



with Mike Domitrz

**THANK YOU** for participating in the recent program where I was brought to conduct training in support of SHARP's and SAPR's efforts.

**On the following pages in this handout, you will find the 6 most requested slides from the training session you attended. We hope you find them helpful for future discussions and trainings you lead.**

**LET'S DO MORE TOGETHER:**

When you bring me to conduct training, I promise to bring the same high energy and engagement to each session. I promise to provide specific language and skills individuals can implement into their lives and share with those they lead immediately.



If you found this last training I led to be helpful and effective, please spread the word to your colleagues and leadership. Let's talk about doing more training together – whether live virtually or live onsite. My contact information is below in the footer of this page.

**WANT TO STAY IN TOUCH? JOIN ME HERE:**

<https://zfrmz.com/EDGkMtx1jtz3RW1eosot>

**Or on social media:**

- YouTube: <https://www.youtube.com/centerforrespect>
  - Lots of helpful videos, including for parents.
- Facebook: <https://www.Facebook.com/CenterForRespect/>
- Instagram: <https://www.Instagram.com/MikeRespects>
- Twitter: <https://x.com/mikerespects>
- LinkedIn: <https://www.linkedin.com/in/mikedomitrz/>

THANKS!!

Mike Domitrz

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# *Slope of Sexual Activity*

**Mutually Amazing  
Consensual Sexual  
Intimacy**

**Consent**



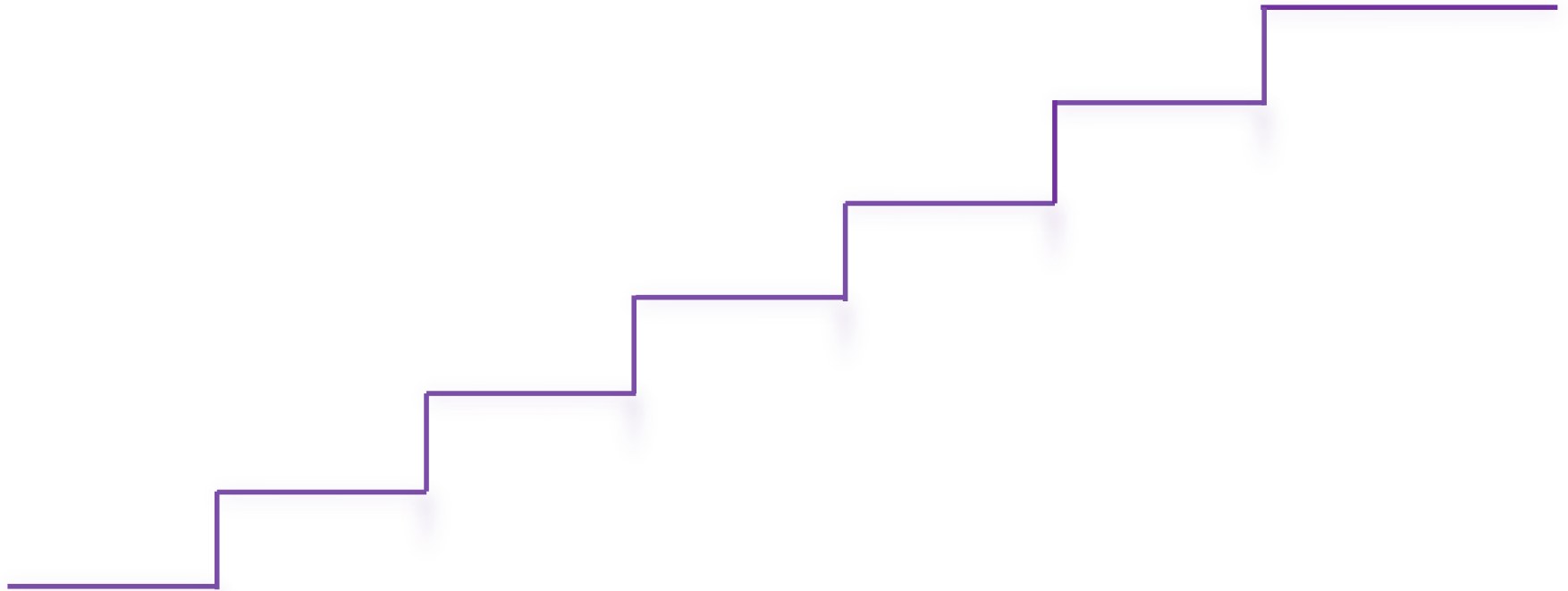
The diagram illustrates a spectrum of sexual activity. A diagonal line with an arrow at the end represents the 'Slope of Sexual Activity'. The line starts at a low point on the left and rises towards the top right. A vertical line segment is drawn across the slope, labeled 'Consent'. The area to the left of this line is labeled 'Sexual Assault or Murder', and the area to the right is labeled 'Mutually Amazing Consensual Sexual Intimacy'.

Sexual Assault  
or Murder

**Created by: Mike Domitrz**

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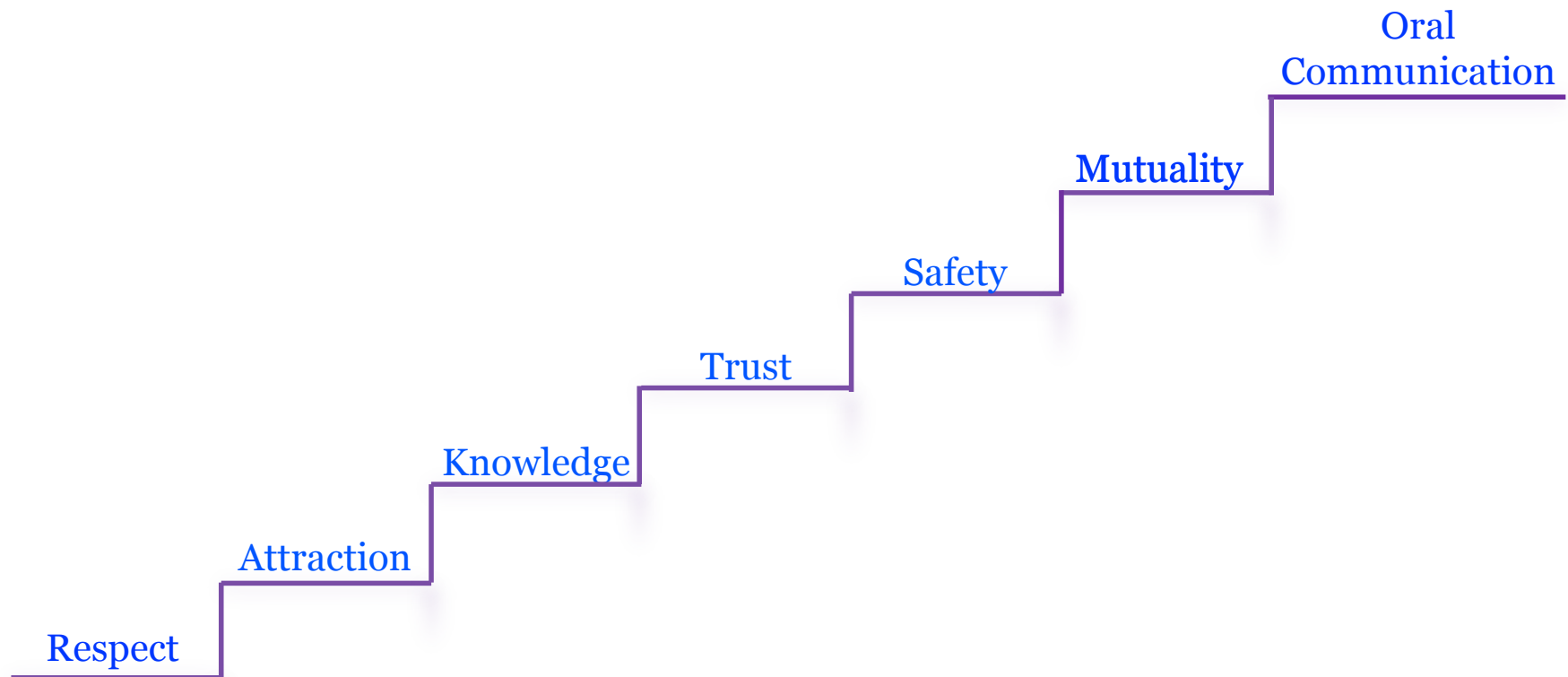
# *Stairway to Mutually Amazing Consensual Sexual Intimacy*



**Created by: Mike Domitrz**

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## *Stairway to Mutually Amazing Consensual Sexual Intimacy*



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# Consent Is:

- Mutually Wanted,
- Specific & In the Moment,
- FREE to be removed,
- Enthusiastically Given &

Between partners  
who are Of Legal Age  
AND Sound Mind.



# Create a SAFER Space for Survivors:

“If anyone ever has or ever does sexually touch you against your will or without your consent, I am ALWAYS going to be here for you. ALWAYS.”

# Create a SAFER Space for Survivors:

“Thank you for sharing.  
Clearly, you are strong and  
courageous. How can I help?”