

# "2020 Transformational Training"

## Course lead by Mike Domitrz



24 C.E.U.s Approved by



The "How-To" Skills based course for  
Sexual Violence Prevention &  
Healthy Relationships Educators and Trainers.

Gain tools and strategies inside each of the 12 learning modules (17 week course):

- Why & How. Yours & Theirs.
- Story - Yours, Theirs, & the Impact.
- Discussion vs Lecture.
- Humor: Why its essential & Integrating.
- Self-Care. The Simple Steps.
- Hecklers & Overcoming Challenges.
- Technology & How To Integrate
- Being Inclusive & Owning Privilege.
- Creating a Supportive & Safer Space.
- Victim Blaming.
- Bystander Intervention.
- Consent & Asking First.

## EVERY MODULE INCLUDES

### Live 1-Hour Virtual Training

Attend each live session online lead by Mike Domitrz or watch the recording after to gain access to the main lesson of each module.

### 30-minute Live Q&A

With each module, you will be able to submit questions for Mike to answer in a LIVE 30-minute discussion.

### 30-minute Live "Hot Seat" or "Best Practice" Session

Each learning module includes either a 30-minute "Best Practices" session or a "Hot Seat" Event where a few students get to test run the skills they've learned.

**2 C.E.U.s for completing each Module.**

**Online Learning Community for sharing with and encouraging fellow students.**

**Can't make it to the live sessions? No worries. Every lesson is available afterward to watch in the Online Learning Center.**

### The Details:

**Your Instructor:** Mike Domitrz, Founder of The Center for Respect, speaker, author, and subject matter expert.

**Dates:** June 23rd - October 26th of 2020 (Get access to 12 modules in 17 weeks).

Every 3rd week is a work week / catchup week with no new modules presented

**Cost:** \$297 per person or \$997 for up to 5 Registrations.

**Hosting Organization:** The Center for Respect, Inc., P.O. Box 269, Mukwonago, WI 53120  
hello@centerforrespect.com



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