
Screeshot	powerful they should get the book
Searching for a healthy relationship.	Powerful.
seemingly "implied" yes/no does not mean express yes/no	powerful.
Self confidence	Powerful.
Self Defense	Powerful.
self love	Practical
Self pressure instead of peer pressure	Practice the 7 steps to a good relationship
self reflection	Practicing boundaries
Self respect	presentation about consent and sexual relationships.
Self respect	Presentation about establishing a healthy sexual relationship and things to watch our for
Self respect	Presentation on consent
self respect	Presentation on consent, peer pressure, and healthy/toxic relationships
Self respect	Presentation on healthy vs toxic relationships, peer pressure.
Self respect	presentation on sexual consent and relationships
Self respect and I love the lowering my expectations but not my standards because that is gonna help me in my relationship	Presentation on the correct mutually consensual beneficial relationships
self respect and valuing my myself and my needs	Pressure and want are different
Self respect for myself	pretty awesome
Self respect for myself and not let others influence me so easily.	pretty awesome
Self trust	Pretty basic knowlage
Self value and consent	pretty blunt but infomational conversation about sex
Self value lesson	pretty cool
Self value, and self esteem will keep me from putting myself in bad situations	Pretty cool
Sending is for one persons pleasure	pretty cool
Sending nudes is not love and it's creepy.	pretty cool and serious
Sending nudes is sending child pomography	Pretty damn important that you know that consent is the bare minimum and you shouldnt feel pressured to engage in mutually amazing consensual sexual intimacy
Sending nudes mean not respecting myself	Pretty fun
Seniors shouldn't date freshman	pretty good and informative
Sense of value	pretty good and infomative.
Set boundaries	Pretty good and whatnot
Set boundaries	pretty insightful
Set boundaries	Pretty interesting
Set boundaries	Pretty useful
Set boundaries	Prioritize yourself
Set boundaries and do not be afraid to have the conversation with them.	Probably do my best to trying to explain to them
Set boundaries and expectations with my girl	Productive
Set boundaries and understand bare minimum.	Productive
Set boundaries before anything happens.	Productive
Set boundaries in relationships	Productive
set boundaries, trust yourself	productive and effective
Set boundaries.	Profound.
Set boundaries. My actions affect power dynamics.	Proper communication is key
set clear boundaries	Provide them with information

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Set clear boundaries from the beginning	Provided a clear definition of what a healthy relationship should look like
Set higher standards.	provided a lot of information on how to be in a helpful and supportive relationship where it's a mutual environment
Set my own boundaries and don't be afraid to say.	Provocative
Setting boundaries	Pure pressure
Setting boundaries	Pure pressure could cause a lot of trouble
setting boundaries	Pure pressure is fake, and you have control of yourself, and you got to do something which you believe is right.
Setting boundaries	Pure wisdom and exceptional knowledge on the topic of sex
Setting boundaries	Pursue the good sexual relationship instead of not doing the bad.
Setting boundaries	Put yourself first as well as keeping others responsible without being pressured.
Setting boundaries beforehand	Q and a
Setting boundaries with others earlier on in my relationships	Q and A version of can I kiss you talk
Setting higher standards.	Q/A and great topics
Setting my boundaries	Q&A
setting my standards at a higher level.	Q&A about consent
seven	Q&A of relations hip red flags
Seven steps	Qna
Seven Steps	Questionable
Seven steps	questions and answers
seven steps	Quick paced, informative, and skilled at handling the general teenager jokes and immaturity.
seven steps	Quite awkward but infomative.
seven steps	Quite insightful
seven steps	Raise your standards.
seven steps	Raise your standards. The bare minimum is not what you should be settling for
Seven steps	raising the standards for proactive relationships
Seven steps	Rape children
Seven steps	Rape=bad pom=bad drinking and sex= bad consent/respect= good
Seven steps	Re-examine your choices, determine what YOU want and who YOU are before making any choices.
Seven steps	Real
Seven steps	Real and honest
Seven steps	Real and relatable. Shed light on the stupidity of not asking for consent and that sex isn't enjoyable all the time
Seven steps	Real life experiences that can happen to anyone, very crucial to you as you grow up.
Seven steps	Real situation that happens in real live
seven steps	Real, no bs
Seven steps for a healthy relationship	Real.
Seven steps of a consensual amazing mutual relationship	Realistic
Seven steps of a relationship	Realistic.
Seven steps of having a great team	Really check
Seven steps of intimacy	realize what love REALLY is, not lust. and make sure you meep your integrity
Seven steps of relationship values	Really awesome and not what I expected in a good way.
Seven steps of relationships	Really beneficial everyone should hear it. I walked out of the assembly a better person then I came in
seven steps to consent	Really cool!
seven steps to guide my decision-making	Really educational
seven steps, focusing on knowledge in my romantic relationship	Really engaging and informative and illustrates how the things that people tend to shame or hide are what people lack and what really matters
Seven steps.	Really engaging and relatable
seven steps/pillars	Really fun and entertaining
seven things necessary for a good relationship	Really fun and interesting
sever steps to mutually amazing sex	really funny, informative, highly enjoyable
Sex	Really good
Sex ed presentation	really good
Sex has to be mutually amazing	Really good
Sex should be amazing	Really good and necessary
Sex should be consensually mutually amazing.	Really good because now I know people who attended at least know about the thing
sex should be great	really good sesion
Sex should be held highly	Really heartfelt.
sex should be mutually amazing	Really helpful in figuring out your comfort zone and how to deal with others while respecting yourself
Sex should be mutually amazing	Really helpful.
sex should be mutually amazing and not just consensual(bare minimum)	Really important
Sexing is not okay if you're a minor.	Really important
Sexual activity	really important
Sexual activity should be mutually consensual and amazing	Really information for relationships and sexual advices.
Sexual Relationship Pyramid	Really informational
Sexual relationships should be amazing.	Really informative
Sexual slope of a healthy sexual intimate relationship	Really informative
Shandnjeksk	really informative about the danger of certain aspects
Share it to other peers	really informative and a great experience!
Share it with people who look up to me, as they get older and ask questions.	Really informative and eye opening
Sharing info that u learned with others.	Really informative and helpful
Sharing the nude is committed a crime, you can stop it by stop sharing	Really informative and in an engaging way!
Shaving differently idk	Really informative and reassuring for people who want more knowledge about sex and sexual activities
shi i'm finna do what i gotta do	Really informative and taught about the reality of relationships and sex
shirt	Really inspiring to issues occurring all around the USA
Shoot for awesome sex not consent	Really interactive and full of interesting information
Shortcuts are not the standard to excellence	Really interesting and entertaining at the same time
Show respect to others.	Really interesting and informative

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
showing respect	Really powerful
Showing what a healthy relationship and intimacy looks like	Really solid
shut down talking about others and seeing nudes.	really useful
Shut it down when showed nudes	Really useful session you must have take it
Shutting down nudes	Recognize healthy and unhealthy standards in a relationship
siege	Recognize love
Signs of a healthy relationship	Recognizing the myths in society over what is expected of relationships.
Size isn't accurate	Recommended!!
Skibidi	Reflective
skills of asking for consent before you know	Refreshing
Slope of sexual activity	Refreshing.
Smart intervention techniques	Refreshingly quick and to the point
Snapshots	Reinforcing existing beliefs
Solidified my values and kept me on my current path	relatable
Some stuff I learned about what is illegal and legal	Relatable and an important subject
Some ways to ask for consent like hello how are you can we kiss	Relatable and raw
Somehow peer pressure ain't real	Relationship advice
Someone asking me for nudes is offensive.	Relationship and sex advice
Something	Relationship has a lot to do with power dynamics. Stop unhealthy relationship immediately
Something	Relationships and consent
Something I am going to use is what it means to be in a healthy amazing relationship.	Relationships and how we affect others
Something I'll be using from todays program is that if my partner/ significant other isn't sure about something to drop it because if someone is unsure you don't want them to feel pressured.	Relationships and sex advice
Speak up against people	relationships are important and something that needs to be talked more about.
Speech	relationships are important and something that needs to be talked more about.
Speech	Relationships should be ended when not mutual, nudes bad, chivalry's history bad
spot predators	Relationships should be mutually respectful instead if being the bare minimum with only consent.
Spread information	Relationships, consent, sexual intimacy
spread my wisdom to my loved ones and remember the tips for myself in the future	Relevant
Spread the importance of consent	Remember that saying no is an option and have common sense
Spread the information I got from this so my friends are aware	Remember to not let someone have power over you.
Spread the message	remember you have a decision, you decide what you want not someone else. not even if they give you something in return, if you don't want the swx hut want the item you shouldnt have sex.
Spread the word	Remember your values
Spread the word	Remember your values, be great.Ask for help
Spread the word about the importance	Remind yourself your value.
Spread this information to others and apply it myself.	Reminder for bare minimum about sexual activity
Ss	Repetitive, potentially very useful but unlikely to actually have an effect
Stair case	Respect
Stair steps	respect
Stair steps to healthy mutually amazing relationship	Respect
Staircase	Respect and ask first and don't send thanks or receive thingsbthat you don't want
staircase	Respect and consent is important
Staircase for a healthy relationship	respect and consent is key
staircase for good relationship	Respect and mutual inclusiveness>everything
Staircase model for relationships.	Respect boundaries and no means no. Consent is bare minimum
Staircase to mutually amazing relationship	Respect consent
Stairs	Respect consent and the minimum.
stairs	Respect each other
Stairs	respect everyone's choice.
Stairs for healthy sexual relationships	Respect for urself and the other
Stairs of a healthy relationship	respect for yourself is the most important thing
Stairs to an amazing relationship	respect in relationships
stairs to mutually consensual sex	respect is crucial
Stairsteps	Respect is important
Stairway	Respect is just the baseline. Consent is also only the 1st step. They should only have to say no once.
Stairway	Respect is key Consent is important
Stairway	Respect is key but ideals are non negotiable
Stairway	Respect is the bare minimum and relationships should be equal
Stairway	Respect is very important. It is the main core of being able to have comfortable sexual intimacy.
Stairway	respect other people in your sexual relationships
Stairway	Respect others
Stairway	Respect others
Stairway for healthy relationship	respect others
Stairway in a relationship	Respect others answers.
Stairway of Sexual Consent	Respect others body and your own body.
Stairway to a healthy relationship	respect others during sexual acts
Stairway to good relationship	Respect others, and respect and trust yourself.
stairway to healthy relationships	Respect others, have boundaries, don't have high expectations
Stairway to mutually amazing sex	Respect people
Stairway to mutually excellent and consensually sexual relationships	Respect people and their choices.
stairway!!	Respect people's boundaries
Stand by your morals	Respect the answer

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Stand up for myself and others and I never need to do anything with someone that I don't want to.	Respect the answer
Stand up for myself, learn to say no if I don't like anything	respect the answer
Stand up for others no matter who it is	Respect the answer
Stand up for yourself, be able to say no	Respect the is key
Stand up for yourself, no means no	respect the other people
Stand up when others make inappropriate jokes.	Respect you and the other person.
Standards	Respect your partner
Standards for partner	Respect your partner.
Standards of a amazing mutual relationship	respect yourself
Standing up for myself	Respect yourself and assert boundaries
Standing up for myself	Respect yourself and don't feel pressure to do anything you are not ready or comfortable with
Standing up when I'm uncomfortable	Respect yourself and make sure everything has respect
Start respecting myself and knowing my standards.	Respect yourself and others decision respect no as an answer
Start thinking before i do something	Respect yourself and out your own health first.
Start valuing myself more in relationships and learn to say no.	Respect yourself and respect your partner
Stay away from harmful websites	Respect yourself and say no to the things that make you feel uncomfortable
stay out of toxic relationships	Respect yourself and trust yourself.
Stay respectful. Be careful who you choose	Respect yourself and your decisions, be clear with what you want and what you don't want, and don't associate yourself with people who can't respect that.
Stay true to myself. No one can control me.	Respect yourself and your partner while being mutually consent.
Stay true to yourself	Respect yourself and your partner.
Stay true to yourself and who you are.	Respect, attraction really important for love
step to healthy relationship	Respectful
steps	respecting and accepting
Steps	Respecting others and their choices
Steps	Respecting partners and yourself in both relationships and friendships
Steps for a relationship	Respecting your partner or whoever you are with, 7 steps,
Steps for healthy connection	Respecting your significant other and their individuality
Steps for healthy relationship	Responsive and effective
steps of a mutually amazing relationship	reteaching you your values
Steps of an amazing relationship	Rewarding and Eye-opening
Steps of consent	Rizz is not real, consent is forever
Steps of consent / happy relationship	Rly effective
steps to a mutually amazing relationship	Ruffed some feather
Steps to amazing relationship	S
Steps to good relationship	Sad
Steps to healthy relationship	Safe
steps to mutually amazing relationships	Safe and educational
Steps/stairway to healthy/ amazing relationship	Safe talk about sex
Stick to my own values rather than let peers pressure me.	Safe, humorous and very informational
Stop and evaluate whether I should go along with what my friends or others ask.	Safer choices for you
Stop apologizing before reinforcing my boundaries.	Safety
Stop calling people degrading terms	Safety for yourself and others.
Stop calling people derogatory terms	Same as always
Stop change my idea and choice because of others ideas	say "no" to someone or something that you don't want.
Stop nudes	Say no
stop people from asking or distributing nude photos	say no
Stop putting pressure on my self	Say no
Stop saying sorry before I decline a request.	say no peer pressure doesn't exist
Stop saying sorry before no	Say no and consent
Stop saying sorry before no	Say no if you are not comfortable
Stop self pressuring	Say No if you are not comfortable able the relationship.
Stop technique	Say no if you are unsure, don't feel guilt if you received a text for nudes, request, etc.
Stop the share	Say no if you uncomfortable. Consent is the bare minimum.
Stop unhealthy relationships	Say no to nudes or looking when people are showing
strategies for saying no	Say no to peer pressure
Strategies to have a better time while still have it being consensual	Say no to peer pressure
Strategies to lead a healthy relationship	Say No, if they continue to ask say no and distance yourself from them. They aren't healthy for you
Stress consent and prevent making the opposing person uncomfortable in any possible way	Say no, it's easy and if someone doesn't take your no use it against them
Strive for a high standard of a relationship	Saying no isn't mean.
Strive for mutuality and ensure my partner WANTS to do it, not just say "yes" for my own pleasure.	School presentation on sexual life but good
Strive for mutually amazing sexual relationships.	Screenshot everything said after someone asks for nudes
Striving for mutually amazing consensual relationships	Screenshot of your getting harassed over texts
striving for mutually consenting relationships	sec talk
Stronger perspective about porn	See it to believe it moment
stuff	self respect
Stuff	self respect
Stuff	Self respect and how to treat others in a relationship.
Stuff he said.	self respect don't care what people tell you it's okay if you don't want to be involved in sexual activity's
Support for friends	self respect, understanding your worth
Support friends by repeating deserve	Self respect. It's about asking yourself "is this for them, or for me, and is it legal?"
Support my friends instead of trying to change their relationship	Sensational and productive
Support my friends.	Serious
Support your friends rather than fixing them	Serious
Supporting my friends	serious but also silly.
Supporting my friends rather than forcing life changes.	Serious topics.
Supporting people better by respecting their decision and time	serious yet a very interesting conversation
Supporting someone who is a victim instead of trying to embolden them to report.	Session about Consent

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
supportive	Session about consent and what to do for health relationships
Surround myself with people who have integrity and promote it within myself as well	session about consent, healthy relationships, nudes
T	Session about steps to a healthy relationship
T shirt Not send the nude or porn	session about the importance of consent
take a screenshot if someone asks you for nudes	session on consent and healthy relationships
Take a screenshot when being asked to gain back the power	Session on the absolute bare minimum
Take everything we leaned deeply into thought.	Session talking about respect, and building a strong relationship
Take it in every situation sexual I am involved in.	Set boundaries and make sure you find the right one
Take more control of my life	Set healthy boundaries and know how to keep a look out for red flags
Take peer pressure into a completely new definition/perspective	Set higher standards for yourself
Take screenshot	Setting the right values in an interesting way
Take screenshot of someone asking for nude	sex and consent ed
Take screenshots	Sex ed
Take Screenshots	Sex ed
Take screenshots of someone asks for nudes	Sex Ed
Take screenshots, communicate what I'm comfortable with	sex ed and consent awareness
Take screensjots	Sex ed session
take the steps to get into a relationship and not rush into it	Sex education
Taking a firm stance against peer pressure	Sex goes beyond consent.. it takes more than consent for a good relationship
Taking safe actions	Sex has to be mutual amazing consent
Taking screenshots	Sex in only good when mutual
Taking screenshots	sex is a choice and you have your own choices. value yourself first before others
Talk	Sex is a lot more than what the culture views it as.
Talk about it with parents	Sex is amazing when 7 signs of consent are met
Talk about sex with a partner with curiosity	sex is awesome if it's mutual and respected
Talk more about what to do then not what to do.	Sex is based on the bare minimum of consent, but there are many other aspects like trust needed to achieve a good relationship or sexual relationship.
talk more and don't perform to over compensate	Sex is good but you have to make sure that both parties are on the same page and sober.
Talk more and open up to My girlfriend so we Can form a deeper connection emotionally not just sexually	sex is good when it feels good but it rarely does so dont do it
Talk more openly about having safe sexual intimacy instead of avoiding it.	Sex is great and mutual
Talk more to partner before	Sex is not "cool"
Talk to a trusted adult	SEX IS YOUR CHOICE, ALL ABOUT YOU
Talk to adults	Sex should always be consensual, but that is the bare minimum. It should be mutually amazing and no one should be forced into. Nudes with minors in it, or minors who receive it are illegal even if everyone consented
Talk to my parents	Sex should be a mutually amazing experience
Talk to my parents	Sex should be amazing and communicated
Talk to my parents about sex and how it can be a great form of intimacy.	Sex should be amazing for both parties
Talk to my parents and have awkward conversations	Sex should be beneficial for both people, society's "at best" should be reality's bare minimum
talk to my parents more	Sex should be consensual and have respect
Talk to my parents more	Sex should be enjoyable; consent is bare minimum
Talk to my parents more	Sex should be for amazing intimacy and mutually consented upon
Talk to my parents more	Sex should be good with trust, etc
talk to my parents more	Sex should be mutually amazing and consensual
Talk to my parents more	Sex should be mutually good.
Talk to my parents more about relationships	Sex should be pleasurable for both people
Talk to my partner	Sex should be something that is wanted between two people and they're both on the same page in what they want from it.
talk to my partner more	Sex should be talked about openly so we can learn about what to do.
Talk to parents more	Sex should not be on your mindset it's not all about sex and people who say the aren't sexual active that are using oral
Talk to parents more	sex talk
Talk to trusted adults more	Sex talk- consent
Talk with anyone who needs to hear it	Sexual activities should be amazing
Talk with friends and adults more often	Sexual activity has become a social expectation
Talk with my parents	Sexual activity in highschool is bad
talk with my partner more about this	Sexual activity is mutual and should be good for both people
Talkin it out more	Sexual activity should be enjoyable for both people and no kne should be shamed for having or not having it
talking about abuse	Sexual advice through different lenses than the modern society's spectrum or appreciation
Talking about how you can always say no and to not say yes just because of what people with think about you.	Sexual assault is a horrific and traumatic crime.
Talking about sexual activity is necessary to find comfortable relationships	Sexual Assault is a huge topic that needs to be talked about and taken seriously.
Talking more about boundaries	Sexual assault is a very bad act of way to other people and may affect other people's minds.
Talking to an adult and saying no	Sexual Assault occurs often, to deny it and to excuse it is a failure of self. Be aware of that consent is the minimum - not the goal. Aim for mutually amazing relationships through life, your standards will dictate your livelihood. Don't be afraid to ask questions, it's normal to talk about sex with your partner. Enforce the standard and others will follow.
Talking to friends in toxic relationships in a constructive way that builds up their confidence instead of berating them further.	Sexual assault should not happen and everyone should be respecting each other.
Talking to my future friends and partners about certain aspects	sexual assault, pressure, respect, consent, the steps to a healthy relationship.
talking to my partner	Sexual assult training
Talking to others who I am concerned about in the proper way	Sexual awareness program.
Talking Tommy advisees about putting themselves forst	Sexual consent lesson
Talky talky with my partner	Sexual education for teens
Tbh I might break up with my boyfriend	Sexual harassment is a real thing.
Teach healty habbits	Sexual harassment is bad
Teach my friends about healthy boundaries if they are in a toxic relationship	Sexual Intimacy is built on trust and respect.
teach my friends the importance of consent	Sexual intimacy is more complex than you probably think.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
teach my parents about what i learned today	Sexual maturity.
Teach others	Sexual relationship real life examples
Teach others about consent	sexual relationships are beautiful
Teach others about the importance of consent	Sexual relationships need to be healthy.
Teach others what to do instead of what not to. Help people in unhealthy relationships	Sexual relationships should be mutually amazing and you don't have to sacrifice you values or speed things up to please others.
teach younger kids that they should not be pressured to start having sex young because they will regret it	Sexual steps Have consent
Teaching	Sexually activity between two people should be consenting and mutually wanting to have sexual activity
Techniques in saying no.	Shame you missed
Tell a friend who is in a toxic relationship that they are more than what they believe and deserve more	Shares some important perspectives regarding consent and healthy relationships.
Tell friend they deserve better	Shehejd
Tell friend to stop chasing women	Shifts my mindset
Tell friends in unhealthy relationships that they deserve better	shirt
Tell friends that they deserve better.	Should be common sense but most people don't realize it
Tell friends they deserve better if they are in an unhealthy relationship.	Should have pulled up
Tell me friends they deserve better	Show them the table and the slope
Tell my friends about it	Shows us all the ways consent and relationships should be approached
Tell my friends it's ok to say no to sending nudes	Sick
Tell my friends stop hooking up!	sick!
tell my friends they deserve respect.	siege
Tell my friends who are in an unhealthy relationship that they deserve better	significant
tell my parents when someone asks me for nudes	Similar to last year but with more emphasis on needing to maintain healthy relationships even without sex. The same ask for consent as the main message.
Tell my partner ab it	Similar to the ones years prior
Tell myself I'm valuable, not perfect	Similar to what we learn every year
Tell others not to ask, rather than blaming those who send.	Simply asking for consent to do something sexual is barely meeting the requirement. You must establish a safe space, respecting each other's personal lives.
Tell people that porn is something that you should not take note from	Skibidi toilet
Tell the person they deserve more	sleepy
telling a trusted adult	Smashing consent and sexual relationship myths
Telling friends "you deserve"	So energetic and interactive
telling my friends they deserve better if they're in an unhealthy relationship	so entertaining and infomational
Telling my friends they deserve better.	so eye opening
Terms of consent	So fun and entertaining and informative
Th e 7steps	So have anazing sex that is consensual and don't send nudes
that i need to be responsible	So interesting and worth it! Changed my perspective!
That "no is mean".	So real
That a good relationship does not involve controlling and manipulation	Societal pressures by no mean need to influence you because u choose to accept them and when treated by others always opt for respect and a mutual consensual Relationship
That alcohol is not liquid courage	Some controversial claims, entertaining and captivating, informational
That all of the steps are necessary in all relationships.	Some good knowledge on how to be adults
That always use consent.	Some of it made me uncomfortable
That bare minimum is just the bare minimum it's not something really amazing, it's just what someone should be doing.	Somehow fun
That being about to communicate about sexual intimacy is important	Someone talked about the good and bad things about sexual relationships
That being in an amazing consensual relationship is necessary.	someone who grabs your attention brings reality to your table and reopens your eyes to the small subconscious biases in everyday life and relationships
That chivaly is dead	Something every high schooler needs to be ready for sexual relations.
That consent is 100% required	Something funny and interesting
That consent is a bare minimum	something helpful that can benefit everyone
That consent is a very important thing	Something I would tell someone is that they should always ask for consistent
that consent is always needed	something that changes the way you think, no matter how irrelevant or unaffected you think you are
That consent is always the bare minimum.	Something that is necessary for all to hear.
That consent is always the bare minimum.	Something that is very important especially as a college student
That consent is bare minimum and i deserve respect	something to see if you ever get the chance, very important
That consent is important in every type of relationship and to protect yourself is to be educated.	Something to see if you ever have the opportunity.
That consent is key	Something you absolutely can't miss
That consent is key and talking about pleasure is good	Something you should listen to because having an amazing relationship is very important.
That consent is not a bare minimum	sometimes hard to hear but needed
that consent is only given if a person asks	Sort of a health class session
that consent is only halfway	Speaker was great content reaffirmed prior values, excellent quality, informative
That consent is only halfway up the chart, the bare minimum.	Spreading awareness
That consent is only the bare minimum and that an amazing consensual relationship is what we are really looking for	Staircase listen good
That consent is only the half way point to having sexual intercourse.	Standards to a healthy relationship
that consent is the bare minimum	Stay true to yourself and don't feel pressured to do anything
That consent is the bare minimum	Staying true to your values
That consent is the bare minimum	Steps of a good relationship between consenting people
That consent is the bare minimum	Steps of healthy relationships
That consent is the bare minimum	Steps to have healthy relationships
That consent is the bare minimum	Steps to healthy relationships
That consent is the bare minimum	Steps to relationship
That consent is the BARE minimum	Straight heat
That consent is the bare minimum	Straight to the point and well said. Didn't beat around the bush.
That consent is the bare minimum	Straightforward
That consent is the bare minimum	Stressing the importance of asking
That consent is the bare minimum and that u should shoot for the best person instead of settle	Strongly agree

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
That consent is the bare minimum and the ladder to healthy relationship	Stuff about dating
That consent is the bare minimum expectation. A healthy sexual relationship should have more than just consent	Stuff about sex
that consent is the bare minimum of any sexual activity	Sucked so much ass I'm surprised he didn't ask for consent.
That consent is the bare minimum, you should never agree to something you don't 100% agree with	Sucks
That consent is the bare minimum.	summarize it, state that consent is the bare minimum, and say no if you don't consent, respect matters most
That consent is the bare minimum.	Summarize key information and provide them the mentor or who described their center of respect
That consent is the bare minimum.	Summarize peer pressure and consent
That consent is the bare minimum. And if someone influences you into something, it's because they are lame	summarize the consent graph, the stairway, and some other points he made
That consent is the base line minimum	summarize what he said
That consent is the first step	Supa cool
That consent is very important and to make your own decisions	Super beneficial
That consent it the bear minimum	Super crucial for consent
That consent needs to be mutual	Super empowering
That consent should be the ground level minimum.	Super energetic and engaging
That constant is the bare minimum.	Super eye opening. I think a real life speaker in front of you is more valuable than any video.
That drugs/ alcohol is not great to use when trying to make the sexual situation better	Super fire
that even if you enjoy anything sexually you shouldn't allow yourself to be degraded for it	super helpful
That everybody is a 10 and you are no valuable if you haven't lost virginity	Super helpful
That guilt an shame is wrong and religion is not an excuse to shun sex.	Super helpful and informative
That healthy mutual sex is important	super informative & eye opening
That healthy relationships don't require sex	super informative and engaging
That hook up culture is a phase that does not last forever.	Super informative and engaging
That I am going to be more vocal with boundaries instead of not saying anything.	Super informative and fun!
That I am my own person and I should not be like others just to be recognized.	Super interesting
That I am who I am or this isn't who I am.	Supportive, uncomfortable
That I can always say no to nudes	surprising but important funny
That I can chose whether or not I want to participate in such activities	Surprising
That I can screen shot uncomfortable text situations	surprising and educational, also sort of empowering.
That I can wait because it's who I am	Surprising.
That I deserve to have respect from my partner	Surprisingly fun and engaging while covering serious topics
That I deserve to say no whenever.	Surprisingly helpful
That I do not need to make myself fit someone's idea from me.	Surprisingly informative, and accurate to real life situations. Very engaging.
That I don't have to say yes	Surprisingly interesting and valuable
That I don't own people an explanation for saying no to them in any regard	Take back your power!!!
That I gotta be safe with sexual stuff	Take control
That I have boundaries too	Take control of your choices and don't be afraid to say no
That I have the ability to make good choices everyday.	take it as a place to learn about consent and how our minds really think about sex and consent
that i have the power to say no	Talk about consent
That I have to consider myself a 10 to be able to find myself a 10	Talk about consent
That I have to trust myself before I am able to have a healthy and fulfilling relationship	talk about consent and healthy relationships
That I have to trust myself over everyone else	talk about consent and important info
That I have to trust myself.	Talk about consent and relationships
that i need to be uplifting when i'm comforting someone in an abusive relationship	Talk about intimacy
That I need to respect myself more and that I should look for values like the 7 value step graph in order to trust someone	talk about respect
That I need to talk about it to someone I trust if something happens, and report other people if they do something bad	talk about self pressure
That I should always have respect for myself	Talk about sexual activities
That I should believe in myself first before I believe in others bare minimum	Talk about sexual boundaries and relationship dynamics
That I should have the ask worth and respect for myself to get out of toxic relationships and negative situations regarding consent.	Talk about sexual norms that have a bad connotation rather than being talked about responsibly.
That I should have trust in myself before or if I am going to do anything or get into any relationship for my mental health and safety.	Talk about teenage love life
That I should hold my values above anyone else and peer pressure is actually self pressure	talk about the positives to eliminate the negative (safe, amazing)
That I should never do something i'm uncomfortable with.	Talk about the seven steps and mutual sex, be safe with nudes
That I should not be peer pressured or scared.	Talk about the stairways and to always ask and respect the answer
That I should respect myself and if there's anything problems going on I should ask help	talk about what goes into sexual acts
That I should screenshot whenever someone asks for nudes.	Talk and don't do things wrong
That I should value what I believe over what others says	Talk on healthy relationships
That if I am anxious, maybe I shouldn't be in a relationship and work on myself.	Talk surrounding consent during sex.
That if I am not have a mutual feeling in a relationship to take slower steps	Talk to them about what happen
That if I say no I shouldn't have to explain myself.	Talk with your partner and respect the answer.
That if someone is trying to convince me to have sex with them, we shouldn't be having sex	Talked a lot about safety, consent, and what a relationship should be like.
that it has to be mutual	Talked about consent
That it is never too late to make a difference, even if it means having a healthy relationship	Talked about consent
That it is ok to have high standards.	Talked about consent
That it is okay to say no	Talked about consent and healthy relationships
That it is okay to say no	talked about consent and how healthy relationships should functuoj
That it was useful to to understand the pressures in society and not to indulge in them.	Talked about consent and pornography
That it's ok to not have sex befor college	Talked about consent as the bare minimum and what healthy sexual relationships look like.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
That it's ok to say No	Talked about consent being the bare minimum for relationships
That it's ok to say no	talked about consent, respect, and 7 steps
That it's okay to say no.	talked about healthy steps for mutually amazing relationship
that it's really easy to say "no"	Talked about how consent is the bare minimum for any relationship, and there was a staircase that talked about the 7 different stairs for a healthy relationship
That mutuality actually not that common among high schoolers- and it should be a necessity when engaging in sexual activities	Talked about how to ask for consent and how it's important to set standards high
That my expectations should be low but my standards should be high. And that I need to believe I'm a 10 before I am with other people.	Talked about how to set boundaries and how to maintain a healthy relationship
That my value is more important than what someone else wants from me	talked about nudes being for power and healthy relationships
That my values are important and shouldn't be pressured	Talked about relationships
That my values are important.	talked about the importance of values and genuine consent. also lesming what to do is more important than what not to do
That my values are way more important that pressure that may be applied to me by others	Talked about the seven steps to a healthy relationship and that it's always up to you what happens.
that my values are way more important then the pressure i may be under	Talked about the steps needed for consensual sex. It talks about what to do rather than what not to do.
That my values are worth more and should stand my ground.	Talked about the stuff that commonly happens in high school and it's dangers
That my values exceed pressure.	Talked about what a health relationship is
That no is absolutely alright.	Talked about what is healthy in a sexual relationship
That no is always an option	Talked about your choices and how to handle relationships and sexual interactions.
that no is no	Talking about consent
That no is not a mean word	talking about consent
That no is not mean	Talking about consent and healthy relationships
That no means no	talking about consent, relationships, sexual intimacy, etc.
That no means no	Talking about healthy relationships
That no one around me should change my views.	Talking about healthy sexual relationships and other safe practices of that nature
That no one can make me do anything.	Talking about high school relationships
That nudes are creepy	Talking about how consent is the bare minimum
That peer pressure doesn't exist	Talking about how to prevent sexual harassment and how to properly have sex
that peer pressure doesn't exist, it's self pressure	Talking about relationships, sexual intimacy, and he said that trust your diction and not answer for online relationships.
That peer pressure is from yourself, and that I shouldn't change my beliefs to fit in	talking about sexual consent
That peer pressure is just one ur head	Talking about sexual intimacy and how to have a mutually amazing consensual sexual relationship
That peer pressure is just pressure placed on yourself.	Talking about sexual stuff
That peer pressure is not a thing and all the pressure comes from within.	talking about the steps of a healthy relationship
That people ask you for nudes because they think you will send them.	talking about things that you shouldnt do
That pom is unrealistic	Talking about toxic relationships talking about how consent is the bare minimum
That pom is a good thing to relase stress	talking about very important information that can widen your knowledge about things parents wont talk about
That pressure can come from myself and people that I want to be	Talking about what makes a healthy relationship
That pressure is not healthy whether it be with sexual actions or anything else	Talking about what to do rather than what not to do.
That pure pressure does not exist	Talking what how to have a health and amazing relationship
That respect is important	Talks about consent
That respect is the bare minimum.	talks about consent
That saying no is okay, don't pressure anybody into doing things	Talks about healthy sex and relationships.
That saying no isn't mean	Talks about important issues
That self pressure is a key part of "peer pressure"	Talks about peer pressure and sex and nudes
That self value is very important and your own trust is more significant than trusting the partner	Talks about sex and how it can be positive if done right and legally
That sex needs to be mutually amazing and you need to ask everything and respect the answer.	Talks about the good of sex and that you shouldn't be treated like an object, that if someone is treating you bad you shouldn't set that as your standards and find the good men.
That sex should be a experience to remember and not one to regret.	Talks about the importance of safety
That sex should be AMAZING	Talks of consent, nudes, peer pressure.
That sex should be amazingly intament.	Tall man with gives very good relationship advice
that sex should be mutually amazing	taught us about consent and healthy choices
That sex should be mutually amazing and consensual.	Taught us all the standards and not to just accept the bare minimum.
That social pressure is applied by the self.	teach them the 7 steps
That the age of consent in NM is 17.	Teaches sex ed
that the goal is to have mutually amazing relationships	Teaches you about consent and to be comfortable with the topics
That the steps of relationships can be used in both romantic and platonic relationships.	Teaches you about how to be a better person in regards to relationships.
that there are many steps to build a mutual relationship	Teaches you to be responsible and respectful
That there are multiple steps to a healthy relationship	Teaching about proper sexual relationships with respect
That there are seven steps to a healthy relationship	teaching about relationships & sexual interaction
That there are steps to a healthy relationship	teaching about sexual safety
that there is no such thing as normalization, your group normalizes what is normal what is within your friends	Teaching core values to healthy safe sex
That there is only self pressure no peer pressure.	Teaching them about consent
that they must respect my decisions	Teaching us how to be comfortable in sexual situations since we aren't taught it usually
That thing deeply before sending nudes.	Teaching us importance of consent and safe choices.
That things are supposed to be mutually beneficial	Teaching you how to have healthy relationships
That to always ask for consent and no means no	Teachings and knowledge about sexual intimacy and how to properly do these acts
That to have sex you should be in a healthy loving relationship you feel very comfortable in.	Teachings on how to have respectful sexual relationships in modern society.
That to tell my friends that they deserve more when they need help to get out of a relationship.	Teachs a lot about yourself
That trust and respect are fundamental to a good relationship, sexual or not.	TED talk
That trust me is more important	Tell about the 7 steps very briefly and then talk about shutting down getting shown a nude.
that using concent is always important in any situation with another individual.	Tell em abt concent

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
that virginity is a personal perspective	Tell them
That we need to be aware of ourselves, and people surrounding us. The seven steps for a healthy relationship. Learning how to say no	Tell them about consent
That we need to be honest with ourselves	Tell them about the 7 steps
That when a partner asks "why" to you saying no to sexual intimacy they simply are looking for a way for you to say yes.	Tell them about the 7 steps
That whoever will ask me for nudes does not respect me as a person and only asked me because they thought I would.	Tell them about the difference between consent and mutuality.
That yes does not mean yes	tell them about the seven steps
That yes means yes is not a good way to get consent	tell them abt the 7 steps and better standards for urself
That you can applied these in relationships and having to respect everyone	Tell them how can we protect ourself from getting used. And how can we stay away from toxic relationships
That you can screen shot someone's text and use it against	Tell them it's about asking for consent first and theirs no such thing as pure pressure
That you don't need to be scared to say no.	tell them the importance of consent and remind them that it's always a necessity
That you don't owe people an explanation for saying no to something	Tell them the importance of the topic
That you have to respect yourself first, before you respect others.	Tell them the steps to sex (7 step)
That you need to be respected	Tell them to be aware of the steps of a healthy relationship
That you should always report if people are asking or sharing naked pictures	Tell them to be there for the show
That you should have the confidence to tell your partner your boundaries	Tell them to not use explicit language.
That you should trust your partner more with the opposite sex.	Tell them to say no
That you should trust yourself	Tell them to start having values and beliefs when it comes to their sex life.
that you shouldn't be pressured to saying yes.	Tell them what it was about
That you shouldn't feel guilty to report.	Tell them what respect and consent
That you still have to ask for permission from the other party even if you already done stuff	Tell them what we talked about
That's no does not mean no	Tello ha Rohen what good things to do and what not
That's not who I am	Terminology creates problems
That's not who i am	Terrible waste of time
The "I am who I am", it is a far better option than to give a logical explanation that can be countered	Terrible waste of time
The "Who I Am" idea	Thank "No" is not cruel, use it if you don't its more cruel.
The 10 pillars	that all the topics were very interesting
The 1st lesson	That always make the right decisions.
The 7 basics for a relationship	That boundaries are always necessary in a relationship. Saying No is ok and completely acceptable.
The 7 factors of an amazing relationship.	That comment is the
The 7 forms	that consent is the bare minimum and mutually
The 7 fundamental steps!	That consent and respectful relationships are always important
The 7 key staircase steps. Consent is only the bare minimum for a sexual relationship. Aim for mutually amazing relationship.	That consent is a bare necessity for sexual intimacy
The 7 levels of sexual activity	That consent is a baseline expectation and to not be pressured into anything by social norms.
The 7 necessity's for a relationship	That consent is bare minimum
The 7 pillars of a healthy relationship	That consent is just the bare minimum and you need mutually amazing consensual relationships and not to send nudes
The 7 pillars of a healthy relationship	That consent is key
The 7 pillars.	That consent is not the max but half way there.
The 7 point stare case	That consent is the bare min. Pom is unrealistic
The 7 qualities of a good relationship	that consent is the bare minimum
The 7 requirements	that consent is the bare minimum
The 7 requirements for a healthy relationship.	That consent is the bare minimum
The 7 rules	That consent is the bare minimum
The 7 rules	That consent is the bare minimum
The 7 stages of a healthy relationship.	that consent is the bare minimum and everyone can want something but doesn't mean they want to do it
The 7 stairs	That consent is the bare minimum and know the difference between infatuation and love
The 7 stairs as goals and standards for any relationship	That consent is the bare minimum and sex should be amazing
The 7 stairs in a relationship	That consent is the bare minimum and that all actions can effect them
The 7 stairs of having a mutual amazing relationship, whether it be sexual or not	That consent is the bare minimum and that everyone deserves to have the seven steps in their relationship.
The 7 stairway especially better communication	that consent is the bare minimum and there is a lot of value in relationships that have healthy boundaries
The 7 stairway steps.	that consent is the bare minimum and there is more than just hooking up. there are things we can do to build a mutual relationship
The 7 stairway to a mutually amazing relationship	That consent is the bare minimum and there's more to it
The 7 step	That consent is the bare minimum in relationships. Also the 7 steps
The 7 step graph	that consent is the bare minimum to a healthy relationship and we as a society need to become more comfortable with discussing topics around sexual relationships
The 7 step healthy sexual relationship ladder	That consent is the foundation to any relationship and that it is important to understand people's boundaries.
The 7 step ladder	That consent is the mare minim requirement.
the 7 step ladder for a healthy relationship	That consent is the number one thing to respect yourself
The 7 step ladder in a strong relationship	That consent is very important and having mutually amazing consensual sexual relationship is ideal.
The 7 step ladder leading to a successful relationship.	That consent isn't the only thing
The 7 step method.	that consent it always necessary and that you have to feel happy with yourself before being with someone
The 7 step pathway	That consent was the bare minimum and that we need so much more to respect one another. And to use the steps.
The 7 step process	That constant is the bare minimum
The 7 step program!	That feeling you're less than the other person is bad. You should always put yourself first.
the 7 step rule (respect, attraction, mutualism, etc.)	That gooning is good cuh and you should not ask consent

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 step rule.	That having respect in a relationship and towards any person and having to apply these ways to your life
The 7 step staircase	That he could say no if he is not comfortable with something
The 7 step stairway	that he talked about consent and to only do something if you're comfortable, and porn is nothing compared to real sex, it's just fantasy
The 7 step stairway guide.	That it was in interesting
the 7 steps	That is a good question. But anyway, I like today's presentation. :)
The 7 Steps	That is it very important and it teaches you important values.
The 7 steps	That is was an interesting experience
the 7 steps	That is was productive
the 7 steps	That is was very informative and about realistic expectations vs standards
the 7 steps	That is was very informative and helpful for our future lives.
The 7 steps	That it helped open your eyes about the fake reality Hollywood tries to enflct on our minds while also teaching you about how to get consent and feel like you are ready to take something to the next level.
The 7 steps	that it helped us learn about the do's of sex
The 7 steps	That it is a big eye opener and should really listen, take it to the way you live and see people and sex.
The 7 steps	That it is a good session to assist and teaches you a lot of stuff for learning about yourself and what you are comfortable.
The 7 Steps	That it is a very informative event that would highly recommend to people especially college students.
The 7 steps	That it is about making sure you are mutually consenting and, and that you should focus on your own wants,say no if your uncomfortable
The 7 steps	That it is an interesting talk.
The 7 steps	That it is meaningful and educational on consent. And that it is an important lesson
the 7 steps	That it is very important to ask for consent.
The 7 steps	That it is very informative and it gives lots of good insight to being safe
the 7 steps	That it is very informative and well explained .
The 7 Steps	That it reminds that peer pressure isn't real
The 7 steps	That it was a form to be more mature
The 7 steps	that it was a good depiction of how to safely have sexual relationships and what to do when nudes come into your life.
the 7 steps	That it was a good sexual training corse
The 7 steps	That it was a meaningful good talk about sex and about your body and relationship
the 7 steps	That it was a very helpful experience and that u should've been here to listen
The 7 steps	That it was about consent
The 7 steps	that it was about consent and self worth
The 7 steps	That it was an important meeting in which some topics were discussed and it felt good to know all the information.
The 7 steps	That it was an important session around peer pressure and other things.
the 7 steps	That it was cool and I learned a lot
The 7 steps	That it was entertaining and long
the 7 steps	That it was good and informative
The 7 steps	That it was important
The 7 steps	That it was informative
The 7 steps	That it was inspiring
The 7 steps	That it was session to understand the importance of consent, respect, and trust in yourself.
The 7 steps	That it was truly a wake up call to never be pressured or be a people pleaser in relationships.
The 7 steps	that it was very educational around sexual connections and relationships
The 7 steps	That it was very eye opening and informative
The 7 steps	that it was very impactful and gave great information
The 7 steps	That it was very informaticce for teenagers
The 7 steps	That it was very informational
The 7 steps	that it was very informative about everyday life
the 7 steps	That it was very informative and made me feel more sure about myself.
The 7 steps	That it was very interesting, and you should read the ebook.
The 7 steps	That it's very important and I'd tell them the rest.
The 7 steps	That it's very much needed for them
the 7 steps	That its always best to be safe with every decision u make
The 7 steps	that lots of people think it's just about consent
The 7 steps	That mutual consent is the key to a successful relationship
The 7 steps	That need to be on the session
The 7 steps	that no i año and that yo always ask for there consent.
The 7 steps	That peer pressure is not a thing.
The 7 steps	That people need to respect each other in debt situation and ask consent
The 7 steps	That porn has unrealistic standards, and your choice matters as well as understanding both partners should feel comfortable and mutual
The 7 steps	That porn is bad and not healthy also we have to care more about ourselves than others.
The 7 steps	That porn is not real its acted and has breaks
The 7 steps	That porn is not realistic and you need to make sure you have consoul amazing sex
The 7 steps	That respect and consent is #1 for relationship
The 7 steps	That respect and knowledge matter a whole lot.
The 7 steps	That self respect is key to a mutually good relationship.
The 7 steps	That sex is about respect, trust, consent, attraction, and that people need to be more direct with their feelings and their self respect.
The 7 steps	That sex is not bad but the 7 steps are required.
The 7 steps	That sex is not bad you need to be comfortable with your self
The 7 steps	that social media and social norms are different and dont mean anything
The 7 steps	That talks about consent when being with someone

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 Steps	That their is so many steps and levels of maturity you have to go through to get a good sexual relationship for both partners
the 7 steps	That there are many steps to a good relationship and missing one ruins it
The 7 steps	That there is a lot more to consent than just the definition of consent
the 7 steps	that there is more rules
The 7 steps	That they are important and they should value themselves
The 7 steps	That they are more important to your self
The 7 steps	That they need to ask before doing something
The 7 steps	That they should make sure they have consent
The 7 Steps	That they shouldn't be showing weird pictures.
The 7 steps	That this is talking about sexual assault
The 7 steps	That to know consent is the start towards a healthy relationship and build into respect, connection to oral communication
the 7 steps	That u should trust yourself and it is important to learn about
The 7 steps	That was an interesting presentation about sex and consent and blah blah blah
the 7 steps	That was useful
The 7 steps	That we could do more for myself
The 7 steps	That we learn how to act and deal with certain situations.
the 7 steps	that we learned how to create a loving relationship and how to get out of toxic ones
The 7 steps	That we learned that nudes are child pom and so we should send or ask for them
the 7 steps	That we talked about the different layers of consent and how to respect other people when it comes to mature relationships
The 7 steps	That what's safe and how to stay safe
The 7 steps	That yes is not always a yes
The 7 steps	That yes is yes is not a good form of consent
The 7 steps	that you deserve everything and that you need to have confidence
The 7 steps	That you need consent and that your not a object
The 7 steps	That you need to ask before you do something sexual with someone
the 7 steps	That you need to be comfortable with what you do
the 7 steps	That you need to respect the people , and respectivamente their Spaces
The 7 steps	that you need to respect yourself and others
The 7 steps	That you should always have self respect and practice consent
The 7 steps	That you should always respect yourself no matter what
The 7 steps	That you should make sure that your relationship is a mutual consensual relationship
the 7 steps	That you supposed to help the people who have relationship's problems, and really know the person that you talking.
The 7 steps	That's consent is key, nudes are bad , they have seven steps to follow
The 7 steps	that's pretty useful seminar even if you know all of that stuff.
The 7 steps	The 7 levels
the 7 steps	The 7 seven steps to amazing sex
The 7 steps	The 7 steps
The 7 steps	the 7 steps
the 7 steps	the 7 steps
The 7 steps	The 7 steps
The 7 steps	The 7 steps and consent. Also to never send nudes
The 7 Steps	The 7 steps defines love
the 7 steps	The 7 steps in a healthy consensual sexual relationship.
The 7 steps	The 7 steps of a sexually mutual amazing relationship
the 7 steps	The 7 steps of intimacy and what is right or not.
The 7 steps	The 7 steps to a healthy relationship
The 7 steps	The above statement, plus don't send nudes and ending a relationship is often the most loving thing you can do
The 7 steps	The assembly taught us about what you should do in a healthy relationship and that you should think of yourself as a 10. That you are a wonderful person and you don't need to change someone else's approval.
the 7 steps	the assembly was about learning how to be in a healthy relationship.
The 7 steps	The assembly was about Sexual Assault and learning about how outside variables affect actions.
The 7 steps	The best presentation EHS has presented
The 7 steps	the best thing is a mutually consented amazing relationship is the best on the slope.
The 7 steps	The best way to be a good partner is to be a good human being
The 7 steps	The best way to progress in life is mutually consensual relationships.
The 7 steps	The building blocks to healthier relationships and friendships.
The 7 steps	The certain steps to a healthy relationship
The 7 steps	the current norms in our culture are overly normalized but shouldn't be
The 7 steps	The deeper concept of consent
The 7 steps	The different stages pf a relationship and how u need to keep clear communication
The 7 steps	The discussion helps with how to have a healthy relationship.
The 7 steps	The dude told us to not watch pom.
The 7 steps	The factors that go into a mutually good sexual relationship and why those factors are important.
the 7 steps	The guy was a good speaker but the subject was not interesting.
The 7 steps	the importance of a mutual relationship
the 7 steps	The importance of communication and self respect
the 7 steps	The importance of consent
The 7 steps	The importance of consent
The 7 steps	The importance of consent and everything important about relationship.
The 7 steps	The importance of consent and how it is a bare minimum for a relationship.
The 7 steps	The importance of consent and safety
The 7 steps	The importance of consent, trusting and knowing yourself and what you want in sexuality in your life. Sexual assault is a crime.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 steps	The importance of having a healthy relationship
The 7 steps	the importance of self respect and respect for others
the 7 steps	the importance of sticking to your standards and not pressures or expectations
the 7 steps	The importance of the all 7 staircases in a relationship
The 7 steps	The importance of the mutually consensual amazing sexual relationship and how to lead a healthy relationship?
The 7 steps	The importance of understanding what consent means and not allowing others to pressure you into doing things you are not comfortable with.
The 7 steps	the important is know our values
The 7 steps	The key to a safe & healthy relationship.
The 7 steps	The key to be a great partner is to be a great human
The 7 steps	The key to be a great partner is to be a great human being
the 7 steps	The key to being a great partner is being a great human being.
The 7 steps	The key to being a great partner is to be a great role model and human being.
The 7 steps	the ladder and how it is the main thing for relationship and friendship
The 7 steps	The lecture had some information
the 7 steps	The minimum about consent.
The 7 steps	The most helpful and informative thing
The 7 steps	The most important lesson especially us teenagers struggling with who we want to be what other thing and what actually matters
The 7 steps	the most informative session I have been too!!
The 7 steps	The most interactive and enjoyable class ever
The 7 steps	The perceived culture and ideas surrounding sexual relations cannot just be assumed to be true. Consent and not committing sexual assault or harassment are what we are told as expectations but they are really the bare minimum. Healthy sexual relations involve complete respect lots of communication, mutuality, proper consent throughout, trust, attraction, connection, safety, among other things.
the 7 steps	The presence of sexual assault and what our roles are during a sexual interaction and beyond. Anything consisting of the need for consent.
The 7 steps	the presentation includes many essential information about sex and relationships
the 7 steps	The presentation was about the necessities for a healthy relationship.
The 7 steps	The presentation was an exuberant spin on a serious discussion.
The 7 steps	the regulations of consent
the 7 steps	the rules of a relationship
the 7 steps	The same thing we learned before
The 7 steps	The session described excellently on misconceptions of consent and what the human body wants or need
The 7 steps	The session described that consent is the bare minimum and it's important to trust yourself.
the 7 steps	The session describes steps to be aware of yourself, others, and your relationships with others.
The 7 steps	The session discussed consent as the bar minimum and that your choices are valid.
the 7 steps	The session discussed how to maintain strong, healthy relationships.
the 7 steps	The session discussed the steps to a healthy sexual relationship.
The 7 steps	The session had many useful applications going into a life where you're on your own.
The 7 steps	The session helped describe how to build a healthy relationship and have amazing sexual relations without crossing boundaries that result in negative consequences
The 7 steps	The session is a comprehensive talk about how to identify a good sexual partner and what are the steps to a safe sexual relationship.
The 7 steps	The session provided crucial insight into sexual intimacy.
The 7 steps	The session talked about the proper and healthy ways to be in a relationship and to find a relationship
The 7 steps	The session taught me a lot
The 7 steps	The session taught me how to make sure me and any partner or anyone else I know are comfortable in any relationship and everyone is mutually respected.
The 7 steps	The session was about consent
The 7 steps	The session was about having healthy sexual relationships and building trust btw them.
The 7 steps	The session was about how to have safe and trusting intimate relationships and sexual relationships.
The 7 steps	The session was about the importance of learning how to be sexually active in a safe and healthy way.
The 7 steps	the session was about the major steps of having a healthy relationship and setting boundaries.
The 7 steps	The session was about the myth of peer pressure and how to have mutually amazing sex
The 7 steps	The session was about what a good mutual relationship looks like, how you should respect someone, not degrade people, and make choices that won't hurt you
The 7 steps	The session was all about the importance of consent and not falling for peer pressure
The 7 steps	The session was an engaging, honest conversation about sexual activity and self respect
The 7 steps for a healthy relationship	The session was both intriguing and informative. Exposed me to new aspects of looking at myself and relationships.
the 7 steps!	The session was deeply talking about consent and sexual behavior.
The 7 steps and always respecting and asking for consent	The session was educating 12th graders in having mutually exciting relationships
The 7 steps and being more respectful	The session was fun and informative
The 7 steps and communicate them to my friends who do not participate in the 7 steps in their sexual lives	the session was good
The 7 steps and consent is bare minimum-mutual satisfaction is the key	The session was important and it taught me important lessons about relationships.
The 7 steps and how to have a mutually amazing relationship	The session was informative about consent

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 steps and nobody's perfect	The session was informative and a great talk for us.
The 7 steps and realizing that peer pressure exists within myself.	The session was informative and extremely helpful regarding topics of consensual sexual activity.
The 7 steps and the rules/laws of what not to do.	The session was really informative and helped me understand the culture of sex I grew up with
The 7 steps and using consent. Also an understanding of nude exchange	The session was super important. He made my jaw drop multiple times
The 7 steps are a good baseline for deciding whether you are ready	The session was used to give awareness to sexual activity and consent
The 7 steps are important	The session was very attention grabbing and informative.
The 7 steps are required	The session was very informational and very helpful. The session was interesting and the guest speaker was fluent and respectful of the topic
The 7 steps as a guide for a good relationship and goals to work to.	The session was very informative and covered serious topics without feeling overwhelming.
The 7 steps for a good relationship	The session was very informative and REAL.
The 7 steps for a good relationship	the session was very inspiring and informative, and was an extension of the freshman assembly
The 7 steps for a healthy relation	The session was very intense and serious, you should always respect someone's answer and choices
The 7 steps for a healthy relationship	The seven steps clearly and understanding that you should know this. No immature decisions.
The 7 steps for a healthy relationship	The seven steps of a good relationship
The 7 steps for a healthy relationship	The seven steps of intimacy and what is right in a relationship
The 7 steps for a healthy sexual relationship are really important	The seven steps to a mutually amazing sexual experience
The 7 steps for a relationship	The sex that we have should be amazing and not pressured at all
The 7 steps for an amazing consensual relationship	The slides and information was very insightful.
The 7 steps for an amazing relationship	The speaker talked about a topic that was normally really difficult to talk about and clarified common myths about sex and consent.
the 7 steps for relationships	The speaker was super energetic
The 7 steps for relationships and make sure I have good sex	The steps and values of sexual consent
The 7 steps from the stairs	The steps or things to a good sexual life
The 7 steps in a relationship	The steps to a healthy relationship
The 7 steps in a relationship	The steps to a perfect relationship, consent is the bare minimum.
The 7 steps in a relationship.	The talk was about redefining our expectations of sexual activity and relationships.
the 7 steps in my daily life	the topic that was discussed today is EXTREMELY important as it is crucial for consent to be present
The 7 steps in my relationship	The topics discussed were consent, standards, expectations, pornography.
The 7 steps make a happy relationship	The value of consent and pleasure is more important than you think
The 7 steps method	The values of consent and self preservation
The 7 steps method to cause healthy relationships	the way i learned
The 7 steps of a consensual and enjoyable relationship.	The way i would describe this session is consent and respect always and will always matter, the first thing you will always need is respect and consent in a relationship.
The 7 steps of a good consensual intimate relationship	The ways and how society is now and the good and bad things to learn
The 7 steps of a healthy consensual sexual relationship. It's a good reminder.	There are 7 steps to a consensual securely relationship
The 7 steps of a healthy relationship	There are 7 steps to a healthy relationship, and being with someone who's only in it for the physicality isn't a great idea
The 7 steps of a healthy relationship	There are a lot of things I can say
the 7 steps of a healthy relationship	there are certain boundaries that you can't cross
The 7 steps of a healthy relationship	There are different parts to a healthy relationship, don't commit crimes, aim for healthy relationships.
The 7 steps of a healthy relationship "this is who I am"	There are lots steps to have healthy sexual relationships
The 7 steps of a relationship	There are many important steps to bringing a good sexual experience between people. Also consent is very important and the bare minimum
The 7 steps of a relationship.	There are many important steps to having a consensual relationship.
The 7 steps of building a healthy relationship	There are many steps for consented sexual behavior.
The 7 steps of connection	there are many steps to a relationship and the pressure that is being placed is one that you place on yourself
The 7 steps of consensual relationships	There are many things that contribute to a healthy relationship like respect, attraction, safety, and trust
The 7 steps of consent	There are many ways that things can succeed, but one thing that is non negotiable is consent.
The 7 steps of healthy relationships	There are more steps to consent, not just saying yes
The 7 steps of healthy relationships	There are more than one factor that go in to consensual sexual activity
The 7 steps of healthy relationships (2nd step either attraction/alignment)	There are much more to safe relationship than just consent
The 7 steps of healthy relationships (2nd step either attraction/alignment)	There are multiple aspects to healthy relationships and none of them can be skipped
The 7 steps of healthy relationships.	There are multiple steps to a healthy relationship and intimacy
The 7 steps of intimacy	There are pillars for success in relationships and in life
The 7 steps of intimacy	There are so many parts to respect and consensual sexual experiences and it's important to be conscious of them every time.
The 7 steps of mutual amazing sexual intimacy	There are standards that need to be met before sexual activity.
The 7 steps of mutually amazing consensual sex.	there are steps for consent
The 7 steps of sexual activity.	There are steps that are necessary for healthy relationships
the 7 steps program	There are steps that need to be taken to have a healthy sexual relationship and none of the steps can be skipped.
the 7 steps that culminate as love	There are steps to realize who you are and what you CAN do in sexual relationships to make a safer society
The 7 steps that we learned leads to amazing relationships.	There is a lot about knowing that consent isn't everything and that things should be always be amazing and that you should feel respected in a relationship.
The 7 steps that were presented today.	There is more to a healthily relationship then consent
The 7 steps to	There is more to a healthy relationship than consent.
The 7 steps to a consensual and Awsome relationship	There is more to a relationship than consent
The 7 steps to a good relationship	There is more to consent and sex than you think there is.
The 7 steps to a good relationship	There is more to consent than we hear about, it's important to respect people's choices
The 7 steps to a good relationship.	There is more to relationships than consent
The 7 steps to a healthy amazing relationship	There is more to sexual activity than consent.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 steps to a healthy and amazing relationship.	There is no peer pressure. Consent is the minimum. Saying no is never mean. Mutually amazing is what should be sought after.
The 7 steps to a healthy and mutually healthy relationship.	There was a connected, lively atmosphere despite the heavier topics discussed.
The 7 steps to a healthy relationship	there was a guy who was explaining what makes a sexual relationship good and respectful and then answered questions about it at the end
The 7 steps to a healthy relationship	There was a lot of knowledge to learn about a Sexual Topic and things and that person would be able to use this in a real life situation
The 7 steps to a healthy relationship	There was a presentation describing what a healthy relationship is and how consent, while crucial, is only one of the components in an amazing relationship. They also went over the 7 steps which were extremely helpful.
The 7 steps to a healthy relationship	There was discussion on consent but primarily on sexual health and how to live a healthy sexual life.
The 7 steps to a healthy relationship	There's a lot more to consent than what people think. It's a deeper process and it should be taken seriously.
the 7 steps to a healthy relationship	There's a lot to take away from it. It's worth the listen.
The 7 steps to a healthy relationship. Helping friends get out of unhealthy relationships.	There's a set of steps that have to be taken before you get involved in a sexual relationship, such as respect, attraction, trust, etc. and you cannot take these for granted, as consent is a bare minimum.
The 7 steps to a mutually amazing consensual sexual relationship.	There's many ways to make a relationship healthy. I'd describe this session and useful.
The 7 steps to a mutually amazing relationship	There's more to relationships than consent; it's the bare minimum. Our world is a source of immense self pressure, and in a growing presence of unrealistic expectations it's more important than ever to be articulate and respectful.
The 7 steps to a mutually amazing relationship.	there's more to sexual relations than consent
The 7 steps to a mutually amazing relationship.	There's much more to being sexually active than just consent
The 7 steps to a mutually amazing sexual relationship.	there's no judgement, lots of learning, and no immaturity. it's a serious talk, and I really appreciated it just like I did last year.
The 7 steps to a mutually consensual amazing sexual relationship.	There's way more to sex than just consent.
The 7 steps to a mutually happy relationship	There's many steps to a healthy relationship and more than likely all highschool relationships aren't healthy so don't feel pressured to do anything.
The 7 steps to a proper relationship , sexual and not	They assume that they don't understand I can do it with my homework for graduation high school
The 7 steps to a relationship.	They caught us about consent and nudes
The 7 steps to achieving a healthy sexual relationship/connection	They explained how to have good relationships and the most important part was to have mutually awesome relationships.
The 7 steps to amazing mutual sex	they have to take time to listen to understand everything
The 7 steps to an amazing, mutual sexual connection.	They just talked about how to make smarter choices and how something can affect you in the long run
The 7 steps to become a better person and improve my friendships and relationships.	They missed out
The 7 steps to building healthy relationships both romantically and for others	They missed out
The 7 steps to everyone I know	They missed out
the 7 steps to good relationships, in all sexual, romantic, and platonic ones	They missed out on some good information
The 7 steps to healthy mutual amazing sex	They missed out, it wasn't the generic and repetitive things you would think. I think ALL porn addicts can learn something.
The 7 steps to healthy relationships	they need to ask before doing
The 7 steps to mutually amazing sex	They need to be here
The 7 steps to mutually amazing sex	they remind you to not sexually harass people for those whom it does not come easily
The 7 steps to realize if I'm emotionally ready to have sex with a woman.	They should have gone
The 7 steps towards a healthy relationship towards sex	They should listen to it
The 7 steps were pretty important and I will use those.	They should watch it
The 7 Steps were really helpful and helped me realize I made the right choice letting someone in my life go when I had been doubting it.	They talked about consent
The 7 steps, and to remember what I personally believe in	They talked about consent, expectations, and standards.
The 7 steps, not only in a relationship but in my friendships.	They talked about different aspects of healthy relationships and common misconceptions about relationships.
The 7 steps!	They talked about how to be safer and respect your body and others
The 7 steps.	They talked about standards, expectations, and consent.
The 7 steps.	They would describe it as useless or time-wasting/boring.
The 7 steps.	things that are healthy and not healthy about a relationship, sexual or platonic
The 7 steps.	Think about the other people you are trying to have sexual activity with before you act.
The 7 steps.	Think about the relationship you are actually in and whether or not you want to stay in it.
The 7 steps.	Think about yourself. Protect yourself and realize your faults. Never give up.
the 7 steps.	think before you fuck someone
The 7 steps.	Think deeply of how you are going to do something
The 7 steps.	Think rationally when you are in relationships and love yourself
The 7 steps.	This is a great learning opportunity to learn from and know about having a healthy relationship and what not to do to the opposite gender. Further learning that yourself is importance.
The 7 steps.	This is a great opportunity to learn to be a better person and having good relationships, not romantic only but friendships.
The 7 steps.	This is a great program and very infomative
The 7 steps.	This is a more advanced session dedicated to what "to" do, rather than what "not to" do. We focused on the steps to mutually amazing sexual relationships both in and outside of marriage.
The 7 steps.	This is about how to become more aware of how to navigate sex and sexual activity between people whether in or out of a relation.
The 7 steps. "This is who I am"	This is about safe and consensual sex
The 7 steps. I can use them for both romantic and platonic relationships.	this is amazing
The 7 thing	This is an informative talk about how to navigate through sexual encounters
The 7 values	This is important
The 7 values/steps	This is something everyone should hear, it describes what we think is a high standard in a relationship is simply the bare minimum.
The 7 words for a good relationship	This is very helpful information that will help you have a better understanding of sexual assault and consent

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The 7 words.	This open my eyes and mind to the reality. Life changing
The 7-Methods	This presentation helps us understand the importance of "no meaning no
The 7steps to mutual amazing sex	This session addressed about risks of unhealthy sexual intimacy. And, educated high school to be aware of this matter through important stairway points.
The ability to feel comfortable when engaging in intercourse, and making sure i have consent.	This session covered the seven steps of having a healthy relationship (consent being the middle pint, but also being the bare minimum), and how to say "no." It also discussed how peer pressure is something inflicted upon oneself that only happens in your mind. Recognize that if you are being pressured by a partner, that is unhealthy. It also discussed signs of toxic relationships and more.
The ability to have an amazing relationship	This session described healthy sexual relationships and properties of these relationships.
The ability to say no and stand up for myself in uncomfortable situations	This session described how consent is the bare minimum, the 7 qualities of a healthy relationship, and the issues with porn and sending nudes and how to deal with them.
The ability to say no stuff	This session describes how to navigate relationships and your own thoughts
the ability to say no when i feel uncomfortable	This session describes of not only what to do but of what to do to make sure both people feel comfortable and not pressured.
The ability to say no.	This session describes the difference between consent and mutual, amazing relationships along with discussing the pillars of an amazing relationship.
The advice	This session describes the intricacies of what consent is and is not on a more indepth level.
The advice	This session educated me on what to do, and not what not to do.
The advice	This session explains how to have more meaningful, mutual relationships.
The advice about healthy relationships and intimacy.	This session gave us a goal to work towards when it comes to sexual activity rather than things not to do
The advice about relationship and that there is only self pressure not peer pressure	This session helped me confirm a lot of my recent question about having a special relationship. especially because a lot of us are going into college or getting into serious relationships.
The advice for a good relationship	This session helped me understand relationships and sexual activity better and have a better understanding of the negative aspects of sexual activity as well as the benefits
The advice from Mr. Domitrz	This session helped to learn more about health relationships and how to achieve them.
The advice given	This session helps students understand sexual activity in a comfortable environment surrounded by peers under similar circumstances.
The advice given	this session included a necessary information, especially for high school students, about the importance of asking people for consent and not reaching out to illegal acts
The advice into making strong relationships	This session is a sexual harassment session, it helps to identify what is right and wrong, in terms of something sexual.
The advice of how to a amazing relationship.	This session is about consent and how it is the bare minimum with the goal being to have good consensual intercourse with respect.
The advice on building healthy relationships	This session is about taking care of yourself and having high enough standards for a partner.
The advice on how to have a healthy relationship	This session is about the understanding of interpersonal relationships and communication.
The advice peesented in this talk	This session is about the use of safety, protection, sex, maturity, and mutually conversational in a relationship
The advice that was presented	This session is about your safety and yourself.
The advise given	This session is important as it reframes one's view in that you are in control of yourself when it comes to relationships and to valuing yourself.
The aduuce	this session is like a prerequisite to mutually amazing sexual intimacy
the app	This session is not only just about sexual assault and relationships but it is about self esteem and loving for your own choices.
The authority I have to say NO in any and all situations at my discretion while keeping the law in mind.	This session is really engaging, fun, and resourceful.
The bare minimum	This session is so useful
The baseline is consent. Consent is not the epitome of a relationship.	This session is to the point and infomative. Mike is very professional and well said through experiences he's been involved with.
The bases to construct a healthy consensual relationship	This session showed what a healthy relationship should consist of.
The basis to a healthy relationship	this session spoke about the dangers and important parts of maintaining health relations
The be aware of what my starters are and to apply them	This session talk about how to navigate relationships and your own thoughts in them.
The belief that school and the guest speakers they invite has a generalization problem.	This session talked about consent and how it is more of a requirement than something to be proud of in a healthy relationship. It also talked about the pressures high schoolers face everyday particularly peer pressure and how that it oftentimes is the pressure that we put on ourselves. Lastly, it talked about ways to get out of an abusive relationship or help others get out of one through communication and trust in adults.
the best one	this session talked about consent, respect, good pillars of a relationship, etc
the body's reactions to traumatic responses does not mean you enjoyed it	This session talked about hard topics such as sexual activity, what to do when someone sends you nudes, what's the difference between right and wrong, etc. But most importantly what are the 7 steps to having a successful relationship.
The book	This session talked about healthy sexual relationships and activity.
The book.	This session talked about how to achieve mutually amazing consensual sexual relationships and how to protect yourself from dangerous sexual relationships
The both of us are mutually comfortable	This session talked about the basics about what consent is but also the positive of mutually amazing intimate sexual relationship.
The boxers	This session talked about the steps to a healthy relationship
The bracelet	This session talked about what to do instead of what not to do
The can I kiss you line	This session talks about consent and what love is.
The certain learnings that were given to us today	This session talks about how to prevent sexual assault and how to act in a relationship.
The chart on how to get a healthy relationship	This session taught important lessons and reaffirmed important morals and boosted the importance of self esteem.
The cold foam	This session taught me about mutually amazing relationships, consent, and not asking or sending nudes

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The concept of consent being the bare minimum	This session taught people what it means to be in a good healthy relationship and how you should treat your partner.
The concept of having honest communications and knowing my worth	This session taught us that consent is the bare minimum
The concept of trust between both yourself and your partner	This session taught you how to be responsible and safe in relationships and to be careful about sending nudes
The confidence/ability to trust myself first and stand up for my values/boundaries.	This session teaches us skills about relationships and sexual intimacy.
The consensual staircase	This session teaches us think before you act.
The consensual staircase.	This session teaches you that everyone should be given consent and it is important to not be pressured into doing something you don't want to do.
the consensual stairwell	This session took things that people already know but really ingrained it and made it make sense
The consent	This session was a deep and impactful experience about sexual knowledge
The consent	This session was a lot about consent and asking for permission instead of forcing things
The consent being the bare minimum	This session was about consent and the information about a proper healthy relationship.
The consent is the bare minimum requirement	This session was about having healthy relationships and being able to respect ourselves and others.
The consent stairway	This session was about learning that you are a 10, no one should be dehumanized.
The consent talk	this session was about sex and learning about what means no
The content is the bare minimum	This session was about sexual consent, healthy relationships, and positive reinforcement rather than telling people what not to do.
The correct definition of consent	This session was about sexual relationships. Telling the truth is important. You need to have strength and courage. Drinking alcohol is unhealthy. Also, never send nudes.
The details and advice.	This session was about the forms teenage sexual assault takes and how to help survivors and prevent assault
The difference between affection and love.	This session was about the importance of respect as the core driving value before taking any action.
The difference between infatuation and love	This session was about what TO do when it comes to sexual relationships, not what not to do.
The difference between infatuation and love.	This session was an extremely informative and insightful lecture on the basics of a healthy relationship and consent.
The difference between infatuation and love.	This session was an interactive experience that discusses the importance of sexual consent, and shows how in today's society our standards are way too low. It gives people awareness of sexual assault and teaches how to have a good sexual experience.
The difference between love and infraction.	This session was audience driven and involved a lot of participation. There was no script and it flowed with what people were interested in discussing. It had powerful reminders that consent was the bare minimum and to follow your own voice.
The difference between love and obsession.	This session was extremely important to gain knowledge and tools on how to be prepared for sexual encounters in the future, should you choose to.
the differences between infatuation and love and using a therapist	This session was eye opening.
The different levels of consent	This session was given by an understanding man who explained important standards for proper relations and the problem that arises when people aren't respectful to each other, don't know have the proper knowledge, and don't trust each other.
The different steps to a mutually awesome consensual relationship.	This session was helpful in knowing what you deserve in a relationship.
The emphasis on self respect.	This session was highly informative and opened my eyes to different aspect of sexual consent.
the fact consent is abre minimum	This session was informative and talked in depth about sex
The fact of the seven steps to reach a mutual consensual experience.	This session was informative to know respect and self worth.
The fact that a mutually amazing consensual sexual relationship is normal.	This session was interactive with students to help them understand the harm of no consent and the benefits of not giving into peer pressure
The fact that a mutually amazing consensual sexual relationship is normal.	This session was mainly taking questions on what is healthy and what should be expected.
the fact that abstinence shouldn't be shamed	This session was much more informative then you could ever expect.
The fact that consent is the bare minimum	This session was realistic and unfiltered.
The fact that consent is the bear minimum and properly asking someone out without pressure.	This session was really helpful and gave us helpful tips on intimate situations
The fact that consent should be the bare minimum in every relationship.	This session was useful but I think many people understand what they were talking about already.
The fact that it is okay to say no to a partner.	This session was very engaging.
The fact that love consists of multiple things.	This session was very helpful and discussed about topics that are hard to talk about.
the fact that peer pressure only exists if you don't believe and trust your decisions. In other words I'm going to trust my decisions more.	This session was very important for people and teaches them safe sexual relationships
The fact that relationships shouldn't be based on lust rather they should represent love	this session was very informational and i think needed for our school.
The fact that there should be a mutual agreement and connection before anything	This session was very informative about the falsehoods in our society (peer pressure, alcohol, roofies, etc.) and helped increase communal understand of mutually amazing consent.
The finding of proper values	This session was very informative and he just spits bars
The first person to trust is myself	This session was very informative and made me realize a lot of things that I don't normally think about. It has helped me realize my self worth and the importance of having a mutually agreeable relationship.
The goal of a mutually amazing consensual sexual relationship	This session was very informative and talked about consent.
The graph that had non consent sexual activity and mutually amazing consensual sexual activity	This session was very informative and the main idea is: "Consent is the bare minimum"
The he info on nudes	This session was very informative as to how to say no, how to recognize the type of relationship you are and how to leave it if you aren't comfortable or reciprocate the feelings
the healthy relationship stairs to communicate with my partner.	This session was very insightful.
the healthy relationship steps	This session went into deeper meaning of the whole category of sex.
The idea of being there for my loved ones	This session went over the components of a healthy relationship revolving around self trust and mutual agreement + benefit

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
The idea of consent and mutual sexual respect	This session went over the different questions within relationships, covering different topics such as peer pressure, values, drama and nudes.
The idea of consent.	This talk was a good reminder that you need to be comfortable with your partner and vice versa, and you should respect each others boundaries.
The idea of having self respect.	This talking about
The idea of not giving false choices because it makes people feel unhealthy pressure in other areas of life.	This was a lesson preparing high school seniors about the reality on maintaining healthy relationships bourg romantic and platonic as well as the dangers of various pressures.
The idea of peer pressure and how I'm creating the pressure myself.	This was a meeting about reality about relationships on dating
The idea of self respect	This was a presentation that discussed what is required for a positive romantic/sexual experience by discussing the foundations of relationships and what you should want from your interactions with others.
The idea of self worth and seeing yourself in a better way as a 10	This was a session during which we talked about the pros and cons of intimate relationships.
The idea of the staircase, and having an "amazing" mutual relationship	This was a very interesting and eventful session. I would highly recommend if you can go to watch him I would, wether you believe him or not.
The idea of the steps that build a healthy mutual relationship	This was a very mature, interesting and a very educated session to teach seniors that are about to graduate and go into college, military, etc where there might be much more pressure whether it's about sexual intimixay
The idea of trusting my own choice	This was a very powerful chat
The idea that all friendships and relationships need things like connection, trust, and communication.	This was a very useful session that talks about sexual relationships.
The idea that consent is the bare minimum	This was about an in depth conversation about what consent actually is and learning more about how people react and why they do certain things
The idea that consent is the bare minimum	This was about learning about sexual assault and consent
The idea that consent is the bare minimum and that we should always be able to say no	This was an info session about consent, and how consent should be the baseline of a request.
The idea that consent is the bare minimum.	This was an interactive explanation on sexual activity and consent
The idea that I am going to use from today's program is the idea that saying "No" is not an offensive word to say to someone.	This was full of valuable information about safe sex and relationships.
The idea that I should have confidence in myself and trust myself was nice	This was highly informative and put a lot of things into perspective in terms of being a better partner.
the idea that it's important to trust myself more then my partner so I can also be in control	This was truly inspiring and uplifting
The idea that peer pressure doesn't exist, and the power is in your hands only	This will help you recognize what a healthy relationship is.
The idea that peer pressure is really self pressure	Thorough and engaging
The idea that pleasure is the goal	thought inducing
The idea that you dont need to have sex to have a healthy relationship	Thought provoking
The idea to ask for consent and to know that others should ask me for consent	Thought provoking
The ideal sexual activity is mutually amazing consensual sexual activity.	thought provoking
The ideas about consent and other stuff we leamt in the lecturee	Thought provoking and logical
The ideas about culture	Thought you about safety and importance of sexual activity
the ideas and concepts brought up around consent	Tht it was im
the ideas and concepts brought up around consent	To describe this session to someone who wasn't here I would say we learned that we need to be aware of what is going on, know how to stand up for ourself, how to get rid of a person asking for nudes, porn videos are fake, respect others space and don't date unless your ready
The ideas displayed were eye opening.	To always ask for consent with others, respect them, make them feel comfortable, and don't objectify anyone
The ideas I learned. I liked what we leaned about having a healthy relationship.	To always follow your intuition and have self respect
The ideas of having consent be the bare minimum	To always make sure that all sexual activity is mutually consented and always do what you are only comfortable with. Consent is the bare minimum.
The ideas of mutuality and selfworth in relationships	To always say no when you feel like it
The importance of advocacy and self care and value	To ask before you do and then have respect for someone
The importance of calling out predator behavior	To ask first
the importance of consent	To ask for consent
The importance of consent	To ask for consent
The importance of consent	To be a good partner, be a good human being
The importance of consent and mutual relationship	To be careful and know your sureoundings
The importance of consent and respect between your partner or anyone in general.	To be mindful of there actions
The importance of consent.	To be respectful of others decisions
The importance of consent/ and communication with you're partner	To be smart with your actions towards the opposite gender
the importance of not lowering standard	To be successful in life is to be a good person and treat others how you'd expect to be treated.
The importance of steps	To educate themselves further on what consent truly means
The importance to have concent for everything even if your already in a relationship	To follow steps for a healthy relationship
The important information that was shared today, and the emotional maturity I can grow on.	To give this a listen to help find self worth in the relationship and in yourself and that consent is the bare minimum.
the info about consent	To have mutual amazing sexual relationships
The info I learned	To have safe sex, consent
The info said. Ask for consent.	To help an individual understand their self worth and ability to say no
The info shared from the questions	to know ur self with and the reality of sexual intimacy.
the info talked about in the presentation	To know what your values are in everyday life
The info that I have obtained.	to learn more
The info that I was taught	To let them know that it's ok to be uncomfortable
The info to talk more a trust myself	To make sure to have a consensual happy respectful relationship
The information	To make sure to respect the person that u are in a relationship.
The information	To make sure you are safe and have consent
the information	To make sure you get consent
The information	To open up our eyes of how today works
The information	To prioritize oneself firstly and most importantly
The information	To read the book there is too much it was very informative
the information about consent and how it is the bare minimum	To respect other peoples decisions
the information about having deeper relationships not just with consent	To say no and ask for concent
The information about values.	To say no and not have per pressure

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The information and insights he shown us.	To someone who was not here, I would describe this session as a session about telling people that consent is only the bare minimum requirement, and that there can be mutually amazing relationships.
The information I was taught.	To someone who wasn't here, I'd say the session was very realistic in talking about examples of consent.
the information learned.	To think about them selfs over others
The information on peer pressure was an interesting perspective. I also thought the steps to sexual intimacy was fascinating and gave a good guideline of what is important.	To think about your actions and if you actually want to do what your about to do
The information provided.	To understand and take it slow
The information surrounding peer pressure and that saying no is not mean.	To understand that consent is just the beginning of sexual relations
The information to make good choices.	To understand that consent is the bare minimum not going above and beyond.
The key components of a healthy relationship.	To value the problem of having consent a because there is a lot of unconsensual stuff happening.
The key is consent	To value yourself a lot more and value basic consent and respect.
the knowledge	Today, we learned that consent is the bare minimum. We don't need to feel guilt or shame over what happened in the past, but we can change the future and make more informed decisions in the future.
the knowledge	Today's program is very serious and can help somebody's future.
The knowledge	Tools to have a healthy relationship
The knowledge	touched uncomfortable stuff but needed to be talked about
The knowledge	transparency
The knowledge	Truly amazing and mind changing perspective of consent
The Knowledge about stopping people from making inappropriate comments.	Truly eye opening and perspective changing
The knowledge and tips	Trust self
The knowledge gained from a further understanding of how a respectful relationship works	Trust yourself
The knowledge given	Trust yourself
The knowledge given to me.	Trust yourself be tourself
The knowledge I have learned	trust yourself love yourself and don't give in if your uncomfortable
The knowledge of giving consent to someone when having sex or saying no	Trust yourself make sure everybody is comfortable
The knowledge of relationships, taking his advice	Tryst yourself, respect others.
the knowledge of self pressure	ts was coo
The knowledge of the course	u gain important wisdom on things that should be simple
The knowledge of the difference between infatuation and love.	u missed out
The knowledge of the slope of sexual assault/murder, consent, and mutually amazing sexual activity.	U need consent
The knowledge of what builds healthy relationships	u need to think about relationships in a new way
The knowledge that consent is the bare minimum	U should've been there
The knowledge that consent is the bare minimum	U would describe it as kind of fun and really informative.
The knowledge that consent is the bare minimum and not the goal	Uhh it was interesting
The knowledge that I agree with personal boundaries and respecting them.	Uncomfortable
The knowledge that Mike gave	Uncomfortable but necessary
The knowledge that respect is entitled to each person, including myself, and there are boundaries that shouldn't ever be crossed without consent	Uncomfortable but necessary
The knowledge that we acquired with the presentation	Uncomfortable but needed
The knowledge to always ask for consent and make sure my consent is given.	uncomfortable but needed
The knowledge, the relationship ladder, and maybe the ebook	Uncomfortable in an informative way
the ladder	Uncomfortable yet important to anyone who would want to be active in a relationship
The ladder	Uncomfortably important
the ladder	Uncovering the sad truth of highschool relationships
the ladder	understand basic respect and value your own emotions before becoming sexually active
The ladder	Understand how porn nudes and use of substances make you more criminal than horny
The ladder	Understand self value
The ladder	Understand that being in a relationship demands many values for a proper healthy one.
The ladder	Understand what respect is in relationships
The ladder	understanding relationships
The ladder	Understanding sexual consent
The ladder	Understanding that the basics of any healthy relationship is built on respect for the self
The ladder	understanding the importance of consent
The ladder	Unexpected
The ladder	unfortunate
The ladder	Unless you are a scumbag you should probably know everything they talked about
The ladder analogy	Unsure
The ladder and boundaries	Upfront and clear with expectations
The ladder and effective communication	Use 7 steps
The ladder and the talking to your significant other and being more transparent	Use common sense and be a great human being.
The ladder for basic and sexual relationships	Use common sense and explain the seven steps for a healthy relationship
The ladder for friendships and relationships.	Use common sense and respect others in a relationship
The ladder for relationships	Use concent
The ladder graphic was a good visual!	use concent
The ladder of 7 components of a health relationship	Use consent
The ladder of a healthy relationship	Use consent
The ladder of amazing experience	Use consent
The ladder of an effective relationship	Use consent
The ladder of consent	Use consent and follow the 7 steps
The ladder of healthy relationships	Use consent and mutual agreements
The ladder of how to have a successful relationship.	Use consent and respect your peers
the ladder of relationships	Use protection, being safe, knowledge your self
The ladder of relationships	Use the 7 steps

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
the ladder of respect	Use verbal communication and make sure there's mutual respect and break it off if you don't feel anything
the ladder of things in healthy relationships.	Use your brain.
The ladder steps	use your words, ask for consent.
The ladder steps	Useful
The ladder steps	useful
The ladder system for relationships.	useful
The ladder that identifies healthy ways to get to mutual amazing experiences.	Useful
The ladder that shows the steps necessary in a relationship beyond consent.	Useful
The ladder to a mutually amazing sexual relationship. Standards matters.	Useful
The ladder we discussed.	Useful
The ladder with respect, trust, knowledge, mutuality, etc.	Useful
The ladder!!!!!!	Useful
The ladder.	Useful
The ladder/components to a healthy relationship.	Useful
The ladder/staircase of sexual relationship	Useful
The ladders	Useful
The latter of consent.	Useful
The laws	Useful
the learning	Useful
The lesson about expectations	Useful
The lesson about how peer pressure is self constructed	Useful
The lesson about nudes	Useful
The lesson about peer pressure being internal pressure	Useful and easy to understand presentation about why it's important to understand healthy sexual activity.
The lesson about peer pressure. How it's actually self inflicted.	Useful and eye opening
The lesson he gave us	Useful and healthy
The lesson that consent matters.	Useful and helpful
The lesson that my choices and values matter more than what other people in my life think.	Useful discussion about an argument that is usually avoided
The lesson that was taught	Useful epic
The lesson to lower expectations and raise standards	Useful in general but not personally necessary.
The lessons about consent and to use it	Useful information
The lessons about consent being a bare minimum and how to take control back	Useful relationship advice
The lessons about peer pressure being internal pressure is a good, usable lesson.	Useful talk about the nature of relationships particularly sexual relationships
The lessons about relationships	Useful
The lessons I learned	Using maturity to tell if people are comfortable with you or not
The lessons learned.	Using the 7 steps
The lessons that are taught from Mike's lecture.	Using your knowledge and thinking before you act before you do stuff so it does not negatively impact someone.
The lessons that were taught	v insightful
the lessons that were taught	Valid
The lessons we received about pomography.	valid
The lessons.	Valid information and resources about SA and nudes
The levels steps to a amazing relationship	Valuable
the loving is always start from self. trust yourself before you love anyone.	valuable
The material from the program.	Valuable
The media portrays false accusations of rape which overshadow real cases	valuable
The methods of developing boundaries in a relationship.	Valuable advice
The methods of protection, even though I don't have a partner nor do I want one	Valuable and informative.
The methods of saying no	Valuable and interesting
the mindset that i need to trust myself and my values	Value and respect yourself and what you believe and what you don't want is not shameful
The mutually consented sexual activity ladder	Value your self and the importance of your morala
The necessary steps to a healthy relationship, intimate or just with a friend.	value yourself
the negative effects of porn	Value yourself and worth
The new Knowledge	Value yourself more than others— applies to all situations
The new knowledge I learned	Value yourself, you are what functions not others, do not be scared to ask
The new knowledge that I have learned	Values over peer pressure.
The newfound knowledge about consent	Various factors are necessary for proper healthy happy relationships, such as respect, consent, understanding.
The newfound knowledge that I have gained?	Very
The nine steps and that consent is BOTTOM LINE.	Very active and audience engagement
the nudes advice to say no	Very awakening makes you think on your own situations
The nudes talk.	Very beneficial
The number 5	Very beneficial
The only way to have a truly amazing relationship is to follow the 7 steps	Very beneficial
The overall concept of a higher standard	Very beneficial and needed
The part about drugs	Very beneficial for healthy relationship advice.
the part of the presentation about destigmatizing a lot of things related to sex	Very beneficial with the steps to a safe and consensual relationship
the peer pressure advice	very chill and enjoyable and informative
The perspective of some people not being worth pleasing to keep if they pressure you into doing stuff you made clear you're not comfortable doing	Very clear
The phrase "that is not who I am" when saying no to people.	Very communicative
The point of peer pressure	Very comprehensive and specific and helpful
The portion about how to handle if you are asked for or are sent nudes without having offered or asked.	Very cool
The power of no	very cool
The power of saying no	Very cool
The power of saying no and that consent is a minimum requirement.	Very cool
The power of saying no.	Very cool beans
The power of self value.	Very deep
The precautions before having sexual intercourse	Very deep and informational
The process of changing attraction to connection.	Very deep and mature.

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The progress	Very descriptive
The proper ways of consent	Very detailed and informative.
the pyramid	Very down t earth and simple, while explaining sexual topics to teach the audience.
The QR code at the end	Very educating and eye opening which gives a great perspective on sex between genders.
The question about staying with a partner that will leave you if you don't have sex was a good reminder that it's about me and not keeping them happy	very educational
The rating myself a 10 always	Very educational
The realization that life is about contentment not achievement	Very educational
The reasons to ask for consent and different ways a of consensual sex	Very educational
the recognition that a mutually consensual sexual relationship is the standard of excellence and anything that didn't attempt to get to that isn't worth your time because you're worth more than that.	Very educational
The red flags	very educational
The reference to amazing sports players being far from perfection boosted my self image which help me to value myself more in a relationship	very educational
The relationship advice	Very educational
The relationship advice	Very educational
the relationship ladder	Very educational
the relationship staircase	Very educational
The relationship staircase of values	Very educational about what should be the bare minimum and what a relationship should be.
The relationship staircase.	Very educational and a great reminder of my values
The relationship steps and requirements.	Very educational and always ask.
The respect staircase	Very educational and emotionally correct
the respect tower	very educational and eye opening
The rizz come back "I'm sorry you need it" when someone says they got rizz	Very educational and funny
The rizz. Pom is bad	very educational and helpful
The rules we were taught	Very educational and helpful for anyone who would need it.
The same as before, I've always been about consent and communication.	very educational and helpful for everyone.
The saying no way to get away from a situation you do not want to be in.	Very educational and helpful for people who didn't know about how to treat people and be in respectful relationships
The scale	very educational and important
The screenshot method	Very educational and informative on sex and sexual consent
the screenshot method	Very educational and needed
The screenshot method	Very educational and needed
The screenshots to prevent rumors and stuff.	Very educational and needed even if not sexual active
The screenshotting method	Very educational and reaffirms your self judgement
The sentences they gave.	Very educational to topics that happen in teenage life
the seven point stair case.	very educational you should've been there
The seven principles of a healthy relationship	Very educational, definitely learned more about consent
The seven requirements	Very educational, definitely to look into it more
the seven rules to a healthy relationship	very empowering
the seven stair	Very energetic but educational.
the seven staircase	very engaging
The seven staircase	very engaging
The seven stairs	Very engaging and informative session about sexual relationships.
The seven step for a healthy relationship	Very engaging and informative, didn't feel like a lecture
The seven step ladder of mutually amazing consensual sex	very engaging and insightful
The seven step ladder.	Very engaging and moving
The seven step model for mutually amazing consensual Intercourse.	Very engaging and reinforcing
The seven step modular	Very engaging for the audience and honest
The seven step program	Very engaging, educational about how to treat sexual partners.
The seven step pyramid to a relationship.	Very engaging, entertaining and incredibly informative
The seven step rule	Very enlightening.
the seven steps	Very entertaining
the seven steps	Very entertaining
The seven steps	Very entertaining and interactive.
The seven steps	Very eye opening
the seven steps	Very eye opening
The seven steps	Very eye opening and engaging.
The seven steps	Very eye opening and honest
The seven steps	very eye opening and important
The seven steps	Very eye opening and informatve
The seven steps	Very eye opening as to what consent should look like.
The seven steps	Very eye opening.
the seven steps	Very formative on decency's of consent
the seven steps	Very fun
The seven steps	Very fun
The seven steps	Very fun
The seven steps	Very fun and active course about your questions
the seven steps	Very fun and engaging. I learned a lot.
the seven steps	Very fun and important to understand
The seven steps	very fun and informational
The seven steps	Very fun and interactive
The seven steps	Very good

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The seven steps	Very good and informational
the seven steps	very good helpful, would share info
The seven steps	Very good information
The seven steps	Very good mental lesson for consent and self confidence.
The seven steps	very good presenter.
The seven steps	Very good.
the seven steps	Very good.
The seven steps	Very goodddd
The seven steps	Very great and eye opening
the seven steps	Very helpful
The seven steps	Very helpful - insightful into how we think and why we do what we do.
The seven steps	Very helpful about consent
The seven steps	Very helpful about learning relationships standards
the seven steps	Very helpful and comfortable
The seven steps	Very helpful and engaging
the seven steps	Very helpful and engaging
The seven steps	Very helpful and enlightening.
The seven steps	Very helpful and eye opening, revealing
The seven steps	Very helpful and gives a good message about consent
The seven steps	Very helpful and I learned a lot
The Seven Steps	Very helpful and important
The seven steps	Very helpful and important to listen to at least once in your life.
The seven steps and asking my future partner what would make the experience best for them before	very helpful and information
The seven steps and nudes are a illegal	Very helpful and informational
The seven steps and that i need to trust myself.	Very helpful and insightful
The seven steps and the idea that peer pressure is just self pressure.	Very helpful and necessary about consent
The seven steps and ways to protect myself from people asking for nudes.	Very helpful and needed.
The seven steps are all nissary	Very helpful and open about uncomfortable topics that need to be talked about
the seven steps are applicable to relationships and friendships	Very helpful and very direct with the information.
The seven steps for a healthy mutually amazing consensual relationship	Very helpful and very engaging
The seven steps for a healthy relationship	Very helpful and would recommend it.
The seven steps for a healthy relationship	Very helpful conversation over consent and sexual activities.
The seven steps for a healthy relationship.	Very helpful expecially within how things are portrayed in the media
The seven steps for a mutually amazing consensual relationship	Very helpful for an everyday
The seven steps for all kinds of relationships.	Very helpful for an everyday
The seven steps for all my relationships	Very helpful for learning about safe sexual relationships
The seven steps for amazing sex.	very helpful in clarifying importance of consent
The seven steps for an amazing consensual relationship.	Very helpful in understanding how to be mature in relationships.
The seven steps for mutually amazing consensual sex	Very helpful in understanding these kinds of topics
The seven steps for relationships.	very helpful Q&A session, gave me a way deeper understanding of some things
The seven steps in a relationship	Very helpful to learn about choices and such within sexual situations
The seven steps in further relationships	Very helpful to understand about consent
The seven steps in relationships	Very helpful, informative
The seven steps model	Very helpful, talks about stuff that we don't normally talk about
The seven steps necessary	very helpful!!
The seven steps of a healthy consensual relationship	Very helpful.
the seven steps of a healthy relationship	Very helpful.
The seven steps of a healthy sexual relationship.	Very helpful
The seven steps of a relationship	Very honest and good representation of respect and intimacy.
The seven steps of an awesome relationship	Very informative
The seven steps of consent.	Very informative
The seven steps of healthy amazing relationship	Very impactful
The seven steps of intimacy	very impactful and gives informational to tennagers
The seven steps of relationship values	Very impactful and helpful
the seven steps of sexual intimacy	Very impactful and important to learn along with listen to.
the seven steps of the staircase to building a healthy relationship.	Very impactful and informational
The seven steps on the ladder.	Very impactful, on what to do and what is healthy
The seven steps staircase.	very impactful. No is important and okay to say
The seven steps to a amazing relationship	very important

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The seven steps to a healthy relationship	Very important
the seven steps to a healthy relationship	Very important
the seven steps to a healthy relationship	Very important
the seven steps to a healthy relationship	Very important
the seven steps to a healthy relationship	Very important
the seven steps to a healthy relationship	Very important
The seven steps to a healthy relationship	Very important
The seven steps to a healthy relationship	very important
The seven steps to a healthy relationship	Very important
The seven steps to a healthy relationship	Very important
The seven steps to a healthy relationship and lower my expectations but not my standards.	Very important
The seven steps to a healthy sexual relationship	Very important
The seven steps to a mutually amazing consensual sexual relationship	very important
The seven steps to a mutually amazing consensual sexual relationship	Very important
The seven steps to amazing consensual mutual sexual activity	very important
The seven steps to amazing sexual activities	Very important and beneficial to learning how to be able to respect ourselves
the seven steps to consent	Very important and knowledgeable
The seven steps to having a healthy relationship	Very important and needed talk to learn about consent
The seven steps to having a healthy relationship	Very important and useful
the seven steps to having a healthy relationship.	Very important and useful
The seven steps to healthy relationships	very important as this topic is important for a lot of people to hear
The seven steps to healthy sex	Very important for present and future life.
The seven steps to sexual intimacy	very important information to know throughout your life
The seven steps to use with a partner.	Very important information to prevent accidents
the seven steps we learned	Very important interactive session to teach you about the importance of consent
The seven steps!	Very important session and very helpful
the seven steps!!	Very important to hear and internalize to cultivate a better, safer environment wherever you are.
The seven steps.	Very important to talk about hard things
The seven steps.	very important to understand good relationship
The seven steps.	Very important, and helpful
The seven steps.	Very important, with surprising and eye opening information that clear up common misconceptions.
The seven steps.	very important!!
The seven steps.	Very influential and interesting speaker
The seven steps.	Very informal and allows questions and answers to be fun while on a serious topic
The seven steps.	Very informative
The seven steps.	Very informational
The seven steps/rules	Very informational
The seven traits of a healthy relationship	Very informational
the seven values	Very informational
the sexual knowledge i have learned	Very informational
the shirt	Very informational
The shirt	Very informational
The shirt low key	Very informational
The shirts and advice about healthy relationships	Very informational
The skills taught	Very informational
The slope	very informational
The slope of sexual activity	Very informational
The slope of sexual activity	very informational
the slope of sexual activity	very informational
The slope thing	very informational
The specific steps	Very informational
The spectrum of sexual activity and what it means to be an excellent sexual relationship	Very informational
The split the bill trick	very informational
The stair	very informational about consent
The stair analogy, and how you need all those to be in a happy and healthy sexual relationship	very informational about pete pressure and sexual information
The stair case	Very informational and audience participative
The stair case	Very informational and beneficial for self appreciation
The stair case	Very informational and beneficial to high school students.
The stair case	Very informational and boring
the stair case of mutal relationships	Very informational and dives into the background behind consent and sexual activity
The stair case of relationships	Very informational and engaging
the stair case to a mutually amazing conceptual relationship	Very informational and engaging
The stair case!!!	Very informational and has many good quotes
The stair case.	Very informational and helpful about hookup culture.
The stair chart	Very informational and helpful to continue to progress in relationships.
The stair example to recognize a healthy relationship.	very informational and how to be safe
The stair for a relationship	Very informational and humorous to keep involvement
The stair steps for a healthy relationship	Very informational and important
the stair thing	Very informational and important.
the stair values for my own relationship!	Very informational and interesting in topics that everyone overlooks.
The stair way	Very informational and really makes uou rethink your decision



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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The stairway of a healthy relationship	Very informative
The stairway of relationships	Very informative
The Stairway of Values	very informative
The stairway to a healthy relationship	Very informative
The stairway to a healthy relationship	Very informative
The stairway to a mutually amazing consensual relationship.	Very informative
The stairway to a mutually amazing relationship	Very informative
The stairway to heaven and better relationship	Very informative
The stairway to mutually amazing relationships	Very informative
The stairway with my partner	Very informative
The stairway.	Very informative
The stairway.	very informative
The stairways to a healthy amazing relationship	Very informative
The stairwell to a mutually amazing relationship	very informative
The standard is an amazing relationship.	Very informative
The standard of a healthy relationship instead of just consent	Very informative
The step by step to amazing sexual relationships and also use it for my sport.	Very informative
The Steps	very informative about consent and healthy relationships. engaging and interesting
The steps	Very informative about consent.
The steps	very informative about how consent is the bare minimum and sexual activity is a choice that someone needs to make.
The steps	Very informative about mutually amazing relationships
The steps	Very informative about respecting people's answer
The steps	Very informative about sex and consent as a whole in a healthy way that benefits one's self.
the steps	very informative about sexual assault and
the steps	Very informative about the subject matter that everyone would relate to
The steps	Very informative about what to do about sex instead of saying what not to do.
The steps and what they are and how I can use them to better me	very informative and a good thing to learn
The steps are about all relationships	very informative and a lot more in depth then the first one.
The steps for a healthy relationship	Very informative and a way to understand how consent works and the rights and wrongs.
The steps for a relationship	Very informative and actually helpful
the steps for the relationship	very informative and assuring
The steps in a healthy relationship	very informative and attention grabbing
The steps in a relation	Very informative and aware
The steps in a relationship	Very informative and beneficial to teen's knowledge about sex.
The steps in order to start being sexually active	Very informative and debunked many myths
the steps into unhealthy habits	Very informative and detailed
The steps needed to be followed before continuing.	Very informative and discusses things that should be discussed but people usually don't
The steps of a consensual and happy sexual relationship.	very informative and educational
The steps of a good relationship	Very informative and educational from a fresh healthy perspective!
The steps of a healthy relationship	Very informative and educative on how to properly deal with sexual situations.
the steps of a healthy relationship	very informative and engaging
the steps of a healthy relationship.	Very informative and engaging
The steps of a mutual relationship	Very informative and engaging
The steps of a relationship	very informative and engaging
the steps of a relationship	Very informative and engaging
The steps of an "amazing relationship"	Very informative and engaging
The steps of an amazing consensual relationship.	Very informative and engaging
The steps of love	Very informative and engaging and important for young people.
The steps on how to attain my own amazing sexual satisfaction	Very informative and engaging. Required us to learn about consent within relationships and what is ok.
The steps on the staircase.	Very informative and enlightening
The steps on the stairway to a consensual amazing sexual relationship	Very informative and entertaining
The Steps program.	Very informative and especially eye opening!
The steps that come after consent for sexual activities as well as the information in relation to sending nudes.	Very informative and every high school student needs to hear this
The steps that were shown. (Respect, Attraction, Knowledge, Trust, Consent, Mutuality, Oral Communication)	Very informative and eye open Ning
The steps to a good relationship	Very informative and eye opening
The steps to a good relationship	Very informative and eye opening
the steps to a healthy relationship	Very informative and eye opening
The steps to a healthy relationship	Very informative and eye opening to beneficial ideas.
The steps to a healthy relationship	Very informative and full of knowledge that everyone should know
The steps to a healthy relationship	very informative and fun
The steps to a healthy relationship	Very informative and funny
The steps to a healthy relationship	very informative and good to hear about
The steps to a healthy relationship	Very informative and helpful
The steps to a healthy relationship and consent	Very informative and helpful

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What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
The steps to a healthy relationship.	Very informative and helpful
The steps to a healthy relationship.	Very informative and helpful
The steps to a mutual amazing relationship	Very informative and helpful
The steps to a mutually amazing relationship—including communicating personal values to my partner instead of expecting them to intrinsically know them.	very informative and helpful
The steps to a mutually amazing relationship.	very informative and helpful
The steps to achieve amazing mutual relationships	Very informative and helpful
The steps to an amazing relationship	Very informative and helpful
The steps to an amazing relationship	Very informative and helpful
The steps to consensual sexual activity	Very informative and helpful!
The steps to develop a healthy relationship.	very informative and i learned a lot of stuff that i can use in my own relationships
The steps to good relationships	very informative and i learned useful info for my own relationships
The steps to have a good relationship	very informative and important
The steps to have a healthy relationship	Very informative and important
The steps to healthy relationships	Very informative and important for life
The steps to healthy sexual relationships	Very informative and important to apply in all relationships
The steps to make a great team	Very informative and important.
The steps to mutual relationships yourself	Very informative and interaction
The steps to what makes a healthy relationship, and use them in my current relationship to learn how to communicate better and trust myself in it.	Very informative and interactive
The steps/ladder	Very informative and interactive
the stuff about nudes	very informative and interactive
The stuff we learned	Very informative and interesting
The stuff we learned today	Very informative and interesting.
The talk about porn	Very informative and knowing self worth
the talks	Very informative and life changing.
The teaching on values	Very informative and light.
The term deserve to talk with friends.	very informative and makes me think a different way
The things he said	Very informative and motivational
the things i already knew	Very informative and necessary
The things I learned	very informative and necessary education to move forward in sexual life
the things i learned about relationships	Very informative and necessary for all relationships.
the things i've learned	Very informative and necessary for today's culture.
The tips i learned.	Very informative and powerful
The tips on how to act respectfully in a relationship	Very informative and probably even necessary.
The tips, and the healthy signs and non-healthy	Very informative and provides a different perspective
The triangle of consent.	Very informative and provides amazing new perspectives
The true meaning of consent	Very informative and real
The true with partner or tell family if you feel not good	Very informative and safe
The understanding of consent	Very informative and share the resources
The understanding of how harmful porn is	very informative and something everyone should know
The understanding of the value of intimate relationships.	very informative and straightforward
The understanding that alcohol is a bigger problem than roofies and that if a person/me drink before having sex then we have to unpack why that is.	Very informative and taught me a lot that people don't usually think about.
The understanding that consent is just a baseline for going forward.	Very informative and teaches about consent and that consent is just the beginning to having a good relationship.
The understanding that consent is the bare minimum.	Very informative and teaches important lessons you'll use the rest of your life.
The understanding that consent is the minimum and that any activities should not bring pleasure to only one person.	Very informative and teaches you a lot about these heavy subjects.
the understanding that someone coercing me into saying yes is not, and never will be consent.	Very informative and that I learned a lot
the upholding of values and the prioritization of myself	Very informative and thorough explanation on consent
The use of boundaries	Very informative and understandable.
The use of consent	Very informative and useful
The use of consent is the bare minimum	Very informative and useful if you are struggling with your relationship
The use of screenshots to get evidence and say no.	Very informative and valuable conversation
The values and the steps to be asking out someone	Very informative and very beneficial.
The validation from porn and social media is warped and getting validation from attention, instead getting validation from yourself and the quality of your character	very informative and very helpful
The values	Very informative and very interactive
The values and lessons I learned for a healthy relationship.	very informative because a lot of times, students don't hear this kind of information in their homes
The values that I learned.	Very informative but also all accurate.
The values that were taught	Very informative
The various responses to respond to questions to say no.	very informative for all kinds of relationships
The vocab words	Very informative in a comfortable manner
The way I learned to articulate question when wanting to go farther in relationship or asking someone out	Very informative information on how to have a healthy sex life!
the way i think about relationships	Very informative on boundaries and consent in relationships
The way relationships are viewed in America	Very informative on many topics regarding consent and saying no
The ways to approach consent.	Very informative on nudes.
The ways to respectfully conduct relationships of all types and to never make anyone feel uncomfortable.	very informative on relationships
The whole program was eye opening to insights on how to effectively help my relationship. It has been rough but this program helped me to find answers and clarity on some things.	Very informative on sensitive subjects
The will to not have sex	Very informative on the topic
The wisdom	very informative on what to do instead of what not to do
The wonderful insights I have obtained from this informative presentation.	Very informative presentation of what is important to do in sexual relationships
The word "no" more often.	Very informative session about consensual sexual activity
The wrist band	Very informative session that everyone could use that speaks about consent and relationships.
There are 7 requirements for a healthy relationship	Very informative talk about consent and sexual relationships.
There are 7 steps	Very informative that talks about the stuff other people are scared to talk about
There are 7 steps for a healthy relationship	Very informative way to learn ways of consent.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
There are further goals besides just consent for a healthy relationship	Very informative, accurate, hard to listen to (too close to home )
There are many steps to a healthy relationship including communication, respect,	Very informative, and a bit more insightful into a perspective we may have not previously seen.
There are many steps to achieve sexually amazing mutual intimacy	Very informative, and don't be afraid to speak in your opinion
There are more factors to just consent.	Very informative, changed perspectives on common myths
There are no shortcuts to success.	Very informative, don't be disrespectful, need to ask for consent
There are seven steps to love	Very informative, engaging.
There are ways to say no	Very informative, funny, engaging.
There is a power in a no	Very informative, helped strengthen me
There is a stairway to a good relationship.	Very informative, helpful, and funny during some parts
There is no peer pressure just self pressure	Very informative, I learned a lot outside of sexual relationships and within sexual relationships.
there is no peer pressure, only individual pressure.	Very informative, I'd recommend.
There is no rush to do anything you are pressured to do	Very informative, interactive, need to listen to this guy talk.
There is no shortcut to the standard of excellence And "no" is not mean	Very informative, interesting, eye opening
there is no such thing as peer pressure	Very informative, it gave me a deeper insight of the do's and dont's of today's society
There is no such thing as peer pressure just self pressure	Very informative, it had a lot of information about consent and intimate relationships.
There is no such thing as peer pressure, only the pressure to be accepted, liked, and seen by other people.	Very informative, points out the issues in today's society regarding sexual life.
There is no such thing as peer pressure.	Very informative, pretty insightful
There is no such thing is peer pressure. You have to be able to trust yourself	Very informative, should check his work out.
there is only self pressure not peer pressure	Very informative, surprisingly enjoyable to learn too
There needs to be self-trust for there to be a healthy relationship.	Very informative, teaching not only about consent in a mutual relationship but also having self respect.
There was a lot learned but I will use the steps the most	Very informative, they should've been here
There's good reasons why Men don't have to pay all the time.	Very informative, very awesome teacher and very real
There's no peer pressure	Very informative, while keeping things interesting/fun
There's no such thing as peer pressure.	Very informative.
Thinks	Very informative.
Things in the dark only get darker	Very informative.
Things that make a healthy interpersonal relationship.	Very informative.
Think about 7 steps before a relationship	Very informative.
Think about if know what i am doing	Very informative.
Think about my actions	Very informative.
Think about myself, if I want this, if I trust myself, if I want to be me or someone else.	Very informative.
Think about porn in a healthier matter	Very informative.
think about the 7 steps in my relationships	Very informative.
think about what i should do in my next relationship	Very informative.
think before acting so quickly, especially if society goes against ur beliefs	Very informative.
Think before carrying out my actions	Very informative.
think before i do anything	Very informative.
Think better of myself	Very informative.
Think more	Very informative.
Think more about whether what I'm doing is for ME or just for them. Am I manipulated or not.	Very informative.
Think of people differently who have gone through toxic relationships	Very informative.
think wisely	Very informative.
Thinking about peer pressure and my values	Very informative.
Thinking about values and how they play into how you interact with the world	Very informative.
Thinking what to do next	Very informative.
This attendance	Very informative.
This is who am I.	Very informative. I highly recommend this program.
This is who I am.	Very informative. It encompassed the main values amd points a person must know before getting into a sexual relationship/ encounter
This knowledge to know what to do in relationships	Very informing
This program provided deeper knowledge about this, and to be aware and thoughtful about the harmful impact.	Very informing
Those who ask for nudes don't respects you	very informing
thought porcesses	Very informing
Thoughts on relationships	Very informing
Threatening to report people who send unsolicited and illegal pictures	Very informing and fun
Tips	very insightful
Tips for asking out	Very insightful
To say no even if I am not used to say it	very insightful
to adjust my own judgement of myself and my life	very insightful
to always ask and communicate	Very insightful
To always ask first and respect the answer	Very insightful
To always ask for consent	Very insightful
To always ask for consent	very insightful
To always ask for consent.	Very insightful
To always be mindful of the other perspective.	very insightful
To always do what is comfortable with me	Very insightful
To always make sure people have consent	Very insightful
to always put my feelings first	Very insightful
To always remember to give my consent.	Very insightful about relationships
to always respect yourself	very insightful about the pressures about sexual interactions and very informative about healthy relationships
To always say no to sending nudes	Very Insightful and 10/10 would recommend
to apply and share the good cause with others as well	Very insightful and covered a lot of interesting topics
to ask before doing anythign	Very insightful and deeper than just giving consent and don't rape
To ask first	Very insightful and entertaining.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
To ask for consent	Very insightful and helpful, made me feel a lot more comfortable with the idea of sex
To ask for consent	Very insightful and informative
To ask for consent	Very insightful and informative on safer practices.
to ask for consent before doing anything so you both know what you want	Very insightful and thorough.
To ask for consent before you do it	Very insightful and very important to know
To ask if my partner is comfortable and make sure they are comfortable through out the entire experience.	Very insightful, a session which introduced the topics in a manner which was not uncomfortable and interactive for all students.
To ask my partners of how they what it	Very insightful, a session which introduced the topics in a manner which was not uncomfortable and interactive for all students.
To ask questions everytime and listen.	Very insightful, makes you think about things you normally would ignore.
To avoid "peer pressure" or I guess self pressure I'll say "that's not who I am"	Very insightful!
To be a better person	Very insightful.
To be a better person	Very inspiring
To be a respectful partner	Very inspirational
To be aware of my surrounding and peoples intentions.	Very inspirational and eye opening. Comforting.
To be aware of sexual activity .	very inspirational and motivational and you should go to one of the speeches.
To be aware of what your sending and that you can always say no	Very inspirational and something that everyone needs to hear
To be better	Very inspiring
To be candid.	Very inspiring about love
To be careful	Very interactive
To be careful with which sites and resources i trust	Very interactive and captivating.
To be considerate of your partner	Very interactive and engaging
To be continued to be respectful	Very interactive and engaging
To be honest everything that the program went through were things I already knew and I have my values set straight and how to be respectful of others.	Very interactive and informative
To be kind when supporting someone out of a toxic relationship rather than be harsh and add to the abuse	Very interactive and insightful
To be more careful with my relationships	Very interactive tu
To be more comfortable talking about issues	Very interesting
To be more respectful	Very interesting
To be more responsible	Very interesting
To be more responsible	very interesting
To be reminded that the goal is an amazing sexually consented relationship	Very interesting
To be respectful	Very interesting
To be respectful	Very interesting
to be respectful to others	Very interesting
To be safe and make good desision	Very interesting
To be sure you are not infactuated with a person	Very interesting
To be who I am and not be socially pressured by others.	Very interesting
To believe in myself.	very interesting and eye opening.
To better my future relationships and how to communicate.	Very interesting and has tons of good relationship advise.
To better myself.	Very interesting and important
To better understand how to respect myself and others in relationships	Very interesting and informative
To better understand myself and my relationships with people	very interesting and learned a lot
To build a healthy relationship	Very interesting and perspective.
To build a strong belief in myself	Very interesting and pretty funny.
To build better future relationships	Very interesting and reflective.
To build better future relationships and to value my partner a lot more than I used to	Very interesting and talker knows what he's talking about.
To build healthy relationship	Very interesting and very deep presentation
To call out people who are not respecting people	Very interesting approach to teaching students how to go about being sexual active.
To communicate with my partner	Very interesting, interactive but also I learned a lot
To continue to enforce the idea that my own ideals are more important pressure from others.	Very interesting.
To educate others about consent	Very interesting.
To educate others that yes doesn't always mean yes.	Very intresting.
To engage in healthy relationships in the future	Very intuitive
To ensure that I am not pressured or pressuring others to do things that we don't want to do	very knowledgeable
To establish safe relationships	Very knowledgeable
To evaluate my current relationship and understand how I can better it.	Very knowledgeable
To follow the seven steps.	Very knowledgeable
To further expand my knowledge on a healthy relationship and lifestyle.	very life changing
To further increase the safty and satisfaction of my life	Very lively and informative
To further my knowledge in my relationship	Very long
To further understand how to be in healthy relationships	VERY LONG
To get out of a toxic relationship	Very mature and deep but something that should be talked about more
To give friends advice	Very mature and interesting
To have a healthy mindset when it comes a communication with my partner.	very meaning full
to have a healthy relationship	very meaningful and eye opening to consent and sexual relationships
To have better values of respect	Very meaningful and helpful in navigating current social trends and sexual advances
To have consensual sex.	Very mind opening
to have consent	Very mind opening on consent and sexual activity
To have consent	Very moving, I enjoyed very much!
To have lower expectations yet high standards	Very moving, informing and interesting
To have more knowledge about sexual relationships	Very moving.
To have more respect for myself and to only do sexual things when I am ready.	Very much needed
To have more respect for others and to set boundaries in any kind of relationship.	Very nice
To have more self respect	Very nice
To have more self respect	Very nice and cool
To have more self respect for myself.	very opening
To have relationships of mutual respect.	very plentiful with good information.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
To have those 7 steps down to have an amazing relationship	Very positive, brings clarity to the whole topic. Amazing should not be a crazy word to use when describing something with a partner, it should be part of whats expected. Know your worth!!!
To have trust in myself	Very positive, discussing things that need to be discussed that 100% of us would be scared to talk about outside of the room.
to have you mutually amazing consensual intimacy	Very powerful
To help educate others and continue to stand up for others.	Very powerful
To help friends in toxic relationships remind them that they deserve more.	Very powerful
To help friends who are in an unhealthy relationship use words such as deserve to show what they should have in a relationship.	Very powerful and educational and anyone our age should hear it
to help further my experiences with others	Very powerful and funny
To help others	Very productive
To help others and able to make sure that if those that need help can be helped and taken care of.	Very productive
to help prevent abusive relationships/ nudes being spread	Very real
To help protect someone	Very realistic and straight forward, no bull shitting things and thought inducing
To how to behave in sexual intervention.	Very serious matter to be careful of.
To identify and focus on how and when to talk to people I am attracted to	Very sexually oriented
To identify if a relationship is healthy or not.	Very smart, uplifting, concise for a serious topic
To improve my own self awareness with others	Very solid presentation, Mike is a stellar presenter who communicates his point effectively, maintains an open environment, and creates an interesting atmosphere where people want to participate. 10/10 would listen again.
To intervene when something is going wrong	Very straight up. Not afraid to speak on any topics.
To keep in mind	Very talkative
To know boundaries.	Very thought provoking
to know how to make better decisions.	Very thought provoking and I think everybody should hear this. This type of behavior should be normalized.
To know how to respect boundaries and have healthier relationships with everyone in my life.	Very thoughtful and important.
To know I have respect for myself	Very useful
To know more how to involve in a relation	Very useful
To know that consent is bare minimum, we all deserve more	Very useful
To know what to avoid and never forget that my feelings matter	Very useful
To know who I am and learn to say no.	Very useful
To learn better from what the program has taught us.	Very useful
To learn how to have a healthy relationship.	Very useful
To learn how to say no better.	Very useful
To learn more abt consent	Very useful and helpful
To learn on what they're convinced or concerned about	Very useful and important so you know what consent is
To learn the difference between consent and mutual consent	Very useful and mindful and demure.
To learn the importance of consent, and to value oneself.	Very useful for learning how to understand what a healthy relationship is.
To learn to respect the other person	Very useful for people in relationship
To learn to trust myself before I can trust someone else.	Very useful information for educating teens
To learn what consent is	Very useful information.
To listen to myself	Very useful, a good description of what a healthy relationship and healthy sex should look like.
To lower expectations and not standards	Very valuable
to lower my expectations not standards	Very valuable knowledge was shared
To make better choices regarding social and sexual lives by utilizing consent, being clear w expectations and having strong and informed boundaries.	Very very awesome and empowering
To make better decisions and think about what is the right choice before i make them	Very well presented
To make better relationships choices	Very well said and they should go see him soak
To make good choices	Very well spoken and helpful
To make my own decisions	Very well.
to make my standards higher	Very, very important.
To make sure alcohol has nothing to do with my sex life.	Vital to a social life
To make sure consent is the bare minimum and not fall into social norms	W
To make sure i have all 7 of the steps and not dropping 1.	Wait until u find someone u actually you want to do it with
To make sure i learn the rules of consent and how it works :)	Wake up call
To make sure i make my significant other feels safe	Wake up call
To make sure its consent and your partner is not being pressed	Was a great way to talk about pressures and standards/expectations that we don't normally get to talk about seriously.
To make sure my relationships have the stairway ideals	Was a very beneficial and healthy to learn this
to make sure not do what my peers tell you to	Was about how to have safe and mutual sexual relationships
To make sure respect is always mutual	Was about morals and what is right and wormh
To make sure that I am always looking out for everyone	was alright
To make sure that relationships are not a one sided relationship with one partner has more power.	Was amazing! It took a serious topic and made it fun but serious at the same time.
To make sure there is always mutual respect	Was really good
To make sure there is clear communication when in a relationship	Was very helpful and informative and was you should have been there
To make sure to always ask my partner and respect their answer	Waste of time
To make sure to ask for consent	Waste of time
To make sure to get consent before doing anything.	Way better than I expected
to make sure whatever relationship I get into have all 7 characteristics stated in the ladder.	Ways to build healthy relationships
to make sure whatever relationship I get into have all 7 characteristics stated in the ladder.	Wd learned much about consent, sex, and healthy relationships
To make sure you are ready.	we are all about consent
To make sure your relationships are mutually amazing	We are taught things that subconsciously change how we feel about people and sexual activity
To never ask or send nudes.	We described what it's like to be a good person and to respect people.
To never let no one peer pressure me	we deserve more and should not be taken advantage of
To not be afraid that asking will ruin the moment	We deserve more than
To not be afraid to say no and stand up for my self.	We dcussed what goes into healthy sexual lives.
To not be afraid to stand up for others when they are in danger	We did a qna on intimacy and how it is perceived by society

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
To not be in a toxic relationship	We discussed all of the things that are necessary to have a healthy sexual relationship
To not be polite about my boundaries	We discussed bare minimum requirement for sexual interactions. What is legal and what is not. We also talked about healthy relationships.
To not be toxic because it's not a healthy relationship and if you have to prove your love using sex to someone then it's not love	We discussed how you have power over your decisions, you have to love yourself and respect yourself and others .
To not fall into pressure	We discussed myths that are widely spread and why they're wrong
To not feel guilty about saying no.	We discussed the importance of consent and the components of a mutually amazing consensual sexual relationship.
To not feel pressure	We discussed the ins and outs of healthy mutual relationships.
To not feel rushed. And that you can have better sex than consensual.	We discussed what a good sexual relationship looks like.
To not feel shame abt sexual relationships, having a mutually respectful relationship is important.	We discussed what to aim for in relationships, and how to attain that effectively
to not give in and to trust myself and remove myself from situation if i can't trust myself	We discussed what we should do instead of what we shouldn't. Consent is the bare minimum and questions regarding sexual intimacy.
To not give into peer pressure because it's purely based off your own emotions	We discussed why nudes are bad, what is a healthy consensual relationship and how to get there, and why alcohol is bad
To not just ask for consent	We get information that is useful and helpful when we have sex
To not let others peer pressure me because it is a result of self pressure	we got roasted
To not let others pressure me	we had a talk on sexual intimacy and consent
To not let pressure win	we had an open and honest conversation about aspects of high school that are not talked about enough
To not look to the world for love	We has a lecture on consent and sexual stuff.
To not pressure my future partner and that to be safe when sexually active.	We learned about healthy relationships and what they look like. We also learned about what no means and how to be the best we can be.
To not say sorry before no	We learn about consent and being a good person.
To not say sorry before no also to value my own values more.	We learned
To not send nudes	We learned a lot about consensual relationships
To not send nudes or request any.	We learned a lot about consent, respect, safety, and following our own values and not letting others dictate our actions.
To not settle for consent	We learned a lot about how societal norms have shaped our understanding about sex. We learned how to raise our standards.
To not settle for consent	We learned a lot about how to create a safe relationship.
To not settle for less just to be in a relationship	We learned a lot about mutuality
To not spread videos or pictures of other people that aren't appropriate	we learned a lot about sexual assault and how it can be prevented or how to have healthy sex
To not try to be cool and fit in because my friends	We learned a lot about the importance of mutual amazing consent for sexual activities. We also learned that peer pressure does not exist you can always deny and they will just give up.
To not use my body	we learned a lot about the path the being in a healthy sexually active relationship and how to achieve it.
To not use porn as expectations for sexual activity	We learned about consensual relationships and how consent is the bare minimum of what should be required from both parties. You have to respect yourself in order to be happy in a relationship.
To not watch porn	we learned about consent and healthy relationships
To not watch porn as it harms standards	We learned about consent and how to know if you are ready.
To notice more signs of red flags such as the signs of being used.	we learned about consent and steps
To pay attention in people's intentions.	we learned about consent and the importance of putting yourself first in relationships and life
To prevent sexual assault	we learned about consent and the steps of a healthy relationship
To prioritize good relationships	we learned about consent and what to do rather than what not to do with sex
to pure pressure less my friends	We learned about consent but in a fun way. It mainly deeply rooted in self confidence
To reach towards the 7 steps in my relationship	We learned about consent how to say no
to recognize my own self worth	We learned about consent in an informative and entertaining way.
To recognize when I am creating pressure and labeling it as peer pressure.	we learned about consent in sexual relationships
To reflect before judgment	We learned about consent, and how it is the bar, not what you are striving for. Peer pressure is up to you, not the other person.
To relook at myself and look at my values.	We learned about consent, expectations vs reality, high school relationships, and more.
To remember i deserve to be respected	we learned about consent, respect, rape, sex, standards, pure pressure, ect...
To remember there is no peer pressure, there is self pressure	We learned about consent.
To remember to ask for consent	We learned about having a safe sexual relationship.
To remind myself and also to protect myself from problem in the future	We learned about healthy relationships
To remind myself that I am more than just an object and sex and there's way more to me than just that.	We learned about healthy relationships and consent
To remind myself that I'm not just an object and I don't need to be used for just sex	We learned about healthy relationships and consent
To remind myself to be myself no matter the peer pressure.	we learned about healthy relationships and consent.
To remind others to stay respectful.	We learned about healthy relationships, boundaries, and views of ourselves.
To report people if they show sexually explicit images.	we learned about healthy sexual relationships and what that looks like
To report people spreading Nudes	we learned about how consent is important and relationship safety
To respect and trust myself enough to be able to have relationships	We learned about how consent is the bare minimum and the steps/requirements to have amazing sexual experiences with our partners (without going into detail).
to respect my self and trust myself before i did anything	We learned about how consent is the bare minimum but there's many more things that come after for a healthy relationship
To respect myself	We learned about how important things like consent and trust are.
To respect myself and consent too what I want to consent.	We learned about how sex should be done.
To respect myself before anyone else	We learned about how sexual activity should be done
To respect myself by using my voice	We learned about how to be in a healthy relationship.
To respect others	We learned about how to be safe
to respect others and their personal choices	We learned about how to be safe with someone in a sexual relationship and in a relationship in general.
To respect others with all the respect I can give to them	We learned about how to build healthy sexual relationships and addresses problems that face teens today.
To respect women	We learned about how to have healthy and happy sexual relations

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
To remember that what I want is more important than what others want to put onto me.	We learned about how to have healthy romantic relationships
to say no	We learned about how to have healthy sex and relationships
To say no	We learned about how to have healthy sexual relationships and the steps for them.
To say no	We learned about how to have mutually amazing consensual sexual intimacy
To say no	We learned about how to lead up to consent and mutual sexual relationships.
To say no	We learned about how we as a society should respond to the toxic expectations and how respect in a relationship works and how we should respond to one another.
To say no	We learned about important aspects of relationship which are important to consider in any situation. Taking certain steps towards suspicious behavior could save your life.
To say no	We learned about our boundaries with everyone
to say no confidently	We learned about peer pressure and how it can affect your relationship. and how your values are more important than other people's ideas.
To say no to make a good decision	We learned about relationships and consent, and about many more things.
To say no to nudes	We learned about safe sexual ways to live.
To say no to people	We learned about sex safety
To say no to people	We learned about the bare minimum and respect for myself and others
to say no, just say NO	We learned about the dynamics of relationships and how it relates to sex and consents.
To screenshot for evidence	We learned about the importance of consent and sexual health awareness
to screenshot the text asking for nudes to keep it in case they ask again	We learned about the powerful signs of unhealthy relationships
To see the important 7 steps in a relationship.	We learned about the seven steps and you don't need alcohol to be sexually active
To seek for all 7 parts of an amazing consensual relationship.	We learned about the seven steps, talked about what you should do rather than not do, and how sending and sharing nudes are illegal
To set my standards higher	We learned about the steps to be safe.
To set my standards higher	We learned about what healthy relationships and healthy boundaries and views of ourselves look like.
To share with people	We learned about what is healthy and unhealthy in relationships and the difference between a loving a lustful relationship, as well that consent is the bare minimum.
To spread the message that consent is the bare minimum	We learned about what makes a healthy relationship. Also, what to avoid.
To spread the word to others and keep myself safe	We learned about what makes up a healthy relationship and avoiding self pressure.
To stand up for myself. Also ask first and respect the answer	We learned about what to do instead of what not to do concerning consent.
To stand up/resist peer pressure	We learned about why it is important to actually have more than consent for any sexual act.
To stand your ground and not give into peer pressure	We learned how to be honest and the importance of trusting yourself.
To step up for myself and not to let my relationship interfere with my life.	We learned how to be safe and respectful when dealing with drugs and alcohol.
To stop being pressured into sexual activity.	We learned how to keep ourselves safe and be sure to go past the levels of consent.
To stop caring about what other people think about me, and do what I want.	We learned how to strive for amazing experiences.
To stop people from sending stuff	We learned many important things to help elevate relationships from simply consent to mutually trusting and more healthy
To stop saying sorry before I say no and making sure I don't get caught up in peer pressure or doing something I don't want to do just because someone else is asking me to.	We learned more about consent and what is better than consent
To stop watching porn	We learned that consent is the bare minimum
To take care of myself and my body	We learned that consent is the bare minimum and we should try to understand what we want sexually.
To take screenshots	We learned that consent is the bare minimum necessity before sexual activity and any sexual relationship really should be mutually great and healthy.
To take time and not be forced into doing sexual actions.	We learned that consent is the bare minimum
To teach other and myself	We learned that consent was bare minimum and that there is a ladder with 7 qualities.
to teach to other people	We learned that sexual activities and relationships should be amazing and mutual and that all relationships, romantic or not, have consent as the bare minimum.
To tell friends that are in an unhealthy relationship that they deserve better	We learned that talking about sex is ok and consent is the bare minimum
To tell myself I deserve better	We learned the harsh reality of sexual violence and also the other side a happy healthy sexual relationship
To think about an amazing relationship.	We learned the importance of consent, and learned the negative aspects of pornography
to think about who I am before I do anything	We learned the requirement for a consenting relationship and the slope of sexual activities.
To treat all people respectfully in regard to sexual activity.	We learned the steps to healthy relationships.
To treat people with respect	We learned today about the difference between infatuation and love and how to manage relationships better
To trust myself	We learned what a healthy relationship is?? What is our value? How to focus on yourself and not put pressure on us?
to trust myself	We learned what the healthy sexual relationship is.
To trust myself and do it for me not others	We learned what to do to establish healthy relationships and no the standard what to do talk
To trust myself and remember my value	We learned about mutually amazing sexual intercourse
To trust myself before anyone else	We learned about consent and how you are capable of setting your own boundaries
To trust myself before engaging in a relationship	We learned about having good relationships. Consent is minimum
To trust myself before I think about trusting others	We must recognize that consent is the bare minimum, that there are steps towards having a truly mutual amazing consensual relationship, and that we do not have to give what we do not owe.
To trust myself before I trust my partner.	We need to have more conversations about this and be more respectful.
to trust myself before someone else first.	We really solidified that consent is important
to trust myself first	We received a speech regarding how to act sexually and that consent is the bare minimum.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
To trust myself first then others	we reviewed 7 things every relationship should have and talked about consent and mutual pleasure. don't send nudes, peer pressure doesn't exist
To trust myself over anyone else.	We should respect others and their choices.
To trust myself the most.	We talk about sexual relations, both way respect and other things
To understand sex as something that can be great as long as we build the relationship with the 7 steps.	We talked about boundaries and the 7 pillars of a amazing sexual experience.
To understand to have safer sex.	We talked about consent
To use all 7 stages of healthy relationship	We talked about consent
To use consent	we talked about consent and having good sex
To use for my protection or other protection.	We talked about consent and sexual relationships and how to be healthy throughout them.
To use in a further relationship	We talked about consent and what qualifies. We also talked about sexual assault.
To use the 7 steps	We talked about consent and what to learn about healthy relationships
To use the 7 word thing	We talked about consent at a more advanced level
To use the knowledge in my current and future relationships.	We talked about consent especially in sexual relationships and how to have a healthy sensual and amazing relationship
To use the steps to a healthy relationship	we talked about consent, it's importance, and how to make sure it's present
to use this knowledge in the near future if i need to	We talked about consent, nudes, sexual relationships
to value my self and have more respect for my self	We talked about consent, sex, and relationships
to value my self worth	We talked about different myths in our society and what the truths are to those myths
To value myself more and trust myself --- in any relationship not just sexual.	We talked about having mutually amazing consensual relationships
To view my relationships more healthily.	We talked about healthy relationships and how consent is the bare minimum.
To watch how much I'm drinking	We talked about healthy relationships and the steps it takes to achieve that + sex stuff.
Today I will stand up for myself whenever I am being pressured in a sexual manner.	We talked about healthy relationships and the stigmas around negative relationshipsz
Today, he mentioned peer pressure and how peer pressure is really just you want to be liked or liked by that person so you put their perception of you over your choices so it's really you living their lives rather than living your own life. That is important to me because I don't have currently friends here even though this is my second year here and I hope to remember this and to always choose me first.	We talked about how consent is the bare minimum and not good enough. We also talked about how peer pressure isn't actually real and it's actually just yourself. We also talked about 7 steps towards being in good healthy "amazing" relationships.
Today's program gave me valuable insights on effective communication skills that I'll apply in my interactions with friends and family. I learned practical strategies for supporting survivors that I can use in my role as a bystander.	We talked about how consent is the bare minimum. And that you should not send nudes, and if u are asked report them.
Treat all others with respect.	We talked about how to be better than bare minimum.
treat all people with respect	We talked about how to form healthy relationships and how consent is the bare minimum for one.
Treat all people with respect	We talked about how to foster a healthy sexual life and sexual relationships.
Treat consent as the minimum not above standard.	We talked about how to gain consent
Treat my friends better	We talked about how to have healthy and amazing relationships with others in a sensual context
Treat my partner as well as I can.	We talked about how to have standards for ourselves and others, and how to tell people "no"
Treat myself and others as people.	We talked about how to prevent sexual assault by focusing on healthy relationships.
Treat myself and others with even more respect	We talked about how you don't know anyone anything in a sexual situation
Treat myself better!	We talked about mutually amazing sexual experience and consent
Treat others with respect	we talked about nudes and consensual sex
Treat people like a person	We talked about peer pressure is just self pressure and you should always evaluate yourself before others
Treat your partner with respect.	We talked about pressures and finding out about who you are and virginity. We learned about how you shouldn't be ashamed about that and when being sexually intimate it shouldn't be shameful.
treating my friends with respect .	We talked about raising the standards of sex
Trust	We talked about relationship
trust	We talked about setting our expectations low and standards high, and all the ways we can build up a mutually amazing consensual sexual relationship.
trust	We talked about sex and abuse
Trust	We talked about sexual assault, personal values, peer pressure, and that consensual sex is the bare minimum
Trust and respect	We talked about sexual intimacy, sexual relationships, and respecting other people's boundaries in a relationship.
Trust and Respect.	We talked about steps for healthy sexual interactions, and the disadvantages of sending nudes.
Trust basis!	We talked about supporting our peers and consent in sex and nudes
TRUST BEFORE SEXUAL CONTACT	We talked about the all the steps and segments required for sexual activity and relationships that are healthy through the lens of what to do rather than what not to do.
Trust in a growing relationship	We talked about the aspects of sexual relationships that are important.
Trust in my own moral compass	We talked about the cause and effects of sexual assault, ways to prevent or overcome situations
Trust in my own moral compass	We talked about the importance of boundaries and the important steps to having "mutually amazing consensual sexual intimacy".
Trust in myself	we talked about the importance of consent and preventing sexual assault
Trust in myself before trusting in others	We talked about the importance of consent at any point
Trust in myself is important	We talked about the importance of consent, the and the choices we make regarding others
Trust in yourself, peer pressure is self pressure. The seven steps.	We talked about the importance of consent.
Trust my self and my standards	we talked about the pieces outside of consent that is needed for a healthy relationship
trust my self, and know i, and my friends, deserve more	We talked about the steps of a healthy relationship, and we talked about teen relations and parties.
Trust myself	we talked about the steps to healthy sexual relationships
Trust myself	We talked about what is important in a sexual relationship
Trust myself	We talked about why what to do in a sexual activity isn't talked about and how it should be

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Trust myself	We talked more about what is necessary in a relationship rather than what we shouldn't do.
Trust myself	We talked more about what is necessary in a relationship rather than what we shouldn't do.
Trust myself	We talked over the major steps into consensual sex. I've learnt how consent isn't the only requirement for "awesome" sex
Trust myself and my partner	We watched a slideshow and it was about healthy relationships. About what is a good relationship and what is not.
Trust myself and respect my partner far more.	We went over how respect and mutual want will improve a relationship.
Trust myself and strive for a mutually amazing relationship with lots of communication.	We went over the things needed in a relationship and the slope of sexual activity.
Trust myself before I trust my partner.	We went over what relationships need to be healthy.
Trust myself before I trust others	We were informed on consent, 7 parts of a healthy relationship, and boundaries.
Trust myself before I trust others	We were taught about how we are too important to be treated like dirt
trust myself before my partner	we were taught about sexual assault, mutual consent, and healthy relationships.
Trust myself before my partner.	Weird
Trust myself before others	weird and easy i guess
Trust myself before others	Welcoming and relatable
Trust myself before others	Well done.
Trust myself before others.	Well informed
Trust myself before others.	Well thought out and informative.
Trust myself first	Went through a lot of important topics like consent, peer pressure, sexual relationships
Trust myself first	weo
Trust myself first	What a good relationship actually looks like
Trust myself first	what a healthy relationship is goes way deeper than you would think
Trust myself first	What and what not to do in a sexual relationship
Trust myself first	What do do in a relationship
Trust myself first	What infatuation and love is
Trust myself first Ask first	What is the right way to be safe in a sexual relationship.
Trust myself first over everyone else	What it looks like to have a good relationship.
Trust myself first, and don't let others influence me	What not to do
Trust myself first, and make sure that someone isn't pressuring me	What to do in sexual relationships
Trust myself in every situation	what to do not what not to do
Trust myself more	What to do what not to do sexually in relationships
Trust myself more	What was explained was the difference between infatuation and love, health and unhealthy relationships, the importance of consent and the steps to have a healthy relationship.
Trust myself more	What we want to do so foster a healthy and strong relationship
Trust myself more in different situations	what you interpret as consent has a deeper meaning to it
Trust myself more than another person or partner	what you SHOULD do .
Trust myself with my choices.	What's your take on [Topics]? [Proceed to explain]
Trust myself, don't get peer pressured	Who learned about sexual relations can be bad and how they can be improved
Trust people	when going into a relationship the 7 steps are very important for it to be mutually consensual and amazing
Trust with a relationship partner and how important it is	When someone was taking absence and refusing to talk about it, there should be a specific reason why the experience this way.
trust yourself	When starting a sexual relationship making sure you feel safe within yourself first is important. There are 7 steps you need to have: respect, attraction, knowledge, trust and other
trust yourself	When the nude photo showed then it might reported.
trust yourself	While an awkward talk, it needs to be heard by everyone regardless of whether or not they are active
Trust yourself	While it might seem unnecessary, it was a good way to recap everything our school has taught us about consent, and how important it really is.
Trust yourself and listen to what you believe not others	Wierd
Trust yourself before you trust others	Wonderful and quite entreating.
Trust yourself first	Wonderful generic sexual assault prevention session.
Trust yourself first before your partner	Worth it
Trust yourself first.	Worth it
Trust yourself first.	Worthless
Trust yourself first.	Woudnt.
Trust yourself more than your partner in a relationship. You know yourself better than them	wow
Trust yourself over trusting someone else	ww
Trust—if you don't feel completely totally comfortable getting naked don't do it	x
trust, respect, attraction, etc. are important to a healthy sexual relationship	ya missed out
Trusting in myself before others	Yea
Trusting in oneself before your partner and avoiding infatuation	yea
Trusting myself	yea
Trusting myself	Yes
Trusting myself	Yes
Trusting myself	Yes
Trusting myself before others.	Yes
Trusting myself first	Yes
trusting myself first	Yes
Trusting myself first	Yes
trusting myself in my decisions	Yes doesn't always mean yes, no doesn't always mean no because not everyone asks, you need to respect people's answers, threesomes are bad because it could be 2 people taking advantage of another one.
Trusting myself instead of trusting others before me	Yes is yes no is no
Trusting myself is most important	Yes means yes is a BAD slogan!
Trusting myself more	Yes means yes, no means no. You must feel safe. Mutual consensus.
Trusting myself more than my partner	Yes to my friends for town
Trusting myself.	yess
Truth	Yk that one kid? Yeah, do the opposite of what they would do.

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Truth and trust	yo ahh ha ha ti was bumping yo
Try and recognize good stepping stones for a good relationship	You always have a say in your relationship and consent is the bare minimum
Try not to feel shame for things i enjoy	You always have the power to say no, not matter who they are saying no to.
Try saying sorry less	You always need consent. Consent is the bare minimum
Try to avoid putting pressure on myself	You are important and you matter
Try to follow the steps discussed to have an amazing mutually consensual relationship.	You are more valuable than what another wants from you.
Try to look out more my friends and tell them what's right and wrong	you are worth it and don't let anyone tell you otherwise and don't let anyone pressure you
try to make more sincere connections in relationships	You can always say no, no matter the situation
Try to not give into peer pressure by saying no	You can not skip steps to excellence
Try to stand on my ground and not change my opinions because of pressure by others	You can say no I'm
try to understand why people gave a certain answer	you can say no if not comfortable
Trying to fix someone implies that they are broken and You arent	You can say no if you're uncomfortable. And you can also screenshot EVERYTHING said
Trying to form a healthier relationship	You can say no it's your choice
trying to make someone happy is not healthy!	You can say no, and be in a healthy relationship, don't let people force their wants on you
Trying to pursue the best not bare minimum.	You can say no. There's several steps you must achieve to have mutual amazing sex.
Trying to remember 7 steps	You can't you just had to be there
U am going to be present in my relationships	You deserve better
ummmm	You deserve more than the bare minimum that is consent
Understand asking and consent is the key for future relationships.	You don't actually know as much as you think you do about sexual activity and doing it safely, and that taking necessary precautions requires more effort than you think.
Understand basic self-respect and boundaries	You don't know what u think you know
Understand consent better	you gain a deeper understanding about standards in a relationship/being with someone else.
Understand consent is important!	You gotta communicate and consent to have a loving healthy relationship
Understand friends situations more in sketchy sexual situations	You had to be there
Understand mutual consent and make sure your partner is aware and okay with everything you are doing. And the steps in a healthy relationship.	you had to be there
Understand my own toxicity	You had to be there
Understand other people and my self better	You had to be there to understand
Understand peer pressure stems from self	You have the power of consent
Understand that consent is only the basic requirement and minimum requirement.	You have the power to say no
Understand that consent is the bare minimum	You have to be informed on how all this stuff works and what to do when a moment like this arises.
understand that i can say no and be in relationships where they respect me	You have to consent to everything
Understand that I should deny peer pressure in an intimate setting.	You have to have a good committed relationship before you should consider sexual intercourse
Understand that in a situation where power is being taken away from you. You should step back or take power back in some way. Such as screenshotting nude requests.	You have to have respect for yourself and to make your own decisions.
Understand that peer pressure is in my head.	You have to respect yourself
Understand that peer pressure is not a real thing and it is personal pressure instead	You have to respect yourself before you choose to respect someone else
Understand that peer pressure is really self-pressure when being pressured in front of someone else to do something that I am not sure that I want to do.	You have to value your opinion over others and not fall into peer pressure
Understand that peer pressure is really self-pressure when being pressured in front of someone else to do something that I am not sure that I want to do.	You just had to be there
understand that peer pressure is self pressure.	You learn a lot
Understand that peer pressure is what I make of it and to not sacrifice my values.	You learn a lot about consent and you value
Understand that peer pressure isn't a thing, there's only self pressure. I will make sure that with every decision, I'm doing something I am comfortable doing and aligns with my values, and will also stop saying sorry for saying no.	You learn a lot about sex and relationships.
Understand that peer pressure stems from my own choices and values.	You learn that full consent is needed for sex
Understand that saying to is not mean	You learn things.
Understand that telling friends in unhealthy relationships that they deserve more is the best way to help them.	You learn to understand boundaries and what goes into having a healthy relationship with your friends and partner.
Understand that there is no peer pressure.	you learned a lot about consent and the risks of pornography and unhealthy relationships
Understand that what I want is more important than pleasing others.	You learned about buses and how to handle uncomfortable situations
Understand the limits of consent and how important it is on a daily basis	You learned more about consent and healthy relationships
Understand value of consent/self pressure	You matter more than others and external pressure doesn't justify sexual assault of anyone. You and your partner should consent to anything and believe in mutually amazing relationships.
Understand values	You miss a great presentation
understand what i want before i ask what partner want	You missed everything dude omg you screwed up your life is kinda ruined
Understand who I am and my identity	You missed gold.
Understanding about sexual relationships	You missed out
Understanding consent better	You missed out
Understanding everyone's sexual choices.	You missed out on a once in a lifetime opportunity
Understanding how to recognize and foster healthy relationships	You must always ask and talk about what is okay and not okay
Understanding how to support survivors	you need consent
Understanding my friends better	you need consent and respect in order to have safe moments of intimacy
Understanding my own worth and the worth of others	You need mutually amazing sexual intercourse
understanding of communication skills	you need to be more mindful of when being in a relationship
Understanding of consent	You need to empower yourself
Understanding of the dangers of mixing alcohol and sex	you need to follow the 7 steps
Understanding of the seven principles necessary for healthy relationships	You need to have an amazing relationship with a person before you consider the next step.
Understanding that consent is the bare minimum	You need to have the 7 levels before you engage in sex and
Understanding that consent is the minimum. There are more steps and parts.	You need to learn
Understanding that I am who I am	You need to look this guy up

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Understanding that my choice is more important than pleasing others	You need to make sure that it isn't just consent that is the baseline but that it is mutually wanted from both people. Also make sure the relationship has trust, respect, affection, consent, and more.
Understanding that peer pressure is dependent on oneself	You need to mutually respect ur partner
Understanding that peer pressure is not a thing and that self-pressure is important to recognize	You need to please and love yourself before you focus on others
Understanding the 7 steps and applying them not just to romantic/sexual relationships but also those with friends. I will also have a greater respect for myself both physically, emotionally, and mentally.	You need to value and respect the person that you want to have sex with.
Understanding the connotation behind nudes and that it has to do with power not with attraction.	You should a consent first before you do something with them.
Understanding the importance of respect and trust in sexual activity, not just consent, and that mutual respect is essential to honoring the dignity of sex and the other person	You should be able to know what you want first.
Understanding the need for knowledge to ensure a safe and mutual sex.	You should be here.
Understanding the power dynamics that could be effected by different actions	You should be respected and using the 7 steps and how important they are.
Understanding the seven steps for healthy intimacy	you should believe "I am who i am" no matter the circumstances you are in. The key to being a great partner is to be a great human being
Understanding the significance and use of consent through oral communications, and more necessary factors.	You should have been here, it taught me alot
Understanding the signs of a healthy relationship	You should know how to say no but properly
Understanding trust	You should listen to it
Understanding your partner feeling but focus more on your self	You should listen to it then
Understanding/sleep	You should listen to the presentation because it is very informative.
Unknown	You should respect yourself NOW
Uplift friends	You should save proof of someone asks for nudes, as it is illegal; consent is the minimum; and everyone should have healthy communication to maintain a health sexual relationship.
Uplift my friends.	You should stick to your own values and respect others. Respect and consent are the bare minimum of human decency. Pornography are not realistic representation of intimacy and shouldn't be replicated.
Uplifting language regarding people I know who might be in abusive relationships.	You should trust yourself to make choices for you in a relationship, and relationships should be mutually amazing and consensual.
Uplifting my friends	You should use consent first other wise it is sexual assault and if you do have consent you should understand the 7 steps of a relationship
Upside the 7 steps	You should've been there
Use 7 steps	you should've been there
use all 7 steps	You should've been there
Use all 7 steps	You shouldn't do anything that your grandparents wouldnt want you to do
Use all 7 thingys.	You shouldn't do anything without all 7 steps
Use all the steps for a good sexual relationship	You shouldn't have missed it, it was infomative
use another way of telling a friend that they deserve better	YOU SHOULDVE BEEN THERE
Use consent	you shouldve been there it was needed
Use consent	You understand the importance of consent
Use consent	You will learn a lot of things if you want to be there and it should be listened too
Use consent	you would learn how to have a amazing consensual relationship and how to prevent rape
Use consent and be respectful	You would learn me in deteals of uncomfortable situations
use consent before any interaction	Your amazing
use consent before any interaction	Your gonna miss a lot of information
use consent in my relationships	Your opinion matters more than anybody elses
Use consent.	Your opinions are vital in a relationship
Use healthy and respectful communication in relationship	your safety and values are more important than what everyone else thinks. consent is the bare minimum and you should trust yourself.
use in my everyday life	Your self worth is more important then the things people try to pressure you into
Use in my real life	your thoughts are valid
Use info for relationships	
Use information on relationships to strengthen them	
Use it as a part of my knowledge.	
Use it in everyday life	
Use it in the different relationships I have throughout life, and in general use it to realize it's okay to take things at my own pace and to respect myself as a person.	
use it to benefit my future	
Use it to improve relationships and friendships.	
Use it to make decisions so I am safer.	
Use language to tell people they are better than that	
Use less peer pressure	
use more communication and other things for relationships	
Use my knowledge to better understand how people think about sex	
use of all 7 steps when in a relationship	
Use protection	
Use stronger consent and ask for consent	
Use that drama will keep going	
Use that for my relationship	
Use the 7 pillars for relationships	
use the 7 pillars to have a good relationship	
Use the 7 steps	

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Use the 7 steps	
Use the 7 steps before I start a relationship	
Use the 7 steps every time	
Use the 7 steps for relationships with my girlfriend.	
use the 7 steps in all relationships	
Use the 7 steps securely	
use the 7 steps to get in a relationship	
Use the 7 steps to improve all relationships since they are all applicable.	
Use the 7 steps, and raise my standards	
Use the 7 steps.	
Use the 7 steps.	
Use the 7 steps.	
use the info	
Use the info to teach others in these situations	
Use the information I was given to help myself and others.	
use the information that he shared. Use it for the future if i am put in these positions.	
use the knowledge for the future	
Use the knowledge I gained to have mutually amazing consensual relationships	
Use the ladder of consents	
use the ladder of respect	
Use the seven criteria mentioned as a more solidified baseline for relationships	
Use the seven steps and everything has to be mutual.	
Use the seven steps before sex	
Use the seven steps of relationships	
use the seven steps to a healthy sexual relationship	
Use the seven steps when looking for relationships	
Use the seven steps!	
Use the staircase of what a strong and healthy relationship will form to take under consideration for the future.	
Use the staircase to evaluate my friendships/relationships.	
Use the staircase to evaluate my relationships.	
Use the steps to build better relationships	
Use the strategy of saying no	
use the word "deserve" when helping someone suffering from a In abusive sexual relationship	
Use their words of wisdom to provide knowledge for others who don't know out there.	
Use them in real life	
use these rules for good	
Use these skills towards my relationship	
Use these to maintain healthy relationships	
Use this info for a better relationship	
Use this information to better myself and my peers	
Use this knowledge to let me understand expectations from myself	
Use what I have learned to better my relationship.	
Use what I have learned to help others or help myself.	
Use what I learnt to benefit me	
Use what I've learned to help prevent these situations from happening	
Use what we learned in relationships and remind myself of my self worth and my feelings and communicate them before moving forward in a relationship.	
Using alcohol is liquid cowards	
Using all 7 steps	
using all 7 steps don't settle for the bare minimum	
Using consent more	
using knowledge i've gained from today, i will move forward with an open mind whilst keeping cautious of those around me who may try to harm me	
Using more respect with myself	
Using my voice when I'm uncomfortable	
Using Oral Communication	
Using positive affirmations to help friends out of toxic situations.	
Using steps in relationship	
Using the 7 set system for better sexual relation.	
Using the 7 steps	
Using the 7 steps in any relationship	
Using the 7 steps.	
Using the ladder to set standards for relationships	
Using the staircase for relationship	
Using the stairwell. Not giving into peer pressure, because I have control. I'm going to keep my standards high.	
using the steps	
Using the steps for amazing mutual sexual relationship.	
Using the steps to create a happy and healthy relationship	
Using understanding and oral communication	
Utilize the information I learned today in my personal relationships.	
Utilizing consent daily	
value consent and respect morr	
Value everyone's boundaries.	
Value myself	
Value myself	

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

What are you going to use from today's program?	How would you describe this session to someone who wasn't here?
Value myself and don't give in to others peer pressure	
Value myself and others as the best person we can be	
Value myself over other people's values	
Value of Consent	
Value of consent and pleasure	
Value relationships	
Value yourself	
Value yourself	
Value yourself!	
Values about having a healthy relationships	
values to a healthy relationship	
Valuing my self value above other people's opinions	
Valuing myself and seeing myself as just as valuable as other people.	
valuing the seven steps, especially knowledge and trust.	
Very little because I am single	
Very things	
w	
Wait	
Wait until I am ready	
Waiting till marriage	
Watch for Predators	
Watch out for friends	
Watch out for friends and others who are being abused	
Watch out for my friends	
watch what u share with friends	
Watching out for my friends in every potential sexual encounter	
Ways ask before doing	
Ways to approach and help ppl who are making bad choices	
Ways to respond when I witness sexual crimes	
Ways to stay safe.	
Ways to stop it	
ways to take control of a situation	
We do not live in a hook up culture	
We learned that 1) alcohol is used more commonly than roofies 2)porn is not an accurate portal of sex 3) TALK TO THEM 4)alcohol is liquid cowardice and LOWERS UR STANDARDS	
We need all 7 steps on the staircase to have a mutually amazing relationship!	
what	
What a healthy relationship could include	
What a healthy relationship looks like	
What chivalry is and how to talk about boundaries	
What do red flags look like.	
what i am going to use from todays program is the consent is very important when having a partner and just in general	
What I learn inside is to take it outside and hold people accountable	
What I learned	
What I learned about consent.	
What I learned about pressure and not letting people manipulate me into doing something I'm not comfortable with.	
What I want	
what i'm going to take from today is keep having respect for myself	
What I'm going to use from todays program is always making sure that my relationships are not toxic.	
What I'm gonna use from todays program that consents the bare minimum.	
What is wrong vs what is right	
What the legal age of consent is.	
What the steps are and what actions to take	
What to do in those situations and how to say no.	
What to do when being sent sensitive images	
What to shoot for in sex	
What we call peer pressure is really self pressure because of us wanting to be like others, when ultimately we should ignore it and be ourselves.	
What we learned	
What's legal and what's not	
When I am asked or feel pressured by someone to do something I don't want to do, I will say it's not who I am.	
When I am with a partner I will always make sure both of us are on the same page.	
When I don't feel comfortable I'll say NO!	
When I notice red flags in friends relationships I'll let them know.	
When my friends are in an unhealthy relationship, I'll tell them they deserve better.	
When people ask for nudes threaten to expose them	
when pressured say "this is not who i am"	
When someone asks me to do something I don't want to do, I'll say "That's not who I am."	
When talking to someone you like, don't focus on what not to do, focus on building positive aspects.	
when telling my friends they are not in a healthy relationship, i need to remind them that they DESERVE better	
Whenever a partner ask for my consent, even though that is considering wanting to have intimacy whenever I'm under the legal age, I say "No" because that's Who I Am!	

**Students attending the "Let's Talk" Assembly presented by Mike Domitrz.**

<b>What are you going to use from today's program?</b>	<b>How would you describe this session to someone who wasn't here?</b>
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Whenever I make big decisions regarding relationships (friendships, etc.), I will always consider my own opinions instead of blindly conforming to what my peers are doing.

Who am I?

Who am I?

Who am I?

why i don't want chivalry

Will call out predators.

will continue to not sexually harass people

Wise knowledge

Without the seven steps to have mutual amazing consensual sex you can't have a healthy sexual relationship

Without trust, consent, love we are in a toxic relationship

won't say sorry before saying no

Words

Work in myself.

Work on an even healthier relationship with my partner

work on mutually amazing relationships

Work on myself and have a healthy relationship

Work on the 7 steps when building a healthy relationship with someone

Work on the seven step journey.

Working on communicating with my gf

Would I do that thing to the other gender.

x

Y

Yea

Yes

Yes doesn't always actually mean yes

Yes doesn't always mean yes

Yes doesn't always mean yes, respect peoples answers, always ask!

Yes is not always yes and no is not always no.

Yes means yes is not an acceptable phrase.

yo mama

You are more at risk of being taken advantage of when you don't trust yourself.

You can only support not fix

You can say no

You can say no

You can say no and people should respect the answer.

You can say no!!

You can say no!!!!!!

You can use the 7 steps for all relationships

You can't talk someone into sex

You deserve more say to friends

You don't have to be ashamed of saying no

you don't need to be polite if you are uncomfortable

You don't owe anyone anything

you gotta use the seven steps

You have choices

You have to ask yourself if you are ready before others.

You have to ask yourself if you trust yourself not just the other person.

You have to respect yourself before others

you have to respect yourself before you can respect other people

You have to trust yourself first

You have to value yourself the most

You make sure consent is used and to be safe.

You must consent and communicate with a sexual partner no matter what while also participating in the other 7 steps.

You need consent

you need consent orally

You need every aspect of a good relationship (the steps thingy) and if you don't have all of the things, it's not a bad relationship necessarily, it just needs some work.

You need to have all 7 steps to have mutually amazing intimate sex

You need to trust yourself around others.

You need to trust yourself before you can trust others.

You peer pressure yourself.

You should always ask or be given consent

you should not need confidence if you're comfortable

You should say no before you say sorry.

You should say yes because you want to not because you feel like you have to

You use ask the other for their consent to do anything sexual to them

Your amazing

Your amount of sexual activity doesn't determine who you are as a person

your partner should treat your body as a temple

Yup