

DESCRIPTION for “Let’s Talk” Assembly:

In this skills-based assembly, students will gain specific tools and strategies for helping them make the safest, healthiest choices in today's sexualized world. Students will gain specific how-to approaches for addressing:

- Overcoming the Pressure to Have Sex in High School.
- Unhealthy Expectations Around Nudes and Sexting.
- Understanding the Dangers of Combining Alcohol and Sex.
- Find Out the Harmful Impact of Porn's Unrealistic Portrayals.
- Eliminating Peer Pressure.
- How to Build a Healthy Sexual Standard for Oneself.

Here are testimonials from high school students who experienced this assembly:

- *"Amazing and a must. To not attend is to sell yourself short."*
- *"An event that teaches you how to actually foster a healthy relationship instead of just telling you what not to do."*
- *"Awesomely informational."*
- *"Deep and meaningful. Very detailed and actually helpful."*
- *"Enlightening."*
- *"Eye opening, this helps you to realize a lot of things that you don't think about."*
- *"The session covered the importance of consent and not giving in to peer pressure, as well as the unhealthy standard Porn sets and how it can really affect people."*
- *"It was very different from your typical assembly. It breaks a lot of the deep rooted mindsets that we had about peer pressure, consent, and sex."*
- *"Life changing!"*