

## with Mike Domitrz

Get MORE from Mike by subscribing to his <u>YouTube channel</u> that is full of helpful videos. Simply <u>click here</u> or visit <a href="http://www.youtube.com/CenterForRespect">http://www.youtube.com/CenterForRespect</a>.

Plus, you can find articles and insightful links from Mike on his Facebook page at <a href="https://www.FaceBook.com/CenterForRespect">www.FaceBook.com/CenterForRespect</a>.

And if you want the latest from Mike, signup for his email list at the following link:

https://mailchi.mp/centerforrespect/joinmike

#### WHAT ABOUT OTHERS?

Who do you know in another Command or at other installations whom would benefit from bringing Mike to conduct trainings? Mike's high energy interactive trainings and workshops engage people of all ranks and demographics.



Best of all, each person leaves with "How To" skills and precise steps for effectively choosing RESPECT in each moment.

# Slope of Sexual Activity

Mutually Amazing Consensual Sexual Intimacy

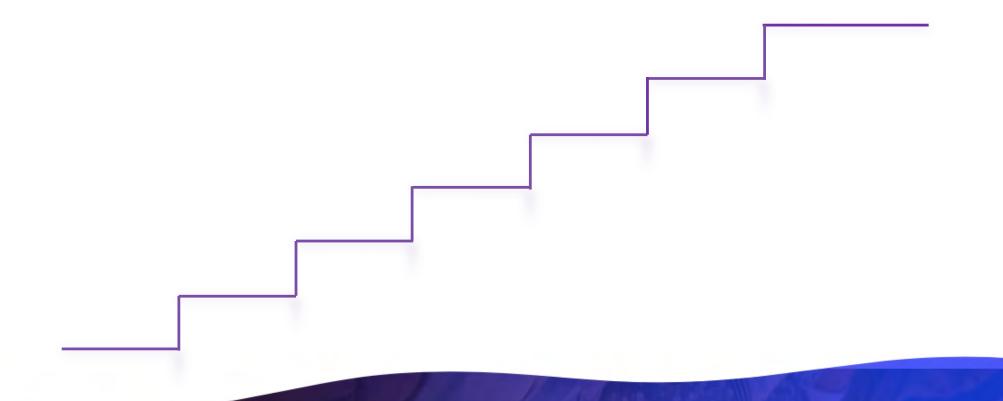
**Consent** 

Sexual Assault or Murder

**Created by: Mike Domitrz** 

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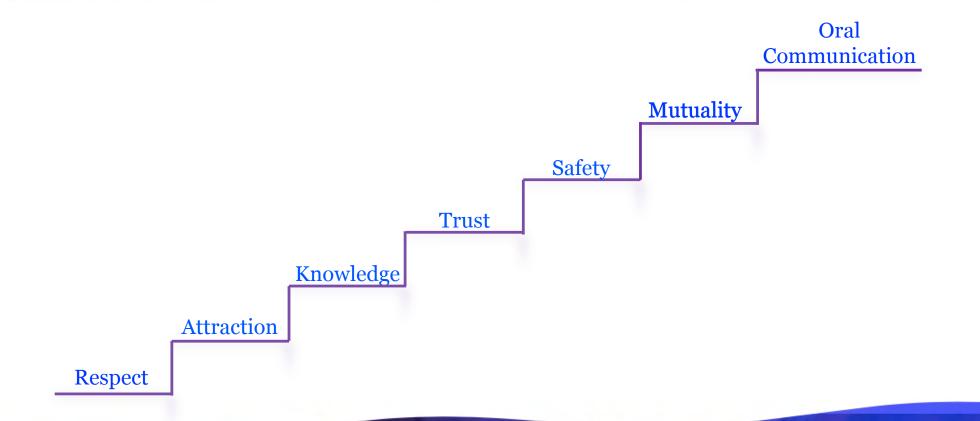
# Stairway to Mutually Amazing Consensual Sexual Intimacy



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# Consent Is:

- Mutually Wanted,
- Specific & In the Moment,
- FREE to be removed,
- Enthusiastically Given &

Between partners
who are Of Legal Age
AND Sound Mind.



"If anyone ever has or ever does sexually touch you against your will or without your consent, I am ALWAYS going to be here for you. ALWAYS." "Thank you for sharing. Clearly, you are strong and courageous. How can I help?"

# "Mastery Skills Path for Trainers & Educators" Course & Community led by Mike Domitrz



The "How-To" Skills based course for Sexual Violence Prevention & Healthy Relationships Educators and Trainers.

## Gain tools and strategies inside each of the 12 learning modules (12 month course):

- Raising the Standards and Norms.
- Adapting to who is in the room.
- Building FUN into training & presentations.
- Social Media: Your 24/7 partner.
- Push-Back and What to Say.
- Creating Buy-In with Leadership.

- Hosting LIVE Virtual Trainings & the Tools.
- Diversity, You, & Who is in the Room.
- Writing a GREAT Script / Speech.
- Fine-Tune your STYLE of presenting.
- Addressing the "What If"s.
- News Stories & How to utilize them.

## **EVERY MONTHLY MODULE INCLUDES**

#### **Live 1-Hour Virtual Training**

Attend each live session online led by Mike Domitrz or watch the recording after to gain access to the main lesson of each module.

#### 30-minute Live Q&A

With each module, you will be able to submit questions for Mike to answer in a LIVE 30-minute discussion.

### 30-minute Live "Hot Seat" or "Best Practice" Session

Each learning module may include either a 30-minute "Best Practices" session and/or a "Hot Seat" Event.

Get a "Certificate of Completion" with each Module to apply for C.E.U.s.

Online Learning Community for sharing with and encouraging fellow students.

Can't make it to the live sessions? No worries. Every lesson is available afterward to watch in the Online Learning Center.

#### The Details:

Your Instructor: Mike Domitrz, Founder of The Center for Respect, speaker, author, and subject matter expert.

Dates: Start Date: September 22, 2020 (plus an additional start day of October 27, 2020).

12 Modules in 12 months.

Cost: "All Access" for \$497. Get Full course plus bonus of 24 CEU Course "2020 Transformational Training." or \$50 per month for 12 months of "Mastery Skills Path for Trainers & Educators" Course Only.

**Hosting Organization:** The Center for Respect, Inc., P.O. Box 269, Mukwonago, WI 53120 hello@centerforrespect.com



## **GET 2 JAM-PACKED COURSES led by Mike Domitrz for the PRICE OF ONE:**

Choose the FULL ACESS Registration (\$497) and get BOTH of the following:

- "Mastery Skills Path for Trainers & Educators" Course & Community.
- "2020 Transformational Training" Course (24 pre-approved CEUs).

What is included in the "2020 Transformational Training" Course?





#### 12 pre-recorded learning modules include the following lessons:

- Why & How. Yours & Theirs.
- Story: Yours, Theirs, & the Impact.
- Discussion vs Lecture.
- Humor: Why it's essential & Integrating.
- Self-Care. The Simple Steps.
- Hecklers & Overcoming Challenges.

- Technology & How To Integrate.
- Being Inclusive & Owning Privilege.
- Creating a Supportive & Safer Space.
- Victim Blaming.
- Bystander Intervention.
- Consent & Asking First.

#### **EVERY MODULE INCLUDES**

1-Hour Lesson + 30-minute Q&A + 30-minute "Hot Seat" or "Best Practice" Session. 2 C.E.U.s for completing each Module (pre-approved by NOVA).

#### WHAT PARTICIPANTS ARE SAYING:

"Exceptional! This course has helped me in being able to find different techniques/skills for conducting training sessions and making the required training a better experience for all." Pat

"Highly recommend the 2020 Transformational Training Course for anyone who wants to become an effective trainer or presenter. The course is well organized, but more importantly, it's interactive." Kris

Worried about having too much on your schedule? No worries at all. This entire course is pre-recorded and so you watch on your own time.

#### The Details:

**Your Instructor:** Mike Domitrz, Founder of The Center for Respect, speaker, author, and subject matter expert. Platform: Online Learning (36 pre-recorded lessons from a previous live virtual online course in 2020). Cost: INCLUDED in the "All-Access" registration for "Mastery Skills Path" Course and Community. Hosting Organization: The Center for Respect, Inc., P.O. Box 269, Mukwonago, WI 53120

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