

Mike Domitrz is commended by **professionals** throughout the **Military**.

What Participants Are Saying About Mike:

"Being able to interact with Marines and sailors in a way that opened up their mind to different approaches to situations often seen in society was the best aspect of the presentation."

Staff Sgt. Jared Stiles, Calibration Chief
Marine Base of Hawaii

"Very good program aimed at all age groups. Even got to my husband of thirty years. We saw it at two different presentation times. He came home and asked could he kiss me."

United States Soldier

Coming from the military, this doesn't feel at all like a generic presentation put together to check some boxes and address existing problems. It tackled consent and sexual assault on a much more thorough, complete, and personal level that I could relate to and would remember after leaving. Mike was exceptional in engaging the audience and making the topic personal, making me want to care, and showing that I do care.

Tech. Sgt. Sarah Grangroth

"Excellent! Highly recommended. Received amazing feedback from our Soldiers and the teens at our schools."

Airman 1st Class Andrea Kramer

"I now have examples of how to interact and deal with certain situations and know that it is okay to say no."

Seaman Recruit

Praise from Program Coordinators:

"I think his methods of engaging with (his audience) really are a skill-based kind of 'how to' in talking about how to ask for consent, how to support survivors and how to intervene in situations to prevent sexual assault,"

Pensacola News Journal

Anne Ballensinger, Pensacola NAS Fleet and Family Support Center

"This was the best SHARP training I've had since I've been in the Army. The leadership session was great. Mike was brutally honest."

Col. Joe Hartman, Commander,
780th MI Brigade,
780th Brigade Training Article

You are the change we need in this world, in this society, in this culture. The work you do is unparalleled, honestly."

Shannon, WI National Guard

"Right in line with the Department of Defense SAPR program goals. This program was certainly a good return on our investment. We still hear our Airmen talking about the message. I would definitely recommend this presentation to any military installation looking for a unique and entertaining way to address the issue of sexual assault."

Eric N. Single, COL, USAF,
Vice Commander, Whiteman AFB

Mike Domitrz is a true professional and expert. His unique ability to authentically connect with all audiences, on a subject that is often misunderstood, demonstrates his expertise and impact. Mike provides specific How-To skills each person at all levels of an organization - including at the highest levels of leadership - can implement immediately for building a culture of respect. His preparation and mastery of the material has earned him the credibility and trust within Special Operations across the Department of Defense.

Mike Kontio, Master Sergeant in US Army (Ret OR-8)
Former Joint Special Operations Command SAPR/SHARP Program Manager and Sexual Assault Response Coordinator (SARC)

Watch the Powerful
5-Minute Video at
www.CenterForRespect.com



Mike Domitrz's briefings and trainings earn consistently **positive press**

From 19th ESC, Deagu South Korea

The key to Domitrz's training is an engaged audience. When prompted with the question of, "Why people don't ask, 'can I kiss you' first", soldiers responded with "fear of rejection, it is awkward and they have never been taught how to ask."

"You have all kinds of soldiers from all different parts of the country raised in different types of families but it all comes down to the human side of the decision making," said Lt. Col. Tony L. Dedmond Jr., 2nd Battalion, 1st Air Defense Artillery commander. "It is all about being a human being and the respect and dignity you impart to other human beings."

In order to prevent sexual assault, one must first secure permission to ensure intimacy is mutually

wanted and consent is enthusiastically given. Marriage is no exception, explains Domitrz. During his training, he suggests communicating with your partner using three "toolboxes": one for intimate things that are always allowed, one for special occasions and one that is for things that are a no-go. However, the partners must never betray the system and be understanding that these boxes can change over time.

How an individual speaks out and how one views training, has an impact. 'Can I Kiss You?' provides soldiers with an identifiable training opportunity and equips them with the tools on how to engage should they be a bystander in the future.

From Public Affairs, Camp Lemonnier, Djibouti

Information Systems Technician 1st Class Shannan Arney agreed. "Soft language makes things more acceptable to people. I've seen this scenario happen in real life and people do tend to rationalize why they shouldn't act."

Domitrz explained that most people convince themselves not to act in these situations because of a fear of confrontation and the misguided thought that "it's not my business". He went on to invalidate that kind of thinking in a way that was easy for the service members to relate to.

"Each of you joined the military," Domitrz said, "so obviously you are willing to fight for what you believe. We have all had moments when we stood up to our friends and parents for something that we believed, so we can all overcome that fear of confrontation."

...Camp Lemonnier's sexual assault response coordinator, Temesia Andrews, put the program in context by saying, "This training is current. It helps our service members, particularly in the joint environment we have at CLDJ, understand that (sexual assault prevention and response) training is important to all the branches of the military. And it does it in a way that watching computer based training isn't able to do."

From 1st Infantry Division Post, Ft. Riley

Mike Domitrz, founder and executive director of The Center for Respect used the "Can I Kiss You?" approach to make the training fun and interactive, according to Col. Christine Pacheco, Equal Opportunity program manager, Division Headquarters and Headquarters Battalion, 1st Infantry Division.

"The way that he actually presents is more effective and better than having a PowerPoint presentation for the fact that he has interaction with the people," Pacheco said.

Domitrz said he believes humor is essential to breaking down the barrier of assumptions.

"When our audience walks in on sexual assault or sexual harassment (training), they have a huge presumption of what I'm going to say - statistics, that kind of information, that kind of data," he said.

"I don't do any of that. So by starting with humor, we get to break down those barriers, really open their minds, and then they're willing to learn and potentially change their own behaviors."

